# *The Medical Genius*

*By S. JONES, M.D.*

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THE

# MEDICAL GENIUS;

## A GUIDE TO THE CURE.

By STACY JONES, M.D.,

Practicing Physician, Obstetrician, and Surgeon: Actively Engaged in the Pursuits of the Medical Profession in Eastern Pennsylvania During the last Thirty-three Years.

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"Moderation is the best temperance;
Temperance is the best diet; and
Diet is the best doctor."
—Lorenzo.

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*SECOND EDITION.*

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STACY JONES, M.D.

THIS VOLUME IS RESPECTFULLY

Dedicated

TO ALL THOSE WHO PREFER CURING DISEASES,

TO CONTENDING ABOUT DOGMAS.

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# PREFACE.

Aside from other designs, a prominent purpose of this book is to exhibit the *pure genius* of our best drugs; as attested by the undoubted cures effected by them, in doses both minute and massive. Thus to constitute the work a mirror, in which the advocate of each mode of medication, may see how the other cures.

There is a middle belt between the extremists of the two dominant schools of medicine, comprising a noble class of the medical fraternity, who, without let or fear of any faction, aim straight for the cure; with these is sacredly preserved, in its entire vitality, the very pith of all the pathies —the sole purpose of healing the sick. It is with these that the author has hoped that his book might find favor; mainly for these it was written.

HOW TO USE THE BOOK.

The *general indications*, given for the employment of remedies, are meant for the use of *minute doses* exclusively.

In searching for a remedy, notice that the "Repertorial Index" points out in **bold type** the first choice remedies, and that the "Supplementary Index" points out the most simple remedies. *Em.* in the Index stands for *Electro-Magnetism*, or use of the "battery," etc., sec. 149. See remarks prefatory to the two Indexes.

# CONTENTS.

Instructions in the Art of Practicing Medicine with Skill and Success.

General Indications for the Use of Remedies.

Systems of Dosage (Minute, Officinal and Hypodermatic).

Specifications of Diseases Cured with Doses Minute and Massive.

Statements of Diet Suitable for Infants and Invalids.

Description of Food Appropriate in Various Diseases.

Rules for the Therapeutic Application of Electro-Magnetism, Hot Air, Hot and Cold Water, Ice, Bandages, Braces, and Dry Cups.

Lessons in the Language of Symptoms.

Diagnostic Testimonies of the Tongue.

Directions for Conducting Chemical Urinalysis.

Glossary for the Use of those Unacquainted with the Meaning of Latin Names of Diseases and Organs.

Complete Repertorial Index, giving Ready Reference to every Subject in the Book.

# THE MEDICAL GENIUS.

## SECTION 1.

### ACACIA.

Pulverized gum acacia (adult, one teaspoonful), taken after meals, prevents *Acidity of the Stomach.* Half teaspoonful of the same, put into a child's nursing bottle, once a day, when filling it with milk, obviates sour stools, and vomiting of sour curds.

For *Sore Nipples* there is nothing better than pulverized gum acacia, applied as often as convenient.

Robinia pseudo-acacia, in minute doses (see Sec. 56, B), taken three times a day before meals, is a reliable remedy for Acidity of the stomach—Diarrhœa with sour stools—Heartburn—Waterbrash—Dyspepsia, with burning in the stomach, and vomiting of sour liquids—Colic, with inflation of the bowels, as if they would burst.

Æthusa cynapium (dose, Sec. 56, B), taken every hour or two, is *baby's best remedy for vomiting of breast milk in thick curds*, with threatening of spasms.

# SECTION 2.

## ACONITE.

GENERAL INDICATIONS.—Fear and timidity—constant foreboding—restless tossing, moaning, lamenting—tingling numbness—fiery burning—excessive tenderness—fainting from pain—giddiness and faintness on rising in bed—desire for wine.

MINUTE DOSE.—Section 56, B–C–D.

OFFICINAL DOSE.—Adult: in all pyrexial affections, 1 drop of the tincture every half hour or hour, until ten doses taken, or until temperature and pulse rate sensibly fall; after which 2 or 3 drops every 3 or 4 hours, always in water. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, $\frac{1}{120}$ grain of Aconitia in solution. Used especially for Sciatica.

In all cases of *internal inflammation* apply flannel cloths, wrung out of hot water, containing Aconite tincture, a teaspoonful to the pint of water.

(A) Aconite, in minute doses, is the champion remedy for *Congestive ailments* setting in with a chill and attended with alarm.—*Acute Inflammations*, parts very sensitive to contact, pains excessive, especially at night, fainting from pain.—Inflammation of the throat—Quinsy—Acute Catarrh—Inflammatory Rheumatism—Peritonitis—Pericarditis—Fever, with restlessness and thirst—Vertigo and faintness on rising up in bed—Puerperal fever—Miliary fever—Urethral fever—Measles, often the only remedy needed—Rubeola—Ailments resulting from fright or exposure, sudden check of perspiration, sudden suppression of menses or lochia, exposure to piercing cold air, especially mountain winds—Hemorrhage from the lungs, from exposure to cold winds

—Dysentery, at the beginning, often cuts it short—Nightmare—Night terrors, screaming of children—Irregular action of the heart—Excessive action of the heart, with high temperature—Valvular diseases of the heart, even chronic, worse in spring and fall—Hypertrophy of the heart—Palpitation from congestion—Vanishing of sight—Tremor—Twitching beneath the skin—Numb tingling—Insensibility of parts—Apoplexy of full-blooded persons—Asthma with great alarm, fear of death—Asthma of Millar (Sambucus-dose, 56, B)—Sleeplessness with feverish restlessness—Retention of urine from a cold or after confinement (mother or child)—Hemorrhage from piles, specific.

By persevering treatment with minute doses, Aconite has the power of taking hold of and relieving deep-seated chronic ailments, such as *Chronic Rheumatism—Gout—Exostosis—Paralysis—Scirrhus—Glaucoma*, etc.

**Drunken Stupor.**—"Dead drunk."—Aconite tincture, 5 drops in a teaspoonful of water. One dose is mostly sufficient.

**Earache.**—Aconite tincture, 1 drop on cotton, in the ear, gives instant relief; when the pain is gone remove the medicated cotton and replace it with other cotton, warm, but unmedicated. For *Toothache* apply the same to the gum until the pain is removed; no longer.

**Croup.**—Put 10 drops of the tincture of Aconite, and 10 drops of the tincture of spongia tosta, into a new, clean 1 oz. bottle, fill up with alcohol, and shake well. Give 1 drop of this, on sugar, every 10 minutes, and you will see magic.—

☞ Spongia tosta, sec. 56, B, is a grand remedy for *Laryngitis, acute and chronic—Hoarseness—Aphonia—Goitre*—and *Orchitis.*

# SECTION 3.

## ALCOHOL.

OFFICINAL DOSE.—Adult, ¼ to 1 drachm, in water. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, 20 to 30 minims of whiskey or brandy; when the patient is unable to swallow the stimulant, or the urgency will not admit of delay necessary for absorption by the stomach. Depression caused by hemorrhage is the particular state justifying this practice. ☞Never give alcoholic stimulants in chloroform narcosis

**Decay of the Teeth Prevented.**—Use dilute alcohol as a tooth wash.

**Baby's Sore Mouth.**—Wash with cold water touched with alcohol.

**Sore Throat.**—Gargle with alcohol and water mixed, 1 part to 4.

(A) The same is excellent for *Diphtheria*—dissolves the patches.

**Angina Pectoris.**—Alcohol: adult, teaspoonful doses in water, frequently repeated—excellent.

(B) *The same subdues pain in the stump after amputation, and counteracts the poison of a snake bite,* or *cut of a dissecting knife.* Continue the stimulus until intoxication ensues.

**Burn—Scald—Bruise—Gathering.**—Alcohol, chilled in a vessel on ice, applied by cloths saturated therewith, directly subdues the pain.

(C) A *felon or gathering* held in ice-cold alcohol for awhile may be cut without pain.

**Bed-sore.**—Bathe with alcohol, and saturate cloths therewith and apply; not painful—rapid cure.

**Dressing for Wounds—Compound Fractures, etc.**—Alcohol applied removes offensive odor, prevents inflamma-

tion, fever, swelling and erysipelas, is slightly painful at first, afterward agreeable, and affords great relief. First apply it pure, later mixed with water, equal parts. Keep the surface macerated with it on cotton, covered with oil-silk, and held in place when convenient with rubber bandage, until the parts put on a uniform brown tint.

**Itch.**—Alcohol, strong: "one application, well rubbed in, cures in 5 minutes."

**Sweating of Hands and Feet, and other Local Sweating Prevented.**—Bathe the parts frequently with alcohol.

(D) To *facilitate general perspiration*, thoroughly rub the skin with alcohol, before taking a *sweat-bath.*

**Corns removed without pain.**—Saturate a piece of cotton with alcohol, and apply it to the corn for a minute, then loosen one edge with a knife or finger nail, and gradually draw it out with forceps, aiding with the knife; may apply the alcohol several times, to prevent pain.

**Spotted Fever.**—Alcohol, pure deodorized; put ½ ounce in 12 teaspoonfuls of water, and take of this solution one, two or three teaspoonfuls, according to age, every half hour, until there is decided amendment, then lengthen the intervals. Free warm sweat is very favorable. Alcohol administered thus in the early stage subdues the disease.

**Paresis.**—Alcohol, small repeated doses, acts well.

# SECTION 4.

## ALETRIS.

GENERAL INDICATIONS.—Constant drowsiness—tendency to faint—distress in the stomach—worse after eating.

MINUTE DOSE.—See Section 56, B.

ORDINARY DOSE.—

Adult, ½ to 1 drachm of the tincture; Aletris cordial, adult, 30 to 60 drops 3 or 4 times a day.

"During several years, I have used Aletris cordial for *irregular* and *suppressed menses*, and have yet to see one failure. It is alike indicated when the *courses are painful, whether scanty or excessive.* It cures *Leucorrhœa—Falling and displacement of the womb—Sterility. If miscarriage is threatened*, it should be taken until the dreaded period is passed some weeks.

"For *malposition and version of the womb*, this tonic is sufficient without supporters. Ladies *broken down, and worn out with womb troubles*, suffering with *debility* and *loss of appetite*, will find the Aletris a positive blessing, restoring to health and bloom." One drachm of Aletris, in 4 ounces of sherry wine, a teaspoonful 3 times a day, may answer in place of the cordial.

# SECTION 5.

## ALOES.

GENERAL INDICATIONS.—Exhaustion with sweat —gurgling in the bowels—escape of stool when passing wind—feeling worse when standing—soreness and burning relieved by cold water applied.

MINUTE DOSE.—See Section 56, B–C.

OFFICINAL DOSE.—Adult, ½ to 1 drachm of the tincture. Child, see Section 56, B.

**Wound Pain.**—Powdered aloes applied, removes the pain at once; and renewed occasionally heals the wound with little or no scar. Aloes glycerole, applied twice a day, is said to banish *pimples* in two weeks, and cure almost all *ill conditions of the skin.*

Six parvules of Aloes will move the bowels of an adult, in 10 hours, without pain or nausea. One parvule taken three times a day will cure *habitual constipation.*

## SECTION 6.

### ALUM.

MINUTE DOSE.—See Section 56, A.

OFFICINAL DOSE.—Adult, astringent, 5 to 20 grains—Emetic, 120 grains. *Child*, see Section 56.

Alum whey, made by stirring 2 drachms of alum powder into a pint of boiling milk, the curd strained off and the whey sweetened—(adult, a wine glass full, several times a day), arrests *Menorrhagia* and other *Internal Hemorrhages —Diarrhœa* and *vomiting—Chronic Bronchitis* with ropy mucus.

Alum water—5 to 10 grains of the alum powder to the ounce of water—used as a wash, gargle, injection or application, is excellent for *Ulcerated sore mouth—Unhealthy gums—Ulcerated throat—Relaxed throat, palate down—Otorrhœa—Ozæna—Leucorrhœa—Falling of the womb*, supported with sponge soaked with the same—*Pruritus*, any local itching—*Chronic catarrh of the bladder*, injections—*Bronchorrhœa*, greatly relieved by alum spray, strong solution.

For an *eye wash*, use the alum powder in rose water, instead of plain water. For *purulent ophthalmia and conjunctivitis* Alum Curd may be used, or alum poultice, made by rubbing a little powdered alum with white of egg until coagulated, and placed between cambric cloths and applied.

**Nose Bleed.**—Snuff alum powder, or alum water.

**Bleeding after Tooth Extracted.**—Dampen a small ball of cotton and roll it in pulverized burned alum, and plug the socket with it.

(A) If a *cold should settle in the jaw after having a tooth drawn*, do the same and directly the pain will be subdued. The same treatment cures *Toothache in a hollow tooth.*

**Bleeding Wound.**—Dust it with powdered alum.

☞Rice flour applied, will stop bleeding from a wound, as effectually as almost any known styptic; mix lint thoroughly with the rice flour and apply it as a compress.

**Diphtheria.**—Alum water, saturated solution, a teaspoonful every hour or two; used with marked success.

**Croup.**—Domestic treatment very successful. Frequently repeated teaspoonful doses of strong alum water; or pulverized alum and sugar, equal parts; or pulverized alum mixed with white of egg; or pulverized alum with molasses.

☞Lard 2 parts and molasses 1 part, a teaspoonful every 10 minutes; if vomiting ensues, still continue the remedy until the breathing becomes free and easy; also keep the throat anointed with lard and wrapped in flannel.

**Offensive Foot Sweat.**—Put pulverized alum in the stockings, and wash the feet with alum water.

**Lead Colic.**—Alum powder, adult, 10 grains, in mucilaginous liquid, every two hours until relief. On the third day if bowels not open, take an aperient. Reported 150 cures in succession.

**To Purify Water.**—Attach a lump of alum to a string, and swing it around a few times in a vessel containing impure turbid water; presently all impurities will become precipitated to the bottom, and all animal organisms therein destroyed.

# SECTION 7.

## AMMONIA.

GENERAL INDICATIONS *for the Carbonate.*—Blueness of the lips—burning, watery flow from the nose—burning in the anus—burning in the chest—inability to breathe in a warm room—tendency to faint—feeling, as if sprained, in the joints—ailments worse in wet weather—attacks at new moon—desire for cold food and sweets.

GENERAL INDICATIONS *for the Muriate.*—Bloodless pallor of the face—fiery burning of the lips—coldness in the back between the shoulders—coldness of the feet, preventing sleep—corpulence of body with slender legs—constipation, with dry crumbling stools.

MINUTE DOSE.—See Section 56, A–C.

OFFICINAL DOSE.—Adult—Aromatic Spirits 15 to 60 minims—Bromide 2 to 20 grains—Carbonate 2 to 10 grains—Chloride 5 to 30 grains—Iodide 1 to 3 grains—Phosphate 10 to 40 grains—Valerianate 2 to 8 grains. Child—see Section 56, A.

HYPODERMATIC DOSE.—

Adult, Spirits of Ammonia 60 minims. Used for *snake bite.* "Give also 1 ounce of whiskey every two hours, and apply raw onion poultice, renewed every half hour; persevere with whiskey and onions for three days or until recovery is assured."

(A) Ammonium Causticum tincture—Adult, 1 to 3 drops in a wine glass of water, every one, two or three hours, as the case may require—(Child—see Section 56, B), is truly a wonderful remedy for *Bronchitis,* acute and chronic—*Catarrhal Cough—Pneumonia—Pleurisy—Fever,* all kinds in the first stage (eruptive, continued, remittent, gastric, typhoid, puerperal). *Croupal conditions—Diphtheria—Periodical ailments* (ague, epilepsy etc.).

**Cough.**—"Peerless remedy."—Bromide of Ammonia, 6 drachms, in water 4 ounces. Adult, 1 teaspoonful in water, before meals and on going to bed. The same for *Chronic Bronchial Catarrh—Long standing, grave cough.* It insures a *splendid appetite* and *restores warmth to cold extremities.* ☞A one per cent. trituration of Ammonium Bromatum with milk sugar—Adult, 5 grain doses—(Child—see Section 56, A) is "absolutely the best remedy we have for **Cough,** whether recent or of long standing, and for all *colds in the head,* whether fluent or dry." Whatever this remedy may leave undone, the Ammonium Iodatum, dose 56, A, most likely will finish.

A little sack or satchel containing Carbonate of Ammonia, worn suspended on the breast, outside the shirt, is said to cure *Bronchial diseases, cough and oppression.*

**Whooping Cough.**—*Any spasmodic cough*—Iodide of Ammonia, officinal dose, "specific." To arrest the violent spasmodic conditions of whooping cough, set a basin of scalding hot water on the floor, and pour into it an ounce of strong liquid Ammonia; the fumes give instant relief.

**Asthma.**—One hundred cases in succession treated with success—Dip the end of a roll of lint, a few inches long, into a mixture of 4 parts Caustic Ammonia, and 1 part water, and press out all the surplus fluid, and immediately apply it for a few seconds, to the soft palate, *not throat.* It at once causes a feeling of suffocation with cough and much loosening of phlegm, but this soon passes off, and great relief follows.

**Loss of Voice.**—A case three months' standing cured in three days by inhalations of Hartshorn.

**Elongated Palate.**—Touch it with Muriate of Ammonia. ☞Gargle with ginger; adult, 15 drops of the tincture to 1 oz. water.

**Goitre.**—"Cure in three months"—Muriate of Ammonia; adult, 10 grains, 3 times a day.

**Colic.**—Aromatic spirits of Ammonia, officinal dose in sweetened water, every 20 minutes. For *Colic of baby*, 2 to 4 drops in milk, "gives more speedy relief than any other remedy."

**Suppression of the Menses—or "Painful times."**—Aromatic spirits of Ammonia, 20 to 30 drops, several times a day in sweetened water, sure to give relief.

**Itching Vulva.**—Caustic Ammonia ½ to 1 drachm, in ½ ounce of water, freely inject—speedy cure.

**Ring Worm.**—Touch it with Caustic Ammonia.

**Snake Bite.**—"First convert the two fang wounds into one by a free cut with a knife, then stuff the wound full of Carbonate of Ammonia *dry*, also take 5 to 8 grains every 15 minutes until a drachm is taken. This is unfailing for the bite of a rattlesnake, or moccasin. Use same treatment for all *envenomed wounds*." For *stings of bees or insects* use Aqua Ammoniæ.

**Scarlet Fever.**—One hundred and fifty cures in succession—"For 17 years have administered carbonate of ammonia, *alone*—in Minute doses (56, A), and never lost a case, or had a case that became dangerous, or gave any anxiety."

(B) The Carbonate of Ammonia is one of our foremost remedies for *Delirium in any fever*, notably so in *Erysipelas*. It is a glorious remedy for *Headache—Hives—Syphilitic Eruptions—Internal hemorrhages—Pneumonia of old people*.

**Rheumatism, Acute and Chronic—Gout.**—"The most successful remedy"—Ammonia phosphate, officinal dose, every 3 to 5 hours.

(C) The Bromide of Ammonia stands in high repute for *acute rheumatism* and the chloride for *Myalgia*.

**Felon.**—Apply a bandage, kept constantly saturated with a mixture of strong aqua ammoniæ, and water, equal parts. "This will abort it."

**Warts.**—Take a piece of Sal Ammoniac, wet it, and rub all over the warts, several nights in succession, and away they will go.

# SECTION 8.

## AMYL.

MINUTE DOSE.—See Section 56, B.

OFFICINAL DOSE.—Adult, 1 to 2 drops. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, 2 to 5 drops in Solution. Used when inhalation is not practical, because of respiration ceasing; as in Heart-failure—Angina pectoris—Chloroform narcosis—Surgical shock—Cholera asphyxia.

**Pain—especially Neuralgia, in head, eyes, face, teeth—Convulsions—Hysteria—Fainting—Asthma—Angina pectoris—Sea Sickness—Nose bleed.**—Instant relief. Put 3 to 5 drops of Amyl nitrite on a handkerchief, hold it to the nose, and *gently* inhale it. When the attack of pain, spasm or sickness, has been arrested, by the inhalation, then 5 or 6 drops may be put into ½ glass of water, and adult take a teaspoonful every 20 or 30 minutes for a while, to prevent recurrence of the same.

**Exophthalmic Goitre.**—Amyl nitrite, daily inhalations, 5 minutes at a time—"Cure in a few weeks."

**Whooping Cough.**—Amyl nitrite, 10 per cent. solution in alcohol; one drop dose in a teaspoonful of water after each coughing spell. "Magic."

**Heart affections, with flushing of face and neck—Flushes at the Change of life.**—Amyl nitrite. 10 per cent. solution in alcohol, drop doses. Several times a day.

**Ague.**—To break the chill at once, inhale a few drops of Amyl nitrite from a handkerchief, until the face reddens, the chill will then break into a sweat and end.

**Sleeplessness.**—If you cannot sleep, draw the cork of the Amyl bottle, and take two or three *very gentle* inhalations, and lie down; sleep will come, anon.

**Eclampsia of Children.**—To break the fit at once, make a 10 per cent. solution of Amyl nitrite in alcohol, and of this put 10 or 15 drops on a cloth, and hold to the nose until the spasm breaks.

**Epilepsy.**—To ward off threatened attacks, draw the cork from the bottle of Amyl, at the moment the warning comes, and take a snuff or two. A convenient way, is to drop about ten drops on a bit of cotton, and put it into an half-ounce bottle, and keep it tightly corked for ready use.

**Opium poisoning:—profound stupor.**—Amyl nitrite. 20 drops were put on a handkerchief and applied to the nose; after a few seconds, the party "came to," and wanted to know what was the matter. The same should be tried in case of *Chloroform or Ether narcosis.*

# SECTION 9.

## ARBOR VITÆ.

GENERAL INDICATIONS.—Warts upon the skin—teeth decayed at the roots—nails soft and brittle—ailments worse when warm in bed—desire for cold food.

MINUTE DOSE.—See Section 56, B.

ORDINARY DOSE.—Adult, 5 to 30 drops of the tincture in water. Child, see Section 56.

Thuja occidentalis, in minute doses is *the* remedy for *Vaccine disease—Small pox—Varioloid—Enuresis* of Children having warts—*Spermatorrhœa*, 30 cures in succession, officinal dose 3 times a day—*Enlarged prostate*, urine difficult to pass, with constant desire—*Balanitis—Rupia—Ranula—Sycosis—Deafness* from dryness of the Ears—*Iritis—Sclerotitis.*

**Fig wart—Condyloma.**—Apply strong tincture of Thuja three times a day for a week or two; sometimes the excrescence falls off in two or three days. Thuja, in officinal doses, may be taken also at the same time. The same treatment for removal of *Fungous growth—proud flesh.* ☞ If Thuja should fail to remove warts, use *Sabina* in the same way.

# SECTION 10.

## ARNICA.

GENERAL INDICATIONS.—Heat of the face with cold nose and ears, or heat in the head with coolness of the body—bruised, sore feeling in parts affected—bed feels too hard—inflammatory conditions with excessive tenderness to the least knock or jolt—ailments from injuries, especially falls and blows.

MINUTE DOSE.—See Section 56, B–C.

OFFICINAL DOSE.—Adult, 3 to 30 drops of the tincture in water. Child, see Section 56, B.

In treatment of *Ailments from Injuries*, and also for *Boils*, *Carbuncles* and *Shingles*, apply flannel cloths wrung out of hot water, containing Arnica tincture—a tablespoonful to the pint of water—reapplying the saturated cloths as often as seems needful.

(A) Arnica administered even in minute doses is a superior remedy for Idiopathic Mania—Paralytic conditions—General Cachexia—Vertigo, with heat in the head—Inflammation of the Meninges of the brain, with dropsical effusion—Amaurosis—Nose-bleed—Dysentery, stools bloody—Exhausting Diarrhœa—Flooding after labor—Hemorrhage from injuries—Renal colic, stone lodged—Very tender Gout, with greatest dread of being struck—Shingles, controls the pain—Rough spots upon the skin—Blisters upon the lips—Roseola—Heat rash; specific—Carbuncle, mortification prevented, and all danger averted: may apply cold cream—Boils, especially crops of small boils, true specific—Squint or Spasm of new-born babes—Abdominal pains of pregnancy, also anoint with Arnica glycerole 1 part to 3—Baby's breasts swollen, hard and tender; anoint with Arnica

oil or glycerole; same for sore nipples. Ladies subject to sore nipples should bathe the breasts and nipples daily, in advance of labor, with dilute Arnica tincture—Bee sting, Arnica tincture applied gives instinct relief—Deafness, Arnica tincture diluted one-half with water, a few drops in the ear, twice a week, cured a case of long standing in a few weeks.

# SECTION 11.

## ARSENIC.

GENERAL INDICATIONS.—Anxious restlessness—constant sipping, little drinks—waxy pale face (Apis)—fiery, burning pains—ailments worse from 1 to 2 A.M.—relief by warmth in general—attacks periodical—desire for brandy, coffee, milk—aversion to butter.

MINUTE DOSE.—See Section 56, A–C–D.

OFFICINAL DOSE.—Adult, 2 to 10 drops of Fowler's Solution 3 times a day, in water. Child, see Section 56, A.

HYPODERMATIC DOSE.—

Adult, 10 minims daily of a 1 per cent. solution of the Arseniate of Soda. Used especially for Eczema.

(A) Arsenic, in minute doses, is the true remedy for Vomiting of drunkards—Habitual vomiting after meals—Black vomit of Typhoid—Asthma, often cut short with one dose, 3 drops of Fowler's Solution—Ague, especially chronic—Skin Diseases, scaly and vesicular—Pemphigus—Prurigo — Chronic Urticaria — Noma—Lupus—Cirrhosis Sarcoma—Anthrax—Dropsy—Œdema, especially marked about the eyes—Bright's disease—Albuminuria — Black Jaundice—Gangrene—Depraved condition of the blood from bad vaccine, or introduction of decayed animal matter into the system—Typhoid or Typhus fevers "sheet anchor"—Puerperal fever, low grade—Neuralgia periodic. Sixty cures in succession, "quiets nerve pain better than any other remedy"—Inflammation and ulceration of the stomach, duodenum and bowels—Gastric cancer—Endometritis—Myelitis — (Plumbum acet. 56, A) — Nephritis—Coryza, watery, scalding—Diarrhœa, fetid, watery—Sudden sinking of strength—Cholera collapse, our best hope—Emaciation,

with cold limbs—Slow phthisis, wonderful benefit—Chorea, acts wells—Cerebral congestion, bloat under the eye—Religious melancholy—Weak heart, with intermittent pulse, palpitation, faintness—Pericarditis—Endocarditis—Angina pectoris best guard—Obstinate Rheumatic affections with dry skin, that would yield to no other remedy, cured with Fowler's Solution, 3 drops, 3 times a day. The same cured obstinate cases of leucorrhœa.

**Acne—(Pimples).**—Bromide of arsenic, 1 per cent. solution, 2 drops in a wine glass of water before meals.

**Keratitis and Conjunctivitis.**—Apply ointment—yellow oxide of mercury, 2 grains to the ounce of Vaseline, and take Arsenic.

**Pityriasis.**—Bathe frequently with hot water, rub hard, apply Borax glycerole, 1 drachm to the ounce. Take Arsenic.

**Psoriasis.**—Soak off scabs; apply salve, yellow oxide of mercury, 2 grains to the ounce of vaseline. Take Arsenic.

(B) Iodide of Arsenic, dose 56, A–C–D, is excellent for *Hay fever—rose cold—Inveterate skin diseases—Chronic catarrh of the nose*, malarial subjects with running ears, enlarged tonsils, puffy eye-lids—*Diphtheritic croup*, brilliant cures—*Asthma—Consumption*, great relief—*Scrofulous affections* of the skin and eyes—*Inherited syphilis, with deafness.*

(C) ☞ Creasote minute dose 56 B, is the specific remedy for *syphilis of infants;* and "*all the troubles of teething.*" The same is a leading remedy for *offensive Leucorrhœa*, and *offensive Lochia.*

# SECTION 12.

## ANTIMONY.

GENERAL INDICATIONS *for Tartar Emetic.*—Retching with trembling—cough with trembling—drowsiness with sweating—choking with phlegm—ailments worse by warmth—aversion to tobacco.

MINUTE DOSE.—Section 56, A–C.

OFFICINAL DOSE.—Adult, to control local inflammation, $\frac{1}{20}$ to $\frac{1}{10}$ grain in water every hour—Wine of antimony 15 to 30 drops. Child, see Section 56, A.

Tartar Emetic, in minute doses, is the chief remedy for Muscular Rheumatism, especially of the sweating kind, relieves the pain and abates the sweat in 24 hours. The same for Catarrh of the Chest, pipes clogged with phlegm—Pneumonia, lungs gorged with mucus—Mucous Asthma—Emphysema—Œdema of the lungs—Varioloid—Smallpox—Chickenpox—Pustular eruptions and scabs—Ecthyma—Phlebitis—Photophobia.

# SECTION 13.

## ASAFŒTIDA.

GENERAL INDICATIONS. — Hysterical choking, "ball in the throat"—Excessive tenderness of parts affected —Offensive secretions, ulcerations, discharges—disgust for food—desire for wine.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 5 to 15 grains of the gum—Tincture ½ to 1 drachm—Emetic 30 grains, in 4 ounces of water. Child, see Section 56, B.

Asafœtida in minute doses, taken 4 or 5 times a day, Increases the flow of milk—Restores the secretion of milk —Prevents Habitual miscarriage—Is curative in Hysteria, ball rising in the throat—Chronic Nasal Catarrh, very offensive—Ulceration of the bones, horribly fetid—Diarrhœa, putrid smelling stools—Periostitis, excessively tender to the touch.

**Nursing Baby's Colic.**—"If the mother will take a one grain pill of Asafœtida, once a day for a week, baby's colic will cease." ☞ One scruple of Anise seed boiled in baby's food, will prevent colic. Anise tea taken by the mother also prevents colic in nursing babies, and increases the flow of milk. Fennel seed tea does the same. *Oranges*, eaten freely, *increase the secretion and flow of milk.*

# SECTION 14.

## BANDAGE.

**Speedy Labor—No Flooding.**—Put the bandage on early; secure it firmly with strong safety-pins; as labor advances renew the tightening.

**Congestion of Lungs and Heart.**—Bandage limbs tightly at groin and arm pit—keep the blood in the extremities.

(A) This also *arrests flooding* after labor or miscarriage.

The same, done at first approach of coldness, arrests or *prevents an Ague Chill.*

Bandaging the lower abdomen tightly cured *Diarrhœa*, of a whole ship's crew, in 24 hours. Wearing a buckled strap around the wrist or ankle, and drawing it quickly tight at the first warning of an *Epileptic fit, prevents the spasm.*

A tight bandage around the waist, relieves *attacks of colic*, that sometimes occur after eating. The same girthed just below the point of the breast bone, stops *spells of hic-cough.*

**Pneumonia—Pleurisy—Pleurodynia—Painful Respiration.**—Apply a firm tight bandage of adhesive plaster all around the region of the chest in which is the seat of pain, and over this a roller bandage. In case of extensive pneumonia, it may sometimes be necessary to bandage from waist to arm pit. This gives entire relief to the muscles of the chest, and throws the whole labor of respiration upon the abdominal muscles.

For "Inward weakness"—Dragging down sensations—Falling of the womb or bowel. The one essential thing needed is abdominal and dorsal support. See Brace, Section 25.

## SECTION 15.

### BAPTISIA.

GENERAL INDICATIONS.—Feverish drowsiness and weariness—soreness all over—the bed feels too hard (Arnica)—putrid discharges and ulcerations—besotted appearance, like typhoid—oppression on waking, must have fresh air.

MINUTE DOSE.—See Section 56, B.

ORDINARY DOSE.—Adult, ¼ to ½ drachm of the Fluid Extract—Baptisin ¼ to ½ grain. Child, see Section 56, B.

In minute doses, Baptisia cured ninety cases of *smallpox* in succession, all rapid recoveries. It is an efficient remedy for Putrid Sore Throat—Ulcerated mouth and throat—Putrid Diphtheria—Putrid Quinsy—It stands without a peer in the treatment of *Typhoid fever*. For **Consumption** it is a remedy of inestimable value, having a marked power over the disease; it diminishes the fever because it arrests the decay of lung tissue which causes it; it arrests the formation of pus, ameliorates the cough, and abates the soreness and pain in the lungs.

☞A case of *Chronic Bronchitis*, with distressing cough and progressive emaciation, profuse sweat, day and night—nearly dying condition—was cured completely in a few weeks—with Tinct. of Myosotis symphitifolia; adult, 5 drops every 3 hours. Drosera rotundifolia, fluid extract; adult, 5 to 30 drops, 3 times a day, has cured consumption in the early stage.

Baptisia, in minute doses, has shown itself complete master of *Bloody Dysentery* with violent colic—and is excellent for *Offensive Lochia*, especially when aided by injection of the same—½ oz. of tincture to a pint of warm water.

## SECTION 16.

### BARBERRY.

GENERAL INDICATIONS *for Berberis.*—Lameness, weakness and pain about the loins—urine full of sediment—joints enlarged—ailments worse by sitting or lying; better by gentle motion.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the fluid extract. Child, see Section 56, B.

Berberis vulgaris, in minute doses, is the grand specific for *various diseases of the kidney and bladder*—Albuminuria—Chyluria—Nephritis—Gravel—Urine loaded with sediment—Pains in the loins—Lameness over the kidneys.

☞ Uva ursi; Adult, 10 grain doses; stands in high repute for *Gravel—Bloody, slimy urine—Chyluria* (Phosphoric acid)—*Cystitis—Nephritis.*

(A) "Compound decoction of sarsaparilla, adult, 1 pint a day, is a champion remedy for *Gravel*, and restores the worn-down and wasted system to renewed vigor. It also *antidotes the ill effects of mercury;* and in conjunction with the gray powder, 1 grain 4 times a day, is considered our best hope in *Constitutional syphilis.*"

**Kidney Colic.**—(Lodgment of stone)—Chief remedy, Berberis vulgaris tincture; adult, 5 drops on sugar every 5 minutes.

(B) **Hemorrhage from the Womb, at the time of Menses.**—Sulphate of Berberine, 5 grain pills; repeated every 2 hours if necessary. Ladies subject to *excessive flow*, should keep these pills constantly on hand, and may rely upon them with perfect confidence. The same cures *Itching of the vulva*, and is excellent for *Leucorrhœa.*

# SECTION 17.

## BELLADONNA.

GENERAL INDICATIONS.—Ailments with delirium—throbbing in the arteries of the neck—starting in sleep—smooth shining redness of parts affected—sudden attacks of pain, throbbing, shifting—intolerance of the least jar—pains worse at 3 P.M., and after midnight—relief by warmth in general—desire for lemons.

MINUTE DOSE.—Section 56, B-C-D.

OFFICINAL DOSE.—Adult, 5 to 20 drops of the tincture—Atropia, $\frac{1}{100}$ to $\frac{1}{50}$ grain. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Formula: Atropia Sulph., 2 grains; Aquæ distil., 1 ounce. Mix. Adult, 2 to 5 minims, or $\frac{1}{120}$ to $\frac{1}{40}$ grain in solution.

Used especially for Pains attended with depression of vital powers—Ileus—Pains and fidgets of Locomotor ataxia—Neuralgia—Epilepsy—Dysmenorrhœa—Dysuria—Enuresis—Poisoning from Pilocarpin, muscaria, bromal hydrate and morphia.

☞ Duboisia muriat., adult, $\frac{1}{100}$ to $\frac{1}{40}$ grain in solution, may be substituted for Atropia, in all diseases for which the latter is now employed. It is more calming and hypnotic, than Atropia, and is especially to be preferred in the treatment of *diseases of the mind, brain and eye.*

(A) Belladonna, in minute doses, is the leading remedy for Congestive Headache, with red face, and throbbing of the vessels of the neck—Vertigo, with vanishing of sight—Brain fever, with wild delirium—Puerperal fever—Scarlet fever, smooth red. The same in daily doses, continued for a week or two, is our most reliable prophylactic of scarlet fever—Convulsions with red face—Spasm of the glottis—Erysipelas, smooth red—Any inflammation, smooth red, or in streaks, or very sensitive to the least jar—Peritonitis—Nephritis—Meningitis—Encephalitis—Sore throat, scarlet red—Quinsy, deep red, tender to touch—Aphonia—

Mumps, sudden shifting to the brain—Ulceration in the stomach, frightful pain, bloody vomit, no better remedy—Infantile Dysentery, often the only medicine needed—Apoplexy, early stage—Lock-jaw, spasm renewed by every attempt to drink—Neuralgia, attacks of pain come suddenly and leave suddenly—Locomotor ataxia—Optic neurosis—Ophthalmia, with pain in the eyeball. Introduce also into the eye as often as needed, atropia solution (2 grains to the ounce of water), a drop or two at a time—Iritis—Retinitis (Picric acid)—Conjunctivitis—Glaucoma—Blindness—Derangement of sight with appearance of objects fiery, or inverted—Inability to sleep, though drowsy—Starting in sleep, as if frightened—Pain in the back, as if it would break—Falling of the womb, with bearing-down pain—Puerperal Spasms, renewed with every pain—Puerperal Insanity, furious, sleepless—After-pains as if everything within would protrude — Rigid os uteri. Belladonna ointment.

**Whooping Cough.**—Atropia, $\frac{2}{100}$ to $\frac{1}{100}$ grain taken twice a day, cured in 5 days. ☞Oxalate of Cerium cured in a week. Taken one dose a day before breakfast (age of one year ½ grain, and for every year older ½ grain more, to adult age)—Continued treatment during the second week to prevent relapse.

**Constipation.**—Belladonna tincture, adult, 1 drop 3 times a day, taken in a little water—Cured the most obstinate case in a week.

**Enuresis—Wetting the Bed.**—"Belladonna (Fluid extract), ½ ounce; Nux vomica (Fluid extract), ½ ounce. Mix. Child, 7 to 12 years of age, take 2 to 5 drops 3 times a day. Never failed me yet."

**Neuralgia, especially in Head, Face or Teeth.**—Fluid extract of Belladonna, Fluid extract of Viburnum opulus, and Fluid extract of Gelsemium, equal parts of each: Mix. Moisten cotton with this, and put the cotton in the ear of

*that* side, or in both ears, if on both sides. The pain will abate in 5 minutes.

**Epilepsy.**—"Atropia, 30 per cent. trituration with sugar of milk; adult, 2 grains, taken every 12 hours; cures two-thirds of all cases; and Nux vomica $\frac{1}{12}$ grain, taken every 12 hours, cures a majority of the rest."

**Hydrophobia.**—Belladonna tincture full doses. Keep the system under its influence for 6 weeks. If spasms set in, increase the dose and repeat often, until victory. Several cures reported.

(B) Fluid extract of Cedron seed cured even after spasms had set in—specific for *rattlesnake bite.*

**Sweating Hands or Feet—Any Local Sweat.**—Apply Belladonna liniment, or use *Eau de Cologne* instead of spirits in the preparation of the tincture of belladonna. This is very agreeable and effectual. Rub it in several times a day.

**To "Dry up the Milk."**—(Without danger, even when there is inflammation in the breasts.)—Apply ointment made of Belladonna tincture, 1 drachm, and olive oil, 1 ounce, mixed.

(C) This is a *grand pain liniment,* especially for *spine injuries.*

**Belladonna Poisoning.**—Bromide of Potash, adult, 8 grains, taken every half hour; cured in 4 hours.

(D) Belladonna plaster is the right thing for a Lame back, Deep-seated, aching pains in the side (in liver or spleen)—Enlargement of the liver or spleen, cure in from 3 to 6 weeks—Will never have Gathered Breast, if, as soon as the breast gets hard, and threatens to gather, you apply a Belladonna plaster, making a hole for the nipple. For Sore, inflamed eyes, apply the plaster to the temples—For Sore throat, apply it to the throat, excellent—If applied to the back or pit of the stomach, it will relieve the pains and discomforts of pregnancy.

## SECTION 18.

### BENZOIN.

GENERAL INDICATIONS *for Benzoic Acid.*—Odor of urine, strong pungent, offensive (Nitric acid)—joints stiff, gouty—pains shifting—ailments worse whilst in repose, lying.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 10 to 30 grains of Benzoic acid. Child, see Section 56, B.

Benzoic acid, even in minute doses, aided by external application of an ointment, made of 5 grains of the acid, to 1 ounce of vaseline, has effected the dispersion and cure of *tendinous swellings at the back of the wrist—Ganglia*—also *Windgall* of horses.

**Freckles and Eruptions on the Face.**—Benzoin, spirituous solution, in 20 parts rosewater, apply several times a day; or mix tincture of Benzoic acid, 10 parts, with rose water, 150 parts, and put a teaspoonful of this in a pint of water, and wash daily.

**Toothache in Hollow Teeth.**—Saturate cotton with compound tincture of Benzoin, and pack it in the hollow tooth (after being cleansed out); this gives instant relief, and is a pleasant application.

**Sore Nipples (Raw, Tender).**—Wipe the nipple dry, after the child has nursed, and with a camel-hair brush, apply four or five coats of the compound tincture of Benzoin. This forms an artificial skin; it burns a little at first, but soon affords wonderful relief.

(A) The same for *chapped skin*, and *chafing of children*—nothing like it—Good protection for *cuts and wounds*—applied on a soft rag.

**Enuresis—Wetting the Bed.**—(Especially when the odor of the urine is very strong and offensive)—Benzoic acid 10 drops in an ounce of alcohol with water added to make 6 ounces—Adult, take 3 teaspoonfuls every 3 hours during the day—Child dose, see Section 56, B.

(B) "For *wetting the bed*, use Equisetum hyemale tincture; put 12 drops in half a glass of water; and to a child, 5 to 7 years old, give 1 teaspoonful every 3 hours. This is a remedy that has never yet failed me. I have also used the same for *Cystitis* and *Dysuria* with unparalleled success —Adult, 5 drops of the tincture every 3 hours." I saw a case of wetting the bed, of seventeen years' standing from infancy, cured with Phosphoric acid, dilute, taken 5 drops 3 times a day in a wine glass of water.

(C) Compound tincture of Benzoin, adult, teaspoonful doses, beaten up with milk, and taken 3 or 4 times a day, is an excellent remedy for *Bronchial affections—Obstinate winter cough—Hawking—Catarrh of the throat—Chronic sore throat.*

## SECTION 19.

### BITTER-SWEET.

GENERAL INDICATIONS *for Dulcamara.*—Ailments from colds contracted in cool, damp weather—Mucous discharges from catarrh—dry skin with itching eruptions—burning after scratching—ailments worse in cool, damp weather—pains relieved by motion.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the Fluid extract. Child, see Section 56, B.

Dulcamara, minute doses, is the true specific for Catarrhal Diarrhœa, mucous stools—Camp Diarrhœa, bloody slimy stools—Catarrh of nose, throat, chest, bowels; contracted in cold, wet weather—Hawking, very troublesome, often attended with general dryness of the skin—"Thin slipper," Neuralgia—Lepra—Moist Tetter—Asthma, from repelled hives or other eruptions—or Neuralgia from the same cause—Erotomania.

# SECTION 20.

## BISMUTH.

GENERAL INDICATIONS.—Prostration without coolness of the surface—vomiting of liquids, not solids, or vomiting of solids as soon as the stomach becomes full—thick white coating on the tongue (Antimony Crude).

MINUTE DOSE.—Section 56, A.

OFFICINAL DOSE.—Adult, 5 to 15 grains of the sub-nitrate, in milk, with or before meals. Child, see Section 56, A.

(A) This remedy is especially useful for *Headache* that occurs immediately after eating—*vomiting of food, as soon as the stomach is full. Ulceration of the Stomach*, with exhausting pain and vomiting (full doses). "*Malignant disease* of the Stomach; over ordinary dose, to form a smooth layer over the exposed surface, preventing pain."

**Sore Mouth—Canker.**—Apply sub-nitrate of Bismuth powder, sufficient to cover the ulcerated part, several times a day. Immediate relief and prompt cure. Bismuth, sub-nit. minute doses, 56 A, in water, every half hour, cured baby's sore mouth in 2 days.

**Sore Nipples—Cracked.**—Bismuth sub-nit. 2 drachms in Vaseline 1 ounce, mixed, apply each time after the child nurses, and cover with a soft cloth: wash off each time before giving the breast. Perfectly satisfactory.

**Wound Dressing.**—Sub-nitrate of Bismuth as a dressing for wounds is antiseptic and non-irritant, and does not require frequent changing in order to keep the wound pure, nor in any way interferes with union by first intention.

(B) Bismuth powder is the thing for *Chafing—Erythema—Eczema—Erysipelas—Bed sores.* A paste made of equal

parts of sub-nit. Bismuth and water applied, subdues *pain and swelling of Testes.*

**Stomach Pains** (coming on soon after meals, sometimes lasting for hours).—Bismuth sub. nit.: adult 5 grains before eating. "Relief at once, cases of years' standing cured in a few days."

**Dyspepsia—Indigestion** (burning pains in the stomach, sour vomit, food retained, but drinks thrown up immediately, or food thrown up as soon as the stomach becomes full).—Bismuth even in minute doses, taken before meals, soon corrects the whole trouble.

**Diarrhœa and Vomiting, especially of Children.**—Bismuth, minute dose, after each passage, or spell of vomiting: works wonders.

(C) The same is excellent for *Diarrhœa of Consumption* (Argent. nit.); and for *Dysentery*, especially when aided by injections of boiled starch medicated with bismuth.

**Nasal Catarrh.**—Celebrated Catarrh Snuff—Bismuth sub. nit. 6 ounces; Morphia Sulph. 2 grains; and Pulv. Gum Acacia 2 drachms: mix thoroughly. Snuff freely of this powder several times a day.

**Offensive Foot Sweat.**—"In 15 years I have found but one case that was not cured by sub. nitrate of Bismuth. About one ounce of the powder should be rubbed on the feet, and between the toes, every day. Cure in from 5 to 15 days—no after trouble."

# SECTION 21.

## BLACK SNAKE ROOT.

GENERAL INDICATIONS *for Cimicifuga.* — Distracted state of mind—inability to sleep, with appearance of strange objects before the sight—muscular soreness—ailments relieved by eating and by quiet repose.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 1 to 2 drachms of the Tincture. Fluid Extract ½ to 1 drachm. Child, see Section 56, B.

In minute doses, Cimicifuga or Actæa racemosa is a very reliable remedy for Headache, especially of delicate ladies, close students, and intemperate persons—Sleeplessness, with vision of imaginary objects—Sinking, faintness at the stomach—Sciatica—Hysteria, at change of life, and from deranged menses—Nervous chills and shivers, as in confinement—Cough, with every attempt to speak—Catarrh of the nose, alternating with Leucorrhœa.

In the larger, ordinary dose, Cimicifuga has proved eminently curative in *Acute Rheumatism—Myalgia—Neuralgia*, especially in the neck, back, chest, hip, ovary and womb. After free sweat, rapid and permanent cures ensue—*Chorea*, five doses a day, lengthen intervals with improvement—Nervous tremor—Irregular heart action, with intermittent pulse —Spinal irritation—Spasms of Meningitis—Photophobia—Suppressed menses, almost specific—Puerperal mania— —Acute Insanity, constant talking, or deep melancholy—After pains.

☞ What Cimicifuga leaves uncured in the line of its indication, Caulophyllum in same dose will mostly finish. It is especially useful in all *Menstrual Irregularities*, with

attendant ailments, such as spasm, tremor, cramp and sleeplessness—also for False labor—Prolonged "Cleansing;" or Suppressed Lochia—Rheumatism in the wrists, hands, fingers—Caulophyllin ½ grain every ¼ hour, is safer and often superior to ergot for inducing labor.

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# SECTION 22.

## BLOOD ROOT.

GENERAL INDICATIONS *for Sanguinaria.*—Dryness of the throat with tickling cough—headache with nausea unrelieved by vomiting, recurring once a week, relief by lying down in a dark room.

MINUTE DOSE.—Section 56, A–B.

ORDINARY DOSE.—Adult, 5 to 10 minims of the tincture —Emetic 60 minims. Child, see Section 56, B.

Sanguinaria, minute dose taken before meals and on going to bed, is a remedy almost unequaled for *Indigestion* —Dyspepsia—Periodical Sick-headache—Loss of appetite. The same is a prominent remedy for Œdematous Croup —Laryngitis—almost any *cough*, even long standing with hectic flush, after two or three weeks' course—Chronic Nasal Catarrh. ☞ Sanguinaria nitrate 10 per cent. trituration with milk-sugar: adult, 5 grains, 4 times a day is claimed to be our very best remedy for *Chronic Nasal Catarrh with cough and altered voice.*

Pulverized Sanguinaria root applied removes *proud flesh.*

# SECTION 23.

## BLUE FLAG.

GENERAL INDICATIONS *for Iris.*—Persistent vomiting of sour liquids—excessive flow of saliva—loss of taste and appetite—burning liquid stools—sick headache recurring every eight days—ailments worse on first starting to move, but better by continued motion (Rhus tox.).

MINUTE DOSE.—Section 56, A–B.

ORDINARY DOSE.—Adult, 5 to 30 drops of the tincture—Irisin ½ to 5 grains—purgative five grains. Child, see Section 56, A.

Iris, minute dose, is undoubtedly the champion remedy for Cholera Morbus—Cholera infantum—Bilious Sick-headache—Vomiting in general—Sour vomit—Violent colic with vomiting or without—Diarrhœa, with or without vomiting—Dysentery—Bilious fever—Bilious Typhoid, with involuntary stools—Water-brash—Salivation, water streaming from the mouth—Loss of appetite—Loss of taste—Disease of the pancreas (Iodine)—Constipation, "purgative dose is not followed by costiveness"—Menorrhagia—Eruptions and Scabs, especially on head and face. ☞ Viola tricolor, dose Section 56, B, is mostly the only remedy needed for Porrigo; also for Plica Polonica (Vinca minor dose, 56, B).

## SECTION 24.

### BORAX.

GENERAL INDICATIONS.—Hot mouth—hot palms —hot urine—dread of downward motion, child will not be rocked, wakens on being laid down—pains relieved by pressure upon the part.

MINUTE DOSE.—Section 56, A.

OFFICINAL DOSE.—Adult, 5 to 20 grains—Honey of borax ½ to 3 drachms. Child, see Section 56, A.

**Acceleration of Labor.**—Borax may be used as a substitute for Ergot. Two scruples of borax dissolved in water, and taken during labor, will directly strengthen the pains. A second dose may be taken if necessary after an interval of 20 minutes. It seldom disturbs the stomach.

**Sudden Loss of Voice, or Sudden Hoarseness.**—Dissolve a piece of Borax, size of a pea, in the mouth. Immediate relief. The same taken 10 minutes before singing or speaking produces an abundant secretion of saliva, which moistens the mouth and throat and *prevents hoarseness.*

☞ (A) Oxalic acid, dose 56, A, has cured *Aphonia*, and rendered good service in *Spinal Meningitis* and *Myelitis.* Cubeb Lozenge is excellent for *throat affections.* Chewing the cubeb berries relieves the throat. Smoking the crushed cubeb berries in a pipe is said to cure *catarrh of nose and throat.* For *Hawking and elongated palate*, Catechu lozenge is better than anything I know for immediate relief.

**Baby's Sore Mouth.**—Borax dissolved in glycerine or mixed in honey, applied.

**Itching—(vulva, vagina, urethra, piles)—any local itching.**—Borax and lard 1 part to 3, mixed and applied. On sponge in vagina and vulva. On bougie introduced

into the urethra. An ointment of Boracic acid and vaseline applied, promptly allays *Itching of vulva, anus, and piles.* ☞ Balsam of Peru 120 grains; oil of Almonds 90 grains; Gum arabic 120 grains; and Rose water, quantity sufficient mixed and applied as often as needed, cured cases of *Local Itching* that had resisted all treatment for years.

**Dandruff.**—Cleanse the scalp thoroughly: take as much Boracic acid as you can dissolve in a given quantity of water, and apply the solution 3 times a day. Nothing better. ☞ Listerine in full strength, or one or two parts water, said to be very good.

**Conjunctivitis** (Inflammation inside the Eyelids).—Boracic acid 5 grains, in water 1 ounce, a few drops in the eye several times a day.

**Noise in the Ears.**—Boracic acid 10 grains, in water 1 ounce, mix: drop a little in the ear three times a day.

**Otorrhœa—Offensive discharge from the Ear.**—Sponge out the ear with warm water, and swab dry; then saturate a piece of cotton with glycerine, and squeeze it until only moist, dip it into pulverized Boracic acid, and insert it into the ear every day. "Cure in 12 days." Another way: swab out dry with absorbent cotton, and keep the ear filled with Boracic acid, powdered as fine as flour. It is often necessary at the beginning to re-fill several times a day. Let the patient lie down with *that* ear up, and proceed to fill it full of the acid. It may be blown in through a quill; a convenient instrument is an "Insect powder blower;" when filled, plug the ear with absorbent cotton: as soon as the discharge breaks through, clean out as well as possible and re-fill; after a few days the running will stop; do not be in a hurry then to clean out the ear; it will cleanse itself and remain well.

**Diabetes.**—Boracic acid, 12 grains 3 times a day. Cured a case, boy aged 12 years.

**Leucorrhœa.**—"Apply Boracic acid on sponge, having narrow ribbon or tape attached to it; moisten the sponge with glycerine, roll it in fine powder of Boracic acid, and push it up to the mouth of the womb; daily. It can be removed by the tape. You may depend upon this treatment with great confidence."

☞ (B) Sabina tincture: adult, 5 to 10 drops in water, is not only an excellent remedy for *Leucorrhœa*, but also for *Uterine hemorrhage—Menorrhœa—Chronic Gout*, and *Joint affections.*

**Eruptions upon the Skin—Eczema, Etc.**—Boracic acid, saturated solution, in boiling water, apply 3 to 6 times a day (do not make an ointment of it). Said to effect prompt and permanent cures.

**Offensive Urine.**—" Have not met with a case of offensive urine that 10 to 20 grains of Boric acid, taken every 3 hours, would not cure."

**Offensive Foot Sweat.**—Change stockings twice a day, place the stocking *feet* for some hours in a jar containing a saturated solution of Boracic acid; then dry them ready for use again: wear cork soles, have several pair—change daily. Effectual remedy.

## SECTION 25.

### BRACE.

(Banning System.)

**Drooping Shoulders.**—Body-balance brace; or abdominal and spinal shoulder brace; or revolving spinal prop.

**Lateral Curvature of the Spine.**—Centripetal spinal lever.

**Piles; *also* Falling of the Bowel.**—Pile and Prolapsus ani brace.

**Hernia** (Rupture).—The Brace truss.

**Weak Back.**—The Spinal prop.

**Retroversion and Retroflexion of the Womb.**—The Curved uterine balance.

**Anteversion and Anteflexion of the Womb.**—The straight Uterine brace.

**To Prevent Miscarriage.**—Pregnancy brace.

# SECTION 26.

## BRYONIA.

GENERAL INDICATIONS.—Stitching and tensive pains, worse from the least motion—desire to lie perfectly quiet—better by pressure on the seat of pain—vertigo on sitting up in bed—lips very dry, parched—stools dry, "as if burnt"—craving for things to eat, which are rejected when offered.

MINUTE DOSE.—Section 56, B–D.

ORDINARY DOSE.—Adult, 10 to 30 drops of the Fluid Extract—Bryonin 1 to 2 grains. Child, see Section 56, B.

Bryonia, in minute doses, is exceedingly valuable in all cases of *Inflammation of Serous Membranes, in the Second Stage:* when the acute inflammatory action calling for Aconite has diminished or disappeared, and the resulting Effusion is present. Most especially useful in Meningitis with cerebral effusion—Synovitis—Peritonitis—Pericarditis—Pleuritis—Pleuro-Pneumonia—Hydrothorax, when the lungs feel as if they could not expand, patient cannot take a full breath, and there is stitching cough. All pains, especially Rheumatic pains of the joints, worse by the least motion—Intense Congestion—Vertigo on rising up in bed—Typhoid Conditions, with Constipation—Puerperal fever—Vicarious Menstruation.

☞ (A) Asclepias tuberosa—same dose as of bryonia—is almost specific for *Pleurisy*, *Pneumonia* and *Œdema.* It is an expectorant of the first order, invariably increasing the freedom of respiration.

# SECTION 27.

## BUG AGARIC.

GENERAL INDICATIONS *for Agaricus.*—Spine tender to touch, and painful from the least motion—Trembling limbs, muscles jerking like chorea when awake only, not during sleep—redness of parts, as of the nose or ears, burning tingling, as if frost bitten—feeling as if touched in spots with the point of an icicle.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 5 to 15 drops of the tincture every 3 hours. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, ¼ to ½ grain of Muscarin nitrate in solution. Used especially for *excessive perspiration and night sweats.*

Agaricus, in minute doses, is especially curative in Spinal Irritation, pain and tenderness of the spine—Giddiness with falling—St. Vitus' dance, only manifested when awake—Spasm of eyelids—Epileptic spasms—Trembling, twitching—Convulsions during teething. If the child is in deep stupor, cold; put 5 drops of the tincture of Agaricus into an ½ ounce bottle, fill it with water, and every hour or two give a teaspoonful; when the hands, feet and head are hot, give Belladonna prepared in the same way, in alternation with the Agaricus, and thus save all your cases—Chilblains or frost bites with all their burning and itching, vanish after taking Agaricus. Dose 56, B, 5 or 6 times a day, for a week.

(A) ☞The indications for the use of Physostigma are nearly the same as those for Agaricus. In doses 56, A or B, it has proven useful for Twitching of the eyelids—Oscillation of the eyeballs—Acquired Myopia—Extreme giddi-

ness—Tremor—Locomotor ataxia—Progressive muscular atrophy—Paralysis, especially of the insane.

(B) Eserine; adult, $\frac{1}{60}$ to $\frac{1}{10}$ grain (hypodermatic) is especially useful for Chorea—Tetanus—Iritis, to contract the pupil and prevent adhesions.

## SECTION 28.

### CABBAGE.

Fresh cabbage leaves, thoroughly cleansed and bruised to a soft pulp, applied and held in place by compress, frequently renewed, are said to cure Ulcers—Scabby condition of the skin—Suppurations—Gatherings—Gathered breasts—Hard swelling of glands—Tumors—Abscesses—Boils—Carbuncles—Diphtheria; by binding the pulp, or bruised leaf to the throat—Inflammation and suppuration of the eyes—Purulent Ophthalmia of infants; by cleansing the eye thoroughly every ¼ or ½ hour with warm water, and then packing the socket full each time with fresh pulp. It may seem to increase the suppuration for a few days, but improvement will be in progress the while, and a "cure soon effected."

This same application softens and dissipates Corns and Warts.

The first effect of the cabbage applied is to encourage suppuration, drawing the purulent matter to the surface, thus preventing blood poison. The cure is complete, there is no relapse. Applied upon any place adjacent to the seat of ailment, it draws the corruption to that part.

**Old Frost Bites.**—"Bathe the parts in strong tea of white oak leaves, gathered from the ground; apply the decoction as hot as can be borne for a quarter of an hour, then apply sour krout fresh from the barrel, about one inch thick. Keep it on by bandage over night—well next day."

☞ *Chilblains or Frost Bites.*—Dissolve 24 grains of Iodoform in 1 ounce of oleic acid, and apply with camel-hair brush. Two applications generally make a permanent cure.

# SECTION 29.

## CACTUS.

GENERAL INDICATIONS.—Sudden squeezing at the heart, like the grip of an iron hand—binding sensation in various parts—fluttering at the stomach—active bleeding, red blood—ailments worse every day at the same hour. (Cedron.)

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 2 to 5 drops of the tincture. Child, see Section 56, B.

Cactus grandiflorus is the analogue of Aconite, and, in minute doses, is indicated in Acute Fevers—Puerperal fever—Congestion—Hemorrhage—Excited action of the heart—Endocarditis—Pericarditis—Congestive palpitation of the heart—Its leading genius symptom is Constriction, or Binding tightness in any part of the body, and especially at the heart—Heart spasm—Spasm of the diaphragm—Angina pectoris—Chronic Bronchitis, with rattling phlegm, spasmodic cough and oppressed breathing—Rheumatism, involving the heart—Various Diseased Conditions attended with fluttering in the stomach, such as Cough—Diarrhœa—Vomiting—Dysmenorrhœa—Sleeplessness, etc.

(A) ☞Spigelia, dose 56, B, is strongly indicated in Endocarditis—Pericarditis—Angina pectoris—Palpitation of the heart—Heart Stitch—Eye pain—Tender skin.

☞If there is any remedy especially deserving our confidence in Heart affections, resulting from Rheumatism—and also for various *Heart ailment from obscure origin*, it is Scutellaria lateriflora—dose 56, B.

## SECTION 30.

### CANTHARIS.

GENERAL INDICATIONS.—Scanty, scalding urine—burning pains—shreddy stools in dysentery—desire for drink with dread of liquids (Cannabis)—pains relieved by rubbing—Coffee disagrees.

MINUTE DOSE.—Section 56, B–C.

OFFICINAL DOSE.—Adult, 5 to 20 minims of the tincture. Child, see Section 56, B.

**Erysipelas.**—Cantharis tinct. 1 drachm, in water 1 pint; bathe 3 times a day—Cure in 3 days.

(A) Same for *Burns and scalds.*

**Chronic Ulcer on the Skin.**—Cantharis tinct. 1 drop 3 times a day—no bandage—Rapid cure.

(B) The same for *Ulceration in the stomach*, with burning pain and retching.

**Enuresis—(Wetting the Bed).**—Why try anything else, when one parvule of Cantharis, every 3 hours, will cure in 5 days?

(C) The same is specific for *Inflammation of Kidney, bladder and Urethra—Strangury—Uremia.*

☞If the urine is too thick to flow even by catheter, inject 16 to 20 grains of pepsin, dissolved in a little water, into the bladder, and in an hour the urine will flow by catheter.

(D) In order to do without the use of the catheter, put Fluid extract, Rhus aromat., 20 drops in half a glass of water; and adult take a teaspoonful every 3 hours; or take uva ursi in the same way.

When the catheter will not pass, try with the patient standing slightly bent forward; if this fails, give a grain of opium, and after an hour try again.

## SECTION 31.

### CAMPHOR.

GENERAL INDICATIONS.—Internal trembling—feeling of dread when in the dark—coldness of the skin with aversion to being covered (secale)—pains abate by thinking of them.

MINUTE DOSE.—Section 56, B–C–D.

OFFICINAL DOSE.—Adult, 5 to 60 minims of the spirits. Child, see Section 56, B.

The tincture of Camphor, adult, 1 drop on sugar, frequently repeated, *cures cold in the head in a day*—Controls convulsions—Arrests strangury from fly blister—Restores suppressed measles—Is the remedy, par excellence, for all complications of labor—gives force to weak, failing labor pains—Dissipates false labor pains—stops after-pains—allays nervous sensitiveness and agitation with sweat—antidotes vegetable poisons. (Strong coffee does the same.)

**Cholera Infantum—also Violent Pain, Screaming Spells.**—Apply menthated camphor (Lambert's) very lightly to region of the navel, and cover with oil-silk or flannel. In a few minutes pain gone, child quiet.

**Cholera.**—Of 50,000 people at Naples, who took drop doses of the tincture of camphor, 3 times a day, as a prophylactic of cholera, all escaped it, or, if attacked, recovered; even carrying Gum Camphor about the person is a guard against taking it.

Early in the attack of Cholera—skin cold, patient tossing in agony—take 3 to 5 drops of a strong alcoholic tincture on sugar every 5 minutes, and rub chest, back and abdomen with spirits of camphor, until the coldness gives way to vital warmth. This remedy is almost infallible.

The same treatment *cures Congestive chill* and *Ague, treated in the cold stage.*

(A) It is the proper treatment during the *cold stage of Yellow Fever;* then follow with Gelsemium tincture, 5 drops every hour, and conquer every time.

**Shifting Rheumatism—Rheumatic Paralysis.**—Camphor tincture, 6 to 10 drops, every 4 to 6 hours, is often the only remedy needed. "Rheumatism may be rubbed out in 3 days with mixture of 1 ounce of Gum Camphor, 1 drachm of Oil of Wormwood, and ½ pint of alcohol; rub thoroughly 3 or 4 times a day." In case of Rheumatism, remove the casters from the bed posts, and put thick pieces of plate glass under each post; it will produce calm and refreshing sleep.

(B) Inflammatory Rheumatism reported 250 cures in succession, each in 48 hours, with distilled herring brine, 20 drops, every 2 hours. The same for *Lumbago.*

**Sprain.**—Wrap the part in flannel or absorbent cotton, saturated with Camphor spirits. Nothing better.

Apply Turpentine, with flour and white of egg, as a poultice; this cures desperate cases. Clay, wet with vinegar, applied is excellent—Apply *daisy* poultice and in half an hour the joint will admit of motion.

**Mumps—Shifted to the Testes.**—Pour spirits of camphor in a basin, and place the scrotum therein, and bathe and rub well in, over the lower abdomen, and region of the loins and thighs. In 30 minutes, away goes all pain and swelling.

**Nymphomania.**—Mono-bromide of Camphor, 10 grain doses, until brain feels it. Excellent remedy.

**Sleeplessness.**—One granule of Camphor on going to bed will induce sleep—Mono-bromide of Camphor, 2 grains, acts like a charm.

**Carbuncle.**—Camphor spirits and lime water, equal parts, applied early aborts it. ☞Saponated coal tar, in water,

5 parts to 20, applied to carbuncle or boil *acts like an anodyne, soothes to sleep.* No remedy equal to it.

(C) Menthol, ethereal solution, 10 to 50 per cent., applied by camel-hair brush, *averts boils, carbuncles and inflammatory gatherings,* and cures *itching eruptions.*

# SECTION 32.

## CARBOLIC ACID.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 1 to 3 drachms of the Syrup; Declat Syrup 1 tablespoonful every 2 to 4 hours. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Formula.—Acid carbolic purif. 10 grains; Aquæ distil. 1 ounce; mix.—Adult, 15 to 30 minims. The minimum dose may be injected repeatedly until maximum amount reached in cases depending upon assured results; usually 3 doses a day.

Used principally for Parasitic skin diseases—Erysipelas. ("5 minims of a 2 per cent. solution at several points around the border, 3 times a day, give good results")—Abnormal growths—Polypi—Epithelioma—Adenoma—Fibroma—Pleuro-Pneumonia—Synovitis—White Swelling—Rheumatism, acute and chronic—Myalgia—Superficial Neuralgia, prompt cures.

**Diphtheria.**—"For 10 years have used only Carbolic acid for diphtheria with uniform success. Dose, 1 drop of a one per cent. alcoholic solution, given in water—gargle with the same."

☞ Bromine 1 per cent. solution in distilled water, prepared in a dark glass bottle—kept in dark place—given 1 to 3 drops in sweetened water, from a glass spoon or wine-glass, is claimed to be the triumphant remedy for *diphtheria* and *membranous croup*—for diphtheria a dose every hour—for croup every quarter hour. After evidence of improvement, reduce the doses, and extend the time between them, but not over two hours. Low diet the first day. The first 3 or 4 doses of Bromine reduced the pulse from 140 to 80—complete restoration in 3 days.

(A) Keep constantly in the room as a *preventive of contagion and infection.* Some Bromine-water in a saucer; renew it twice a day.

**Stricture of Prepuce.**—Immerse the part in warm water strongly saturated with carbolic acid; the glans and prepuce will shrink, and being relaxed may be gradually reduced.

**Abscess opened without pain.**—Apply Carbolic acid, 2 parts, with glycerine, 1 part, mixed; keep it on 5 minutes —then cut—no pain.

**Burns and Scalds.**—"Best of all treatment." Carbolic acid, 1 part to 25 parts sweet oil, apply with camel-hair brush every 2 to 4 hours, or as often as the pain reappears, until new skin is formed. This treatment may be preceded by application of cold water, as an immediate application until the first shock and pain is alleviated.

**Cancer prevented from returning after Excision.**—Carbolic acid, ½ drachm of the Syrup, take once a day for 6 months. Success in six cases.

**Lupus.**—Cured with Carbolic acid, one per cent. solution in alcohol, 5 drops 3 times a day.

**Compound Fracture.**—Germ-proof, dressing—anæsthetic—Carbolized bran. Avoid excess of acid.

"Ammonia Phenate (Declat Syrup) is the true remedy for Fever in general—Hyperæmia—Hyperexia—Hectic fever —All diseases attended with elevation of temperature or delirium—Scarlet fever—Yellow fever—Typhoid fever—Puerperal fever—Pyæmia—Septicæmia—Trichiniasis (complete germicide)—Asthma, relief in 15 minutes."

"Sulpho-Phenique (Declat Syrup) is the remedy for Chronic Diseases, and also acute when the tongue is coated with a dirty white fur—Chronic Gastric Catarrh, almost specific—Chronic Rheumatism—Chronic Cough, relief in 24 hours—Small-pox, prevents pitting—Chronic Nasal Catarrh, aided by snuffing Glyco-Phenique, 1 part to 15 water; superb."

"Iodo-Phenique (Declat Syrup) is the remedy unequaled for Scrofula in all its forms—Diseases of the glands, bones, skin—Syphilis—Cancer—Pott's Disease—Hip Disease—

Malaria, prompt and efficient—Biliousness—Liver Complaint."

"Glyco-Phenique (Declat) 1 part to 10 or 15 water, applied by washing, compress, gargle or injection, arrests Suppuration—Ulceration—Anthrax—Gangrene—Offensive discharges and odors—Promotes Cicatrization—Prevents infection—Cures Dandruff—Erysipelas—Burns and Scalds, relief in 10 minutes—Throat affections—Leucorrhœa."

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# SECTION 33.

## CASTOR OIL.

Ordinary Dose.—Adult, ½ to 1 ounce—infants 1 to 3 drachms. Unlike other purgative medicines, Castor oil allows of being lessened in dose, when the patient who resorts to it does so regularly. An enema may be prepared by the combination of 2 or 3 ounces of Castor oil, with some mucilaginous fluid.

Castor oil is particularly valuable in Constipation arising from indurated fæces—for Irritation of the bowels caused from swallowing acrid substances, or from accumulations of the same in the intestines—employed with great advantage in Diseases attended with irritation or inflammation of the bowels—Diarrhœa—Dysentery—Enteritis—A valuable purgative, speedy and mild, when needful in cases of piles and inflammatory or spasmodic diseases of the Urino-genital organs, kidney or bladder—also in Calculous affections and stricture. The advantage of the use of Castor oil as a purgative in these disorders cannot be over-estimated. For infants it is the safest of all cathartics. Larger relative dose may be given to infants than to adults. To mask the taste of the oil, see Section 69, X. A peppermint drop taken into the mouth before taking the dose, and also one immediately after, helps very much to disguise the taste.

## SECTION 34.

### CELERY.

**Rheumatism.**—"Cured in two days"—Celery soup, made of stalks and roots of Celery, cut in small pieces and boiled in water until soft; served with toast.

Celery tea strong and hot, with cream and sugar if you like, taken by the teacupful, three or four times a day, abates Neuralgia, even Sciatica, sometimes very speedily. The same soothes Menstrual pains, and promotes the flow in case of Suppression; also controls Hysteria.

"Celerina," teaspoonful doses 3 or 4 times a day is highly recommended for all *languid and debilitated conditions* of the System. "I have yet to meet in my practice the first case of *Dysmenorrhœa* or *Hysteria* that Celerina has failed to cure; moreover, it very materially lessens the *Sufferings* and *Exhaustion* of Labor; and if taken 3 times a day during pregnancy there will be *no weakness and irritability* during that period."

"Celerina is the safest and best of all Soothing remedies for *Baby's pains;* given in doses of 5 to 10 drops, in hot sweetened water."

(A) ☞ Cyclamen, tincture 10 to 30 drops, every 3 hours, is a very reliable remedy for *Suppressed Menses*, especially when attended with *vertigo* and *derangement of sight.*

# SECTION 35.

## CHARCOAL.

GENERAL INDICATIONS *for Carbo Vegetabilis.*—Foul secretions and discharges—offensive flatulence—aversion to milk and fat food—feeling worse when warm—desire to be fanned.

MINUTE DOSE.—Section 56, A.

OFFICINAL DOSE.—Adult, ½ to 3 drachms, better taken at meal times. Child, see Section 56, A.

**To Augment Fat.**—Take 10 grains of pulverized charcoal with each meal. The same purifies the system and sweetens the stomach and breath.

In order to fatten cattle, sheep, hogs, etc., give Charcoal powder in their food; 1 pint to 25 head of sheep or lambs; ¼ of a pint per head to full grown cattle, horses, and hogs; and half this quantity to young cattle; two teaspoonfuls to young calves daily. When stock are in ill condition, give Charcoal 2 or 3 times a week. It must be kept perfectly dry, and in well covered jars, or in tight bins.

**Gangrene, of wound, burn, Carbuncle—Putrid Sore or ulcer.**—Keep the part filled or covered with Charcoal powder; or apply yeast poultice mixed with Charcoal powder, renew the poultice frequently. (☞ Gangrene of the lungs, Capsicum, Salicylic acid.)

**Diarrhœa—Bowel Complaint of Children.** — Take plump wheat, carefully burn it to Charcoal, powder it, put a teaspoonful into the nursing bottle, before filling it with milk, once a day; it will soon cure even Chronic cases. The same in teaspoonful doses for adults, taken before or during meals cures *Dyspepsia — Heartburn — Waterbrash.* ☞ Corn coffee, prepared from flint corn, browned in an

oven, and ground in a coffee mill, flavored with sugar and cream, and not made too thick, taken by the wineglassful, several times a day, is said to be a Sovereign remedy for *Diarrhœa of adults and children;* very young children may be given a teaspoonful at a time, older ones more, according to age. A teaspoonful of Acorns powdered (after being baked brown) and taken in ½ glass of milk *cures diarrhœa with falling of the bowel* in adults; smaller doses for children. Baked wheat flour, stirred while baking until brown, adult 1 teaspoonful in ½ teacup of cold water, every two hours *cures bad cases of diarrhœa.* Fluid Extract Cota bark, 3 drops in a spoonful of water, 3 or 4 times a day, or after passages, is *almost specific for diarrhœa of Children.*

**Obstinate Leucorrhœa.**—Cured by insufflation of powdered vegetable Charcoal per vagina.

**The World's Best Tooth Powder.**—Charcoal 3 ounces; Calamus root 5 drachms; Pumice stone 2½ drachms; Catechu 2½ drachms; oil of Burgamot 30 drops; and oil of Cloves 30 drops: mix. *Cures disease of the gums and sweetens the breath.*

# SECTION 36.

## CHLORINE.

MINUTE DOSE.—See Section 56, B.

OFFICINAL DOSE.—Adult, Chlorine water 1 to 4 drachms. Child, see Section 56, B.

**Spasm of the Glottis.**—Can breathe *in*, but *not out*—Crowing respiration. The One grand specific is Chlorine; weak solution in water, so that the odor of Chlorine can just be detected; to a Child 1 teaspoonful of this every 15 to 20 minutes: to adults, tablespoonful doses. The same 3 times a day for *Chronic Sore throat.*

**Freckles.**—If *yellow*, wash with Chlorine water, night and morning for several weeks: if *brown*, apply Chloride of Lime, weak solution in water, to suit the sensation, brush it on every night, and wash it off in the morning, until the freckles are bleached out.

**Disinfectant—Deodorizer—Antiseptic.**—(Clean, stainless, free from odor, economical.) Platt's Chlorides—valuable agent for *dressing open cancers—Sloughing ulcers and gangrenous wounds.*

☞ A splendid Disinfectant, at 3 cents a bucketful (pour it down your sinks and sewers, wet cloths with it, and hang them in the foulest places, sweeten all the air)—Nitrate of Lead ½ drachm dissolve in 1 pint of boiling water, then dissolve 2 drachms of Common Salt in a bucket of water, now pour the two solutions together and allow the sediment to subside. Pour off the clear liquid, this is the disinfectant.

Bromo-Chloralum is a disinfectant free from poisonous qualities, and inodorous in itself. *Open cancers* and *putrid ulcers*, washed with a 10 per cent. solution in water, and

covered with cloths saturated with the same, become divested of offensive odor. Floors sprinkled with the solution and cloths saturated therewith and suspended about the room, purify and sweeten the air.

**Conjunctivitis.**—(Lids raw)—keep the parts constantly wet with a solution of Bromo-Chloralum, 1 part to 9 water.

**Sore Throat—Ulcerated.**—"Gargle with Bromo-Chloralum 10 per cent. solution in water, several times a day—rapid cures."

**Diphtheria.**—"As a remedy for this disease Bromo-Chloralum has no superior. Of a 10 per cent. solution in water, gargle every ½ hour, and swallow a little each time; in 6 hours the terrible odor will be gone, in 3 days the Cure will be effected. Inhaling freely thereof from a sponge greatly facilitates the Cure."

**Foul Breath.**—"Gargle and rinse the mouth thoroughly 4 times a day, with a 10 per cent. solution of Bromo-Chloralum in water. If it arises from the stomach, swallow a little each time. If it comes from Catarrh in the head, snuff the solution up the nostrils several times a day.

(A) The same *cures Ozæna and Chronic catarrh in the nose.*"

**Scarlet Fever.**—"Have treated 40 cases of Scarlet fever in succession with Bromo-Chloralum; giving 5 to 10 drops, of a 10 per cent. solution, in a teaspoonful of water every 2 to 3 hours, also using the same as a gargle; and am happy to state that in every case I have effected a cure. The same treatment is eminently successful in *Small-pox*, aided by sponging the body therewith once or twice a day."

In *Typhoid fever*, and *all contagious ailments;* Sponge the patient all over, at least once a day, with a 10 per cent. solution of Bromo-Chloralum, with dilute alcohol added in equal parts: the effect is twofold; it neutralizes the emanations, and prevents re-absorption of poisonous secretions. The recovery will be thus greatly promoted.

In *Confinement—when discharges are offensive*, inject freely, several times a day, Bromo-Chloralum, 10 per cent. solution in water; and directly every trace of the foul odor will disappear, the patient feel refreshed, and *puerperal fever be prevented.* To keep the Lying-in Chamber as sweet as a May morning, suspend cloths about the room saturated with the same solution, and sprinkle the floors and bed with it: not even a fly will linger to annoy, and yet in itself the Bromo-Chloralum is inodorous.

**Leucorrhœa.**—"This most obstinate complaint yields submissively to Bromo-Chloralum, and the more foul and offensive it is, the more urgently is the remedy indicated. Inject a 10 per cent. solution, 1 quart, *warm*, 2 or 3 times a day."

# SECTION 37.

## CHLORAL.

MINUTE DOSE.—See Section 56, B.

OFFICINAL DOSE.—Adult, 10 to 20 grains of the Chloral hydrate—Croton Chloral 5 to 15 grains. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Formula.—Chloral hydrate ½ ounce; Aquæ destil. 1 ounce; mix.—Adult, 10 to 30 minims, or 5 to 15 grains in solution. Inject very superficially, avoid veins. The sleep of Chloral is very much like natural sleep, and there is no after disturbance. IT IS NOT SUITABLE IN CASE OF WEAK OR FATTY HEART.

Is used especially for relief of Pain in general—Obstinate vomiting—Hiccough—Violent Cholera Morbus—True Cholera. (In one very formidable case recorded, 60 grains were injected during two hours and cure effected.) Asthma—Neurosis of the Chest organs—Cerebral Diseases—Sleeplessness—Excitement of Mania—Puerperal Convulsions—Tetanus—Superficial Neuralgia—Strychnia poisoning.

A combination of Chloral and Morphia makes an anodyne and hypnotic of the highest order of excellence; that which is wanting in one is supplied by the other; each adds to the power of the other. Morphia abates the chief danger of Chloral by preventing the depression of the heart's action. The combination is rendered still more efficient by the addition of Atropia. Suitable formula for the two would be—Chloral hydrate 3 drs.; Morphia sulph. 4 grs.; Aquæ destil. 1 ounce, mix. (Twenty minims would contain 7½ grs. of Chloral and $\frac{1}{6}$ gr. of Morphia.) Suitable formula for the three would be the *same* with Atropia sulph. $\frac{1}{3}$ gr. added. (Twenty minims would contain $\frac{1}{120}$ gr. of Atropia.)

Neuralgia.—"Perfect charm. Croton chloral 10 grains in water 1 ounce, bottle—adult, take 1 teaspoonful every hour until relief, *then stop.*" ☞ Oil of Peppermint applied with camel-hair brush, gives instant relief in *superficial neuralgia.*

(A) It is also excellent for *Burns* and *Scalds,* removes the pain directly.

**Heart Disease.**—(Weak heart, with great oppression and blue lips.) Cured with Chloral hydrate in minute doses, given every 3 or 4 hours.

**Dysentery.**—"Chloral hydrate, adult 5 to 10 grains, in 2 ounces of boiled starch, injected well up into the bowel, every 3 or 4 hours. Child, 1 to 2 grains, according to age, in 1 ounce of thin boiled starch injected 3 or 4 times a day. Grand success."

**Wetting the Bed.**—Chloral hydrate ⅓ grain at bedtime; repeat if necessary.

**Strangury.**—"The quickest and most certain remedy is Chloral hydrate, adult, 15 to 30 grains, repeat if needful."

**Nettle Rash.**—Chloral hydrate, 1 grain every 3 hours —rarely fails.

**Blister** (better than fly).—Take common adhesive plaster and sprinkle it with Chloral, heat it and apply; in 10 minutes it will blister. The plaster may remain on until the sore is healed.

**Offensive Foot Sweat.**—Bathe with Chloral hydrate 1 per cent. solution in water. In two days all offensive odor is gone.

**Unhealthy Wounds.**—Dress with Chloral hydrate, 2 per cent. solution.

**Strychnia Poisoning.**—Chloral hydrate 1 drachm in a teacupful of water, adult, 1 teaspoonful every 15 minutes. Perfect success.

## SECTION 38.

### CHLOROFORM.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, ½ to 1 drachm. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, 10 minims, inserted deeply in the immediate locality of the pain. Used especially for Tic Douloureux—Chronic Sciatica (cured 8 out of 12 cases)—Spine pain, strictly localized—Coccyodynia.

**Pain.**—"Magic lotion"—Chloroform, 2 ounces; Alcohol, 2 ounces; Aqua Ammoniæ, 2 ounces; Camphor tincture, 2 ounces; Tincture of Aconite, rad, 2 ounces; Spirits Nit. Ether, 6 ounces; Mix. Bathe or apply on cloths. ☞*Neuralgia*—Chloroform and Aconite tincture each 5 parts and lard 20 parts; anoint, and cover with light compress—prompt cure.

**Earache.**—Chloroform 1 drachm, in olive oil, 2 ounces. Mix. Put 20 to 30 drops in the ear, and plug with cotton, instant relief; or wet cotton with chloroform and put it in the bowl of a pipe, place the end of the stem in the ear, put your mouth over the bowl, and blow your breath into it, thus forcing the vapor into the ear.

**Bleeding from Operations in the Mouth and Throat, Excessive Bleeding of Tonsils, etc.**—Spray the parts with chloroform water, 2 per cent. solution. Chloroform closes the mouths of all small, bleeding vessels instantly.

**Labor Rendered Easy and Painless.**—Chloroform 1 or 2 teaspoonfuls on a handkerchief or napkin, held by the lady, and inhaled *only during pain* (See 69 B, 2)—Or use Chloroform and Sweet Oil, equal parts, mixed, and applied on flannel saturated therewith. Lay it on the abdomen from navel to pubis, stroke it down smoothly, renew it as often

as necessary; usually in from 5 to 10 minutes, it relieves the pain. The same may be applied for any local *pain* with like result.

☞ "Cocaine oleate (4 : 100), applied to the cervix during first stage of labor; and to the vulva and perineum during the expulsion of the head; removes almost completely the sufferings of parturition."

**Gall-stone and Jaundice.**—"Chloroform dissolves the stone *in situ*, and prevents recurrence of attacks. A case 23 years' standing was cured by taking 3 drops of chloroform, on sugar, 3 times a day for a month. It removed all pain, tenderness, distention and jaundice, and the cure was permanent. One drop on sugar three times a day for a month will insure exemption from all attacks."

**Inguinal Hernia—Rupture.**—Put patient under influence of chloroform or ether, and lift the person clear of the bed by the feet for several minutes; directly the bowel will return into its place.

**Convulsions—Spasms.**—Administer Chloroform by inhalation, until arrested and under control.

**Puerperal Convulsions.**—Dissolve 2 tablespoonfuls of brown sugar in a gill of lukewarm water, and add a tablespoonful of Chloroform—draw it in and force it out the syringe a few times until well mixed, then inject the whole into the rectum; and cause it to be retained by pressure of a napkin. No more spasms.

**Retention of Urine—Strangury.**—A few inhalations of Chloroform give speedy relief.

**Tapeworm.**—Away in one hour. Adult, take a teaspoonful of Chloroform on sugar in the morning before breakfast, having taken no supper the evening before, and take a tablespoonful of "Salts" immediately after taking the Chloroform. "In one hour away comes the worm, head and all." ☞Two or three teaspoonfuls of the tincture of Kamala, after 12 hours' fasting, followed by a dose of

castor oil, if bowels not moved without, is considered one of the most pleasant, safe and sure remedies for tapeworm.

**Cholera.**—Chloroform, adult, 1 tablespoonful in 4 tablespoonfuls of water; one dose cured in half an hour; soldiers lying in collapse by the roadside, in 30 minutes after taking the dose, were up and on the march again. Chloroform 5 to 10 minims on sugar, every 10 to 20 minutes, affords astonishing relief.

**Sea Sickness.**—Chloroform 1 drop on sugar arrested it at once.

**Vomiting of Pregnancy.**—Chloroform, 1 drop in hot, sweetened water, stopped it immediately.

**Acidity of the Stomach—also Inflation of the Stomach from Gas.**—Chloroform 10 to 20 drops in a little sweetened water, 10 minutes after meals. "The best remedy."

**Ague.**—"Chloroform ½ drachm in milk, taken just before the expected chill—breaks up the ague."

☞By adding Spirits of Turpentine to Chloroform, 1 part to 5, the inhalation is rendered safer, and yet none the less prompt and efficient in its action.

## SECTION 39.

### CHRISTMAS ROSE.

GENERAL INDICATIONS *for Helleborus niger.*—Hot head, rolling upon the pillow—Eyeballs rolled up—sudden shrieks (Apis)—greedy drinking—constant gagging (Podo)—twitching during sleep—motion of jaws as if chewing—scanty dark urine with floating black specks; or red urine with sediment like coffee grounds—Hair and nails fall off—ailments worse in evening from 4 to 8 o'clock (Lycopo), and from thinking of the pains.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 5 to 20 grains—Fluid extract, 5 to 20 drops—Tincture, ½ to 1 drachm. Child, see Section 56, B.

Hellebore, in minute doses, is especially demanded in the treatment of Acute and Chronic Hydrocephalus—Meningitis—Fever with alternating chills and heat (Chamomile)—Epilepsy of infants at the breast—Insanity—Apoplexy—Paralysis—Hydrothorax—Sudden dropsical swelling.

# SECTION 40.

## CHROMIUM.

**Cancer Removed Without the Knife.**—Apply Chloride of Chromium with a soft swab until the tumor is thoroughly saturated, then apply Indian-meal poultice, made into a dough with glycerine, and keep it on until the crust is detached; then apply the Chloride again and the poultice; so continue until it is entirely extirpated, then let it heal. If the poultice should render the patient restless, mix it with Stramonium-leaf tea. ☞Daily applications of *Fusel oil* is said to remove *cancers* and other *tumors*, and cure *Chronic ulcers.*

(A) *In order to remove cancer without pain or use of the knife*, especially open cancer, paint the growth with a 10 or 20 per cent. solution of hydrochlorate of cocaine, then apply an escharotic with which some cocaine should be incorporated; the process may be completed at one sitting or several, until the growth is removed. A cancerous growth of the *os and cervix uteri* was destroyed without pain by means of a 10 per cent. solution of cocaine, and stick of Potassa fusa. It is suggested that *painless counter-irritation* may be made by mixing cocaine with the irritant.

**Warts.**—Chromic acid 100 grains to 1 ounce of water. Apply the solution every other day. The warts soon vanish.

# SECTION 41.

## CINNAMON.

MINUTE DOSE.—See Section 56, B.

OFFICINAL DOSE.—Adult, 1 or 2 drops of the Oil on sugar—Tincture 1 to 3 drachms in water—Strong tea, wineglassful: in extreme cases a dose every 10 minutes. Child, see Section 56, B.

This is a pleasant and efficient remedy for *Bloody Urine—Hemorrhage from the lungs or stomach—Excessive flow of Menses—Flooding.* ☞ Tincture of Crocus, 10 drops in 2 ounces of water, a tablespoonful of the solution every 20 or 30 minutes, soon arrests flooding. This remedy has also proven useful for *Asthenopia.*

Cinnamon in officinal doses is a good remedy for *Fainting—Spasmodic Gaping—Paralysis of the tongue—Diarrhœa—Vomiting—Cramp in the Stomach—Colic.* ☞ Fluid Extract of Sassafras, teaspoonful doses, taken in hot water, cures *stomach cramps* and *Colic.* Sassafras tea is credited with having the power of producing delightful exhilaration and general feeling of well being. Married ladies should know, however, that it may cause abortion.

Oil of Cinnamon ½ drachm, incorporated in 1 ounce of Spermaceti ointment, and rubbed over the face and hands, *keeps off Mosquitoes.* The oil of Cloves is said to do the same.

☞ Oil of Lavender 1 ounce, in cold water 1 quart, well shaken, and sprinkled about, *keeps off flies.* Quassia tea, rubbed upon the face and hands, is said to *keep flies, gnats and mosquitoes off.*

☞ Oil of Anise applied to infested parts is sure *death to lice* and other parasites; hence it cures *Itch.*

## SECTION 42.

### CLAY.

GENERAL INDICATIONS *for Alumina.*—Dry harsh skin—Mucus surface dry—hard knotty stools—desire for fruit and vegetables—potatoes disagree—depraved appetite, craving for pencils, chalk, rags and other indigestible things—ailments worse at new or full moon—soreness and burning relieved by cold water applied.

MINUTE DOSE.—See Section 56, A.

ORDINARY DOSE.—Adult, 5 to 10 grains. Child, see Section 56, A.

**Sprain.**—Successful treatment. Mix powdered clay or "mineral earth" with water, or still better with Pond's Extract of Witch Hazel, to form a paste, and apply this, quarter inch thick, on muslin, so as to encircle the part; wrap it up and keep it in place; renew every 24 hours, washing off each time.

**Gangrene.**—Intolerably offensive—apply dry powdered clay or "mineral earth," keep the part full of the clay dust, and cover with carbolized absorbent cotton. There will be no offensive odor after 12 hours, healthy granulations will spring up, and a cure be effected.

**Bed Sore—Ulcer.**—Cover and keep well covered with clay dust or "mineral earth." The same for *Raw Surface*, and all *Chafing*.

**Black pores in the skin of the face.**—Make a paste of Potter's clay 4 parts; Glycerine 3 parts; and Vinegar 2 parts; and cover the face with it for an hour every day, then wash with pumice-stone soap, or fine sand soap. In a few days this will remove them.

**Swelling — Gathering — Throbbing tumor—Painful**

**Enlargement of Scrotum—Gathered breast—Swollen Diseased joint.**—Use "Mineral Earth," Potter's clay, or any pure clay, made into a soft paste with water, cosmoline or vaseline, and apply the same in thick layer, and cover with cloth, 3 times a day. The same for **wounds** *difficult to heal.* ☞ *Chronic enlargement of glands* may be successfully treated by rubbing them well night and morning with *Sapo Viridis Hebra;* when they become tender, wait a few days, then apply again.

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# SECTION 43.

## CLOVER.

GENERAL INDICATIONS *for Trifolium pratensis.*—Flowing saliva—wheezing respiration—Spasmodic oppression.

MINUTE DOSE.—See Section 56, B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of Fluid Extract. Child, see Section 56, B.

**Pain of Cancer.**—Red clover heads, dry in an oven, and make into tea; adult, take 1 quart during the day, in portions before meals and before going to bed. "It subdues the pain of Cancer and improves the general health." The same for *Spasmodic Asthma—Whooping Cough,* only 4 failures in 50 cases treated; cure in a few days.

# SECTION 44.

## COCA.

MINUTE DOSE.—See Section 56, B.

ORDINARY DOSE.—Adult, 1 to 2 drachms of the Fluid Extract. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult; 4 per cent. solution of the Muriate of Cocaine, 10 to 15 minims; or Salicylate of Cocaine, ⅔ grain in solution. Used mainly for Local Neuralgia —Vomiting of pregnancy (inject at pit of the stomach); effectual relief.

**Opium Habit—Morphinism.**—"At the height of excitement, a tablespoonful of the Fluid Extract of Coca brings the pulse rate down from 150 to 75; if the first dose fails after 3 hours give a second. To cure the habit take a dessertspoonful of the Fluid Extract of Coca 3 or 4 times a day, or every time the depression and longing for the narcotic comes; gradually diminish the dose. Cure in 6 weeks. The same treatment cures the *Alcohol habit.* Coca put up as a masticatory in the form of plugs, like tobacco (Coca bola), is very convenient; a chew from which taken from time to time completely satisfies the craving for stimulants and at the same time removes all feeling of depression and fatigue."

☞"To master the *Opium Habit,* take the opium in the usual quantity, with Gamboge added 1 part to 3. Disgust soon follows, and no after hankering remains. Cure effectual."

**Debility—Extreme nervousness.**—Take Coca, (Fluid Extract,) 1 teaspoonful or more, before breakfast and supper.

The same banishes the *Blues—Cures Dyspepsia—Strengthens the voice of Singers* and *public speakers.*

**Fistula in Ano—Anal fissure, ulcer, stricture—Painful Piles.**—Coca butter suppository, containing 10 to 15 grains of Iodoform, unrivaled. The Gluten suppository also excellent, especially *in case of Constipation.*

**Diphtheria.**—Hydrochlorate of Cocaine, 4 per cent. solution in distilled water, used as a local application, relieved the pain and dissolved the false membrane.

**Facial Neuralgia.**—An application of a 1 per cent. solution of Hydrochlorate of Cocaine, by camel-hair brush or dropper to the bottom of the external auditory canal, *arrests the pain of Neuralgia of the facial nerve, and indeed any pain in the temporal region, instantly.*

**Local Anæsthesia.**—A 2 per cent. solution of Hydrochlorate of Cocaine, dropped into the eye at intervals of 5 minutes for 3 times, renders the eye insensible to pain, for operation or extraction of a mote. It produces the same anæsthetic condition when introduced into the ear, nose, throat, vagina, os uteri, urethra. The same in 4 per cent. solution arrests *Vaginismus*—controls *Pruritus—Subdues the pain of an ingrowing nail.* ☞" Complete local anæsthesia may be obtained by applying Aniline oil to the part, for a short time; useful in opening abscesses and felons, excising nails, and in various minor operations of surgery."

**Impotence.**—" Fluid Extract of Coca, 1 drachm, 3 times a day." ☞ Damiana, 3 drachms of the Fluid Extract, 3 times a day for weeks, cured Impotence, Spermatorrhœa, and Shrunken Testes. Sanguinaria tinct. 5 to 10 drops, 3 times a day, removed Relaxation of genital organs with Inaptitude.

# SECTION 45.

## COFFEE.

GENERAL INDICATIONS.—Nervous excitement—inability to sleep—excessive sensitiveness to pain—night thirst.

MINUTE DOSE.—Section 56, B–D.

OFFICINAL DOSE.—Adult, 2 to 10 grains of Caffein—Citrate of Caffein, 1 to 2 grains. Child, Section 56, B.

HYPODERMATIC DOSE.—

Formula: Caffeine citrate, 24 grains; Aqua, 1 ounce; Mix. Adult, 10 to 20 minims, or ½ to 1 gram. Used especially for Neuralgia—Neuralgic Headache—Migraine—Insomnia of Chronic Alcoholism (without delirium)—Opium Narcosis—Alcohol Poisoning, Strychnia Poisoning—Cardiac Dropsy.

**Delirium Tremens.**—Repeated draughts of strong coffee. For "dead-drunk" stupor, injections of the same into the bowel.

**Brain Fag.**—"Granulated Effervescent Bromo-Caffeine. Adult, 1 spoonful in ½ glass of cold water (not ice-cold). Repeat in ½ hour, if necessary." Con. Tinc. Avena for the same.

**Nervous Sick Headache.**—"Caffein, 1 grain doses every ½ hour, sure to relieve. The same for *Vertigo.*"

(A) "Bromo-Caffeine gives better results than any other agent for *headache in general.* Adult, 1 to 2 teaspoonfuls in ½ glass of water. Citrate of Caffein in capsules, every ½ hour, is excellent for sick headache."

**Weak Heart.**—"Caffein, adult, 5 to 10 grains (or, perhaps, still better, Citrate of Caffein, 2 to 5 grains), 3 times a day is a peerless remedy."

**Sudden Cardiac Dropsy.**—"The one grand remedy is Citrate of Caffein. Adult, 2 to 5 grains, 3 times a day.

It is easily taken by feeble persons, and directly produces free flow of urine with relief of suffering."

(B) **Palpitation of the Heart from Slight Excitement —Fainting from Sudden Emotion — Nervousness— Sleeplessness.**—Caffein, in minute doses, Section 56, D, calms like a charm.

**Sea Sickness.**—Two cups of coffee, good and strong, sugar if you like it, but no cream, taken on an empty stomach, an hour or two before embarkation, prevents Sea Sickness. It is just as well to prepare it at home, and carry it in a flask, and thus know that it is pure, good and strong.

**Diarrhœa of Infants with Colic and Vomiting.**—Common table coffee, in teaspoonful doses. Excellent.

**Colic.**—First thing, inject coffee; strong decoction freely, and give to drink hot, repeated draughts—speedy cure.

**Typhus of Children—Cholera Infantum—Moaning Stupor.**—Coffee moderately strong, flavored with cream and sugar, given by the teaspoon, has a quieting influence, gives heat and moisture to the skin, is curative.

**Hernia** (even strangulated, death-door condition).—Drink strong coffee, cupful after cupful, and bathe the rupture with the same; presently gas will escape, and the tumor vanish.

**Opium Poisoning.** — Ply the patient with repeated draughts of strong coffee, hot; also keep up unremitting muscular exercise.

Coffee given in this way before and during the chill will cure *Ague.* The same will cure *Spasmodic Asthma;* but Caffein, adult, 10 to 20 grain doses, would, perhaps, be better.

**Disinfectant.**—Ground coffee, sprinkled upon live coals in a shovel, and carried around in a room will, in a few minutes, clear the atmosphere of all impurities, especially of animal effluvia.

# SECTION 46.

## COLCHICUM.

GENERAL INDICATIONS.—Lameness in the joints —distention of the abdomen from gas—stools like scrapings from the bowel, in dysentery—loathing of food, sick and faint even from the smell of it—pains worse by motion, better by stooping.

MINUTE DOSE.—Section 56, B–D.

OFFICINAL DOSE.—Adult, ½ to 2 drachms of the wine or tincture. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, $\frac{1}{32}$ grain of Colchicine in solution. Used principally for Rheumatic affections of the joints—Neuralgia of the joints.

Colchicum, in minute doses, is a valuable remedy for Cataract—Pericarditis—Gout—Rheumatism in small joints —Heart affections from rheumatism—Dysentery, stools like jelly or scrapings from the bowel (Cantharis)—Inflammation of the rectum, proctitis—Excessive nausea, even to fainting from smell of victuals cooking—Tympanitis, 3 drops of the tincture every ½ hour, specific—Pain after urinating, officinal dose, 3 times a day, cured a case 15 years' standing—Arrest of milk secretion, without danger, officinal dose, twice a day, and anoint round the nipple with extract of Belladonna.—Dropsy after scarlet fever, or from checked perspiration, drop doses of tincture in sweetened water hourly (Asclepias Syriaca for the same).

(A) Apocynum Androsem. tinct., adult, 10 to 20 drops, every hour or two, cures Rheumatism and Rheumatic gout, also Leucorrhœa and Worm affections. Viola odorata (dose 56, B) cures Rheumatism of the wrist. Caulophyllum (dose 56, B) cures Rheumatism of small joints.

# SECTION 47.

## COLD WATER.

HYPODERMATIC DOSE.—

Adult, 30 to 60 drops. Acts like morphia in subduing pain—Cures Neuralgia (facial, sciatic, lumbar)—Painful affections in general—Morphine habit.

**Delirium Tremens.**—"Pour cold water from a height upon the back of the head and neck, until pulse rate falls to 40; sleep will soon ensue, with recovery."

**Lightning Stroke.**—Strip, and dash cold water upon the patient, now on the chest, then on the back, turn about, as rapidly as you can conveniently roll the body back and forth on the left side. If not successful after half an hour, wrap the patient in woolen blankets, and in half-sitting position, cover with fresh earth, except the face, and give a dose of Nux vomica. Amyl nitrite might be tried, a few drops on a handkerchief, held to the nose.

**Nose Bleed.**—Apply cold water or ice to the root of the nose, or back of the neck.

**Hydrocele.**—A small stream of cold water poured daily, from a considerable height, upon the scrotum—cured a case of simple congenital hydrocele.

**Hernia.**—Make bare the abdomen and chest—patient lying on the back, knees drawn up—cover the face with a towel, and without the knowledge of the patient suddenly dash a cup of cold water on the stomach. The sudden shock causes retraction of the bowel and reduces the rupture.

**Night Sweat.**—"Place a vessel containing several gallons of cold spring water under the patient's bed, fresh every night. Cure in a few days. The same to *prevent bed sores* in fevers."

Erysipelas.—"Dip cloths in cold water and apply. Keep the cloths constantly wet and cold. Preferable to all other topical remedies."

Cholera.—"Cold water—ice cold—all you can drink, as much as possible. Cure even in collapse."

Water alone is often curative of *infantile ailments*, such as *Colic—Diarrhœa—Fever—Restlessness*. Give it by the teaspoonful every hour or two. When *baby cries*, offer it water; it may be thirsty. Washing the baby's mouth daily with cold water prevents *Sore mouth*.

In *Dropsy*, water should not be withheld, it encourages the Kidneys to action. In *Scarlet fever*, *Measles* and other *Eruptive diseases*, water may be freely drunk, with this precaution, that small quantities be taken at a time. It is the sudden chill from a *large cold drink* that does harm, not the water itself.

A goblet of oat-meal water, taken every morning before breakfast, cures *Constipation*.

## SECTION 48.

### COLLODION.

**Eruptions on the face from shaving; also pimples.**—Collodion ½ drachm; Glycerine 1 drachm; Rose water 2½ drachms; mix. Use as a wash. Same for **sore nipples.** ☞ *Barber's Itch,* remove the crust with flaxseed poultice, cut off all the beard possible, apply to the face for half an hour hot water on sponge or cloth, then with camel-hair brush apply lotion, of water 100 drops; alcohol 100 drops; and creosote 1 drop; every other day. In a week double the creosote. Cured in 3 weeks.

**Lupus—Corroding ulcer in the face.**—Dip a camel-hair brush in creosote, then into dry powder of Calomel, apply daily until cure effected.

**Wen;** also **Birth-Mark.**—Coat with flexible Collodion; renew the coating occasionally, and conquer.

**Sprains.**—With camel-hair brush, paint the sprained joint with flexible Collodion; when it dries, which will be in a few minutes, paint again, until six coats are applied. This is all the treatment required. Well next day.

(A) The same for *Inflamed pimples* and *Sore nipples.*

**Cholera.**—"Shave the hair off the abdomen, and paint it with Collodion; after an hour, if necessary, remove this application and apply another; in very bad cases a third application may be required. The effect of this treatment is immediate stoppage of discharges and vomiting, restoration of warmth to the whole body, and resumption of perspiration, even profuse, which is indispensable to cure."

(B) The same for Cholera morbus—Cholera infantum—Diarrhœa with vomiting—Vomiting in general.

# SECTION 49.

## COPPER.

GENERAL INDICATIONS.—Cramps—rigid spasm—blue cold face—tremor—vomiting relieved by draughts of cold water—attacks at new moon.

MINUTE DOSE.—See Section 56, A.

OFFICINAL DOSE.—Adult, 1/8 grain of the Subacetate. Tincture of the acetate, 5 to 15 drops, 3 times a day. Child, see Section 56, A.

The acetate of Copper, in minute doses, stands in the front rank of remedies for Heart trouble with anguish and oppression, and rigid spasm—Catalepsy—Rigid Convulsions, with blue face—**Convulsions,** with screaming and biting—Spasm of the glottis—Vaginismus—Lockjaw after amputation, no better remedy—Brain affection from repelled eruption, study or grief—Delirium with fixed ideas—Scarlet fever with convulsions—Whooping cough with spasms—Cramps—Cramp colic—Cholera morbus, violent retching—Cholera, cramps predominant—Ague, chill beginning in the back, specific—Purpura Hæmorrhagica, officinal dose in cinnamon water, 4 times a day, speedy cure.

**Granulated Eyelids.**—With Sulphate of Copper in substance—small piece, polished smooth—rub lightly over the granulations once or twice a day, and follow each time with a warm water wash off by camel-hair brush. Specific. (Alum pencil for the same.) ☞ Ointment made of Yellow oxide of mercury, 2 grains to 1 ounce of vaseline, applied lightly twice a day cures *Granulated lids* (trachoma)—*Conjunctivitis—Ophthalmia in general.* This is "the Royal Eye Salve."

**Freckles.**—Oleate of Copper; application every night on going to bed.

(A) The same for *Lepra.*

**Diphtheria developed upon abrasions of the Skin or in Sores.**—Apply Sulphate of Copper 20 grains to the ounce of water.

(B) The same for *Itch* and *Ringworm.*

**Prickly Heat.**—Apply with sponge, 2 or three times a day, a two per cent. solution of Sulphate of Copper; cure in 3 days.

# SECTION 50.

## CORN.

GENERAL INDICATIONS *for Secale* (Ergot).—Creeping numbness—death-like coldness, with aversion to being covered—stare of terror—withered appearance—disgust for fat food.

MINUTE DOSE.—See Section 56, A–B–C–D.

ORDINARY DOSE.—Adult, 10 to 60 minims of the Fluid Extract—Tincture ½ to 2 drachms—Ustilago, Fluid Extract 10 to 60 minims. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Formula: Ergotin (aqueous extract) 2 scruples; Aquæ destil. 2 drachms; mix. Filter—Adult, 5 to 20 minims. The addition of one per cent. carbolic acid will prevent any change in the solution for several months, and will rather increase than diminish its therapeutic power.

Used mainly in the treatment of Hemorrhages in general—Bleeding piles, not inflamed—Cerebral Hemorrhages, gradually deepening coma—Epistaxis—Uterine Hemorrhage, specific—Subinvolution of the Uterus—Chronic Metritis—Hypertrophy of the Uterine walls—Fibroids; the distressing pain, profuse hemorrhage, and debilitating discharges totally disappear—Uterine polypi and Hydated Moles expelled—Hypertrophy of the prostate (inject into the gland)—Varicocele—Aneurism. "Cures by slowing the heart action and contracting the arterioles, thus favoring coagulation of the blood in the aneurismal sac."—Varicose Veins—Enlarged Spleen—Leukæmia—Trichinosis—Exophthalmic Goitre—Acute affections of the Meninges of the brain and spinal cord—Cerebro-spinal meningitis in stage of excitement, before depression comes on—Congestive Headache—Migraine, congestive with flushed face and quick pulse, immediate relief—Hemicrania—Tic Douloureux—Apoplexy—Convulsions—Sunstroke, "superior to all other remedies."—Sciatica, brilliant results—Retention of Urine.

☞ Sclerotinic acid, the active principle of ergotin, is tasteless, odorless, freely soluble in water and without any irritating effects in the tissue when injected; hence it is perfectly adapted for hypodermatic use—dose ½ to ¾ grain, in solution.

(A) A pretty strong tea, or decoction of corn silk, sweet-

ened, adult, a wineglassful every 3 hours; or the Fluid Extract of Corn Silk, adult, 1 or 2 drachm doses is highly recommended for *Gravel—Chronic Gout—Chronic Rheumatism—Cystitis—Catarrh of the bladder.*

(B) Ergot or Secale, even in minute doses, is an important remedy for *Meningitis—Myelitis—Spinal Irritation—Senile Gangrene—Hiccough*; a case that had resisted all other treatment for days was cured at once with ½ drachm of the Fluid Extract.

(C) Ustilago Maydis—dose 56 A, is a grand remedy for *Impotence—Spermatorrhœa—Excessive flow of menses*, or too long continued flow, a dose every hour during the time, and once a day for a week in advance to prevent it.

**Entire Suppression of Menses** (with indications of decline, cough, chest pains, night sweats, loss of appetite).—Thirteen cases in succession reported cured with Ustilago Maydis (Section 56, A) 3 times a day—it brought the courses without pain.

Whenever there is an evidence that the menses will not appear in due time, a few doses of the Ustilago will establish the flow; and when there is a *vicarious discharge* of blood from other parts, the same will correct the trouble. "In case of *delayed menses*, I saturate sugar of milk with the Fluid Extract of Ustilago, and give 5 grain powders, 4 times a day; the flow comes naturally and without pain; not failed me in a single instance. Fluid Extract of Ergot, drop doses hourly, will also bring the courses."

**Flooding.**—An obstinate case of *continued bleeding* from the womb was cured with Ergot parvules, 1 every 2 hours. A death-door case of flooding reported cured with Ergot tincture, 2 ounces on tampon of cotton, applied through speculum to os uteri.

**Uterine Fibroid Tumor.**—Dispersed with Fluid Extract of Ustilago 10 to 20 drops daily, persevering treatment. Also a reported cure with minute doses of the same.

**Acute Insanity** (with intense congestion of head, face, hands and feet).—Cured with Fluid Extract of Ustilago, adult, 1 drachm, every 6 hours.

(D) The same is said to arrest any *Inflammation of internal organs.*

**Cancer.**—An open cancer reported cured, by application, 3 times a day, of fresh Ergot, ground to an impalpable powder. The ulcer being thoroughly cleansed every day.

(E) To *remove a morbid growth* without pain, blister the tumor, and sprinkle it once daily with a mixture of Arsenious acid 1 part; Morph. sulph. 1 part; Calomel 8 parts; and Pulverized Gum Arabic 48 parts—this is a painless caustic.

# SECTION 51.

## COTTON.

MINUTE DOSE.—Gossypium, Section 56, B.

ORDINARY DOSE.—Adult, 1 to 4 drachms of the tincture of cotton root.

**Chronic Nasal Catarrh.**—"Insert a pledget of cotton loosely into each nostril, not so as to interfere with the breathing, renew every day. Cure in a few weeks. The same arrests *attacks of sneezing*, even in Hay fever."

☞Wearing a string of amber beads around the neck is said to have cured *Hay fever*, or *Rose cold*, and even *Chronic nasal catarrh.*

**Rheumatism** (in joints, head or chest).—Wrap the part in raw cotton. If pains very severe, bathe with solution, made of Carbonate of Potash 1 ounce; and Tincture of Opium (deodorized) 6 ounces; in water 1 pint; also apply the same on cloths, and cover with raw cotton. This gives wonderful relief.

**Suppressed Menses.**—"Oil of Cotton seed, 1 drachm daily, unfailing. If *Labor flags*, this dose spurs it up, better and more safely than ergot. The same cures *Ague.*"

# SECTION 52.

## CUPPING.

**Carbuncle.**—Superior mode of treatment—Upon the appearance of one or more of the little ulcers on the carbuncle, apply a dry cup, saturating the paper used with turpentine before lighting it; in a moment the suction of the cup will open the cells, and there will exude into it a teaspoonful of thin pus; follow this with poultices to keep up the discharge, and in a few days the carbuncle will vanish. In this way we obviate 3 to 6 weeks of suffering.

**Strangulated Inguinal Hernia.**—Cured after collapse had set in, by filling a jar with hot rarefied air (burning a ribbon of paper in it, pasted to the bottom) and applying it *as a cup* over the abdomen. As the vessel cooled, the bowel was drawn up, and the rupture reduced.

**Obstruction of the Bowel** (with stercoraceous vomiting).—Cured thus: A very large bowl, capable of covering the abdomen below the navel, was applied as a dry cup; in 15 minutes there was relief, then rumbling was heard, and in 20 minutes more, by aid of copious injections of hot water, there were several free stools of undigested food. This same process of dry cupping with a large jar or bowl, over the womb, instantly arrested an attack of *dangerous Flooding*.

☞*Flooding to death* (brain and heart exhausted, insensible, pulseless).—A case saved by putting hot sand bags under the back of the head, and to the heart—hotter than the hand could endure—frequently renewed.

## SECTION 53.

### DIET.

(A) **Delirium Tremens.**—Beef-tea, red hot with Cayenne pepper, frequent copious draughts. When so strong that you would not dare to tase it, the patient will declare it the most cool and refreshing drink. A London surgeon reports 150 cures in succession with this diet alone.

(B) **Nervousness.**—Nervous persons subject to *neuralgia and mental depression*, need rich juicy meats, cream toast, sweet bread and butter, also fish and cracked wheat to supply phosphorus. "Fish diet for brain work."

(C) **Prevention of Colds, Consumption, Catarrh.**—Eat fruits and vegetables—no meats. "This diet diminishes the secretion of mucus, and perspiration one half." The same cures *eczema*, and has a tendency to arrest the progress of *cancer* and *scrofula*.

(D) **Dyspepsia—Indigestion—Defective Appetite—Debility, especially with red tongue.**—Demand baked flour in beef-tea, beef peptonoids, malt extracts and pepsin. Beef-tea alone, stimulates but does not nourish. Malt extract is the best food for weak digestion; many a baby's life might have been saved by the use of it.

"*Constant excessive thirst* may be cured by eating ham, and *excessive hunger* cured by drinking lemonade."

A glass of pure cold water taken a short time before meals, acts as a real stomach tonic, soothing that *morbid craving*, which impels to excess in eating.

(E) **Diarrhœa (Obstinate, even Chronic).**—Cured by eating plentifully of dried beef, *inside part soft and raw.* Given to feeble children—shaved very thin and pulpy—it renews the strength and restores to health. Diarrhœa of children may sometimes be arrested by allowing them to

suck boiled ham. In *wasting summer diarrhœa* of children there is no nourishment better than the Beef peptonoids.

(F) **Constipation.**—Obstinate cases cured by drinking as much cold water as possible.

(G) **Biliousness.**—Bilious persons subject to sick headache, who think they can take nothing but dry bread, lean meat and tea; may get well by eating plenty of rich, juicy, fat meats, essence gravies, and cream toast.

(H) **Baby's Colic—Wind Pain.**—"Give Mellin's food, and see the glorious change—only perfect substitute for mother's milk." Some prefer Imperial Granum to all other baby food.

(I) **Diabetes.**—In this disease the storage of grape-sugar in the liver is disturbed, too much passes off by the kidney, the urine is milky—contains sugar—we have *Glycosuria*, or *Diabetes;* we must abstain from food containing starch and sugar; partake only of meats, green vegetables and skim milk. Reported cures by eating nothing but meat and fish, and taking at each meal Lactic acid, 3 or 4 scruples, in 6 ounces of water. Two complete cures by taking 2 teaspoonfuls of Lactic acid in a goblet of water, once a day, with exclusive meat and egg diet. Useful adjuncts are, Bread made of roasted flour, and Buckwheat cakes.

(J) **Gravel—Gout—Bright's Disease.**—In these affections, the liver fails to change the *meat-waste* into soluble urea, and leaves the consequent insoluble urates and lithates in the system to be deposited in the joints (Gout); in the urine (Gravel); or else to break down the kidney (Bright's Disease). The food from which this trouble comes, the nitrogenized, must be withheld; we must partake of no meat, eggs or new milk; our food must be mainly farinaceous—bread, cakes, green vegetables and skim milk.

(K) **Easy Labor.**—"Fruit and vegetable diet, as exclusive as possible during pregnancy, insures easy labor and healthy offspring."

(L) **Baby's Best Food.**—Sugar of milk 1 ounce, in water ½ pint, boil 15 minutes; then add ½ pint of fresh milk and boil again; give from the bottle moderately warm. *Obstinate cases of Dysentery* have been cured by this diet.

For the sake of a change, if the *bowels are loose*, crack a teaspoonful of barley in a coffee mill, boil it 15 minutes in ½ pint of water, with a little salt, skim it, and for a young child add half as much cow's milk as there is barley water, sweeten and give warm from the bottle. If the *bowels are bound* use oat meal instead of barley.

Cream, skimmed off the milk, two hours after milking in the morning, diluted one-half or three-quarters, with boiling water, very slightly sweetened with loaf sugar, often agrees with a child, and stays on the stomach when milk will not.

To a quart of milk just boiling, add a heaping tablespoonful of corn starch, and as much white sugar, continue the boiling until it thickens, no longer, and feed warm. "This will make the baby fat."

Pure unfermented grape juice (preserved without boiling, and without any chemicals, or other substance to prevent fermentation) is the food *par excellence* for *sick children*, as well as for adult invalids. They will take it when all other nourishment is rejected. A child 4 years old took 1 ½ pints a day during scarlet fever.

Squeeze the juice from raw lean meat, with lemon squeezers, salt it slightly, and dilute it a little, with warm water, put it into the nursing bottle, and give four times a day as much as seems tolerated by the stomach. This cures *Summer complaint.*

Permitting the baby to suck a raw oyster, or the raw, soft part of dried beef held in the nurse's fingers, often proves curative in cases of *Bowel complaint.* Johnston's liquid beef, Beef peptonoids, and Murdock's liquid food, are very suitable food in such cases.

When the baby is *losing flesh, vomits food, and has sour stools*, a grain or two of milk sugar, placed dry upon the tongue, every 3 or 4 hours, often corrects the trouble.

With children brought up by hand, the substitution of milk sugar for loaf sugar, will frequently obviate *sour vomiting* and *acid diarrhœa.*

Rice carefully cleansed and nicely browned in an oven, a tablespoonful in a pint of water, allowed to stand and simmer on the stove for an hour or more, then the watery portion drained off, and cooled to blood heat, and slightly sweetened and colored if you choose, with a teaspoonful of milk, will agree with the most delicate stomach, and is almost as nourishing as milk.

Take two tablespoonfuls of *unbolted* wheat flour, and wet it with cold water to thickness of cream, then add this to two quarts of boiling water, and boil thirty minutes, strain and serve. This agrees with children reared upon the bottle, oftentimes when cow's milk does not. It cures *cholera infantum.*

If child's *stools are sour*, put a tablespoonful of lime water with the milk in its nursing bottle. If the *stools are bloody*, boil a piece of mutton suet in the milk, and season with a little salt.

(M) "*Murdock's Liquid food*, contains beef, mutton and fruit. It is retained by the most delicate stomach. One tablespoonful four times a day to an adult, will make 10 pounds of blood in 30 days. The new blood cleanses the system of all diseases in from 60 to 90 days. It cures Paralysis—Rheumatism—Consumption—Female's diseases, with internal ulcerations—Obstinate Constipation—Chronic Diarrhœa — Summer Complaint — Loss of Appetite — Wasted, worn-out condition of the System.

"In four months by use of 5 to 20 drops of Murdock's liquid food, in the milk at each feeding, *sick babies* are restored to health; when they do not thrive you need not

change their food, only add liquid food. One week will show their good results."

(N) **Scarlet fever preventive.**—"Milk diet exclusive, is a prophylactic of Scarlet fever—hence children at the breast rarely take the infection. The same diet is reported to have cured *Epilepsy*."

(O) **Scrofula — Phthisis — Tubercular Meningitis — Chronic Hydrocephalus.**—In these affections the *fuel-food* (hydrocarbon) is deficient, the system calls for fat, in natural emulsion—rich milk, cream, milk puddings, suet puddings. ☞ Artificial fat emulsions are better borne, and prove more useful when taken 1½ hours after meals.

(P) **Rheumatism.**—Eat absolutely nothing, and drink only water or lemonade; and all rheumatism, acute or chronic, will vanish in 5 to 10 days. Attest 40 cases. "Fasting and rest is the best possible treatment for all *Inflammations*, and *fevers* resulting therefrom. The same cures a *cold*."

(Q) **Emaciation.**—In order to get fat, eat all kinds of sweets, nothing sour. "Two ounces of loaf sugar, and two pounds of sweet grapes, three times a day, will fatten a skeleton—and cure consumption."

(R) **Obesity.**—In order to get thin, eat all things sour, nothing sweet. "Abstain from bread, butter, milk, sugar, potatoes, salmon, pork, soups and beer; eat and drink anything else, and you will lose 1 pound per week."

(S) **Weaning from Liquor.**—Flavor with spirits all food and drink taken; soon will follow intense loathing against all liquor.

(T) **Cream Mead.**—A very agreeable drink for Convalescents. Dissolve 3 pounds of white sugar in ½ gallon of boiling water, and when cold add 3 ounces of Tartaric acid, previously dissolved in a pint of cold water; now add the white of 3 eggs, well beaten, flavor to taste, and bottle. When it is to be used, stir into a tumblerful before drinking,

a few grains of Bicarbonate of Soda (Baking Soda), and a delicious effervescing drink is the result.

(U) **Food by Injection.**—First empty, and wash the rectum by an injection of clean warm water; when thus prepared, slowly force the nourishment up into the bowel, as far as possible, every 2 hours, half-teacupful at a time; temperature 98° to 100° F.

Sweet milk or cream slightly salted, beef tea, beef peptonoids, egg and cream beaten together, are suitable for nourishment. Always a little pepsin should be added to insure digestion.

# SECTION 54.

## DIGITALIS.

GENERAL INDICATIONS.—Slow pulse—pale bloated face—pale cold skin—ash-gray stools—chest ailments worse by talking.

MINUTE DOSE.—See Section 56, B–C.

OFFICINAL DOSE.—Adult, 5 to 20 drops of the tincture. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Extract of Digitalis $\frac{1}{10}$ grain in solution. Used specially in the treatment of Acute Mania—and Chloroform Poisoning (follow with Atropia).

**Acute Insanity.**—Digitalis, officinal dose, every 3 hours.

**Noise in the Ears.**—Digitalis, minute doses, several times a day. (Actæa race., dose 56 B.)

**Weak Heart.**—There is no better recognized fact than that Digitalis, in officinal doses, sustains and strengthens the action of the heart.

**Hydropericardium — Hydrothorax.** (Patient cannot lie down, suffocating, pulse fluttering.)—"Digitalis, adult 1 or 2 drachms of fresh infusion every 3 or 4 hours, until the quantity of urine increases decidedly; then a dose night and morning may be sufficient. It produces a flow of urine almost magical. Strophantus, adult 5 to 20 drops of the tincture, should be tried if Digitalis fails."

Minute doses, (Sec. 56, B–C,) very frequently repeated, effect the same good results, with greater safety. I cured a desperate breathless case of Dropsy of the heart, with Digitalis tincture; adult, 10 drops every 4 hours.

(A) ☞ "For *Chest oppression, Difficult Breathing*, the true specific is Quebracho, adult 5 to 10 drops in water,

every 15 minutes if necessary. Its action is immediate and positive."

**Œdema**—(Especially of feet and eyelids).—Digitalis, in minute doses—(Apis mellifica, Sec. 56, A).

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# SECTION 55.

## DOGWOOD.

ORDINARY DOSE.—Adult, 10 to 30 drops of the Fluid Extract of Jamaica Dogwood. Child, see Section 56, B.

**Whooping Cough.**—"Specific as much as Quinine for ague. Fl. Ex. Jamaica Dogwood, 3 drops in a teaspoonful of water every 3 or 4 hours."

**Neuralgia — Toothache — Tic Douloureux.**—"Immediate relief with natural sleep and rest, no unpleasant results. —Fl. Ex. Jamaica Dogwood, adult 10 to 12 drop doses. The same *controls any cough.*"

(A) ☞ "A cough mixture unsurpassed, is made of Fl. Ex. Jamaica Dogwood; Fl. Ex. Asclepias tuberosa; Tincture of Lobelia inflata; and Glycerine; equal quantities of each mixed. Dose for adult, 10 drops to 60, at intervals, from ½ hour to ½ day." Rumex crispus tincture, adult, 5 to 10 drops, every 2 or 3 hours (child, see Sec. 56, B) is almost specific for *cough excited by the least breath* of *cold air;* must keep the mouth covered with handkerchief, or head covered up in bed to prevent coughing.

"Jamaica Dogwood appears to possess the good properties of Opium without the bad. In ½ drachm doses it is an elegant *palliative of the pains of Labor.* No ill effects. In *Delirium Tremens,* it is complete master of the situation, in doses of ½ to 1 drachm of the Fluid Extract."

Tea made of the Common dogwood bark cures ague.

## SECTION 56.

### DOSE.

The dose should be of a strength no greater than is simply sufficient to induce the needful reaction of the organism; all in excess of this remains as an obstruction in the system, and delays recuperative action; hence minute doses frequently repeated are more efficacious than large ones given at longer intervals.

By triturations and succussions, the crude particles of a drug become minutely separated and diffused through the menstruum, so that the absorbents can admit them into the circulation with facility.

It has been asserted that drugs, administered in *hot* water, are much more sure and speedy in their action, than when given in cold water, and that half the usual dose will produce the desired effect.

If a medicine taken in minute doses, according to the general indications of its genius, should aggravate existing symptoms of the disease, be not too readily discouraged; it may be a good omen; wait a little while until the exacerbation has passed off, when perhaps improvement will set in; if it does, let it progress undisturbed by further medication to the completion of the cure.

In very *acute diseases*, the dose should be repeated every ten, twenty or thirty minutes until relief is afforded, then the intervals lengthened. In cases less violent the dose may be taken every one, two or three hours.

In *Chronic diseases*, a dose may be taken once, twice or thrice a day until improvement sets in, then an interval of several days without medicine allowed, or as long as improvement continues. Omitting medicine every third week is a good plan in the treatment of chronic cases.

## A SYSTEM OF MINUTE DOSAGE.

(BASEMENT.)

**A.** *Triturations.*—One per cent. trituration with sugar of milk (2 x trit.). Adult, 5 grains. Child, one year old, one-twentieth of adult dose, and for each year older, one-twentieth more.

B. *Solutions.*—One per cent. solution in alcohol (2 x dilut.). Adult, 5 drops. Child, one year old, one-twentieth of adult dose, and for each year older, one-twentieth more.

C. *Parvules.*—Adult, one parvule every hour, two every two hours, three every three hours or four every four hours. For a child, one parvule three times a day, is the minimum dose.

D. *Dosimetric Granules.*—Adult or child, one granule, repeated to meet the requirement of the case or age of the patient.

☞ The *Blue* Alkametric Granules (taken in the same way as the dosimetric) furnish minute doses of all the principal vegetable medicaments.

## A SYSTEM OF OFFICINAL DOSAGE.

(G. A. W., M.D.)

1. The dose of all *infusions* is 1 to 2 ounces, except infusion of digitalis, which is 2 to 4 drachms.
2. Dose of all poisonous *tinctures* is 5 to 20 minims, except tincture of aconite, which is 1 to 5.
3. Dose of all *wines* is from ½ to 1 fluiddrachm, except wine of opium, which is 5 to 15 minims.
4. Of all poisonous *solid extracts* you can give ½ grain, except extract of calabar bean, which is $\frac{1}{16}$ to ¼ grain.
5. Dose of all *dilute acids* is from 5 to 20 minims, except dilute hydrocyanic acid, which is 2 to 8 minims.

6. Dose of all *aquæ* is from 1 to 2 ounces, except aqua laurocerasus and aqua ammonia, which are 10 to 30 minims.
7. Of all *syrups* you can give 1 drachm.
8. Dose of all *mixtures* is from ½ to 1 fluidounce.
9. Dose of all *spirits* is from ½ to 1 fluiddrachm.
10. Dose of all *essential oils* is from 1 to 5 minims.

## SECTION 57.

### EGG.

**Prostration—Faintness from Overtaxation of Body and Mind.**—Take yolk of egg beaten up with brandy.

**Freckles.**—Wash them with a mixture of white of egg and water. Milk-whey is considered a good lotion.

**Goitre.**—A case of years' standing cured with pulverized egg shell, 10 grains every morning for 14 days—"during decrease of moon."

**Sore Throat of Public Speakers** (wonderful relief).—The yolk of an egg taken raw.

**Cough from a Cold.**—To the white of an egg beaten up with a teaspoonful of sugar, add a teacupful of hot water—stirring the while—and take it on going to bed. Splendid domestic remedy.

**Nausea—Sick Stomach.**—Stir a little of the white of a fresh egg in cold water—ice water if you choose—and beat the remainder of the white to froth, and put it on top of the water—drink freely whenever thirsty. May use the whites of several eggs in a day, and thus be sustained for weeks.

**Cholera Infantum.**—"Nothing stayed on the stomach. I put the white of an egg well beaten, into half a glass of water, seasoned it with a very little salt and sugar, and gave two teaspoonfuls every 2 hours; there was no more sick stomach. I kept on with the egg for 36 hours, when the child refused it. I then gave pure milk warm from the cow every 2 hours, for a few days, and then went back to the regular food, which was sweet cream and hot water, mixed to consistency of milk."

**Diarrhœa of Infants at the Breast.**—(Mothers' milk not good.) Give in the course of 24 hours the white of one egg, stirred well into 5 or 6 ounces of water, previously

boiled, and add condensed milk, 3 to 5 drachms. The quantity can be gradually increased to two or three times this amount.

**Leucorrhœa.**—Back feels as if broken. Reported 70 cures in succession, with ova testa (egg shell) one per cent. trituration with milk sugar, 10 grains every night on going to bed. The same is said to have cured a case of *cancer of the womb*, with fetid leucorrhœa and frightful bleeding; the first effect of the remedy was control of the pain. There is no better remedy for *dyspepsia*.

**Burns and Scalds—Raw Surface—Skin Poisoning—Sore Nipples.**—Yolk of Egg 5 parts, and Glycerin 4 parts by weight; mix, and apply with camel-hair brush. One or two applications form a protective coating, and effect a speedy cure.

**Abrasion of the Feet—Raw Heels.**—Apply white of egg. *Feet burning, sore, tender after marching*, wrap them in greasy cloths, break an egg in the shoe and march on, not removing the shoe for 3 days.

**Marasmus.**—Boil an egg "*stone hard*," crumble the yolk, and give it to the child. This is good food for baby at any time.

## SECTION 58.

### ELM.

**Constipation.**—Take at night on going to bed or in the morning before breakfast, a heaping tablespoonful of *powdered slippery elm bark* in a convenient quantity of water; continue the daily dose, until the bowels become regular. Chronic cases may require several weeks' treatment.

☞" For *Habitual Constipation*, the grand specific is Cascara Segrada 1 ounce; Glycerin 2 ounces; and water 1 ounce; mixed. Adult, 1 teaspoonful every 4 hours for 2 days, then 4 times a day until stools are loose, then reduce the dose gradually, and lengthen the intervals between them until the cure is effected. This is the hidden treasure. Cascara Cordial is the popular remedy now for Constipation.

**Acidity of the Stomach—Milk Curdles in the Stomach.**—Finely pulverized slippery elm bark, added to cow's milk, boiled or unboiled, will prevent it curdling in the stomach. A teaspoonful will serve for a pint of milk, but it may not be best to mix so much at one time.

**Punctured Wounds.**—When you do not want a wound to close, insert into it a tent made of a smooth piece of slippery elm bark; it will not give pain to introduce it, and it expands gradually, thus enlarging the opening. The same may be used to keep open an incision into an abscess or gathering, if desired.

# SECTION 59.

## ETHER.

OFFICINAL DOSE.—Adult, ½ to 1 drachm. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, 5 to 20 minims; repeat injections at distant points when prompt action is called for. Employed in case of Depression caused by Bites of Venomous snakes—Surgical Shock—Cholera Asiatica—Cholera Morbus—Passage of biliary or renal Calculi—Cardiac failure from hemorrhage—Poisoning of Aconite or Veratrum viride.

**Local pain** (as from *stone lodged in gall duct or ureter*—pain in an abscess, boil, carbuncle or gathering—superficial *Neuralgia, Sciatica, Colic,* etc.).—Pour ether on the painful part, until numb and void of sensibility, use it freely until it affords relief. There is no safer external agent for allaying pain (avoid getting it into the eye or ear, for it would cause intense smarting).

**Extraction of teeth without pain.**—Into ½ ounce of Sulph. Ether put 3 drachms of pulv. Camphor; soak cotton in this, and apply it around the tooth to be drawn, and *in* it if hollow, until the gum becomes white, "then the tooth may be extracted without pain."

**Lockjaw.**—Administer Ether by inhalation until the jaw relaxes, and from time to time afterward, to keep up the relaxation—diet, milk and eggs.

**Sweating fever.**—Desperate case, reported; cured with one dose of Nitrous Ether and Fluid Extract Buchu, each ½ drachm mixed, relief in half an hour.

**Local Anæsthesia.**—Cover the part with cotton, pour Ether on it, and with bellows blow upon it, and in 5 minutes the part will be devoid of sensibility.

**To Disinfect a sick room or musty parlor.**—"Fill a small, single wick lamp with Chloric Ether, and burn it in the room—in a few minutes the work is done."

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## SECTION 60.

### ETHYL.

**Anæsthesia.**—"Fold a thick towel into the form of a small cone, with closed apex; between one of the folds of the towel place a sheet of paper, which will make the cone nearly air-tight. The base of the cone should be wide enough to enclose both mouth and nose. The patient having all clothes loosened about the neck, must lie down with the head slightly elevated, and make deep inspirations. Into the cone pour about one drachm of the Bromide of Ethyl, and immediately invert it over the nose and mouth of the patient, and hold its edges down firmly over the face; *let no air in.* This is the only right and safe way to administer Ethyl. No matter how much the *little* patient may struggle, *do not let air in.* As a rule, a dozen full breaths are all that are needed to produce deep sleep—you pick up the patient's hand, and letting loose the hold, it drops. This sleep lasts from one to three minutes, and the patient wakens up as from common sleep; during the sleep you may perform any operation without the least pain. This new anæsthetic leaves nothing to be desired; it is perfectly harmless, and the nearest approach to magic in the art of Surgery."

# SECTION 61.

## EUCALYPTUS.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 15 to 60 drops of the Fluid Extract. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Oil of Eucalyptus, 5 minims, mixed with olive oil—Used in the treatment of Pyæmia.

**Ulcerative Ophthalmia.**—Intensely painful. Eucalyptus Fluid Extract 1 drachm, in distilled water 1 ounce, mix; shake well together, and drop a little into the suffering eye several times a day. Almost immediately after the first application the pain will abate, the inflammation begin to subside, and a feeling of ease and comfort take the place of agony; in a few days the cure will be completed, the ulceration gone.

**Otorrhœa.**—Fluid Extract of Eucalyptus 1 ounce, and water 1 ounce, mix; inject into the ear, two or three times a day, after cleansing each time with tepid water. "Cure in 3 weeks."

**Diphtheritic Croup.**—Desperate cases cured. Fill an atomizer with oil of Eucalyptus, and oil of Turpentine, equal parts mixed, and spray the throat every ½ hour, "relief in an hour, cure in a day."

**Gastric Ulcer—Pains in the Stomach—Old Stomach Troubles.**—"Fluid Extract of Eucalyptus, adult, teaspoonful doses in milk, before meals, works wonders."

**Diabetes.**—Case reported cured, with Fluid Extract of Eucalyptus, adult 20 drops, 4 times a day. ☞ The popular remedy of the day is Lambert's Lithiated Hydrangea.

**Ague.**—"Not failed once in an hundred cases by giving

adult 60 drops of the Fluid Extract of Eucalyptus, three times a day." ☞ Here is the remedy to cure, so it is said, any *malarial fever, ague,* or *ailment characterized by periodical attacks;* Parthenium Fluid Extract, adult 1 to 2 drachms every two or three hours.

**Traumatic Fever.**—The remedy said to be superior to all others is Eucalyptus Fluid Extract, adult 5 drops every hour.

**Wounds.**—To prevent suppuration in a wound, or in a stump after amputation, apply as a dressing the oil of Eucalyptus, 10 per cent. dilution in olive oil—claimed to be the best thing ever yet tried.

**Chilblains.**—Oil of Eucalyptus, frequent applications with camel-hair brush, gives speedy relief of pain, and soon effects a cure.

**Baldness.**—Eucalyptus leaves, pounded to a pulp, and applied to the head from time to time for headache—cured a case of Baldness. ☞ If you would induce the growth of hair or beard, apply daily a mixture of Eau de Cologne 2 ounces; Aqua Ammoniæ 1 drachm; Tincture of Cantharis 2 drachms; and oil of Rosemary 12 drops. Carboline is now the popular remedy for baldness; it is said to work miracles in the way of promoting the growth of hair.

# SECTION 62.

## EYEBRIGHT.

GENERAL INDICATIONS *for Euphrasia.*—Scalding tears—rash around the eyes—flowing nose—worse indoors.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 1 to 5 drops of the tincture. Child, see Section 56, B.

Euphrasia is the grand specific for Acute painful affections of the eyes (rheumatic, catarrhal, scrofulous)—Inflammation of the eye—Ophthalmia—Eyes engorged with mucus, or flooded with tears—Blear eye—Eye affections from measles—Constant winking—Paralysis of the eye muscles—Opacity of the cornea (Cannabis sativa and Bichromate of potash minute doses).

Whilst Euphrasia is being taken inwardly for affections of the eye, a lotion—made by putting a dozen drops of the tincture into ½ ounce bottle, and filling it with water—may be applied with advantage, by pouring it into the eye warm, a little at a time, several times a day.

(A) ☞ Ruta graveolens, dose 56 B, is a valuable remedy for painful affections of the eyes, from straining them at fine sewing or needle work. It is said to cure Asthenopia—Rheumatic pains in wrists and ankles as if sprained, and promote the union of fractures.

## SECTION 63.

### FIG.

**Fetor of Cancer and Other Ulcers.**—Boil Figs in new milk until soft and tender, and apply them as a poultice, 3 times a day. Also drink a gill of the milk twice a day, reported cures.

**Foul Breath—Fetid Canker of the Stomach.**—Boil Figs in fresh milk, and drink freely of the milk. The same taken by the teacupful, 3 times a day, will keep the bowels nicely open—break up a *constipated habit.*

An excellent *mild purgative* may be made by mixing thoroughly together 1 pound of figs, and 1 ounce of senna leaves—the figs being finely chopped up, and the leaves rubbed to powder. The mixture may be kept in a jar for use. A piece as large as a hickory nut for an adult, smaller pieces for a child according to age. It is very pleasant to take.

# SECTION 64.

## GOLD.

GENERAL INDICATIONS.—Suicidal gloom—fetid ulceration—bone decay—feeling worse when cold—desire for wine and milk—aversion to meat.

MINUTE DOSE.—Section 56, A.

ORDINARY DOSE.—Adult, $\frac{1}{12}$ grain pill of the muriate. Child, see Section 56, A.

Aurum Muriaticum, in minute doses, is especially suited for the treatment of Deep-seated, Chronic affections, involving gland and bone, and attended with mental gloom, thoughts of suicide—Chronic enlargement of the liver—Chronic nasal catarrh, involving the bones—Ozæna—Chronic offensive otorrhœa—Syphilitic bone disease—Nodes—Periostitis—nightly bone pains—Pains in the testes—Sarcocele—Chronic heart affections, with feeling as if dying, difficult breathing after walking, sobbing in sleep—Hypochondriasis—Hysteria—Puerperal melancholy—Religious melancholy (Arsenic)—Chronic affections of the eyes—Keratitis—Glaucoma.

# SECTION 65.

## GOLDEN SEAL.

GENERAL INDICATIONS *for Hydrastis.*—Mucous discharges thick and ropy—dripping of mucus from back of the nose into the throat—gone feeling in the stomach—loss of appetite.

MINUTE DOSE.—Section 56, A–B–C.

ORDINARY DOSE.—Adult, 10 to 60 drops of the tincture —Fluid extract, 20 to 30 drops—Hydrastin, ½ to 3 grains. —Child, see Section 56, A.

Hydrastis in minute doses is the leading remedy for Dyspepsia—Indigestion—Loss of appetite—Chronic bronchitis—Jaundice, with sinking sensation at the pit of the stomach—Sick-headache, often recurring—Marasmus, cure in a month—Constipation of infants, brilliant cures with drop doses of the tincture twice a day—Constipation of adults with headache.

**Granulated Eyelids — Ophthalmia.** — "Golden eye water." Sulphate of Hydrastis 2 grains, in distilled water 1 ounce, apply the solution several times a day.

**Chronic Nasal Catarrh.**—Characterized by a dripping back into the throat, finds its specific in Hydrastis 56, A, 4 doses a day; before meals and on going to bed.

☞ "Equal parts of Listerin and warm water, snuffed well up into the nostrils, 4 times a day, is a pleasant and efficacious mode of treating nasal catarrh." Carbolic acid, a dozen drops in an ounce bottle, snuffed from, 5 minutes at a time, 6 times a day, cures nasal catarrh. Saponated coal tar, one-tenth diluted in water, injected into the nostrils or snuffed up thoroughly, 3 times a day, removed all bad odor from the nose in 3 days, and cured the catarrh in a week.

Iodoform, 2 grains and Gum arabic 10 grains, in one powder, the whole of such a powder snuffed up the nostrils, 3 times a day (after cleansing the nostrils each time by snuffing warm water), cured *Chronic nasal catarrh* in 15 days.

**Baby's Sore Mouth.**—Hydrastis root, pulverized and triturated, one per cent. with milk sugar, then dissolved in water (5 grains in a wineglassful) and a teaspoonful given every 2 hours (washing the mouth, also, with the same each time) soon effects a cure.

**Chafing of Infants—Rawness in the Folds of the Skin.**—Powder with corn-starch medicated lightly with Hydrastis tincture, or sprinkle the parts thoroughly with pulverized Hydrastis root triturated 10 per cent. with corn-starch.

**Sore Nipples**—(*Chafed, cracked, ulcerated*).—Successful when all other means failed. Pulv. Hydrastis root, triturated, 10 per cent. with milk sugar, 10 grains in a wineglass of tepid water; wash the nipples gently, but thoroughly with this solution, each time after the child nurses. If baby has a sore mouth leave the lotion on the nipple, if not wash it off before offering the breast.

(A) **Ulcers** are very successfully treated, by frequently renewed applications of bread soaked in this solution.

**Uterine Hemorrhage.**—"Hydrastis canadensis, Fluid extract, 20 minims taken 4 times a day; is the best internal treatment for *menorrhagia* and *metrorrhagia*." ☞Apocynum cannabinum, Fluid extract, 4 minims taken every hour or two as the urgency of the case may require, is a remedy unsurpassed for *uterine hemorrhage*.

# SECTION 66.

## GLYCERINE.

OFFICINAL DOSE.—Adult, 1 drachm. Child, see Section 56, B.

Pure Glycerine applied, in the proportion of a dessertspoonful to a tumbler of water as a lotion, and especially if at the same time taken internally (adult, 1 or 2 tablespoonfuls before meals), is undoubtedly curative of various skin diseases, such as Impetigo—Prurigo—Pruritus—Encrusted forms of Lupus or Herpes exedens—Syphilitic and strumous eruptions, tending to fetid discharges and hard crusts—Fetid ulcers—Skin-scurf—Dandruff—Chilblains—Chapped hands—Acne rosacea—Eczema—Scabby stage of smallpox, to prevent scars and pitting—Cracked nipples—Cracked lips and hands—Burns and scalds—Wounds—Erysipelas—Irritation of the skin.

☞ Glycerine painted upon the tongue, keeps it moist and removes thirst, during fever.

**Deafness.**—Drop Glycerine in the ear. If from old age insert a cotton pledget; press it well back.

**Cough—Even of Consumption.**—Take Glycerine; adult, 1 to 3 dessertspoonfuls in water, tea, coffee or lemonade, 3 times a day, before meals. May *arrest almost any cough* by evaporating Glycerine in a dish over a lamp and inhaling the vapor.

☞ (A) "Morrhuol, the quintessence of cod-liver oil, dose not disturb digestion, is well borne even by infants, and is positively efficacious in the first *stage* of consumption, and gives grand results in *Scrofula* and *Rickets*."

☞ (B) "Of all preparations of cod-liver oil, the best is oleo-chyle. It contains 70 per cent. of the finest Norwegian cod-liver oil, and the Hypophosphites in the most

assimilable form, but contains no gum, glue, alcohol, or other substances capable of deranging the stomach; and taken in milk, adult, two teaspoonfuls thrice daily at meal times, is as pleasant to the taste as fresh cream, and has proved itself of unparalleled efficacy in the treatment of Chronic cough—Chronic bronchitis—Chronic bronchial catarrh—Chronic lung affections—Consumption—Emaciation, all wasting diseases—Marasmus—Scrofula—Skin diseases—Indigestion—Non-assimilation—Dyspepsia—Cancer of the stomach."

**Trichiniasis.**—Glycerine kills the parasite in the stomach. Adult, take ½ ounce 4 times a day for 2 weeks. Drink no water or other fluid directly before or after taking the Glycerine; it dilutes it. Several cases reported thus treated with success.

**Itching Eruptions—Local Itching** (Frantic with Itching).—Glycerine 5 ounces, with Sub. Nit. Bismuth 1 ounce; mix, and apply as often as needed. Or Pure Glycerine 1 ounce, Tannic acid 1 drachm, and Morphia sulph. 10 grains; mix, and apply 3 times a day. This is good for any local *itching, especially of anus or vulva.*

**Dressing for Wounds, and after Amputation.** — "Prince's Lotion"—Glycerine and water each ½ ounce, and Chloride of Lime 4 grains; mix. Irrigate by syringe, and apply compress saturated with the same.

**Medication by Inunction.**—This is well effected by mixing the medicine with Unguentum Glycerine; it is smooth like butter, is unaffected by warm weather, can be mixed with any extract or soluble salt.

☞The improved idea of medication by the skin is to incorporate the medicine in Lanolin, or the pure wool fat Agnine, which immediately penetrates through the skin. Medicine thus applied comes into effect in from one to two minutes. Would that this mode of medication might supersede the hypodermic injection.

## SECTION 67.

### GUNPOWDER.

**Prevention of Disease.**—If you would escape contagion, infection, miasm—be able to travel in the most unhealthy climates and localities without danger of sickness—Burn a thimbleful of gunpowder in your bedroom or tent, and a very small quantity in your trunk and wardrobe, daily; thus keeping your clothing in an atmosphere fully charged with the gas. This has been thoroughly tested and found to be true.

**Bite of a Snake or Mad Dog.**—"Pour some gunpowder on the bite, and touch it with a lighted match. This is an almost painless cautery, and reliable safeguard."

**Tape-Worm.**—Take a tablespoonful of Gunpowder in a cupful of sweet milk, followed in ten hours with an ounce of Castor oil. Success in twenty-five cases in succession.

# SECTION 68.

## HEMP.

GENERAL INDICATIONS *for Cannabis Indica.*—Mind lost in revery—lofty and sublime thoughts—magnified ideas of things of space and time—mental deception in regard to the flight of time, constant imagination of being too late—the brain feels expanded—craving for drink with dread of water—ravenous hunger.

GENERAL INDICATIONS *for Cannabis Sativa.*—Flow of urine, painful, burning—sense of heat about the heart—feeling as of water dropping down from the heart, or from other parts—ailments worse from talking.

MINUTE DOSE.—Cannabis Indica and sativa, Section 56, B.

OFFICINAL DOSE.—Adult, ½ to 2 grains of the extract of Cannabis Indica, every 3 to 6 hours—Tincture 10 to 60 minims—Fluid extract 5 to 15 drops. Child, see Section 56, B—*Apocynum cannabinum* Fluid extract, adult, 4 minims. Child, see Section 56, B.

Indian hemp in officinal dose, is indicated in cases of Severe pain—Neuralgia—Intense headache, with sense of pressure on top of the brain—Severe pain in the bladder, and inguinal region—Spine pain, especially between the shoulders—Delirium tremens—Child-bed mania—Acute insanity—Trance—Swoon. ☞Bromidia contains hemp, and answers well for these ailments; adult, 1 drachm doses. "In delirium tremens, bromidia, a teaspoonful every 20 minutes, until sleep is induced, acts like a charm. The same controls delirium of any fever."

**Extraction of Teeth Without Pain.**—Add together Tincture of Cannabis Indica 1 part, and water 3 parts, and

in this solution soak cotton and apply it around the tooth to be drawn, and *in* it if hollow; also warm the beaks of the forceps, and dip them in the solution before applying them. "Perfectly satisfactory."

**Flooding—Excessive Flow of Menses.**—Tincture of Cannabis Indica, 10 per cent. solution in alcohol, 5 drops every ½ hour; specific. ☞ Oil of Erigeron 1 to 5 drops, every ½ hour, or hour (better taken dissolved in a little alcohol), arrests *Hemorrhage from the womb promptly.*

**Bright's Disease.**—Apocynum cannabinum, adult, 2 drops of a concentrated tincture, mixed in ½ ounce of gin, and taken in a wineglass of water, every 3 hours, produced in 5 days a discharge of 779 ounces of urine.

**Hydrothorax.**—(Can only breathe sitting erect, cough incessant, clammy sweat). Apocynum cannabinum tincture (dark brown), adult, 5 drops every two hours, effected a prompt and perfect cure.

(A) The same is as near a specific as possible for *Dropsy in general in all its varieties*, and also for *Strangury.* ☞ Eupatorium purpurium, same size dose as that of Apocym. can., is a remedy of equal power with the latter, for *dropsy* and *strangury.*

Desperate case of dropsy, with spasms, following scarlet fever, reported cured with Elaterin 20th of grain, every 3 hours, until free movement of the bowels, then followed with Jaborandi, ½ drachm dose; when water oozed from every pore; afterward 1 dose a day of Jaborandi.

"Favorite prescription for *Dropsy.*"—Elaterin 1 gr., with Jalap 20 grs. and Squills 20 grs., made into 20 pills; adult, take 1 pill every 4 hours. The water usually starts to flow in eight hours, in seventy-two hours it flows freely; and now to prevent collapse and sustain the system, take small doses of Quinia.

## SECTION 69.

### HINTS.

(A) **Spasms and Paralysis of Children.**—In every case, see whether there exists a constriction of the penis, if the patient is a boy; or of the clitoris if a girl. Such cases require surgical attention.

(B) **Cyanosis—Blue Disease.**—"Let baby lie, only on the *right* side—head high—it will get well." Give Laurocerasus dose 56, B.

(C) **Throat View, far down.**—Depress the tongue gently, and request the patient to *hold the nose, and yawn.* The larynx will immediately rise up, and every part of the throat may be readily seen.

(D) **Warts removed.**—"Thrust an ordinary pin through the base of the wart, and then protect the skin, whilst the head of the pin is being held in the flame of a candle. The wart soon becomes white and cracks, and comes away on the point of the pin; after one is removed the rest disappear."

(E) **Smallpox.**—"At the outset of the disease, vaccinate the patient, this will abort the disease—no other treatment needed."

(F) **Earliest signs of pregnancy.**—One sign is the vaginal pulse; detected by the index finger, introduced and held firmly on either side, or in the middle of the neck of the womb. Another is the *soft, yielding* condition of the os uteri. Pregnancy may be detected by leaving the hand lightly on the abdomen for a while, when *rhythmical contraction* of the uterus will be noticed.

(G) **Night Cramp in limbs prevented.**—Put bricks or blocks of wood under the two posts at the head of the bed. Sleep with garters on.

(H) **Hiccough arrested.**—Place the hand flat upon the pit of the stomach, immediately below the breast bone and make firm pressure.

(I) **Foreign Substances removed from the Nose.**—Inject warm water up the *free* nostril, and the substance will come down the other; or press against the side of the free nostril with your finger, and forcibly blow into the mouth; guarding your face with a handkerchief from the mucus that will be ejected with the substance. Maggots may be removed from nose or ear, by holding a sponge saturated with chloroform, to the entrance, for a few seconds—out they tumble. Tobacco smoke blown into the ear will dislodge a bug.

(J) **Sleeping apartments rendered healthful; and air of the Sick-room kept pure.**—Place in the room small baskets or porous boxes, containing *fresh charcoal*—and *quick-lime*—renew daily. The Charcoal imbibes the foul vapor emanating from the body, and the lime absorbs the carbonic acid exhaled from the lungs.

(K) **Vomiting of pregnancy arrested.**—"Eat fresh popped-corn, salted to taste—Drink hop tea—Drink lager beer, especially at meals."

(L) **Constipation prevented.**—Eat one or two oranges daily, before breakfast.

(M) **Stuttering and Stammering overcome.**—"Read aloud with the teeth closed for an hour or two at a time every day. In a week you can open your mouth and read and talk, without difficulty or hesitation." Keep time when speaking; at first with the utterance of each syllable, and afterward with each word; slowly at the beginning, then more rapidly; persevere and you will overcome the trouble. Take a full breath before beginning to speak.

(N) **Bed-sores prevented.**—Place a buffalo robe beneath the under sheet, hair side up.

(O) **No malaria.**—"In Minnesota, within a circuit of 100 miles around St. Paul you will find no malaria."

(P) **Climate Cure for Consumption.**—Eighty miles west of San Antonio, Texas, there is a beautiful valley called Sabinal Canyon; here consumptive persons should go; even after hemorrhage has set in, there is still hope for their recovery. Texas is regarded as the Italy of America. Western North Carolina, centre at Asheville, is also a home for consumptives, as likewise California, Colton as a centre; and the Cumberland Plateau, Tennessee. *Dwelling on dry soil is a requisite of recovery.*

(Q) **Miscarriage and convulsions during pregnancy averted—Puerperal spasms stayed.**—"Judicious blood-letting during pregnancy, at the first threatening of danger, prevents miscarriage and convulsions. The same arrests puerperal spasms."

(R) **Unconscious new-born babe revived.**—Hold it by the feet, head downward; in a few seconds it will breathe. The same treatment will restore a person to consciousness, who is apparently dead from inhalation of chloroform or ether. ☞ In case of *apparent death* from inhalation of coal gas, a free supply of fresh air restores. Snapping the end of a wet towel against the bare breast and stomach soon does the work of *rousing*.

(S) **Real, from apparent, death distinguished.**—Hold up the person's hand with fingers touching each other between you and the light; if a reddish tint be seen between the fingers, then death is only apparent, but if no such tinge appears, death is real. In case of real death, a wound made by the prick of a pin in the skin *stands open*, in case of apparent death it closes.

(T) **Medication by injection.**—If the child will not take the "horrid medicine," give it by injection in milk or mucilage; it will act just as well. See medication by inunction, Sec. 66.

(U) **Indication of Diabetes.**—Constant passing the tongue over the lips, to moisten them, during conversation.

(V) **Indication of Bright's Disease.**—Puffiness about the eyes, especially in the morning—smooth, red, clean tongue—Momentary numbness of a finger.

(W) **Indication of long life and great endurance.**—Long ear-lobes.

(X) **Hiccough arrested.**—Anything that will cause sneezing will stop hiccough—(snuff—pepper). ☞ Hold ice to the lobe of the ear, this stops it at once.

(Y) **In case of sudden death (to all appearance) when there is a suspicion that life is not totally extinct.**—The body should not be put in ice, or in a cold room, but in a warm room with something warm wrapped about the feet; nature in her own time, perhaps after several days, may restore to life. If by binding a cord tightly around the middle finger above the first joints, the tip of the finger assumes a dark reddish hue, then be assured that life is not totally extinct.

(Z) **Foreign Substances in the Ear Removed.**—Insert a horse-hair loop, as far as it will go, give it a turn and draw it out, the patient the while lying down with *that* ear up. A few trials will insure success. For removal of a grub or bug from the ear, see Section 69, I.

($A^2$) **Insensibility to Pain—General Anæsthesia Produced.**—Take an easy position, sitting or half reclining, and breathe deeply and evenly, and at the same time rapidly as possible; in about one minute there will be induced a state of insensibility to pain, without loss of mental consciousness. Again take an easy sitting position and steadfastly gaze at a small shining object, as for instance the bulb of a thermometer, placed about two feet from the eyes, and a little above range, requiring a convergent squint to fix the sight upon it. In five minutes or less the pupils will dilate, eyelids tremble and then sleep will ensue with insensibility to pain; an operation may be performed or labor progress without consciousness. In order to awaken

the patient blow your breath on the eyelids, or rub them with your thumbs, or apply hartshorn to the nose.

($B^2$) **Anæsthesia Without Danger.**—Recommended especially in case of labor. Chloroform 1 part, ether 3 parts, and alcohol 2 parts; mix. See easy labor, Section 38.

($C^2$) **Indication of Organic Heart Disease.**—Blue lips and bulging eyes.

($D^2$) **Boy or Girl Which Will it Be.**—"If the expectant mother walks slowly—flat footed—has sunken eyes, and craves oysters, it will be a boy. If she walks quickly—with elastic gait, has full eyes, and craves sweet-meats it will be a girl."

($E^2$) **Indication of Water on the Brain.**—"Glairy, dark, green evacuations, like chopped spinach." (Magnesia phos. dose 56, A, specific.)

($F^2$) **Is it Bronchitis or Consumption?**—The hectic fever of Chronic Bronchitis comes on toward noon, that of consumption toward evening.

($G^2$) **Is it Chickenpox or Smallpox?**—You may open the pustule of chickenpox with a single stab of a needle at its base, and press out all the contents, but it requires several such stabs *around* the base of a smallpox pustule before you can press out all the lymph. By the way, if the pustules of smallpox on the face be thus opened, and emptied of their contents whilst in a liquid state, there will be *no pitting*—no *pock marks*.

($H^2$) **The Fallen Womb Replaced and Retained in Position.**—The lady should take a position on her knees in bed, with the chest and chin resting flat upon the bed—having the back *relaxed*, not rigid or bent upward—and with her two hands lift the bowels from below up toward the breast; by this means the womb will presently be replaced. Now she should lie upon her back, with limbs stretched out, and have an attendant apply an adhesive plaster, of round shape, 6 or 8 inches in diameter, upon the

abdomen, having a hole cut in the centre of the plaster to admit the navel; the plaster should be heated hot as can be borne before being applied. This is "The Womb Anchor."

($I^2$) **Habit Cure for Constipation.**—Establish the custom of going to the closet at a certain time every day; the most likely time to be successful is soon after breakfast. If the *bowel comes down*, it is better to induce stool just before retiring to bed.

($J^2$) **Obstruction of the Bowel.**—Inflate the bowel by bellows. Instant relief by ample distention.

($K^2$) **Troublesome Cough.**—Examine the palate—if relaxed, clip off the uvula—cure.

($L^2$) **Fever Guard.**—Put on a flannel jacket at or before sunset; the flannel shields from the influence of change of temperature. A fire made every evening in the apartment occupied, is indispensable for the preservation of health in malarial regions, whether it be for comfort or not. A person may sleep with perfect safety in the midst of the Pontine Marshes, by simply having his room well heated by a fire during the night. Avoid dwelling near stagnant ponds, especially those in the process of drying up. The dry bed of a nearly obsolete river, furnishes the best possible ground for malaria. The most healthy tent is one carpeted with *painted canvas*, repainted every year.

($M^2$) **Hemorrhage after Labor.**—Do not allow it to occur. In all cases, as soon as the child is born, apply your open hand over the body of the womb, and gently grasp it, through the abdominal walls. As soon as the after-birth comes away, increase your grasp a little and continue it firmly, until satisfied that the womb will remain contracted. If clots have formed in the womb and are keeping up the hemorrhage, put your hand into the womb, and take them out, and then grasp the womb as stated, and thus save your patient's life.

($N^2$) **Reliable Sign of Death.**—Place the end of the patient's finger in the flame of a candle until a blister forms, then open the blister; if it contains liquid the patient is not dead, but if it contains only air, death is absolute.

($O^2$) **Painless Passage of Water, with Stone in the Bladder.**—First lie down on the stomach, then rise slowly on all fours and urinate in this position.

($P^2$) **Vomiting of Pregnancy Arrested.**—Insert the end of the index finger *three-quarters of an inch* inside the neck of the womb, thus dilate the *external os*, but not the internal. This cures the most obstinate cases.

($Q^2$) **Nose-bleed.**—Stuff a pledget of cotton up inside of the upper lip, and hold it firmly in place by passing a cord around under the nose and over the ears, and securing it tightly behind the head. The same to stop *sneezing*.

($R^2$) **Inability to Sleep—(Nervous).**—Rub the body all over thoroughly with a coarse woolen cloth, or with a flesh-brush before retiring to bed; this will induce quiet sleep.

($S^2$) **Boils Aborted.**—At the very outset, scrape the skin, over the spot where the boil is forming, with a sharp knife, so that a drop or two of blood may be pressed out. "The boil will not develop."

($T^2$) **Bleeding from the Navel of New-born Babe Prevented; also Predisposition to Colic Forestalled.**—"Refrain from cutting the cord until all pulsation in it has ceased."

($U^2$) **Epileptic Fit Arrested.**—Thrust your finger nail forcibly under the nail of the great toe of the patient.

($V^2$) **Cause (Sometimes) of Inflammation of the Eyes of Children.**—Sleeping upon a mattress filled with oat-straw.

($W^2$) **Sea-sickness Overcome.**—Watch the motion of the ship, and make an effort with your foot, with every lurch of the ship as if you were forcing it down on *that* side; continue this for a short time, and the nausea will cease. In

swinging, if you will make an effort as if forcing the swing down each time it descends, you will *prevent giddiness and sickness.* Some people are *sick and dizzy when riding in the cars:* this sickness may be prevented by placing a sheet of paper next to the skin, over chest and stomach.

($X^2$) **Castor Oil Rendered Palatable.**—"Mix an ounce of Castor oil with an ounce of Glycerine and add two drops of oil of cinnamon. Children take this as a luxury and ask for more. Beer masks the taste of *castor oil and cod-liver oil;* take a mouthful of beer, then the oil, and follow it with another mouthful of beer; and there will not even be an after-taste of the oil."

($Y^2$) **Sterility—Non-Impregnation.**—"May be owing to *Anteflexion*, but not to other flexions of the womb."

($Z^2$) **Sponge Tents Preserved from Offensive Odor.**—Charge them with a 5 per cent. solution of the oil of cloves.

($A^3$) **Coloring for Tinctures and Powders.**—Take sugar of milk and scorch it, dark brown, in a porcelain mortar or common saucer, upon a stove; add to this sufficient distilled water to form a syrup, stirring until all the sugar is dissolved, and it will be ready for use. A few drops of this syrup added to an alcoholic solution will give a light or dark brown color according to quantity used. *Coloring powder* is made by using the scorched milk sugar pulverized, and mixed with common sugar to any shade required.

($B^3$) **Death to Flies, Mosquitoes, Fleas, Bugs and all Insects.**—Put a teaspoonful of Persian Chamomile dust (Pyrethrum) in a suitable vessel, and touch it with a lighted match. "The fumes will destroy all insect life in a closed room, but will not injure man."

($C^3$) **Baby to Sleep.**—"Pressure upon the anterior fontanel of an infant will directly induce sleep; when the pressure is removed the child will waken."

($D^3$) **Babe Born Breathless.**—Before cutting the cord, induce the mother to take a succession of *deep breaths*—presently the babe will breathe.

($E^3$) **Snake Bite.**—To the rescue—Put your mouth to the wound and suck out the poison; if there is no sore in your mouth it will do you no injury and may save the patient's life. Administer alcoholic liquor until intoxication is produced and thus save life. "The remedy that never fails (perhaps our best hope in case of a *mad-dog bite*) is to procure half dozen fowls, pluck the feathers from the fleshy part of one, and tear off the skin of that part, and apply the raw surface to the bite; the first fowl will die in ten seconds, the second in two minutes, the third in six minutes, the fourth in ten minutes, the fifth will become giddy, but will not die. The poison is extracted—the patient saved."

($F^3$) **House-maid's Knee.**—Pass through the tumor a thick thread, and let it remain; the swelling will gradually subside, or gather and break and disappear.

($G^3$) **Cure of Ingrowing Toe Nail.**—Put a small piece of tallow in a spoon, heat it *hot*, and pour it on the sore place; there will be scarcely any pain. In a few days the edge of the nail will admit of being pared away without any inconvenience—cure complete.

($H^3$) **Inflammation of the Eyes.**—Raw potato reduced to soft pulp and applied as a poultice is hard to beat. To *old sores*, apply scraped turnip—To *erysipelas*, raw *cranberry pulp;* excellent.

($I^3$) **Ague Cured for a Penny.**—Of 23 cases of Ague, cured 22 with Nitric acid dilute, adult, 5 drops in a little gum-water every two hours.

($J^3$) **Hawking—Coughing—Sore Throat.**—Cure by smoking in a pipe, Mullein leaves dried in an oven. Good substitute for tobacco; exhilarates and braces the nerves. "Wetting tobacco with the *juice of water cress*, completely

deprives it of deleterious properties, without injuring its aroma."

(K³) **Sick-headache.**—"Take 2 teaspoonfuls of powdered charcoal in half tumbler of water; cure in 15 minutes."

(L³) **Cancer Cure.**—Olive oil boiled to consistency of salve, applied and renewed twice a day.

(M³) **Sick Stomach and Headache from Riding in Cars or Carriage, Prevented.**—Place a sheet of (writing) paper on the breast next to the skin. The same should be tried for *sea-sickness.* Painting the stomach with collodion will possibly *prevent sea-sickness* and *sickness produced by riding in cars.* Keep constantly eating suitable light food as a guard.

(N³) **Bloodless Treatment of Tumors.**—Pass a double silk thread through the long diameter of the growth, and tie the ends over the top of the tumor; in large tumors another thread at right angles should be used. There will be no perceptible reaction, but in a few days a thin fluid will flow from the orifice, then a thicker fluid, and the tumor will begin to diminish; after the sides have fallen in, the threads may be removed. This treatment has been entirely successful in removing *Cystic tumors—Solid hygrometous ganglia—Atheroma of the scalp—Lipomatous tumors—Sarcomata.* No suppuration follows and no scar.

**To Remove Moles** apply with a splinter of wood a small quantity of acid nitrate of mercury, carefully avoiding the sound skin.

**Aneurism**—(femoral and subclavian)—also *varicose condition of veins*, have been successfully treated with ergot, one or two grains in solution, injected *near* the aneurism or varicosus daily.

(O³) **Eye-signs of Approaching Death.**—If on looking at an object *both* eyes of the patient are opened unnaturally wide, death will ensue in twenty-four hours; if one eye

only shows this sign, death will occur in a week or two. In case death is suspected, but doubts exist, pinch the pupil of the eye, between thumb and finger until closed; and if it does *not* return to its round shape, death is real; but if it does, death is only apparent.

($P^3$) **Dislocation of Hip Joint.**—Reduction—"Bend the leg on the thigh, and thigh on the body, take the pillows from under the head, now two persons standing on the bed, one on each side, hold patient up by the dislocated thigh at nearly right angle with the body, six inches from the bed; in about five minutes the hip will slip in place." To convey a person with a broken leg, *bandage the two legs together.*

($Q^3$) **Bottle Breast Pump.**—(Breasts engorged.)—Fill a large bottle with hot water, then pour the water out quickly and immediately apply the mouth of the bottle over the nipple. The milk will flow into the bottle by a gentle suction, not painful; repeat as often as needful. If a lady's nipples should be retracted during first pregnancy, the same applied daily for a week or two in advance of parturition will insure good breasts.

($R^3$) **Permanent Cure for piles and Fissure in ano.**—Etherize the patient; and with the forefinger of each hand forcibly distend the sphincter ani to the utmost extent; "from tuber to tuber;" do the work thoroughly, kneading the anus all around. In a few days the sphincter will regain its tone and the cure be complete.

($S^3$) **Fistula cured without the Knife.**—Treated with wonderful success by injection of essence of Turpentine. In seven cases of *Anal fistula* treated, five were cured; in six cases of caries of the petrous bone all cured; in eight cases of *dental fistula* no failure; in fifteen cases of fistula of Stino's duct, only one failure. By the use of essence of Turpentine we procure an alterative cicatricial and antiseptic action, superior to that of anything yet tried for the

purpose. It may be injected pure or diluted with olive or almond oil; the action, however, is more rapid and effectual when the essence is used undiluted. With timid patients it may be mixed with a solution of Chloride of Morphia, with an effect of reducing to a minimum the pain involved. *The Sponge tent treatment is managed* thus: Take a sponge of close fine texture, cut it into a cylindrical form—three inches long, slightly tapering, one and a half inches in diameter at the larger end—wet it, and while wet, wind it firmly with twine, and lay it away to dry for twenty-four hours; when unwound it should be about the size and shape of the middle finger, and is ready for use. Now patient take a dose of purgative medicine, and after it is done operating, take one grain of Opium, three times a day, for three days, then let the bowels have their own way; as soon, however, as the first dose of opium has been taken, anoint the sponge with simple cerate and introduce it, small end first, entirely into the bowel; when introduced it will quickly expand and produce a desire to expel it; if this impulse should be uncontrollable, a T-shaped bandage must be applied to retain it in position for four hours, then it may be taken out. This must be done daily, each time for four hours, during which time the patient must be lying down. It may be done only at night if business presses. After five days there will be no need of a bandage, as the sponge will stay in its place without it. This treatment cured most cases of fistula in a month, and some cases in a week.

(T³) **Removal of hair from a lady's face.**—Barium Sulphide 1 drachm; Quick lime 1 drachm; Powdered Starch 2 drachms; mix: and make of this a paste with alcohol, sufficient for use each time, and apply, allowing it to remain on until some pain is felt, and then remove it. Continue the application from day to day until the hair-roots are destroyed.

($U^3$) **Oxygen for home use.**—"The only source yet made available for the home use of oxygen gas, as given off by heat applied, is the hydrogen dioxide." See sect. 91.

($V^3$) **Prevention of scarlet fever.**—"Sweet spirits of Nitre is a mild and safe prophylactic of scarlet fever—better than Belladonna. Quinia prevents the spread of scarlet fever; in no case will it attack a child when taking, (according to age) 2 to 3 grains, 3 times a day. After 5 days lessen the dose, but keep up the use of it for 3 weeks."

($W^3$) **Clear complexion secured.**—Carrot soup—minus meat—eaten with brown bread daily for several weeks, clears and beautifies the skin—French specific. "Put flowers of sulphur in a cup, and pour new milk on it every morning, and wash the face with the milk every night; and lo! a face so fair."

($X^3$) **Diagnostic Indications.**—

(A) **Of the tongue.**—*White* indicates a Feverish condition. *Moist brown* indicates Disordered digestion—*Dry brown* indicates Typhoid condition, blood poisoning. *Moist red* indicates Exhausting drains—*Dry red* indicates Inflammatory fever—*Smooth bright red* indicates Inflammation, gastric intestinal—*Red papillæ*, "strawberry tongue," indicates Scarlet fever, Rotheln—*Glazed red* indicates Non-assimilation—*Trembling red* indicates Delirium Tremens—*Sharp pointed red* indicates Brain irritation, inflammation—*Tardy protrusion* indicates Brain concussion—*One sided protrusion* indicates Lingual paralysis—*Dilated trembling* indicates Nervous fever, or congestion—*Glazed blue, cracked, flayed*, indicates Tertiary Syphilis—*Ulcerated* (chronic) indicates Tertiary syphilis or Epithelioma—*Pale, flabby, large papillæ* indicates Debility, gastric, chlorotic—*Yellow* indicates Liver derangement—*White patch* indicates Psoriasis linguæ. *Thickened epithelium* indicates Ichthyosis.

(B) **Of the face.**—*Contracted features, fanning nostrils,* indicates chest inflammation—*Forehead wrinkled, brows knit,* indicates Abdominal inflammation and pain—*Excited expression, or stupor, twitching,* indicates Brain inflammation—*Anxious expression, bluish, bloated with smothering,* indicates Chest dropsy—*Skin cold, lips blue, eyes bulging,* indicates Heart disease, organic. *Blanched cheeks, white lips puffy, dark circles around the eyes,* indicates Chlorosis—*Pale swollen upper lip* indicates Scrofula, Worms—*Red face, suffused eyes, rapid breathing* indicates Fever simple acute.

(C) **Of the Chest.**—*Abdominal breathing* indicates Lung inflammation—*Exclusive Chest breathing* indicates Abdominal inflammation—*Irregular breathing and deep sleep* indicates Brain compression—*In-breathing anxious and rapid, out-breathing easy and slow,* indicates Hydrothorax — *Wheezing, short panting breathing* indicates Asthma—*White tenacious sputa* indicates Chronic Bronchitis—*Thick yellow or green sputa, that sinks in* water, indicates Disorganization of the lungs.

(D) **Of the Skin.**—*Yellow* indicates Liver disorder—*Sallow* indicates Chlorosis, Anæmia—*Waxy pale* indicates Deficiency of red globules in the blood—*Blue, of infants* indicates Cyanosis (pervious foramen ovale)—*Hot and dry* indicates Fever, and general inflammation—*Cold skin with internal heat* indicates Internal congestion.

(E) **Of the nerves and pains.**—*Pains worse by contact, pressure* movement, indicates Inflammation. *Pains relieved by pressure* indicates Non-inflammatory Myalgia —*Pains without heat swelling* or *redness* indicates Neuralgia—*Pains wandering about the ankle* indicates Knee-joint inflammation—*Wakefulness* indicates Nerve irritation—*Deep sleep, irresistible stupor* indicates Brain compression—*Twitching during sleep, waking in fright,* indicates Heart disease, organic; or Worms—*Sudden*

*jerking of head and limbs* indicates Brain irritation, mania a potu.

(F) **Of the Posture.**—*Position on the back, sliding down in bed*, indicates Muscular debility extreme as in Typhoid —*Smothering when lying down, must sit up*, indicates Chest dropsy—*Position on the back, arms bent stiff*, indicates Brain softening—*Position on the back, knees drawn up*, indicates Abdominal inflammation. This position may, in advanced stages of acute disease, indicate Retention of urine—*Position on the stomach affording relief* indicates abdominal pain spasmodic. *Position with back, neck and limbs, stiff set, bent*, indicates Spinal cord, irritation, inflammation.

(G) **Of the Stools.**—*White* indicates Bile wanting; *Mucous and bloody* indicates Bowel inflammation—*Watery* indicates Bowel irritation—*Glairy, dark green* indicates Brain dropsy acute—*Hard dark* indicates Bowel membrane torpid, relaxed.

(H) **Of the Urine.**—*Red and scanty* indicates Inflammation—*Clear and abundant* indicates Nervous affections—*Sediment deposited* mostly indicates Liver derangements.

($Y^3$) **Urinary Analysis.**—*Albumen:*—brown or blood red hue, smoky; coagulates by heat, or nitric acid. Glacial acetic acid, small piece dropped in, produces cloudiness; sulphuric acid gives a black deposit. In Bright's Disease *casts* are found. *Sugar:*—pale frothy, with odor of cider, attracts flies; deep brown on being boiled with equal quantity of Liquor Potassæ; deep green if boiled with an alkaline solution of Bichromate of Potash. Always present in Diabetes. *Bile:*—dark green hue, stains yellow; is changed to brown by touch of Nitric acid; purple on addition of Sulphuric acid and a little sugar; yellow and turbid when agitated with a few drops of Chloroform. *Phosphorus in excess:*—pale yellow color, fetid odor; earthy phosphates precipitated by heat, or touch of Aqua Ammoniæ, but

readily dissolved by nitric acid. (Alkaloid phosphates, as of soda and ammonia, are not thus precipitated.) *Urea in excess:*—high color, strong urinous odor. *Uric acid in excess:*—high color, clear, throws down a reddish sediment by touch of Hydrochloric acid. *Red sediment* indicates uric acid if crystalline, otherwise urate of ammonia. *White sediment* denotes phosphates if soluble by heat, otherwise urate of ammonia. *Pink sediment* denotes urate of soda and phosphate of ammonia.

($Z^3$) **Hemorrhage, from the Socket after having a Tooth Extracted,** or *from the navel of a new-born infant.*—Apply Plaster of Paris, made into a putty-like paste, it soon hardens, and plugs the break in the vessel.

($A^4$) **Signs of Bright's Disease.**—Momentary deadness or numbness of a finger.

($B^4$) **Salivation of Horses (Slobbering).**—Saltpetre; a tablespoonful every morning for a few days.

($C^4$) **Pimples.**—Young men cured in 5 weeks, by introducing a cold sound (No. 14) into the urethra, every 3 days, for 2 weeks, then once a week. Young women cured by injections of *hot* water daily into the vagina.

($D^4$) **Tenesmus.**—Straining down upon the bowel or bladder. This is greatly ameliorated by a position on the back, with hips upon a pillow.

($E^4$) **Itching—Pruritus—Prairie Itch—Urticaria.**—Instant relief by washing with a solution of Menthol, 2 to 10 grains in 1 ounce of water.

Linseed oil, applied relieves *Pruritus.*

($F^4$) **Epilepsy.**—Cured with peach root tea: adult, 3 or 4 ounces of the infusion daily.

($G^4$) **Bee-Sting.**—Tobacco macerated and applied, gives instant relief of pain and abates the swelling; the same for *discoloration* from bruises. Moistened saleratus, applied to a *Bee-sting*, removes the pain in one minute. Touch a bee-sting with ice, anon the pain is gone.

($H^4$) **Nose Bleed.**—Smell of spirits of camphor, or hold warm fresh ashes up against the nose.

($I^4$) **Consumption.**—"Contract Malaria, this produces an excess of bile, which is death to the *bacillus*, whose ravages in the lungs cause consumption; also rub the chest with ox gall."

($J^4$) **Pneumonia.**—"Antipyrin abates the pain and induces sleep, cuts short the disease. The same in dose of 15 grains for adult, cures any kind of *Headache*, and *neuralgic pain in the head* in ½ an hour."

($K^4$) **Croup.**—Cubebs powdered, (6 ounces in a vessel) place over a fire, and have the patient inhale the fumes, and live.

($L^4$) **Asthma.**—Sometimes arrested in one minute by a teaspoonful of gin.

($M^4$) **Gastric Ulcer.**—"Take Condurango wine, with wine of iron, equal parts mixed, adult, a tablespoonful 6 times a day. Patient ready for duty in 10 days; but better keep up treatment with abated doses for 2 or 3 months."

($N^4$) **Epithelioma.**—"Apply Cocaine, 20 grains, in solution, on cotton. After 30 minutes the mass will fall away by slightest touch; and the parts heal kindly."

($O^4$) **Felon.**—"Apply at as early a stage as possible, cloths saturated with the tincture of Lobelia, and the felon will vanish."

($P^4$) **Neuralgia of Face and Head.**—"Into 2 tablespoonfuls of Cologne, put 2 teaspoonfuls of salt; smell and be well."

($Q^4$) **Sick-Headache.**—"A few drops of the tincture of Chionanthus virginica, timely taken, *prevents sick-headache without fail.* Minute doses (56 B) taken 3 times a day for a week, then twice a day for a week, and lastly once a day for a week, entirely *breaks up the habit of sick-headache;* the same is specific for *Catarrhal Jaundice.*"

(R[4]) "Lying, during sleep at night, with the head lower than the rest of the body, Beautifies the face and figure—Banishes chest pains and lung affections—Arrests consumption in the early stage—Stops Sea-sickness—Prevents Apoplexy in old people—Cures Chronic Headache, and Heart Disease—Greatly relieves Quinsy, Diphtheria and all Throat Affections. The secret of the benefit lies in this, that a larger quantity of oxygenized blood is thus supplied to the affected organs.

"In the morning on rising, the upright position should be resumed gradually. With elderly people the change from the old position must be made gradually, as it takes them longer to accustom themselves to the new position. They should begin by reducing the pillows until in the course of a month the horizontal position is assumed, then about every week elevate the foot posts one inch, until raised twelve inches. Young folks, and those that do a great deal of brain work, require a more sloping position."

# SECTION 70.

## HONEY BEE.

GENERAL INDICATIONS *for Apis.*—Stinging, burning pains—tenderness of the walls of the abdomen—pale, waxy bloat of the skin—ailments worse by heat in general—soreness and burning relieved by cold water applied—desire for milk, which agrees.

MINUTE DOSE.—Section 56, A.

Apis mellifica, in minute doses, is a remedy almost without an equal for Inflammation with serous effusion, in various parts of the body; especially useful for Meningitis with piercing shrieks—Keratitis—Glossitis—Quinsy—Inflammation of the peritoneum, ovary, kidney, bladder, prostate gland with enlargement—Irritation of the bladder—Strangury—Œdema of the glottis—Dropsy, especially after scarlet fever—Bright's disease—Ague (P.M.)—Erythema—Hives—Erysipelas—Scarlet fever.

**Ovarian Tumor.**—(Size of a child's head) cured in 5 weeks, by putting 12 live honey bees in a teacupful of scalding water, and having the patient take a tablespoonful of this tea, 3 times a day. This same tea may be used instead of the trituration, Section 56, A, for all the ailments requiring Apis.

☞ Lilium tigrinum, dose 56, B, is a superior remedy for Ovarian affections—Prolapsus uteri—False pains—Threatened miscarriage—also good for Astigmatism.

## SECTION 71.

### HOP.

OFFICINAL DOSE.—Adult, 1 to 2 ounces of the infusion—Tincture or elixir 1 to 2 drachms—Fluid extract 10 minims—Lupulin 5 to 10 grains. Child, see Section 56, A.

**Vomiting of Pregnancy.**—(Morning sickness)—Drink freely of Hop-tea.

**Pain.**—Apply a bag of Hops *hot;* dry, or wet by being steeped in hot water.

**Baby's Colic.**—Pour a tablespoonful of scalding water on one hop head, sweeten the tea slightly, and give it by the teaspoonful every 10 or 15 minutes.

**Nose Bleed.**—Snuff into the nostrils the dust of hops; nothing better.

**Gathered Breasts.**—Hops, stewed in lard, applied as a poultice.

**Hop Bitters.**—Formula: Buchu leaves 2 ounces; Hops ½ pound; boil in 5 quarts of water, in an iron vessel for half an hour; when lukewarm add essence of Wintergreen 2 ounces, and 1 pint of Alcohol. Dose 1 tablespoonful 3 times a day before eating. Cure *"Dyspepsia—Liver complaint—Rheumatism."*

## SECTION 72.

### HORSE-CHESTNUT.

GENERAL INDICATIONS *for Æsculus hippo.*—Lameness of the loins, back gives out when walking—Dryness and pricking sensation in the anus as from little sticks.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the tincture Æsculin 5 to 30 grains. Child, see Section 56, A.

**Piles.**—Specific. One drop of the tincture of Æsculus hippocast, in a tablespoonful of water, taken before meals, and on retiring to bed at night, will cure almost any case of piles in a week. If the case is complicated with *falling of the bowel*, it will also correct that trouble. The same is excellent for a *lame, weak back*, that gives out when walking or stooping. Carrying a horse-chestnut about the person is said to obviate *giddiness and prevent piles.*

**Gout—Rheumatism—Neuralgia.**—"May be rubbed away in three days with the oil of horse-chestnut."

## SECTION 73.

### HOT AIR.

**The Hot Air Sweat Bath.**—Controls *Pain in general*—(of Rheumatism—Gout—Neuralgia)—*Breaks up a cold at once—Cures Dropsy*, by taking 3 sweats a week—*Cleanses the system of many Impurities.*

A convenient mode of taking the bath is as follows: Into a common tin basin, containing a little water, set a teacup, quarter full of alcohol; place a common wooden bottom chair in the centre of the room, and place the basin slightly under the back part of it; now the patient, undressed, except retaining a girdle if desired, with a woolen blanket over the shoulders and back, (square, shawl fashion, trailing behind), should be seated on the chair with something soft to sit on; and the blanket behind not allowed to remain next to the person, but extended out over the back of the chair, like a tent; the outer edges of the blanket being held out on the stretch by bricks or sad-irons placed on them. The blanket must be pinned at the chin and down front, and a shawl or another blanket should also be pinned apron-like on front. A soft rug should be placed under the bare feet. Have at hand also a basin containing some cold water and a couple of cloths. Now, having everything ready, light a small piece of paper, and lifting the blanket place the blazing paper in the teacup of alcohol and fasten down the blanket. In a few minutes the patient will feel very hot from the burning alcohol, and if there should be any place where the heat is painful, one of the cold wet cloths should be handed in at the front under the blanket, for the patient to take and apply to that part. The patient's head, in the meantime, should be kept wet and cool by an attendant applying the other cloth. Soon sweat

will flow profusely, *with relief of all pain.* After about ten minutes' sweating, blow out the flame of the alcohol and remove the basin, and let the patient, remaining wrapped in the blanket, get into bed and cover up warmly, and thus continue the sweating for a while, and not have the covering changed until the sweating has subsided. This is the most masterly way of procuring a thorough sweat that I have ever seen tried.

☞A French physician, having been bitten by a mad dog, was attacked with *Hydrophobia*, the spasms recurring every five minutes, and, driven to desperation, he determined to terminate his existence by taking a hot steam bath, and thus die by suffocation; but to his great astonishment and joy, when the heat reached 57° Centigrade, all symptoms of rabies disappeared, and never returned. During his professional life afterward, he attended *eighty persons* bitten by rabid dogs and saved all by the hot air bath. A strong, determined resolve not to succumb to it, has dispelled rabies.

## SECTION 74.

### HOT WATER.

**Hot Water Treatment.**—*Quantity:*—1 to 1½ pints at one drinking, begin with smaller amount and gradually increase the quantity, until all rank odor disappears from the urine, then continue with *that* quantity—*Time:*—1 to 2 hours before each meal, and ½ hour before going to bed—*Mode:*—sip (not drink) the hot water; may consume 15 to 20 minutes in taking the draught—*Course:*—6 months, in order to cleanse all the organism. As it makes well people better, may continue as long as you please.

(A) *If at first there should be Diarrhœa*, boil some pepper grains in the water. *If there should be constipation*, boil bran, tied up in a bag, in the water.

(B) At the beginning of treatment, the stools will be foul and black with bile washed down, but after a few months they will become like those of an infant; the urine also will become clear as champagne, free from odor and deposit; perspiration will start freely after drinking each time, giving the skin-pores a bath and making the skin soft, fresh and clear; digestion will be correspondingly improved; all unnatural thirst and dryness of membranes will disappear; *hankering for strong drinks will vanish*, and the system be in splendid working condition. This is the fundamental treatment for all *Chronic Diseases.*

**Hot Fomentation.**—Ready method of preparing it. Take a flannel cloth folded to required thickness and size, *damp*, but not dripping, place this between the folds of a newspaper, lapping it well over the cloth, lay it on a hot stove; in a moment it will be ready for application; may heat it with a hot sad-iron if preferred.

**Headache.**—(Even in Fever and Diphtheria.)—Hot mustard water foot-bath often relieves—A glass of hot water taken every morning before breakfast *prevents sick-headache.*

(C) In case of *injury to the head*, from a blow or fall, apply hot water fomentation.

**Earache.**—Pour a small stream of warm water into the ear. Hold your mouth over the ear and breathe your warm breath into it, as long at a time as you can hold the breath, repeat as often as needful.

**Sore Throat—Quinsy.**—Gargle frequently and freely with hot water in which black pepper grains have been boiled, and apply to the throat flannel cloths wrung out of the same hot water, and cover them with dry ones. Steam received into the mouth and throat from *baked* oats, steeping in hot water, is a charming thing for *Quinsy.*

**Croup—Cold on the Chest.**—Hot fomentation to throat and chest, and hot foot-bath—excellent.

(D) **Dyspepsia—Indigestion—Vomiting.**—There is nothing more immediately effective in the removal of these troubles than moderate draughts of hot water taken before meals. The general complaint will be that it nauseates, but the weakest stomach will take it after a little perseverance, and it will become rather pleasant than otherwise. A glass of ice water is said to arrest digestion for one hour. A drink of hot water will sometimes stop vomiting when cold water would be immediately ejected. Hot water is the best thing to give in case of *vomiting from etherization.*

(D$^2$) **Gastric Catarrh—Stomach-ache after meals—Acidity of Stomach after meals—Engorged liver with Heart trouble—Habitual Constipation.**—Take a goblet of water 110° F., or hotter, every morning before breakfast, *sipping it slowly*, and the same before retiring to bed at night. Persevere for weeks if necessary. This treatment is very beneficial in *Bright's Disease.*

**Colic—Violent pains in Stomach and Bowels.**—Drink hot water by the tumblerful, one after another, a dozen or more if necessary, until the pain is conquered. Never mind if it be rejected by the stomach, persevere unto victory. Hot water should also at the same time be injected into the bowels; for this purpose place patient on the left side, with hips raised and give frequent copious injections; have these retained as long as possible, also apply hot fomentations to the abdomen.

(E) The same treatment for "*Kidney colic*"—(stone lodged)—and "*Gall-stone colic*," aided by hot sitz baths and hot fomentations to seat of pain. *Pains of Dysentery* are greatly relieved by injections of hot water, and the cure promoted thereby.

**Cholera.**—"Rough and ready treatment; successful in 106 cases in succession. First administer an emetic—Ipecac 30 grains and Tartar emetic 2 grains, mixed, in a wineglass of cold water—after the emetic has acted, follow with copious draughts of hot water, say about 8 or 10 quarts, to clear the stomach of poisonous bile. If the vomiting or purging should continue, give dilute sulphuric acid 30 drops in a wineglass of cold water; if needful repeat it. Sulphuric acid has a better effect after the stomach has been cleansed. The patient should be allowed *no solid food* for at least five days."

**Congestion of the Lungs—Pneumonia.**—Apply hot fomentations to the chest—or hot poultices—frequently renewed, and kept covered with dry compresses.

**Enuresis—(Wetting the bed).**—Take a warm bath, and a brisk dry rub off before retiring to bed—Sleep on a hard bed without a pillow—wear in bed a sash tied around the waist with a large *hard knot* behind, to prevent lying on the back.

**Breasts Engorged—"Caked"—Threatening to gather.**—Apply to the breasts flannel cloths, of several fold thick-

ness, wrung out of hot water; and cover them with oil silk, to retain the warmth and moisture; renew as often as required—speedy relief.

**Painful Flow of Menses.**—Take warm hip baths, half hour at a time. The same will often bring on the courses when suppressed. Hot fomentations to the back, low down, will arrest an *overflow of menses.*

**Falling of the Womb.**—Replace by position, see Section 69, H². Remain in bed for several days, and take, per vagina, injections of hot water, hot as the hand can bear—3 pints at a time, twice a day—very satisfactory treatment.

(E) **Lady's Ailments in general.**—(Uterine and vaginal congestion, inflammation and ulceration—Painful menstruation—Leucorrhœa—Sterility.)—Take vaginal injections of hot salt water, 3 pints at a time, twice a day; throwing the injection well up, and making it hotter each day, until as hot as can be borne by the patient's hand; persevere for a month or more if necessary—until well.

**Easy Labor and rapid recovery.**—Administer from the outset and during labor, frequent copious injections of hot water *per rectum.*

**Flooding after Confinement.**—Inject into the womb, 3 pints of hot water, not quite as hot as can be borne by patient's hand; repeat if necessary.

**Lockjaw.**—Apply to the nape of the neck, and along the spine, flannel cloths dipped in hot water just bearable, cover with dry cloths and renew often.

**Convulsions of Children.**—Strip and put the patient into warm water; submerge as entirely as possible, retain in the bath 10 or 15 minutes, and apply at the same time to the head, cloths wrung out of cold water. If patient is an infant, very feeble, exhausted by diarrhœa, do not keep it in bath longer than 2 or 3 minutes, and give as a stimulant, brandy and milk. Copious injections of warm water, containing a few drops of the Spirits of Camphor, should

always be administered, to insure success in the treatment of Convulsions.

(F) **Apparent Death from any cause.**—Pour hot water, not scalding hot, from a height upon the heart region; persevere; cases occurring from convulsions have been restored thus after apparent death of an hour. Cloths dipped in *scalding* hot water and laid over the heart, will start its action, if life is not extinct, Heating the bowl of a spoon hot, and making with it repeated quick taps over the heart, will sometimes excite the heart to action in case of apparent death. The same acts like an electric current, and is sometimes effectual in subduing *Neuralgia*, especially *Sciatica*. Fresh grated horse radish, mixed with vinegar, and applied over the heart has a powerful effect in restoring the heart action. In case of *apparent death from flooding*, place sandbags, very hot, under the back of the head and neck, and constantly renew them; the restorative effect is wonderful.

**Bleeding Wound.**—Pour upon it a light stream of hot water—130° to 140° F.—or apply hot water on sponge—very effectual.

**Piles, inflamed and very painful.**—Sit upon a chamber vessel containing steaming hot water.

**Prostate gland, inflamed and enlarged.**—Constant application of hot fomentations to the perineum, with hot water injections into the rectum, gives great relief.

(G) **Pain in general—(Neuralgia—Rheumatism—Stiff neck—Pain from an injury, sprain, strain, wound).**—Apply a flannel cloth wrung out of hot water, cover this with a dry towel, and over it pass slowly and lightly a hot sad-iron; constantly moving it, as the patient winces from the heat; this controls the pain.

**Sprain.**—Place the part in hot water, or apply hot water, as hot as can be borne until the pain and swelling subside, then apply hot fomentations containing tincture of Arnica or Hypericum, or Pond's Extract of Witch Hazel; cover

with raw cotton, and bandage over all. Application of electricity has acted well for sprains.

**Burn and scald.**—Continuous application of tepid water —90° to 100° F. Very good.

**Congelation—Frozen Condition.**—The old idea of slow heat is exploded. Put the frozen person at once into hot water, and rub the body and limbs all over briskly. This is the safest and surest mode of treatment, as proven by experiment with dogs. Give Rhus tox, doses 56, B.

**Local Sweat—(Sweating hands, feet, arm-pits, genitals).**—Bathe the part with hot water, hot as can be borne, until red and tingling, several times a day.

**Ague.**—Even chronic cases cured at once. After the Chill, and during the heat *before* it reaches its height, get into the bath tub, in *luke-warm* water, submerged to the chin, keeping the while a cold cloth on the head; when the fever goes off, get out of the bath, wipe dry and dress—no more ague.

**Gout.**—Cure in 3 days. Take a tumblerful of tepid water, every 20 minutes for 3 hours after breakfast each day. Victory sure. A tumblerful of hot water taken in the mornings keeps gout away.

**Ingrowing toe-nail.**—Immerse the part as often and as long a time as convenient, in warm water; during several weeks; by this treatment the pain and inflammation gradually subside, and the nail resumes its natural growth.

## SECTION 75.

### ICE.

**Quinsy.**—Apply to the throat a bladder containing pounded ice. The same is excellent for quinsy of horses.

(A) **Sick Stomach (nausea, vomiting).**—Eat crushed ice. Drink iced champagne. The same is often serviceable in *vomiting of pregnancy*. *Vomiting in Typhoid fever* may be promptly arrested by application of Ice to the lower part of the spine.

**Cramp in stomach and bowels.**—Removed by application of Ice to the spine opposite to the seat of pain.

(B) **Menses scanty or suppressed.**—Place India-rubber bags containing crushed ice to the back, low down, for half an hour at a time, repeat as often as required. The same by daily applications one or two hours at a time restores the *Falling womb* to its place, and cures *Leucorrhœa*.

**Shrunken breasts.**—Apply Ice to the back in rubber bags, opposite to the breasts, two hours at a time twice a day, for several weeks. If one only is shrunken, apply the Ice to the side of the back opposite *that* breast. Hot-water bags applied in the same way will *diminish the size of the breasts*.

**Local Anæsthesia — Insensibility to pain.** — Mix pounded ice or snow with salt in equal parts, and apply the mixture enveloped in a soft cloth to the part to be operated upon, as a felon or abscess; when the part becomes numb, cut and there will be no pain.

**Opium poisoning.**—Profound stupor. "We inserted one or two pints of Ice reduced to small pieces into the rectum, also applied Ice in gum bags, or wrapped in flannel to the spine along the back of the neck, and in the arm-pits. Restoration was effected in ten minutes."

**Sudden Sinking, from Hemorrhage.**—Apply Ice to the spine, and hot sand bags under the back of the head.

**Strangury.**—Impossible to pass water. Plug the rectum with Ice in small pieces; in twenty minutes urine will drop, then a stream flow. A few inhalations of Chloroform will start the flow; so will sitting upon a chamber vessel containing chopped onions, steeping in hot water.

**Spasms of Children.**—Apply Ice to the back of the neck, near the base of the brain. Never apply Ice directly to the head; it is not safe.

**Cold feet.**—Chronic condition. Apply Ice in rubber bag, to the back, low down, an hour at a time, once a day, for a week. Permanent cure.

**Ice preserved in the Sick room.**— Tie a piece of flannel, the coarser the better, loosely over the top of a tumbler, so that it may *bag down* like a funnel into the tumber, not quite touching the bottom; into this put the Ice, and cover it with flannel; when needing to be renewed pour out the drippings. Ice will keep thus for hours, in the hottest weather.

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# SECTION 76.

## INDIGO.

GENERAL INDICATIONS.—Gloominess with weeping—rising flushes—deceptive sensations—pains relieved by rubbing.

MINUTE DOSE.—See Section 56, A.

ORDINARY DOSE.—Adult, 20 to 60 grains. Child, see Section 56, A.

Indigo, in minute doses, cures Epilepsy—Worm spasms—Hypochondriasis, especially of young people—Melancholy—Deep mental gloom, spending whole nights in tears—Prolapsus ani, specific.

# SECTION 77.

## IODINE.

GENERAL INDICATIONS.—Emaciation with good appetite—constant desire to change position—feeling too weary to talk—ailments worse by walking or riding—better by warmth and after eating—craving for food, must eat every few hours.

MINUTE DOSE.—Section 56, B. Iodoform Section 56, C–D

OFFICINAL DOSE.—Adult, 10 or 20 drops of the tincture —Compound tincture 10 to 30 drops—Iodoform pills 1 to 3 grains. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Iodoform, ethereal solution, 4 grains daily. Used especially in the treatment of Syphilis.

☞ "In calomel you have the remedy for Syphilis; inject 1½ grains suspended in mucilage into the gluteal region every 3 days; four applications effect the cure."

(A) Iodine, in minute doses, is a leading remedy for Membranous croup—Spasm of the glottis—Womb cancer—Cancerous affections in general—Corrosive, bloody leucorrhœa—Chronic jaundice, brown—Emaciation with a good appetite—Ague with jaundice—Induration of Glands—Typhoid Fever with ulceration of the intestines—Pneumonia, cuts it short; greatest remedy for preventing the formation of pus.

(B) "Iodia, adult, 1 drachm 3 times a day, is almost specific for *Scrofula* and *Skin disease, even syphilitic*—a great remedy also for *Ailments peculiar to Ladies*—Cures *Leucorrhœa of little girls.*"

(C) Iodine, also Bromine, taken by inhalation, cures *Bronchitis, acute and chronic—Hay Asthma—Catarrh of the air*

*passages*—and *True croup.* A convenient way to administer them is to put into a drachm vial, half full of pure water, four or five drops of the tincture of Iodine or Bromine, a part only of which will be dissolved, whilst the rest will fall to the bottom, and be taken up, as fast as that already in solution passes off by its excessive volatility. Thus the solution may be kept of uniform strength from 24 to 36 hours. For administration, the vial is to be held with the uncorked end in the mouth, so that the vapor will be inhaled through the mouth. The first few inhalations will cause some resistance on the part of children, but by having them take two or three, and then waiting a minute, this is easily overcome. Most little patients will take it while sleeping. In *croup* give it every 2 or 3 hours, during an interval of about 30 inhalations, or until it causes severe coughing and vomiting.

Either Iodine or Bromine may be used, whichever seems best. In *Chronic Bronchitis* and *Chronic Catarrh of the air passages*, inhale it 5 minutes at a time, 4 or 5 times a day.

(D) Tincture of Iodine applied, heals *Ulcers in the mouth and throat—Cures diseased gums—Removes tartar from the teeth*—Applied around the eye, *cures Photophobia*—A woolen cloth sprinkled on one side with the same, and worn as a collar, with the saturated side next to the skin, is useful in *Bronchocele.*

(E) Tincture of Iodine, by injection into the part (1 oz.) cured *Hydrarthrosis.* By injection into the part (1 to 4 drachms) cured *Hydrocele.* Three thicknesses of thread saturated with Iodine tincture, and drawn through the part as a seton, also cured *Hydrocele.*

(F) Iodine solution, 1 ounce to the pint of water, kept constantly applied, dissipates the swelling or *enlargement of Glands*—Cures *Orchitis.*

(G) Iodoform lotion, 1 part to 15 water, constantly applied, removes abnormal *mammary growths—Breast lumps*—Cures *House Maid's knee—Purulent Ophthalmia of infants.*

(H) Iodoform 1 part, with Collodion 15 parts, mixed and applied night and morning, removes *Pleurisy pains* and *chest pains of consumption.*

(I) Iodoform ointment is excellent for *Onychia—Bronchocele—Enlargement of the Prostate Gland.*

(J) Iodoform powder, being the safest and best of all antiseptics, is the standard dressing for *external ulcerations in general.* ☞Iodol has been found to be an admirable substitute for Iodoform, *having none of the odor* or poisonous properties of the latter.

(K) Iodoform on cotton pledgets, inserted into the nose very loosely, in one nostril one night, and into the other the next, thus alternating nightly, is said to cure *Chronic nasal catarrh—Ozæna.* For masking the odor of Iodoform, the oleate of zinc dry, (made by double decomposition) is the desideratum par excellence. Its addition in quantity required is admissible both in the form of ointment and powder. The oil of Wintergreen, also the oil of Peppermint, conceals the odor of Iodoform.

**Goitre.**—With camel-hair brush paint the tumor with tincture of iodine, of such strength as to make the skin dark orange color; do this in the evening, and in the morning wash it off with aqua ammoniæ diluted. If the Iodine be applied too strong it will fail, not otherwise. If the goitre contains fluid, let it out by trocar, and inject a solution of Iodine and water, equal parts. If it originates from the heart, is vascular, eyes project—take Belladonna, Section 56, dose B, C or D. "Iodia 1 drachm, 3 times a day to an adult, always cures Goitre."

**Hiccough.**—Iodine tincture, 3 drops in water, every ½ hour for 3 times, sure to stop it.

**Asthma.**—"Paint to a blister the front of the neck, from ear to ear, and from jawbone to collar bone, with tincture of Iodine. This masters the most desperate cases. Try the same for *croup.*"

For relief of Asthma, bathe chest and throat, 3 times a day with liniment made of oil of Stillingia 4 drachms; oil of Cajeput 2 drachms; oil of Lobelia 1 drachm; and Alcohol 1 ounce. Mixed.

(L) "The grand specific" for Asthma, is silphium laciniatum. Adult, 15 to 20 drop doses. The same cured a *consumptive patient*, adult, raising 3 pints a day of frothy, watery matter. Dose, 5 drops every 3 hours.

**Vomiting** (from any cause).—Compound tincture of Iodine, 5 drops in a teaspoonful of water, repeat in 20 minutes if necessary.

**Flooding after Labor**—"Inject Iodine tincture, diluted one-half with water, or even without dilution, from 2 to 6 ounces; it will do no injury even if it enters the womb; it never fails to control the hemorrhage."

**Erysipelas of the Scalp.**—Paint it with tincture of Iodine.

**Sty—Incipient Carbuncle or Boil.**—Paint it with tincture of Iodine, and thus abort it. To *abort a sty or boil*, anoint it frequently with a mixture of Glycerine 2 drachms; Rose water 2 drachms; and Carbolic acid 15 drops. Or use Pond's extract as a lotion.

**Smallpox pustules kept off of the face.**—Paint the inside of the thighs with Iodine tincture, at the outset of the disease, and all the pustules will form on the parts painted; none on the face.

**Orchitis.**—Iodoform ointment (2 grains of Iodoform to 30 grains simple ointment) relieves the pain in an hour. Saturating the scrotum with coal oil stops the pain in 5 minutes.

**Strychnine Poisoning.**—"Unfailing antidote"—Iodine tincture 30 drops in a tablespoonful of whiskey. Almost immediately the spasms cease, and directly that "awful feeling" disappears from the head.

**Rattlesnake Bite.**—"Specific"—Iodine tincture, adult 6 drops; repeat in 3 hours if necessary.

# SECTION 78.

## IPECACUANHA.

GENERAL INDICATIONS.—Persistent nausea—aversion to all food—discharges of blood—rattling respiration—pipes clogged with phlegm—worse by lying down.

MINUTE DOSE.—Section 56, A–B–C.

OFFICINAL DOSE.—Adult, $\frac{1}{20}$ to $\frac{1}{10}$ grain of the powder—Wine 10 to 30 minims—Syrup 5 to 60 minims. Emetic 20 to 30 grains. Child, see Section 56, A.

Ipecacuanha in Minute doses, stands in the front rank of remedies for Catarrh of the Chest, with pipes choked with phlegm. Asthma with smothering tightness of the Chest. Cerebro-spinal meningitis, success in every case. Choroiditis (Bryonia and Gelsemium). Bloody dysentery—Bloody, slimy diarrhœa. Diarrhœa with or without vomiting—Bloody vomit—Bilious vomit—Black vomit—Vomiting or nausea from any cause.

One drop of the wine of Ipecac., taken after each spell of *vomiting, even in pregnancy*, stops it directly.

**Hemorrhage—Flooding—Vomiting or Purging blood.—Spitting blood.**—Ipecac., Adult, 2 grains every 20 minutes: as soon as it produces nausea the bleeding will stop, if not before. One drop of the wine of Ipecac. taken every 5 minutes arrests *Bleeding from the nose*, or *Hemorrhage from the lungs* or other parts, as if by magic.

**Weak, Lingering Labor.**—Ipecac., 2 grains, will spur up labor at once, much better than Ergot, for it relaxes and dilates the *os*, which Ergot does not; at the same time it invigorates and strengthens the expulsive efforts.

**Miscarriage imminent.**—Cannot be obviated—Take Ipecac., 2 grains, to expedite expulsion, and stand guard against hemorrhage.

# SECTION 79.

## IRON.

GENERAL INDICATIONS.—Bloodless pallor, with crimson flushes from the least pain or emotion—passive discharge of blood—sheer exhaustion—ailments worse when sitting, better by gentle motion.

MINUTE DOSE.—See Section 56, A–C.

OFFICINAL DOSE.—Adult, 20 to 40 minims of the Iodide syrup—Perchlorid liquor 5 to 15 drops—Hypophosphite syrup 1 to 2 drachms—Dialysed Iron 10 to 20 drops, 3 times a day. Child, see Sec. 56, A. Tincture of Iron in simple syrup, a dose put into a teaspoonful of the syrup, and taken in a small quantity of sweet milk, has no unpleasant taste.

(A) The Phosphate of Iron (Ferrum phos., dose Sec. 56, A) is the grand specific for *headache*, there is no remedy to be compared with it—It augments the *Appetite*, one can scarcely get enough to eat—*Increases the secretion and flow of milk* in the nursing mother's breasts—Renews the flow of *Suppressed Lochia*—Wards off *Apoplexy*, by taking a dose 3 times a day for months, omitting every third week.

In case of Apoplexy, or *sudden stupor from any cause*, inject a strong decoction of green tea into the bowel, this speedily restores consciousness.

(B) "Iodide of Iron syrup, adult, 20 to 60 drops taken 3 times a day, stands unsurpassed as a remedy for *Wasting Cough—Sequel of Pneumonia—Prolapsus ani—Prolapsus uteri.* For falling of the bowel and womb it is about as near a specific as is possible to find."

**Anæmia—Chlorosis.**—"Specific in all simple cases." Dialysed Iron, 5 to 10 drops, 3 times a day, better taken

with meals, persevere for months. Helonine (dose Sec. 56, A); excellent for the same.

(C) **Heart affections** (with Anæmia).—Dialysed Iron, officinal doses, 3 times a day. The same for *Œdema of the feet* with anæmia.

Pyrophosphate of Iron, syrup or elixir, adult, 1 to 2 drachms, 3 times a day, is an excellent preparation of iron, for all *anæmic conditions;* it does not irritate the stomach, nor constipate the bowels.

**Diphtheria.**—Reported 80 cures in succession, with Sulphate of Iron powder, blown upon the patches, several times a day.

(D) Perchloride of Iron stands in high repute for *diphtheria* and *erysipelas*, taken in officinal doses.

**Chronic Diarrhœa—Bowel Consumption—Lientery.**—Superphosphate of Iron, adult 30 drops after each meal; used with success. (Child, see Sec. 56, A.)

☞ (E) Leptandrin (dose 56, A), taken before meals and on going to bed, cures *Chronic Diarrhœa—Camp Diarrhœa—Chronic Dysentery—Jaundice—Bowel Complaint of Children;* especially if the stools are black.

**Worms.**—Crumble some green vitriol on a stove, not too hot; when it turns white, rub it down to a fine powder; of this give to a child, from 5 to 7 years old, as much as would make the bulk of a small pea, in syrup or molasses, three mornings in succession, then wait three, then give three, until nine doses are given. "Sure shot."

(F) The same, a dose every night, for three weeks, will restore the flow of *suppressed menses.*

**Enuresis—Incontinence of urine** (*wetting the bed*).—Parrish's food, Child, 5 to 7 years old, one teaspoonful twice a day in water; almost specific.

**Erysipelas.**—"Iron is the remedy. Tincture Ferri Chlor., the best form to use; adult 20 to 30 drops, every 3 or 4 hours." Child, see Sec. 56, B.

**Ingrowing toe-nail.**—Having suffered a long time with this affection, I procured some Perchloride of Iron in powder form, and insinuated it as deeply as possible between the free edge of the nail and the ulcerated surface. I felt almost immediately a moderate sensation of pain; after a quarter of an hour, I attempted to walk, and to my great satisfaction I found that I could bear my weight on my foot without the least pain; a thing that I had not done before for many months. One application cured.

**Sweating of the feet.**—Bathe the feet, night and morning, for three days in tar-water, half an hour at a time; then stop the foot baths, and paint the soles once a day with perchloride of iron. In four days the soles will be found hard and dry. Simple and speedy cure.

(G) **Bleeding** (from any accessible part). Apply Persulphate of Iron, dusted on in powder, or upon a plug of lint moistened and rolled in the same. Perchloride of Iron 4 or 5 drops, applied, is sufficient to check the flow from small vessels; and 30 drops applied on cotton or lint will arrest hemorrhage from large arteries.

# SECTION 80.

## JABORANDI.

GENERAL INDICATIONS.—Excessive flow of saliva, tears, sweat, urine and liquid stools.

MINUTE DOSE.—Section 56, B—Pilocarpin, Section 56, A–D.

ORDINARY DOSE.—Adult, 10 to 30 minims of the Fluid Extract—Tincture 2 to 4 drachms—Pilocarpina $\frac{1}{12}$ to $\frac{1}{4}$ grain. Child, see Section 56, A–B.

HYPODERMATIC DOSE.—

Formula: Pilocarpin Nitratis 16 grains; Aquæ destil. 1 ounce; Mix. Adult, 5 to 15 minims; rarely exceed 10 minims; even $\frac{1}{6}$ grain or 5 minims will sometimes induce excessive flow of sweat, saliva and tears, and distinct fall of temperature. NOT SUITABLE TO USE FOR PATIENTS WITH WEAK HEART.

It is employed especially in the treatment of Mumps—Metastasis of Mumps—Swelling of the glands of neck and jaw—Acute Tonsillitis—Bronchorrhœa—Hoarseness—Bronchitis—Pneumonia—Asthmatic paroxysms—Paroxysms of Difficult Breathing, accompanying Emphysema—Cardiac Dropsy—Dropsy of Acute Albuminuria—Uremia with dyspnœa, delirium and coma—Eclampsia—Products of Inflammation—Erysipelas, great success with full doses—Ranula—Ague, a dose at the onset aborts the chill and breaks the paroxysm with sweat—Alopecia, $\frac{1}{40}$ grain into the scalp—Datura poisoning—Hydrophobia, to induce sweat—Itching of Jaundice, immediate relief with $\frac{1}{10}$ grain dose.

(A) Jaborandi or Pilocarpin, used in minute doses, takes a foremost position as a remedy for Flushes at the change of life—Falling of the hair—Salivation—Lachrymation—Diuresis—Watery dejections—Night sweats—Sweating hands and feet—Any local sweating—Excessive general sweat, dangerous. In case of very dangerous profuse perspiration, bathe the patient with a solution of Alcohol 1 pint and Quinia 1 drachm, mixed; use a sponge, bathe a small surface at a time, avoid exposure to draught, repeat this bath every 2 hours until a cure is effected.

(B) In ordinary doses, Jaborandi or Pilocarpin manifests a

powerful control over Inflammation in general—Inflammatory Fever—Mumps and Quinsy, almost specific—Bronchial Catarrh, both acute and chronic—Cold in the head—Coryza—Influenza—Ailments from teething, with dry mouth, brain in danger.

**Croup.**—"Of Fl. Ex. Jaborandi, give child, 5 to 7 years of age, 5 to 10 drops every 10 minutes, until free vomiting ensues; this cures. Or Pilocarpin ½ grain; Wine of Ipecac. 1 ounce; Fluid extract of Eucalyptus 6 drachms: and Syrup of Tolu to make 4 ounces, mix; and to a child two years old give a teaspoonful every ½ hour. This positively masters membranous croup."

**Diphtheria**—"True specific"—Fl. Ex. Jaborandi, 10 drops every hour or two.

**Dropsy about the Heart.**—Jaborandi, in officinal doses, said to cure desperate cases.

**Erysipelas.**—Jaborandi, ordinary dose every hour, reported grand.

**Agalactia—Milk Secretion Scanty or Suppressed.**—"Jaborandi, fluid extract 20 drops, 4 times a day, restores the flow. The same re-establishes the flow of *Suppressed Lochia.*" Calabar bean, 20 grains to 1 ounce of lard or vaseline, applied to the breast, will restore the secretion of milk, when it has been suddenly or temporarily arrested. It must be *carefully washed off* before the child is given the breast.

**Urticaria.**—"Immediate relief from fluid extract of Jaborandi, adult, 1 teaspoonful."

**Hydrophobia.**—It has been suggested that by keeping up free perspiration by the use of Jaborandi, the poison of rabies might be eliminated from the system.

☞ It has been ascertained by experiments that an animal inoculated with the poison of the Viper, will not take hydrophobia, however often bitten by mad dogs or inoculated with the poison of rabies; hence the conclusion that man may be protected in like manner.

# SECTION 81.

## KAVA-KAVA.

MINUTE DOSE.—Piper Methysticum, Section 56, B.

ORDINARY DOSE.—Adult, 20 to 40 drops of the Fluid extract—Tincture ½ to 1 drachm. Child, see Section 56, B.

**Agonizing Pains (tossing, writhing, screaming)—Furious Neuralgia—Excruciating Toothache.**—Put Piper Methysticum, ½ drachm in ½ glass of water; and adult, drink one-fourth of the solution at first draught, then take 2 teaspoonfuls every 10 minutes; sure to conquer.

**Horrible pains when passing urine.**—"Adult, take 8 drops of the fluid extract of Kava-Kava in two tablespoonfuls of water every 3 hours; in extreme cases 25 drops at a dose." ☞ Pareira brava, tincture of the root, adult, frequent drop doses, is said to be the panacea for all *Urinary troubles—Terrible pains when passing urine*, and only possible when on the knees—*Gravel—Cystitis—Catarrh of the bladder.*

The popular remedy for Bladder Affections, complicated with Gravel, Gout or Rheumatism, is Lithiated Hydrangea.

## SECTION 82.

### KEROSENE.

**Sore Throat—Quinsy—Diphtheria.**—"Wrap the throat in raw cotton or flannel, saturated with Kerosene. It gives prompt relief. The same applied to the breast, breaks up a cold on the chest, over night."

**Diphtheritic Croup.**—"Have not lost a case in 15 years' practice. Make an external application of kerosene oil on flannel cloths, keep them thoroughly saturated and constantly applied by compress."

**Felon—Whitlow.**—Place the part affected in a bowl of Kerosene oil, completely covering the felon. The pain will be arrested immediately, repeat the dip every time the pain returns, which will not be often.

**Lice in the head.**—One application of coal oil destroys them; the smell soon passes off. "Crab lice" on the genitals may be destroyed by frequent washings with carbolic soap.

## SECTION 83.

### LARD.

**Fever.**—Anoint the body all over with lard several times a day, this mode of treatment will conduct almost any inflammatory or eruptive fever through its course, successfully to the end. In *Scarlet fever*, rub the body all over twice a day with warm lard, and *no dropsy will supervene* and *no contagious element remain.*

(A) Lard alone, applied by thorough inunction three times a day will cure the *Itch.* The same applied inside the anus, night and morning, will destroy *seat worms.*

**Burns and Scalds.**—Apply flour and lard in equal parts mixed. Nothing better.

(B) The most astonishing thing that I know of in regard to this mixture is its power to bring a *gathering speedily to head*—it excels all poultices that I have ever seen tried.

**Constipation of Infants.**—Anoint the abdomen well with warm lard, or castor oil at bedtime.

**Baby's Colic.**—Anoint the abdomen with hot lard, containing some laudanum.

**Lumbago.**—A plaster 4 by 6 inches of *bacon rind*, fat side in, applied to the part affected gives wonderful relief. The same is excellent for *Sore throat.* A bandage of enameled cloth, or silk oil cloth around the loins, outside a flannel shirt, produces perspiration of the parts, and greatly relieves the pain. Equal parts of Collodium; tincture of Iodine; and Ammonia water; mixed and applied over the parts affected, with camel-hair brush, constitutes an instantaneous remedy for Lumbago.

## SECTION 84.

### LEAD.

GENERAL INDICATIONS *for Plumbum aceticum.*—Seizures of pain in the bowels with retraction of the navel, attended with delirium—relief of pain by rubbing—stools like sheep dung in balls.

MINUTE DOSE.—Section 56, A.

OFFICINAL DOSE.—Adult, acetate 1 to 8 grains—Nitrate ¼ to ½ grain. Child, see Section 56, A.

**Burns and Scalds — Erysipelas—Carbuncle — Eczema.**—Cover the parts with white lead paint, mixed with linseed oil to the consistency of thick cream. The pain of a burn will cease in a few minutes after the application, no discharge will ensue, and no further application be needed, only when the burn is very deep. The same for Erysipelas, renewing the coats occasionally, likewise for Carbuncle and Eczema. Oil of Peppermint, painted upon a burned or scalded surface, will arrest the pain at once, as also the pain of superficial *Neuralgia.*

**Malignant Onychia.**—Cut away the dead part, and cover thickly with Nitrate of Lead powder; in a few days the slough will come off, leaving a sound surface.

**Ingrowing toe-nail.**—Dust the diseased parts with Nitrate of Lead powder, every three days, this will soon effect a cure. Lotion of Sanguinaria tincture, 10 drops to ounce of water, frequently applied, is also said to cure the trouble. To remove a nail with as little pain as possible, cover it with a thin layer of Nitrate of Silver, and then apply a poultice; after 24 hours this will loosen the nail, now continue the caustic and poultice in alternation until the nail can be lifted off.

**Ring-worm.**—Compound Citrine Ointment, one thorough application cures.

**Birth Mark—Nævus.**—Keep it covered with white lead paint, mixed as thick as cream with linseed oil.

Lead water and Laudanum, equal parts mixed, and applied ice cold, has been found very effective in subduing *pain* and *inflammation from an injury*, bruise, sprain, lacerated wound, compound fracture.

# SECTION 85.

## LEDUM.

GENERAL INDICATIONS.—Want of vital warmth—ailments from injuries, *with coldness*—sprained feeling about the joints—pains better when warm in bed.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 1 to 3 drops of the tincture. Child, see Section 56, B.

Ledum palustre, even in minute doses, more or less frequently repeated according to the necessity of the case, cures Lichen—Œdema of the feet—Chronic Gout—Cold Rheumatism of wrists and ankles—Catarrhal Deafness—Irritating and Poisonous effects from bites of mosquitoes and other insects, stings of bees, and pains from splinters and stab wounds (Cicuta)—Intense coldness or Spasms from wounds—Skin poisoning in general.

☞ (A) Rhododendron Chrysanthemum—*General Indications.*—Sprained feeling in the joints—bruised feeling in the testes—spicy odor of the sweat—attacks of pain in spots, thence radiating—ailments worse in cold, damp weather, and before a thunder storm, also by rest; better by gentle motion. (Minute dose, see Sec. 56, B—ordinary dose, Adult 5 to 15 drops of tincture. Child, see Sec. 56, B.) This remedy given in alternation with Ledum, 3 drops of the tincture of each, every 3 hours, cured four cases of **Chronic Rheumatic affections of the joints** (Chronic arthritis) that had withstood all treatment for years; it may take months, but the cure will come. The same for *Chronic gout.* A case of *Hydrocele*, 5 years' standing (from birth), was cured by Rhododendron, minute dose, 4 times a day, and bathing the parts with tincture of the same, diluted with water 1 to 3 parts.

## SECTION 86.

### LEMON.

In order to check a *Diarrhœa*, drink hot lemonade. To arrest *Immoderate flow of Menses*, suck the juice of lemons. To *harden the nipples* before confinement, begin two weeks in advance and anoint them daily with lemon juice. To *stop flooding*, inject the juice of half dozen lemons into the womb.

Lemon juice taken freely cures *Sweating Rheumatism and Scurvy*. To cure *Biliousness*—instead of taking calomel—take the juice of one, two or three lemons, according as the appetite craves, in as much water as will render it pleasant to drink, without sugar, before going to bed; and in the morning, half hour before breakfast, take the juice of one lemon in a goblet of water.

**Cough—Chronic Bronchitis—Consumption.**—Boil one dozen lemons in enough water to cover them, until a straw will pierce through the skin easily, then mash them through a colander, and put them back on the stove, and add one pound of white sugar and two ounces of Gum arabic, and boil twenty minutes. Of this syrup take a tablespoonful as often as you please, until well. The raw lemon juice eaten with sugar, often stops a cough from a cold promptly.

**Chilblain—Frost bite.**—Dilute Citric acid and Peppermint water, in equal parts, mixed; and applied twice a day soon effect a cure.

**Cancer pain.**—Citric acid 1 drachm, in water 8 ounces, mix, and apply the solution with a camel-hair brush; immediate relief. Renew the application as often as needful. Pledgets of lint saturated with the same and applied answer the purpose.

**After-Pains.**—" Citric acid 5 grains, given in 2 ounces of water, every half hour soon arrests after-pains."

**Foul water rendered palatable and innoxious to drink.**—Put into the water a sufficient quantity of Citric acid to give a touch of it to the taste. One part of the acid in two thousand parts of water, will kill all microscopic life in two minutes. Prepare fresh every day. Stagnant water made into lemonade becomes harmless to drink. ☞ *Diarrhœa* caused by drinking bad water, is best controlled by taking the essence of ginger.

## SECTION 87.

### LIFE ROOT.

MINUTE DOSE.—Senecio, Section 56, B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the Fluid Extract of Senecio—Senecin 1 to 5 grains. Child, see Section 56, B.

Senecio gracilis, in ordinary doses, *Regulates the female function*—Cures ailments resulting from *suppressed menses:* such as Nasal and Pharyngeal Catarrh—Bronchitis—Cough—Hemorrhage from the lungs—Consumption—Dropsy—Strangury—Diarrhœa.

It *restores the menstrual flow* in the most natural manner without pain. In desperate cases when it seems as if the secretion would not be established, 20 drops of the tincture may be taken 3 times a day until success attends the treatment. It will induce sound, *refreshing sleep.*

If the *menses come too soon, last too long, or are very painful,* 5 drops of the tincture should be taken 3 times a day, between times, and all will be right.

For *coughs, colds* and *Lung complaints* of either sex, it is one of the most valuable remedies that we possess.

*Consumption in the early stage,* and *Hemorrhage from the lungs,* it is said positively to have cured; banishing in six weeks the dry hacking cough, the hectic flush and night sweats. Dose 5 drops of the tincture before meals and on going to bed. It rarely fails to control *Lung fever* even of consumption. ☞ Yerba santa is the grand popular specific for *Cough,* acute or chronic; also for *Asthma.*

## SECTION 88.

### LIME.

GENERAL INDICATIONS *for Calcarea Carbonica.*—Head sweat in sleep—Cold damp feet—corpulence with paleness—ailments worse from mounting a hill or stairway—attacks at new or full moon—desire for eggs—aversion to meat—milk disagrees.

GENERAL INDICATIONS *for Calcarea phosphorica.*—Skull bones thin, sometimes crackling like paper, under pressure of the finger—tardy dentition—sunken abdomen—desire for salted and smoked meat—ailments worse from exposure to cold or on getting wet.

MINUTE DOSE.—Carbonate and phosphate, Section 56, A.

OFFICINAL DOSE.—Adult, Carbonate precip., 10 to 30 grains—Lime water 1 to 4 ounces, usually taken in milk—Phosphate precip. 5 to 20 grains. Child, see Section 56, A.

(A) Calcarea carb., in minute doses (persevering treatment), has cured or greatly relieved the following ailments: Chronic Hydrocephalus—Scald-head, scalp one mass of scabs—Dandruff, hair dry and harsh—Scrofulous Inflammation of the Eyes—Hard swelling of the glands of the neck and lower jaw—Enlargement and gathering of the glands in any part of the body—Enlarged tonsils (calcarea phosphori)—Ranula—Rickets—Curvature of the spine—Scrofula—Polypus, in the ear, nose, or at the mouth of the womb—Chronic Diarrhœa, chalk-like stools—Sour Diarrhœa, of teething children—Sour vomiting of children, curdled milk—Heart-burn, sour risings—Chronic Catarrh, with extreme sensitiveness to the least cold air, it seems to go right through—Chronic Hoarseness—Emaciation with loose consumptive cough—Marasmus, bowel consumption, baby looks

old and wrinkled—Dregs of scarlet fever, even dropsy—Quinine dyscrasia, deafness—Overflow of Menses—Leucorrhœa, milk white or like white of egg—Offensive foot sweat, soles raw.

(B) Calcarea phosphorica, in minute doses (Section 56, A), or "triturated with sugar equal parts, and taken by adult, 5 grains, 3 times a day;" presents a record unsurpassed by any other remedy for curing *Ulcers of all kinds*, especially scrofulous ulcers, without the aid of any external application. The cures that it has effected in this line, are perfectly astonishing. It also stands foremost as a remedy for Open fontanels—Bone disease—Rickets—Pott's Disease of the spine—Lumbar caries—Hip joint disease—Chronic Rheumatism of the joints—Enlargement of tonsils (Iodide of Lime)—Hawking—Bronchial Catarrh—Consumption "our best hope"—Pimples.

**Chronic ulcers—Old sores on the leg—Sore ulcerated piles.**—(Cases resisting all other treatment for years.)—"Fill a small vessel half full of slaked lime, add enough water to fill the vessel, let it stand four days, and then pour off the pure liquid for use; next take an empty bottle, into which put an ounce or two of Calomel, and add enough of the lime water to make a paste about the consistency of syrup or strained honey. Having cleansed the ulcer or sore, take a camel-hair brush or feather, and cover it several times with this paste, until it is thoroughly coated, and dry. Keep it thus painted from day to day, until well. Do not be afraid of its hurting, it produces no pain. Away with all bandages, let the circulation take care of itself. The cure will be rapid and permanent."

**Pimples.**—"Lime water and rose water, equal parts, mix and apply at night on going to bed; also take a tablespoonful of Lime water in milk, 3 times a day before meals. Cure in 6 weeks."

**Goitre.**—"Egg-shell well cleansed and pulverized, as

much as would lie on the point of a penknife, taken every morning during decrease of moon, for two weeks, cured a goitre of many years' standing."

**Distressing pain in the stomach** (with desire to gulp up wind, frequent sudden attacks, pains extending through to the back; sometimes relieved by eating).—Put Phosphate of Lime 2 grains in half a glass of water, and adult, take 1 teaspoonful every 20 minutes until better, then every hour or two—sure relief. If an *ulcer is suspected*, still this is the remedy.

(C) For *Ulceration in the stomach* or *duodenum*, the two most important remedies are Potassium bichrom., dose 56, A; and Uranium nit., dose 56, A. The former is also recommended for *Lupus non exedens.*

**Piles.**—Equal parts of Lime water and olive oil; applied as often as required.

**Burns and Scalds.**—Lime water and Linseed oil, equal parts, mixed. The best dressing yet devised.

**Open Cancer.**—(Bleeding at the slightest touch.)—"Daily dressed with finely powdered quick-lime; was destroyed in 9 days."

(D) "Elixir Iodo-bromide of Calcium Comp., is an approved remedy for *Cancer* as well as for *Chronic Bronchitis and Consumption.* The same also for obstinate cases of *Leucorrhœa*; cure in six weeks."

**Bite of dogs and other animals.**—Apply slaked lime, paste as thick as mush. Anon it will turn green, then apply fresh, do this as often as it becomes green; when it remains white the poison is all out. I would strongly recommend this for the *bite of a mad dog.*

**Skin poisoning** (with poison vine).—Apply slaked lime, paste as thick as cream, every ½ hour; a few applications will cure the worst cases.

**Arsenic Poisoning.**—Drink Lime water and milk in equal quantities mixed; copious draughts.

(E) **Lime Sweat.**—(Breaks up a Cold at once—Dissipates pain of Gout—Rheumatism and Neuralgia—Averts Inflammation and Congestion—Cures Dropsy, by taking 3 sweats a week—Breaks up a Congestive Chill—Arrests Cerebro-spinal meningitis at the outset.)—Take two lumps of fresh lime, half the size of a man's fist, and wrap each in a moist cloth, and this again with a dry one, doubled several times, and fastened securely; place one on each side of the body of the patient while in bed, soon will come copious sweat, lasting from one to two hours. This sweat effects the cure.

# SECTION 89.

## LITHIA.

GENERAL INDICATIONS *for the Carbonate.*—Feeling of coldness in the chest—shocks at the heart—ailments worse when lying down.

MINUTE DOSE.—Section 56, A.

OFFICINAL DOSE.—Adult, 2 to 5 grains of the Carbonate —Bromide 5 to 20 grains. Child, see Section 56, A.

**Cystitis.**—Carbonate of Lithia, adult 2 to 4 grain doses. "One dose will relieve the most aggravated case in from 20 to 30 minutes." The same affords immediate relief to excruciating *pains of varicosus*, and suffering from *Irritation of the prostate gland* and *urethral canal.* In an exceedingly troublesome case of *Cystitis*, with such *Irritation of the meatus urinarius*, that the urine could not be retained more than half an hour at a time, a cure was speedily effected by introducing into the urethra ¼ grain of Morphia Sulph., followed next day with ⅛ grain. The cure was complete. A case of *Irritable urethra and bladder*, six months' standing, was cured in a few days by external application of veratrum viride tincture, along the course of the urethra. Sub-preputial inunction with Lanoline, medicated with cocaine, works wonders for *Irritable urethra and bladder.*

The Bromide of Lithia, adult 5 grain doses, is an excellent remedy for *Gout* and *Rheumatism of small joints.*

## SECTION 90.

### LOGWOOD.

Logwood possesses the same disinfectant properties as are ascribed to coal-tar, and in a superior degree. If a pomade composed of equal parts of Logwood and Lard be applied to *Fetid Ulcers*, the offensive odor will directly disappear and the pus discharge diminish. It cures *Hospital Gangrene*—Prevents and arrests *Erysipelas following amputation—Entirely removes the foul odor of Cancer.* In cases where there is much *bleeding*, it may be mixed with Perchloride of Iron, or Persulphate of Iron. It may be used as a powder or lotion. The extract is only soluble in *warm* water. In case of *maggots in ulcers* or *bed sores*, strew over them, or blow into them through a quill, some powdered calomel. The effect is instant death to the grub.

# SECTION 91.

## MARIGOLD.

MINUTE DOSE.—Calendula, Section 56, B.

ORDINARY DOSE.—Adult ½ to 1 drachm of the Fluid Extract of Calendula. Child, see Section 56, B.

Calendula tincture, diluted one-half or more with water, applied on cloths, kept constantly saturated with the solution, works wonders as a dressing for *Wounds—Contusions—Crush injuries—Lacerations—Amputations—Gangrenous conditions—Unhealthy or Excessive Suppuration—Sore, ulcerated nipples.*

☞ "Peroxide of Hydrogen, applied in 12th volume solution, on cloths, or pledgets saturated therewith, and when admissible covered with gutta-percha tissue, is an agent of inestimable value for the treatment of Foul and Sloughing Ulcers—Aphthous Ulcerations—Purulent Ophthalmia—Purulent Otorrhœa—Abscesses—Carbuncles. It has a decided effect in diminishing and arresting suppuration and putrefactive fermentation; and is a perfect microbicide, non-irritating, and absolutely harmless."

# SECTION 92.

## MAY-APPLE.

GENERAL INDICATIONS *for Podophyllum.*—Attendant ailments of teething, such as loose stools, mostly white, retching, gagging, rolling the head, gnashing the gums—ailments worse in hot weather, and in the morning.

MINUTE DOSE.—Section 56, A–B–C–D.

OFFICINAL DOSE.—Adult, 10 to 60 drops of the tincture —Podophyllin ¼ to 1 grain (purgative 1 grain, acts in ten hours). To induce the secretion of bile, the *stools being white* as in Jaundice, $\frac{1}{12}$ to $\frac{1}{6}$ grain, 3 times a day. Child, see Section 56, A.

Podophyllum (vegetable calomel) in minute doses is a charming remedy for Brain troubles of teething, with rolling of the head, and moaning in sleep—Jaundice of Children, with stupor and white stools—Diarrhœa, mostly worse in the morning—Falling of the bowel, with loose stools—Duodenitis—Incontinence of Urine. The same restores the secretion of urine and saves the need of the catheter, when there is inability to urinate.

Podophyllum parvules, adult 2 at a time, taken 3 times a day, cures *Habitual Constipation*, puts the liver in order, and cures *Liver Complaint* and wards off *Gout.* Since learning the value of Magnesia phosphorica (dose, Section 56, A), I have no difficulty in managing the Brain troubles of teething; it is notably indicated by glairy green stools. Chelidonia (dose, Section 56, B), is an excellent remedy for *Congestion of the liver—Jaundice* of Children.

## SECTION 93.

### MELILOTUS.

MINUTE DOSE.—Section 56, B.

**Convulsions—Spasms of all Kinds—Epilepsy.**—The one grand master remedy is Melilotus. Adult 1 drop of the tincture every 5 minutes during an attack, and 5 drops, 5 times a day, for weeks if necessary, to prevent recurrence. Child's dose, see Section 56, B. The Melilotus is said to cure *Congestive Headache* in 5 minutes, and arrest *nose bleed* in 1 minute.

## SECTION 94.

### MILK.

When *milk disagrees* with the stomach, treat it thus: Into one pint, put a glass of water, a teaspoonful of sugar, and half teaspoonful of salt; and if necessary, beside a tablespoonful of lime water.

When *milk sours on the stomach* of infants reared by bottle, add a little chalk to the milk when boiling it.

**Exhaustion of body and mind.**—Take a glass of hot milk. The milk is more invigorating than any alcoholic stimulant.

(A) **Consumption.**—Take hot milk, adult 4 to 8 glasses daily. This increases the weight and strength of the patient, and lessens the cough and diarrhœa. The same cures *Dysentery and Diarrhœa.*

**Night Sweat.**—A wineglassful of skim-milk, taken on retiring to bed, is said to prevent night sweat. "A pinch of German Chamomile flowers, stirred in a cup of boiling water, and taken at bedtime, will cure night sweat in a week: it never leaves you in the lurch."

(B) Skim-milk freely taken is a valuable remedy for *Dropsy of old people.* Drinking frequently of buttermilk, in old age, *prolongs life*, by preventing incrustations on the valves of the heart, and ossification of the arteries. The same cures *Cystitis* and checks *Consumption.*

**Diabetes.**—Take skim-milk, adult 8 or 10 pints daily, no other food. In two weeks the sugar will have disappeared from the urine. In seven weeks the disease will be cured.

Lactic acid, ten per cent. solution in alcohol, 5 drops, morning and evening; cured promptly and permanently a boy 16 years old, who had had *Diabetes Mellitus* for six months.

**Bright's Disease.**—An exclusive diet of skim-milk persevered in for two or three months, is said to cure.

**Epilepsy.**—A case reported cured in three months by an exclusive milk diet.

(C) **Koumis** (excellent in all diseases of the throat—consumption—nervous exhaustion—exhaustion from surgical operations—convalescence from fevers—nervousness—dyspepsia—hip and spine diseases—debility from chronic discharges—typhoid fever—scarlet fever—diphtheria).—Made thus: into a quart of new milk, put ½ pint of fresh buttermilk, or a teaspoonful of yeast, and 3 lumps of loaf sugar (inch cubes), mix well, and see that the sugar becomes dissolved; put it in a warm place to stand 10 hours, when it will be thick, now pour it from one vessel to another until it becomes smooth and uniform in consistency, then bottle it, and keep in a warm place 24 hours, it may require 36 hours in winter. The bottles should be tightly corked, and corks tied down. Shake it well 5 minutes before decanting it from the bottle.

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# SECTION 95.

## MISTLETOE.

MINUTE DOSE.—Viscum album, Section 56, B.

ORDINARY DOSE.—Adult ½ to 1 drachm of the tincture of Viscum. Child, see Section 56, B.

Viscum album, even in minute doses, stands as a prince among *pain-subduing* medicines, especially paroxysms of *tearing and rending* pains, rheumatic and neuralgic.—Excellent remedy for *Ladies' ailments*—A master remedy for *Sciatica—Catarrhal Deafness—Whooping cough*, cure in one week.

## SECTION 96.

### MOUNTAIN LAUREL.

GENERAL INDICATIONS *for Kalmia.*—Heart affections following rheumatism (scutellaria)—Slow, weak pulse —oppression of breathing—ailments worse when dropping off to sleep.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult 10 to 20 drops of the Fluid Extract of Kalmia—Tincture 10 to 30 drops. Child, see Section 56, B.

The Tincture of Kalmia latifolia (adult drop doses) is a supereminent remedy for *Albuminuria;* said to cure twenty-five per cent. of all uncomplicated cases—*Neuralgia* in any part of the body—*Rheumatism,* especially when it invades the heart; the best heart guard in such cases—*Pain in the back,* extending up into the head—*Headache,* coming and going with the rising and setting of the sun—*Influenza,* watery eyes, sore throat, pain in the bones. "If you would like to have a hobby for *all kinds of aches and pains,* something to fly to on all occasions, for all varieties of neuralgia, even toothache, all rheumatic ailments, and even gout, all pains from strains and colds affecting the muscles; something to make you a reputation; behold here it is! Into a clean 4 ounce bottle, put ½ drachm of the tincture of Kalmia latifolia, and ½ drachm of the tincture of Gelsemium, and fill up the bottle with water and shake it well; for an adult order 1 teaspoonful of the mixture every ten, twenty or thirty minutes, until better, then every one, two or three hours until well."

# SECTION 97.

## MULLEIN.

GENERAL INDICATIONS *for Verbascum.*—Stitches in the brain—stitches about the heart—trumpet-like cough—ailments worse while sitting.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult 1 to 2 drachms of the tincture of Verbascum. Child, see Section 56, B.

**Consumption.**—"Boil a pound of Mullein root in 2 quarts of water, until reduced to one quart; adult take half a wine-glassful four times a day. It is better taken in boiled milk, and will be found soothing and cordial, and really relished by most persons. Taken in the early stages of consumption it increases the weight of the patient, and is said to be curative in a greater degree than any other agent, not excepting cod-liver oil. Even in the later stages of phthisis it relieves the cough and prevents diarrhœa. This Mullein root tea is considered by some as a specific for what is called *Winter Cough.*"

**Piles.**—Put some live coals in a chamber vessel, and upon them place a handful of crisp, dry Mullein leaves (dried in the oven of a stove), and upon these sprinkle some finely pulverized rosin, and sit upon the vessel for 5 or 10 minutes; do this once or twice a day, and a cure will soon be effected.

## SECTION 98.

### MUSTARD.

**Congestive Headache.**—Induce nose bleed by inserting a small roll of mustard paper into the nostril, and leaving it in situ for a few minutes; when the nose bleeds, the headache will vanish. Mustard water foot-bath, hot as can be borne, will directly relieve *Headache of fever or diphtheria.*

**Relaxed throat—palate down.**—Gargle with mustard seed tea. The same cures *cough caused by elongated uvula.*

**Cough**—(Long standing in paroxysms, dry, barking).—A case cured with the tincture of mustard seed, drop doses 4 times a day. Mustard to the breast will cure almost any ordinary cough; it should be mixed with flour and vinegar, so as not to blister.

A piece of rye bread, saturated with vinegar, and sprinkled with mustard flour, applied to the throat, gives immediate relief in many cases of *sore throat and Quinsy.*

A mustard plaster applied to the stomach region often arrests *nausea* and *vomiting.*

## SECTION 99.

### MYRRH.

OFFICINAL DOSE.—Adult, ½ to 1 drachm of the tincture —Gargle and mouth wash ½ drachm in 1 ounce of water. Child, see Section 56, B.

**Sore mouth—Diseased gums.**—Into a 4 ounce bottle, put 3 drachms of the tincture of myrrh, and fill the bottle with water, gargle the mouth therewith 5 times a day, holding it in the mouth a good while each time, also swallow a little. This treatment has never failed me yet in a single instance, even in cases of years' standing. The same for *ulcerated sore throat.*

# SECTION 100.

## NETTLE.

GENERAL INDICATIONS *for Urtica Urens.*—Itching blotches upon the skin, hives—tickling in the anus as from seat worms—scanty secretion of milk.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 5 to 10 drops of the tincture. Child, see Section 56, B.

**Hives—Nettle rash.**—Urtica urens tincture, adult, drop doses every hour, specific. Into ½ ounce of pure alcohol put 1 drop of croton oil, shake well together, adult take 5 to 10 drops of the solution every 2 hours—unfailing. Chloral, 1 grain doses, for adult soon cures hives.

**Sciatica.**—A chronic case reported cured by application of Nettles boiled and put on the seat of pain as a poultice, 3 times a day; the part being bathed each time before the application of the poultice, with hot whiskey.

**Seat worms.**—(pin worms.)—Urtica urens, 3 drops of the tincture on sugar at bedtime; three doses are generally enough to cure.

## SECTION 101.

### NITRO-GLYCERINE.

GENERAL INDICATIONS *for Glonoine.*—Shocks in the brain—purring sound at the heart—throbbing in the blood vessels—ailments worse from the least motion or jar—better during the night.

ORDINARY DOSE.—Adult, 1 drop only, of a one per cent. solution in alcohol. Child, see Section 56, B.

Nitro-Glycerine is a better *stimulant for the heart* than brandy; its action more prompt, and generally more satisfactory in *shock* resulting from accident; it is highly useful for *Nausea and fainting*, following surgical operation—*Failure of Heart action* due to inhalation of Chloroform—*Opium poisoning*—*Asthma*—*Hysterical Aphonia*—*Collapse* of typhoid and other fevers.

One or two drops of a one per cent. solution of nitro-glycerine, is said to be equivalent to 1 ounce or more of brandy, and it has the advantage of being tasteless and odorless, and of acting instantaneously, besides obviating the craving for alcoholic stimulants.

(A) **Sunstroke.**—The grand specific is Glonoine, in minute doses every 20 minutes. The same for *Vertigo*—*Angina pectoris*—*Neuralgia.* "I never yet found a case of neuralgia, *neuralgic headache*, *hiccough*, *toothache* or any *spasmodic affection* that Glonoine in ordinary doses failed to relieve."

(B) **Sick Headache**—(nervous or congestive).—Lie down and take a dose of Glonoine every 20 minutes; a few doses will stop the pain, do this every time the attacks come and they will soon quit coming. A single dose will sometimes cure *Ague* or arrest *Asthma.*

Epiphegus Virginiana is now claimed to be the absolute

specific for *sick headache.* Those who are subject to it have but to take a minute dose (Section 56, B) every 20 minutes; starting to take it as soon as the first symptoms manifest themselves; about 3 doses usually stops it, and by and by it will quit coming.

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## SECTION 102.

### NUTMEG.

GENERAL INDICATIONS *for Nux Moschata.*—Drowsiness—faintness—ailments attended with fainting—dryness of the mouth and throat on waking—feeling worse after eating or drinking—better in-doors, warm.

MINUTE DOSE.—Section 56, A–B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the tincture. Child, see Section 56, B.

**Hysteria—Fainting.**—Nux moschata, minute doses, or nutmeg tea a tablespoonful before meals.

(A) The same for *Diarrhœa with fainting—Indigestion with drowsiness,* and much flatulent distention of the stomach. To break a *fit of Hysteria,* dash cold water in the patient's face by cupfuls, one after another, until the end is accomplished; or press a lump of ice to the nape of the neck.

**Hemorrhage from the lungs** ("raising blood"—spitting blood).—Grate a nutmeg into half a glass of water, and adult, take it at once, repeat the dose in half an hour if necessary.

# SECTION 103.

## NUX VOMICA.

GENERAL INDICATIONS.—Irritable state of mind, with desire to be alone, in the dark, quiet and undisturbed ailments worse early in the morning, and especially from thinking or studying—numbness in the parts affected—constant urging for a passage, often ineffectual—desire for fat food and stimulants—aversion to tobacco.

MINUTE DOSE.—See Section 56, B–C–D.

OFFICINAL DOSE.—Adult, 5 to 20 drops of the tincture. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Formula.—Strychniæ sulphatis 1 grain; Acid carbolic 1 grain; Aquæ 1 ounce, mix. Adult 5 to 10 minims or $\frac{1}{96}$ to $\frac{1}{48}$ grain; and in rare cases up to $\frac{1}{25}$ grain, or even $\frac{1}{10}$ grain—(overdose produces rigid spasm and profuse sweat).

Used especially in the treatment of diseases having their seat in the spinal cord, after acute symptoms have subsided. Local spasm, not recent, decided benefit—Facial Paralysis, complete success. Chronic Hemiplegia and Paraplegia—Progressive muscular atrophy. Of no use in case of contraction of the palsied limbs, or paralysis from softening or tumor in the spinal cord—Infantile paralysis, exceedingly valuable—Wrist-drop, paralysis from lead—Wrist cramp—Paralysis of the bladder, with dribbling of urine—Paralysis of the sphincter ani—Prolapsus Ani—Chronic Neuralgia—Gastralgia, no remedy equal to it, $\frac{1}{20}$ to $\frac{1}{60}$ grain doses—Ileus—Amaurosis paralytic—Amblyopia; functional paralysis of the retina as after diphtheria. In alcohol and tobacco amaurosis, no good may be expected if none manifested after four daily injections.

Chloral hydrate and strychnia mutually antidote each other, and respectively save life in case of a fatal dose of either—$\frac{1}{96}$ grain of Strychnia is equivalent to 15 grains of chloral. In case of poisoning in man, 30 grains of Chloral subcutaneously given was sufficient to allay the spasm and avert death from 4 grains of Strychnia. Recovery from narcotic poisoning is much quicker when the patient is kept as warm as possible, especially in warm bath. Heat increases the action of the heart. In Chloral poisoning it is best to begin with $\frac{1}{60}$ grain of Strychnia, and give in each succeeding dose $\frac{1}{120}$ grain, every ½ hour, until the maximum is approached.

(A) Nux vomica in minute doses, is our most reliable remedy for Photophobia—Morning Headache—Frontal Catarrhal Headache—Clavus—Headache from Constipation—Constipation, with frequent ineffectual urging to stool, or with piles—Prolapsus ani—Prolapsus uteri—Debility, especially in hot weather—Dyspepsia—Hypochondriasis—Sufferings from dissipation—Acute Alcoholism. Delirium Tremens. "Strychnia in large doses, in part hypodermatic, has come to be considered a specific for delirium tremens. It may be necessary in some obstinate cases to give 1⅔ grains in the course of 24 hours, in order to control the affection; when the patient will fall into a refreshing sleep, without the slightest sign of poisoning."

(B) **Gastralgia—Pain in the stomach—Sufferings from Indigestion.**—Take Nux vomica, in minute doses, every quarter hour during attacks, and before meals to prevent them. Cocculus indicus, adult, drop doses of the tincture, taken every ¼ hour, is a reliable remedy for *Colic*, coming on during or soon after meals; also for *menstrual colic*. "For *pain in the stomach after eating*, occurring usually from a quarter of an hour to an hour after meals; (a condition that may continue for months and even years.) Bismuth is a good remedy; but there is a medicine that does not constipate and is therefore better; and that is purified Oxide of Manganese. This remedy taken by adults in 10 grain doses, 3 times a day before meals, is sure to give relief. It must be continued for months if necessary, until it cures. The same is excellent for *Heartburn* and *Water-brash*. For *Distressful feeling like a lump, or something hard, lodged in the stomach or chest*, that cannot be removed; the true prescription is Tincture of Abies Nigra 1 drachm; Pepsin pure ½ drachm; Glycerine ½ ounce; and Water 4 ounces; mixed; adult, take a teaspoonful immediately before meals, and in obstinate cases, repeat the dose directly after meals. Viburnum compound is a sure thing for *colic*—magnificent

for *Baby's colic*, soothes like a charm, and there is nothing safer to use."

**Premature Cessation of Labor Pains.**—Nux vomica, minute dose (Sec. 56, A), will renew the pains in 10 minutes. If there should be *no pains to expel the after-birth*, the same will induce them directly. Tedious and distressing labor may be obviated by teaspoonful doses of the Fluid Extract of Ustilago, taken every ½ hour, until the pains become vigorous and effective.

**False Labor Pains.**—Take a hot sitz bath, remain in until profuse sweat is induced and pains gone, then wrap in blankets and get into bed, and sleep. Gelsemium tincture, drop doses, after each pain arrests false labor.

# SECTION 104.

## OATS.

ORDINARY DOSE.—Adult, 1 or 2 teaspoonfuls of Con. Tinc. Avena Sativa, 3 or 4 times a day, in hot water to insure speedy action; in cold water on going to bed. Child, see Section 56, B. If the dose should prove too strong, causing pain at the base of the brain, a cup of coffee will relieve.

Avena, in doses of 5 to 10 drops for adults, taken before meals, affords wonderful relief in Brain Fag, and Nervous Debility. In the usual dose it has been found very efficacious in the treatment of Chronic Insanity—Sleeplessness—Epilepsy—Hysteria—St. Vitus' Dance—Coldness of the extremities—Shaking palsy—Paralysis.

(A) "Hyoscin is gaining ground as a hypnotic in the treatment of *Insomnia*, of mania, of delirium tremens, of morphia habit, and in stubborn cases not ascribable to any particular cause. An excellent formula is: Hydrobromate of Hyoscin 1 grain; Aqua destil. 9 drachms; alcohol 1 drachm; mix. Adult, 5 drop doses. It should produce sleep in about 20 minutes under favorable circumstances. The same, a dose every night, is one of the most efficient remedies we have for the *Severe pains of Locomotor Ataxia*."

## SECTION 105.

### OLIVE OIL.

OFFICINAL DOSE.—Adult, 1 to 2 drachms.

**Ailments of Infancy.**—(*Convulsions—Marasmus—Bronchitis — Catarrh — Pneumonia — Diarrhœa — Constipation — Enlargement of the Liver.*)—"All these affections may be cured by anointing the Child all over 4 to 12 times a day, according to the urgency of the case, with hot Olive oil."

**Mote in the Eye.**—Introduce into the eye a little sweet oil, or white of egg, or cream. A drop of Glycerine in the eye takes out a cinder nicely. Vinegar diluted one-half with water, poured into the eye directly abates the pain from *lime in the eye.* A loop of horse hair is a handy thing wherewith to remove a mote from the eye.

**Earache.**—Wrap a little black pepper in cotton, saturate it with sweet oil, and insert it in the ear—instant relief.

**Diarrhœa Adiposa**—(Fat in the Stools).—Adult cured by taking olive oil. One pint at a time, once a day.

**Gall Stone colic**—(lodgment of gall stone).—Adult take 1 grain of Podophyllum, and after 6 hours take 3 ounces of olive oil; and during the period until the bowels are moved, take at short intervals Chloroform by inhalation to subdue the pain.

**Poisoning.**—Give sweet oil freely. The one only exception to this treatment obtains in the case of phosphorous poisoning; in that case use milk and sugar, and *no* oil or grease of any kind.

## SECTION 106.

### ONION.

GENERAL INDICATIONS *for Allium Cepa.*—Flowing eyes and nose—constant sneezing—tearing and splitting cough—worse in a warm room, better out doors.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, ½ drachm of the expressed juice—Syrup 1 drachm. Child, see Section 56, B.

To prevent *Lockjaw* from a wound, apply an onion poultice made with Indian meal to the seat of injury, or apply raw onion pounded and mixed with salt. For *Earache* apply onion poultice hot. For *Ague* bind to the feet and wrists for several days raw onions bruised to a pulp. For painful *Obstruction of urine*, apply bruised onions to the region of the bladder. For *Falling of the hair* apply onion juice to the scalp twice a week. For painful *Gatherings*, *Abscesses*, *Carbuncles*, *Boils*, apply as a soothing poultice roasted onions. For *Dropsy* eat freely of onions. For *Nervous croup*, hold to the nose a bruised onion. For *Pain in the stump immediately following amputation*, eat a raw onion, or take a teaspoonful of onion juice; the same for *Colic*. For *Baby's Colic*, give onion tea; it has a very soothing and quieting effect without any deleterious results; do not forget it for the *Fretful baby*. Onion tea acts as a narcotic in cases of *Sleeplessness*, and subdues *Neuralgia*. For *Kidney colic* apply to the seat of pain raw onions mashed to a pulp; the same for painful *Piles*. For *Bee sting* apply the juice of a red onion; the sting of a honey bee is always left in the wound, and should be extracted before applying the juice. For *Strangury*, sit 20 minutes upon a chamber vessel containing chopped onions steeping in hot water; the

same will directly move the bowels in case of *Constipation.* For *Rheumatic pains* in the limbs, especially in the tendons of the muscles, prepare an alcoholic distillation of the onion thus: into a quart glass bottle put 2 onions well bruised, and fill the bottle with alcohol, cork it and hang it in the house by a window where the sun can shine upon it; after 3 days use the alcohol for bathing the affected parts, several times a day, and apply compress of raw cotton; this is called a sovereign remedy. Allium cepa tincture, minute doses (Sec. 56, B), taken every hour, will break up A Cold sooner than anything else that I have ever used. "Everybody has a hobby for a cold; here is mine: 1 drop of Aconite; 1 drop of Nux vomica; and 3 drops of Gelsemium (tinctures); put in an ounce bottle and fill with water; and adult take one teaspoonful every hour; this nips a cold in the bud."

Slices of onion upon a dish, placed in the sick room and renewed daily, *absorbs malignities*, and *prevents infection and contagion.*

If you would eat onions to your heart's content, without any one being able to detect it by your breath, take a teaspoonful of Listerine at the close of the meal, before taking the dessert.

# SECTION 107.

## OPIUM.

GENERAL INDICATIONS.—Profound stupor—moaning respiration—profuse sweat—stools like sheep dung—ailments worse from warmth, and after sleep, and from wine.

MINUTE DOSE.—Opium, Section 56, B–C—Morphia, Sec. 56, A–C.

OFFICINAL DOSE.—Adult, ½ to 1 grain—Extract of opium ¼ to ½ grain—Fluid Extract of opium 10 to 40 drops—Deodorized tincture 6 to 12 minims—Wine of opium 6 to 12 minims—Morphia ⅛ to ½ grain—Acetate of Morphia ⅛ to ½ grain—Sulphate of Morphia ⅛ to ½ grain—Codeia ½ to 1 grain—Laudanum 5 to 15 minims—Paregoric ½ to 2 drachms. Child, see Section 56, A–B. Children until at least three years of age are extremely susceptible to the poisonous influence of opium and morphia, hence the need of the greatest caution in administering any kind of opiate to children. For older persons the caution needed is lest an opium habit become established by its too persistent use. Always begin with the smallest quantity likely to prove efficient, never sanction a needlessly large dose.

HYPODERMATIC DOSE.—

Formula.—Morphia sulph., 16 grains; Aqua 1 ounce; mix. Adult, 3 to 15 minims or about $\frac{1}{10}$ to ½ grain in solution. In commencing treatment, the dose should not exceed one-third of that ordinarily administered. Used especially to control Severe Pain—Pain of advanced cancer—Abdominal Neuralgia—After Pains—Cramp—Spasm—Irregular heart action—Inflammation of serous membranes, early stage—Cerebro-spinal meningitis, early—Delirium Tremens—Mania—Insomnia—Herpes Zoster—Convulsions of infants, when other treatment fails, $\frac{1}{60}$ to $\frac{1}{30}$ grain doses—In advance of surgical operation, and administration of Chloroform.

Morphia and Atropia combined act better than either alone. Atropia in

small doses, $\frac{1}{30}$ grain, increases the hypnotic power of Morphia. Atropia $\frac{1}{20}$ grain is equal in toxic power to 1 grain of Morphia.

The only exception in favor of the use of the Morphia uncombined with Atropia, is in the treatment of Acute Brain affections with high temperature and injected eyes.

The proportion for the mixture of the two should be: Morphia $\frac{1}{4}$ grain, with Atropia $\frac{1}{120}$ grain, in solution for adult dose; this may be increased to double the quantity of each if necessary, in extreme cases. This combination is especially adapted to the treatment of Insomnia—Convulsions—Epilepsy—Petit Mal—Hysteria—Hiccough—Spasmodic jerking and twitching of muscles—Ileus—Spasmodic stricture—Dysuria—Enuresis—Neuralgic Headache—Neuralgia in general—Toothache—Sciatica—Angina pectoris—Emphysema—Asthma—Laryngismus stridulus—Hysterical Aphonia—Diseases of the digestive, urinary and genital organs—Spermatorrhœa—Pelvic and uterine pains—Acute rheumatism—Rheumatic gout—Myalgia—Hernia to facilitate reduction—Cholera collapse, full dose—In advance of surgical operation to prevent shock and spasm.

☞ (A) Apomorphia, hypodermatic dose, adult, $\frac{1}{16}$ grain in solution, is the most suitable of all emetics for *narcotic poisoning*, when not from opium, repeat the dose if necessary until vomiting is produced. In capillary Bronchitis to free the tubes—in Croup to dispel the false membrane by vomiting—Foreign body in the Œsophagus to produce emesis—Intestinal obstruction—Asthma—Night sweat.

(B) **Pain.**—Apply Opium liniment, or Laudanum mixed with hot lard; or Laudanum sprinkled on hot flaxseed poultice; or Gum opium steeped in hot water, and the water thickened with cracker dust; this latter especially for *painful sprain* or *violent orchitis.*

**Eye affections.**—Opium 1 grain, in Rose water 1 ounce mixed; a few drops of the solution in the eye several times a day, removes inflammation. A good eye lotion may be made of distilled water 1 ounce; pure glycerine 1 drachm; and crude opium 1 grain; mixed. Perhaps the best local stimulus ever employed for clearly pronounced *chronic inflammation of the eye,* is the wine of opium, a single drop introduced once or twice a day, until there is produced a permanent reaction.

**Mucous Polypus.**—Apply McMunn's Elixir of Opium full strength, every day; soon gone.

**Sleeplessness from pain or cough.**—"Take Codeia, adult, 1 grain, on retiring to bed at night; wake up next morning bright and lively."

**Drunken Stupor.**—Laudanum, adult one teaspoonful.

**Inveterate Vomiting with cough.**—When nothing can be taken into the stomach, inject into the bowel ½ teacupful of water mixed with wheat flour to consistency of cream, and containing (stirred into it) 5 to 10 drops of Laudanum.

**Dysmenorrhœa—Painful Menses.**—"Codeia, ¼ grain night and morning, is all that is needed." One or two parvules of morphia every hour will relieve pain without producing nausea.

**Puerperal Fever.**—"You cannot have too much faith in opium, taken early in puerperal fever to check the occurrence of inflammation of the pelvic organs. Attacks mostly come with severe pain in the abdomen, and temperature up to 103° or 104° F.; now you may check all this at the beginning with a *suppository of opium,* or still better with a hypodermatic dose of the same."

**Post-Partum Hemorrhage.**—Laudanum 1 drachm.

**Colic** (all kinds).—"Acetate of Morphia 1 grain, in water 1 ounce, adult 1 teaspoonful every ¼ hour until pain ceases, or sleep supervenes."

One or two parvules of morphia every hour arrests pain and induces sleep without producing nausea.

Teaspoonful doses of Paregoric, for an adult, in ½ teacup of hot water every ¼ hour, controls *bilious colic.*

**Bowel Obstruction.**—Opium, adult ½ grain taken every 4 hours, for two or three days or longer; arrests the most dangerous symptoms, such as stercoraceous vomiting, and finally brings about free operation of the bowels and cure. "Place patient on right side, hips propped up at an angle of 45 degrees, and (if an adult) inject into the bowel ½ gallon of warm water containing 1 ounce of strong decoction of tobacco; keep patient in this position 20 minutes,

with external pressure on the anus, then place the person in bed; in about 10 minutes sleep will ensue, and in about 4 hours the patient will waken, and have a passage—well!"

**Dry Tickling Cough.**—No peace day or night—Deodorized tincture of opium, adult drop doses on sugar, after each paroxysm of coughing, sure to relieve. This is the cough charmer.

**Chronic Asthma.**—A case of 30 years' standing, reported cured in 3 weeks with Apomorphia, adult $\frac{1}{20}$ grain, taken 3 times a day, gradually increasing the dose to $\frac{1}{3}$ grain.

**Sea Sickness.**—Put Apomorphia 1 grain in $\frac{1}{2}$ pint of pure water, and of this solution adult take $\frac{1}{2}$ teaspoonful at first sign of sickness; repeat the dose every $\frac{1}{2}$ hour, or as often as the case may demand; one or two doses sometimes effects the cure.

**Opium Poisoning.**—Child swallowed an ounce of Laudanum, and in one hour after (being in an utterly unconscious state) the tincture of Nux vomica was given, 1 drop every 5 minutes; and in 2 hours complete restoration was effected.

## SECTION 108.

### PASSION FLOWER.

MINUTE DOSE.—Passiflora incarnata, Section 56, B.

ORDINARY DOSE.—Adult, 30 to 60 drops, every ¼ to ½ hour. Child, see Section 56, B.

**Sleeplessness — Neuralgia—Convulsions—Spasms—Tetanus.**—"Passiflora incarnata, adult, 30 drops of the tincture every hour, produces quiet, pleasant sleep, altogether different from the stupor of morphia. Even in the worst forms of sleeplessness as that associated with *suicidal mania*, the drug produces quiet slumber, from which the patient awakes with clear mind. In ordinary doses given every ¼ to ½ hour it completely controls convulsions, spasms, lock-jaw. It never fails to cure lockjaw in a horse.

"In the treatment of *Erysipelas* there is no remedy acts better than Passiflora, given in ordinary doses, as often as occasion seems to require."

## SECTION 109.

### PEPSIN.

ORDINARY DOSE.—Adult, 2 to 20 grains—Elixir 1 to 2 drachms. Usually taken immediately after meals. Child, see Section 56, A.

**Vomiting** (from any cause, even pregnancy).—The grand specific is Ingluvin, adult, 5 to 10 grains, repeated in an hour if necessary. To prevent recurrence of vomiting take a dose night and morning, or before meals. A baby that vomited almost constantly was cured, by ½ grain of Pepsin placed upon its tongue. If the baby's bowels are *constipated* or *stools curdy*, give it 5 drops of rennet wine or 1 grain of pepsin in a teaspoonful of water, before giving the breast or bottle.

Lactopeptin, adult, 10 to 20 grains, or Rennet wine, adult, a wineglassful taken immediately after meals. (Child, see Section 56, A–B); is the approved mode of treatment for Dyspepsia—Liver complaint—Heartburn—Waterbrash—Cholera Infantum—Summer complaint—Marasmus.

Peptic salt, a mixture of pepsin with common salt (one grain of which is said to dissolve 200 grains of hard boiled albumen, or 2 ounces of lean cooked beef) may be taken in the place of common salt at the table, to aid digestion in case of *Dyspepsia.*

**Pharyngeal Catarrh.**—(Especially dry catarrh.)—"Take Jensen's pepsin, adult, 5 grains mixed with ½ grain of aromatic powder, after each meal; after 3 days take 10 grains mixed with 1 grain of aromatic powder—Cure in 2 weeks."

**Indolent Ulcers.**—Sprinkle upon them, copiously, every day Lactopeptin; this will soon heal them.

## SECTION 110.

### PHOSPHORUS.

GENERAL INDICATIONS.—Clear, ivory-white complexion—soreness in the lungs—tightness across the chest—inability to lie on the left side—bleeding difficult to check—night hunger—ailments better after sleep—desire for very cold food and drink, which for a time relieves—aversion to sweets.

GENERAL INDICATIONS *for Phosphoric acid.*—Watery stools light colored—night drains exhausting—growth beyond the strength—night hunger.

MINUTE DOSE.—Section 56, B–C.

ORDINARY DOSE.—Adult, 1 to 2 drops of the tincture of phosphorus—Elixir 1 to 2 drachms—Phosphoric acid dilute 10 to 60 minims. Child, see Section 56, B.

"A preparation of Phosphorus convenient for use, may be made by putting a piece of phosphorus in alcohol, which soon becomes saturated, and of the solution, put according to the age of the patient, from 1 to 6 drops into ½ glass of water, and of this give teaspoonful doses, every one, two or three hours as the case may seem to require; or drop a little of the solution on sugar, and make it up into powders, to be taken dry, or dissolved in a little water to suit the convenience and taste of the patient."

(A) I regard the tincture of phosphorus as the most valuable remedy that we possess for the treatment of Melancholy—Failing brain power—Chronic Hydrocephalus—Hydrocephaloid (keeping the child in recumbent position, with body and limbs warm)—Vertigo—Petit Mal—Hysteria—Erotomania—Twitching of facial muscles—Spinal irritation—Tremor — Locomotor Ataxia — Amaurosis—Glaucoma—

Photophobia—Sleeplessness—Restlessness—Somnambulism —Clairvoyance—Nose-bleed habit (Arnica)—Hoarseness—Loss of voice, especially of public speakers—Croup, almost unfailing—Cough, even consumptive, with soreness of the lungs and tightness across the chest—Pneumonia, all stages —Œdema of the lungs—Diarrhœa, chronic, bloody, or constant oozing from the bowels—Proctitis—Purpura Hemorrhagica—Measles—Shingles—Smallpox—Neuralgia, 40 cures in succession reported—Intercostal neuralgia—Menstrual irregularities, sudden suppression by cold or fright; excessive flow watery; painful flow, sick headache at these times—Fatty degeneration—Chronic Rheumatism and Gout —Periostitis — Bone Caries—Nerve exhaustion, sinking death-door condition in fever.

Phosphorus, adult, $\frac{1}{30}$ to $\frac{1}{15}$ grain doses produces a general sense of stimulation more complete than that caused by coffee, and more active than that produced by opium.

(B) Phosphoric acid dilute, adult 10 drops in a wineglass of water, is an excellent remedy for Nerve debility —Physical fatigue—Sinking conditions in fever—Melancholia—Polyuria—Glycosuria—Alopecia—Homesickness.

(C) Phosphorus taken in minute doses during pregnancy will *prevent malformation* of the offspring, such as clubfoot, twisted hand, spine curve.

(D) If a lady during pregnancy is *unable to drink water*, (even the sight of it causing nausea) phosphorus taken in minute doses will remove the trouble. If the *milk fails to come* after confinement, the same also will restore the secretion in abundance and of good quality.

**Baldness—Alopecia.**—Phosphorus tincture 1 drachm and Castor oil 1 ounce, mix and apply to the scalp, once a day. Cleanse the scalp each time with warm water *without* soap, before applying the solution.

**Purification of the air in rooms.**—Dip a bundle of phosphorus matches into warm water, and suspend it in the

room; this produces ozone, and nitrite of ammonia, which purify the air directly.

(E) "Saccharated wheat phosphoids, dose for child ½ to 1 teaspoonful, 3 times a day in a little milk; or if the stomach is very weak, in coffee; is an excellent thing to give during teething to conduct the process safely through. It is said to cure scabby incrustation of face and head—wasting disease of the nerves—rickets—marasmus—chronic diarrhœa—scrofula—and to put the system in the most favorable condition to receive in a mild form, scarlet fever, measles, smallpox, whooping cough."

# SECTION 111.

## PINE.

ORDINARY DOSE.—Adult, 1 to 2 drachms of the Fluid extract of Pinus canadens. Child, see Section 56, B.

**Diphtheria.**—"Pinus canadensis, concentrated extract, used locally, and taken inwardly has no superior, as a remedy for diphtheria." Over 50 cures in succession reported. For Malignant Diphtheria give Mercurius cyanide, child, 5 to 7 years old, $\frac{1}{100}$ grain doses, and you will be delighted with the result.

**Tapeworm.**—"After having fasted from dinner and supper the day previous, take at about 7 A.M. one teaspoonful of the oil of pine needles, in half a glass of milk; if no worm comes away by the following morning, double the dose. It is very agreeable to take. One hour after taking the second dose, take a full dose of castor oil, and in two hours the worm will come entire. This remedy succeeded when, for 4 years, all other means failed."

**Leucorrhœa.**—Dissolve a tablespoonful or two of Pinus Canadensis in a pint of warm water, and inject this amount twice a day into the vagina, the more obstinate the case, the stronger make the solution. The white extract does not stain. This is said to be an unfailing remedy.

## SECTION 112.

### PLANTAIN.

GENERAL INDICATIONS *for Plantago major.*—Foul breath—pale urine—stomach pain, relieved by eating.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the Fluid extract. Child, see Section 56, B.

**Wetting the bed** (Enuresis).—Specific. Plantago major, ordinary dose, 3 times a day, until the cure is effected. The same cures *Toothache with earache* involved, and is a grand remedy for *Chronic Diarrhœa.*

**Teething.**—Rub the gums with the tincture of Plantago major diluted, and give minute doses several times a day; this is very soothing. The true specific for all the troubles of teething is Creasote, in minute doses, Section 56, B.

For inflamed, protruding *Piles*, there is nothing that gives more speedy relief than the application of the broad leaf plantain, reduced to a pulp, and kept bound to the parts by compress, and renewed as occasion requires. Raw onion pulp, in like manner applied is also excellent.

# SECTION 113.

## PEONY.

GENERAL INDICATIONS *for Pæonia.*—Reeling vertigo when moving—constant hawking—soreness, pain, and distress in the anus.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 1 to 2 drachms of the tincture every hour or two. Decoction 1 ounce or more three or four times a day. Child, see Section 56, B.

"Pæonia officinalis, in ordinary doses, is the true remedy for Anal and Rectal Diseases (crack, fissure, fistula, ulcer, piles)—Malignant sores, ulcers, wounds—Ulcers from any cause, even of old people—Open Abscesses—Bites of serpents. Whilst the drug is being taken internally, an external application of the dilute tincture, or tea, facilitates the cure; chronic ulcers have thus been cured in 12 days. The Peony is said to cure *Epilepsy.*"

Iodoform and Lard, 1 part to 3, smeared upon a cylinder of lint, and introduced into the bowel twice a day, and after stools, cures *fissure, crack and ulcer in ano.* A case of anal fissure, existing over a year, was cured with Ratanhia tincture, adult, 1 drop, taken night and morning; together with a local application of a solution of 6 drops of the tincture in 2 drachms of Glycerine.

## SECTION 114.

### POKE.

GENERAL INDICATIONS *for Phytolacca.*—Tongue red at the tip—throat dry and sore—scabby skin—night pains in the bones—recurrence of headache once a week—desire for food directly after eating.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 5 to 10 drops of the Fluid Extract (Emetic 30 drops)—Tincture ⅛ to 1 drachm—Phytolaccin ¼ to 1 grain. Child, see Section 56, B.

(A) Phytolacca, in ordinary doses, repeated as often as the nature of the case may seem to require (see Section 56), is a very superior remedy for *Diphtheria*, with dark fetid patches, high fever, aching back and limbs; many cures reported—*Scarlet Fever* malignant, the throat dark red—*Quinsy*, bad type—Aphthous Sore Throat, with inflammation extending into the mouth and to the tongue—Chronic Sore Throat—Syphilitic Throat Affections—Rupia—Leucorrhœa—Prolapsus uteri—Mercurial Cachexia.

**Inflammation of the Breats—"Caked Breasts," impossible to draw the milk—Sore Nipples.**—The true specific is Phytolacca tincture, 3 drops taken every 3 hours in a wineglass of water, together with local application of the tincture diluted, one-half with warm water, frequently renewed.

"For Gathered Breasts, give 20 drops of the fluid extract of Phytolacca every 3 hours in water; improvement will be manifest in 12 hours; in 36 hours the cure will be effected! The same will just as surely start the *Lochia if suppressed;* and if there should be violent *pains in the breast whenever the milk flows in*, it will directly obviate that trouble also."

(B) **Chronic Ulcer.**—Reported cure by continued application of the tincture of Phytolacca; boils came out around the ulcer in the course of the treatment, but disappeared as the ulcer healed. The same local treatment, combined with internal administration of the Phytolacca, is said to constitute our best mode of treatment for *Cancer*. A malignant tumor on the face is reported to have been dispelled by applying to it, twice a day on a cloth, the juice of poke leaves, dried to the consistency of paste, on a pewter dish in the sun; in three days the tumor turned black, in twelve days it dropped off, and the ulcer soon after healed; the cure was complete.

# SECTION 115.

## POTASH.

GENERAL INDICATIONS *for the Carbonate.*—Bloat under the brow—mucous surface dry—deep stitching pains—pains in the bowels for hours before costive stools—food clogs in the throat (Alumina)—ailments relieved by warmth—aggravation of sufferings from 2 to 3 A.M., especially cough.

GENERAL INDICATIONS *for the Bichromate.*—Mucous discharges tough and ropy—plugs in the nose, "clinkers"—tongue red and cracked—ailments relieved by warmth—worse after eating.

GENERAL INDICATIONS *for the Bromide.*—Night terror (Aconite)—trembling—sensation of coldness, and sinking down in the bowels—heart distress—sudden numbness.

GENERAL INDICATIONS *for the Iodide.*—Raw sore feeling in the chest—mucous discharges, foul and green—mercurial taint—ailments better by warmth and motion.

MINUTE DOSE.—Section 56, A–C.

OFFICINAL DOSE.—Adult, 1/8 to 1/4 grain of the Bichromate—Bromide 5 to 20 grains—Chlorate 10 to 30 grains—Iodide 5 to 10 grains—Permanganate 1/2 to 1 grain—Phosphate 10 to 30 grains. Child, see Section 56, A.

(A) Bromide of Potash finds its true indication in Heart distress with palpitation and fainting—Night terrors—Nightmare—Dysphagia—Spasmodic tenesmus of bladder and rectum—Sudden numbness—Troubles of teething, threatening of spasms—Baby's colic—Wetting the bed.

(B) Iodide of Potash is regarded as the specific antidote to the poisonous effects of mercury in the system. The

same is a grand remedy for Periostitis—Nightly bone pains —White Swelling—Chronic Hydrocephalus—Chronic Inflammation and Ulceration of the throat—Syphilitic throat affections—Pimples.

It is claimed for Sodium iodide that it can be used for the chief purposes for which the Potassium iodide is used, with similar beneficial results, without the local and general undesirable effects which are incident to the latter.

(C) " Permanganate of Potash (compressed tablets of pure crystal) 2 grains 3 times a day, is perhaps the surest, safest and best remedy yet found to *restore the courses* after being suppressed by debilitating causes. The drug should be administered freely for 3 or 4 days, before the time expected. It is not only curative in *Amenorrhœa* and *Dysmenorrhœa*, but is also excellent for *Gastric Catarrh* and *Flatulent Dyspepsia*. The dose should in every instance be followed immediately by half glass of water, cool, but not cold."

**Headache over the brow.**—Potassium iodide 2 grains in ½ glass of water, adult, sip it slowly until all taken, cure in 10 minutes.

**Chronic Hydrocephalus.**—Potassium iodide 3 grains, 3 times a day, effected a cure.

**Sleeplessness.**—Burn Nitre Paper in the room, on going to bed. If caused by *cough* or *Asthma* do the same. To make Nitre Paper, dissolve 4 ounces of Saltpetre in ½ pint of boiling water, pour the liquid into a small shallow waiter, wide enough to take the paper, then draw it through the liquid, and dry it by the fire, cut it in pieces about four inches square ready to burn. Tissue paper said to be the best.

**Chronic Faceache.**—Sweet Spirits of Nitre, adult 5 drops, 3 times a day, taken; and the face bathed with the same during severe attacks, has effected surprising cures.

**Freckles.**—Apply powdered Nitre moistened with water, to the face night and morning.

**Hay Fever** (hay asthma, rose cold).—Cases long standing cured with Hydriodate of Potash, adult 2 to 5 grains, 3 times a day, in water or syrup.

**Foul Breath—Diseased Gums.**—Permanganate of Potash 1 grain, in 1 ounce of water, mix, and rinse the mouth frequently with the solution.

**Sore Mouth**—(babe or mother).—Chlorate of Potash 1 drachm, in Rose Water 4 ounces, mix, wash the mouth well with the solution several times a day—unfailing.

(C) **Ulcerated Sore Throat.**—Chlorate of Potash 5 grains, in water 1 ounce, mix, gargle every hour or two. The same for *Gangrene of mouth and Throat—Putrid Sore throat—Fetid Diphtheria.* The Chlorate should also be taken internally. Put 10 grains in ½ glass of water; adult take frequent teaspoonful doses. Child, see Section 56, A or B.

**Diphtheria.**—Bichromate of Potash and Biniodide of Mercury, given in alternation; at first a dose every ½ hour, and as improvement advanced, every hour or two; cured 241 cases of diphtheria in succession. The mode of administering the medicines was this: Two perfectly clean 2 ounce bottles, with well-fitting corks, were procured; and into one was put 5 grains of a one per cent. trituration of Bichromate of Potash (Section 56, A); and into the other, 5 grains of a one per cent. trituration of the Biniodide of Mercury (Section 56, A). Then each bottle was filled up with water, and well shaken; and to a child from 5 to 7 years of age was given a teaspoonful at a dose, alternating the two kinds as above stated. No external applications used; and no gargle except in some cases, alcohol and water mixed, in the proportion of about 1 part to 4. If the disease seemed held in check for several days, even without positive evidence of improvement, it always finally yielded to the treatment. If *croup* supervened, the Mercury was left off, and the whole dependence placed upon the Bichromate of Potash alone, which was given in enlarged doses every 15 or 20 minutes,

aided by inhalations of steam received into the mouth through a paper funnel, from a vessel containing the pure crystals of the Bichromate of Potash, steeping in hot water. Five cases were cured in this way.

(D) These same two medicines (dose Section 56, A), taken in alternation, two doses a day of each, will cure *Opacity of the Cornea—Purulent Ophthalmia—Conjunctivitis—Keratitis—Chronic Nasal Catarrh.* "For 20 years I have used the following compound for *Catarrh without a failure.* Sol. Nitre 1 ounce; Sodæ Boras 1 ounce; Amm. Muriate 1 ounce; Chlor. Sodium 1 ounce; mix, and pulv. fine. Then add Oil of Gaultheria 1 ounce to 1 pint of Alcohol, and put this into 2 quarts of pure water, and add the mixture; let it stand 48 hours; in the meantime shaking it well every 2 hours; then filter until you get 2 quarts or more of clear liquid. It is now ready for use. The way to use it is this: take some of the liquid in the palm of your hand, and snuff it up the nose, until it goes into the throat; spit it out, but do not blow the nose for 20 minutes after; do this from 4 to 6 times a day, and it will cure any case of Nasal Catarrh."

**Asthma.**—The one grand unfailing remedy, is said to be Hydriodide of Potash, adult 3 to 5 grains, 3 times a day, in water or syrup. In very old chronic cases, improvement may not commence for a month or more, but it will surely come in time. The medicine will give an excellent appetite. "It has never failed me in a single case during 25 years' practice." The same in larger doses controls *Heaves* in horses. Smart weed tea, a pint every day mixed in the feed, is also said to cure *Heaves.*

**Bronchial Catarrh.**—(Child constantly strives to pick something out of the mouth.)—Chlorate of Potash 2 drachms in ½ glass of water, a teaspoonful every hour. The same for *croupy cough after measles.* For clearing off the dregs of measles, there is no remedy equal to it.

(E) "The best general *cough mixture* I ever used is composed of Citrate of Potash 1 ounce; Lemon juice 2 ounces; Syrup of Ipecac ½ ounce; and simple syrup to make 6 ounces, adult 1 teaspoonful, 4 to 6 times a day."

**Consumption.**—"Put a teaspoonful of Chlorate of Potash in a glass of water, drink it all during the day, a little at a time; if too strong weaken it to suit; persevere and you will gain weight, and if curable, get well."

(E²) **Enlarged Glands—Also White Swelling.**—Make a mixture of Potassium Iodide 100 grains; Iodine 5 grains; water 1 drachm; and Lard 1 ounce; (dissolve the Iodine and Potash in the water, and then add the Lard) apply this night and morning, rubbing it in thoroughly, but gently. "A saturated solution of Chloride of Calcium, used as a lotion, will disperse even scrofulous enlargement of glands; especially if aided by the same taken internally, 3 doses a day, adult 12 to 15 grains in syrup, children 1 to 3 grain doses. The same for *scrofulous caries* and *suppuration*."

**Cancer on the Tongue** (open ulcer).—Case reported cured in one month, with Hydrocyanide of Potassium, one per cent. trituration with sugar of milk, adult 1 grain every other night. A case of Cancer of the tongue reported cured in three weeks with a decoction of the bark of the root of the black haw, continually applied. I suppose that for *cancerous and malignant sores* the leading remedy is Chlorate of Potash, 10 grains in ½ glass of water, adult take one dessertspoonful 4 times a day. Child, see Section 56, B.

**Skin Poisoning.**—Bathe with solution of Spirits of Nitre in water 1 part to 3; or spirits of Camphor; or Fresh lime water thick as cream.

(E³) **Itch.**—(Before applying anything for itch, wash the parts well with Castile soap and wipe dry.)—The Lye of wood ashes diluted with rain water, to suit the sensation, (smarting somewhat, but not producing pain) apply 3 times

a day; cure in three days. Daily rubbing with coal oil soon cures the itch. Soft soap freely applied, cures Itch and *Psoriasis*, also cleanses a *Greasy skin*.

**Smallpox.**—A strong solution of the Cyanide of Potash sprinkled about the floors of the house and on stairways, wards off smallpox; no cases will occur in that house." Thuja occidentalis, in minute doses (Section 56, B), taken 3 times a day, is the grand prophylactic of smallpox.

**Issue without the Knife** (opening of a carbuncle, abscess, or any gathering).—Apply by compress, a lump of caustic potash, of the size of a small pea.

(F) **Bright's Disease.**—A case reported in which every trace of the disease was removed in two weeks' time, by the use of Chlorate of Potash, one per cent. solution in alcohol, adult 5 drops, 3 times a day. The same is claimed as a specific for *Albuminuria*.

**Surgical Dressing** (application after suppuration has ensued).—By the application of Caustic Potash in very weak solution, the formation of pus is greatly diminished, healthy granulations are produced, and inflammation and swelling prevented.

**Ingrowing Toe Nail.**—Happy plan of treatment. Apply a solution of Caustic Potash (3 drachms to 1 ounce of water) twice a day; the granulations will soon recede, then raise the nail and insert a wedge of cork, and thus end the trouble.

**Offensive Foot Sweat.**—Bathe the feet with a solution of Chlorate of Potash (5 grains to 1 ounce water) 2 or 3 times a day—quick work and well done.

**Disinfectant.**—Dissolve ½ ounce of Chlorate of Potash in 1 gallon of water, and saturate towels or cloths in this solution, and hang them about the room; dash some of the solution down the sewers and sinks, and directly all unpleasant odors will have vanished.

(G) A solution about the strength here indicated is suit-

able for injection into the vagina in case of *Offensive Leucorrhœa* or *Lochia* and for irrigation of *Fetid ulcers and cancers;* in these cases it not only cleanses and sweetens, but is highly curative. The same should be used as an application in case of *Offensive Perspiration* in the armpits and upon the genitals.

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## SECTION 116.

### POULTICE.

**Congestion and Inflammation of internal organs.**—The constant application of hot poultices, in all cases, abates the pain and promotes the cure.

**Failing Labor Pains.**—In a case where Ergot in full doses failed to bring them on, hot mush poultices were applied; hot as could be borne, over the fundus of the womb; as soon as they became a little cool they were replaced by others; before the third poultice was applied, pains began to come regularly and with full effective power. The same succeeded in every case subsequently tried.

## SECTION 117.

### PULSATILLA.

GENERAL INDICATIONS.—Tearful moods—constant feeling of chilliness—bad taste in the mouth in the morning (Nux vomi)—subject to styes—symptoms ever changing—pains shifting—no two stools alike—ailments worse in the evening, and when warm in bed—better outdoors, cool—aversion to fat food and rich pastry.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 1 drachm of the tincture. Child, see Section 56, B.

(A) Pulsatilla, even in minute doses, stands among the foremost remedies for Sty-diathesis; *always having a sty* (Uranium nitrate, dose Section 56, A).—Inflammation of the edges of the eyelids—Spasms of the eyelids—Excessive flow of tears—Convulsions with floods of tears—Inflammation of the internal ear—Earache, the leading remedy—Loss of taste or smell—Rheumatic Gout, with erratic pains—Inflammation of the Veins—Broken or Knotted Veins—Mucous Diarrhœa, apt to be worse at night, and attended with piles.

(B) **Menstrual Derangements** (scanty, delayed, or suppressed from fright or a chill, very painful, black and clotted).—"Pulsatilla, in officinal doses, taken every 3 hours, rarely fails to set things right. The same for *Leucorrhœa;* continuing the treatment for several weeks if necessary; at the same time a teaspoonful of the tincture of Pulsatilla should be put into a pint of tepid water, and injected into the vagina, every day." A case of *Leucorrhœa* that had withstood all other treatment for months, is reported to have been cured by taking of wild cherry tree bark tea, 1 teacupful 3 times a day.

**Whooping Cough Preventive.**—Pulsatilla, taken in minute doses (Section 56, B), a dose every evening during the season of exposure, has proven a prophylactic against the contagion of whooping cough.

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## SECTION 118.

### PUMPKIN SEED.

OFFICINAL DOSE.—Adult 1 to 2 ounces of the Fluid Extract of Pepo. Child, see Section 56, B.

**Tape Worm.**—Take light diet for two days, and no drink but lemonade. Then to a pint of hulled pumpkin seed well bruised, add a pint of hot water, rub the mass thoroughly together for a few minutes, strain it through a colander, and in the morning fasting take one-half of it; the rest in one hour after; and in three hours a full dose of castor oil—success sure. An obstinate case reported, in which the patient, an adult, ate 2 quarts of the bruised seed hulled, during 24 hours, and ate nothing else; then took a full dose of castor oil; the worm came away entire.

**Vomiting of Pregnancy.**—"Pepo tincture, 10 to 15 drops taken immediately before meals, is a good remedy; but the best drug to use for this affection is the Oxalate of Cerium, in doses of 4 or 5 grains, once a day."

**Inflammation** (internal or external).—Poultice made of stewed pumpkin, applied hot, is excellent. So is smart-weed poultice.

## SECTION 119.

### PRICKLY ASH.

GENERAL INDICATIONS *for Xanthoxylum.*—Frightened feeling—fluttering at the stomach (Cactus)—constant desire to take a long breath.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult 10 to 30 drops of the Fluid extract—Xanthoxylin 2 to 6 grains. Child, see Section 56, B.

(A) Xanthoxylin in ordinary doses is a *pure tonic*, and the most reliable remedy that we have for *Amenorrhœa—Dysmenorrhœa;* and *After-pains.* Xanthoxylum tincture, taken 3 to 5 drops at a time, on sugar or in a little water, every 3 hours, is the most certain means of bringing on the courses, *when suppressed*, that I have ever used.

(B) Helonias dioica, adult 1 to 3 drops, taken 3 or 4 times a day, is an *excellent tonic*, that enriches the blood, and thus cures Anæmia, also improves digestion, restores appetite and stays upon the stomach when other tonics are rejected. By its specific tonic effect upon the womb, it restores the Prolapsed uterus to its place, and holds it in position; it is also equally curative of Amenorrhœa and Menorrhagia.

(C) "Sabina tincture, 10 drop doses in water, is a safe and certain remedy for Amenorrhœa, and in 5 drop doses, equally good for Menorrhagia; the same is excellent for Chronic Gout and Rheumatic stiffness of the joints."

(D) Apocynum androsem, adult 10 drop doses of the Fluid Extract is considered a specific for Wandering Rheumatic pains, with exceeding sensitiveness of the parts to touch.

# SECTION 120.

## QUINIA.

GENERAL INDICATIONS *for Cinchona.* Ringing in the ears—distention of the abdomen from gas—exhaustion from drains upon the system—aggravation of sufferings by the slightest touch upon the skin (Spigelia)—ailments worse after eating or drinking—aversion to warm food and fat—alternate feelings of weakness and strength—every employment seems a hardship, dread of work.

MINUTE DOSE.—Section 56, A–B–C–D.

OFFICINAL DOSE.—Adult 1 to 20 grains or more of Quinia—Tincture 1 to 6 drachms—Tincture of Cinchona 1 to 4 drachms. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Formula.—Quiniæ hydrobromat. 48 grains; Aquæ destillat. 4 drachms (dissolve by heat if necessary). Adult 20 to 50 minims, or 5 to 10 grains in solution. A given quantity of Quinia injected beneath the integument is said to be equal to five times that amount taken into the stomach.

The hypodermatic use of Quinia is mostly preferred in the treatment of Malarial Fever; in 150 cases treated in this way only one relapsed; one dose of 5 to 10 grains will often suffice to cure an ordinary Intermittent Fever; larger doses are required for Fevers of the Remittent type, and especially for Pernicious Malarial Fever; or Chronic Malarial poisoning; in this type, however, the hypodermatic mode of treatment stands out most conspicuous. Recent Malarial Fevers may be aborted, by one full dose at the beginning of the cold stage, but it is better to anticipate the attack by an hour or two.

Quinia, hypodermatically administered, is almost universally successful in the treatment of Sunstroke—Heat Apoplexy—Ovarian Neuralgia, with menorrhagia—Surgical Shock.

"Typhoid Fever should be treated with Quinia combined with minute doses of Morphia. Three injections a day, continued for several days, produces results wonderfully favorable; the sordes disappears from the mouth and teeth, the headache, meteorism, and gurgling in right iliac fossa gradually diminish; the spleen becomes reduced in size, and the countenance becomes more composed; in a word, the disease is abbreviated; convalescence generally occur-

ring at the end of the second week. Nothing can be more satisfactory than this mode of treatment."

(A) Cinchona, taken in small officinal doses, or even in minute doses, is undoubtedly the remedy par excellence for Ague—Malaria—Malarial Jaundice—Periodical Neuralgia —Nocturnal Enuresis, from onanism—Night Sweat—Remittent Fever—Debility from exhausting drains—Pneumonia, when the fever having abated, returns and is persistent. (If the kidney should now become involved, Digitalis is required.) Chronic Urticaria—Laryngismus Stridulus—Lientery (oleander, Section 56, B).

**Inebriety** (habit of being drunk).—If there does indeed exist a specific for the cure of the alcohol habit it is surely now discovered. A solution prepared from the small twigs of the Cinchona rubra shows effects almost miraculous. It is such a powerful tonic and nerve stimulant that it at once begins to take the place of the alcohol, and in a few days the patient feels a strong aversion to alcohol in every form. The time required to effect a cure is from 10 to 20 days. The solution should be taken by the teaspoonful every 3 hours for several days, that is, until the constitutional effects are apparent, then gradually diminish the dose.

**Hiccough.**—An attack that withstood all other treatment for 19 days, was cured in 3 hours, with one dose of Quinia, 10 grains.

**Whooping Cough.**—"Quinia squelches whooping cough as water extinguishes fire; a child from 5 to 7 years of age should take about 2 grains, every 6 hours."

**Hay Fever—Rose Cold.**—Here is the way to cure this troublesome affection, no matter of how long standing:—Prepare a solution of Sulphate of Quinia 1 part to 750 parts water, lie down upon the back, and having dipped a small camel-hair brush into the solution, apply it to the inside of the nostrils, moving the head about gently, so as to make sure that the solution reaches all parts of the nostril, and is

felt in the throat; relief is experienced immediately. Three applications a day, when there is threatening of return of the trouble, will be sufficient to prevent it.

**Diarrhœa with or without pain—Lientery.**—"Nine-tenths of all ordinary cases of diarrhœa, may be cured with Compound tincture of Cinchona 2 parts, and Tincture of Opium 1 part, mixed. Adult, take 5 drops every hour or two."

**Labor speedy and safe—no flooding after it.**—Let the lady take 9 grains of Quinia, as soon as labor fairly sets in (gelatin coated pills act speedily); this renders labor strong and vigorous, often obviates the use of instruments, and prevents after-flooding.

**Formation of Gall-stones prevented.**—Take one parvule of Quinia, 3 times a day for a month, then twice a day for a month, and lastly once a day for a month; this is a verified preventive.

**Ague.**—(Cured at cost of a dime.)—Get a stick of Chinoidine, and cut off a piece of the size of a pea, rub down the sharp edges between your thumb and finger, and put it on the tongue, and take a swallow of water; it will have no taste unless you chew it; adult, take one of these pills every 3 hours until the chills are arrested; then take one 3 times a day for 6 days, and wait 4 days; then take one twice a day for 6 days, and wait 5 days; lastly take one every day for 6 days and no more. This is equally as good as quinine. Another way, make a saturated ethereal solution of Chinoidine, and adult take 10 drops every 3 hours, until the fever is vanquished; then chase it with a dose every night for a fortnight. Grade dose according to age, see Section 56, B.

**Hyper-Pyrexia.**—As an antipyretic, Quinia in controlling doses (except in cases of inflammation of the brain) is the acknowledged leader. The new wonder in this line is Thallin (sulphate or tartrate); the effect of the drug in reducing temperature is perfectly marvelous; when given

in 2¼ to 3 grain doses, at intervals of 15 minutes, the average fall of temperature was over 4 degrees in 2 hours. One patient who received 15 grains during 2 hours was threatened with collapse, the temperature fell 10 degrees. "Perhaps ¾ to 1½ grains per hour, until the desired result is obtained, is about the right dose for an adult."

(B) **Erysipelas.**—"Desperate cases, when all else fails Wine of Cinchona, adult, one teaspoonful every hour. The same for *Humid Gangrene*, and for *Puerperal and other Low fevers in the septic stage*."

**Diphtheritic membranes developed upon abrasions of the skin.**—These may be dissolved away, by application of a strong solution of Quinia; also by solution of sulphate of copper applied.

**Itching in Ano—Any Local Itching.**—Rub Quinia into Vaseline until as rich as it can be made, and with this anoint the parts; it gives instant relief. Flowers of Sulphur 1 drachm, with Petroleum Mass 1 ounce, mixed; or Alum water (1 drachm to the pint, solution); or Baking soda (2 drachms to the pint, solution) applied, will allay almost any local itching.

The *bitter taste of Quinia* may be very much masked, by taking the dose in milk; or perhaps still better, by enclosing it in a chocolate lozenge.

## SECTION 121.

### RESORCIN.

**Specks on the Cornea.**—Treated 32 cases, cured them all with Resorcin applied as a powder.

**Cholera Infantum.**—Cured 85 per cent. of all cases with Resorcin, 1 to 3 grain doses.

**Catarrh of the bladder.**—Cured 150 cases in succession with a 5 per cent. solution of Resorcin. Two or three injections cured each case.

**Cancer.**—Epithelioma involving the facial bones with extensive infiltration of the tissues, cured completely, leaving nothing remaining but a white scar, by applying an ointment containing 15 parts Resorcin to 20 parts Vaseline twice a day.

## SECTION 122.

### RHUS.

GENERAL INDICATIONS *for Rhus toxicodendron.*—Eruptions, like little blisters, burning—tongue red at the tip and edges—reddish liquid stools in dysentery—ailments from a wrench or strain—ailments from getting wet when over-heated—pains worse during rest or repose, and during first motion after rest; better by continued motion—ailments worse before a storm, especially a thunder storm (Rhododendron).

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 1 to 6 minims of the Fluid extract of Rhus tox. Child, see Section 56, B.

**Rheumatism** (especially if resulting from a chill, when over-heated, or from a cold by getting wet *sequent to a wrench or strain*).—Rhus toxico. is the specific, even when taken in minute doses. This remedy is most especially indicated, if the sufferings are worse during bodily rest or repose, or during first motion after rest and relieved by continued motion (the exact opposite to the indications for Bryonia in rheumatism). If the indication for Rhus tox. exist, there is not a remedy in the world equal to it for *rheumatism* or the *result of a strain* or *sprain;* even if it has lasted for years, Rhus will cure it in a few days. ☞ "The outer part of my ankle joint was red hot and swollen; walking was exceedingly painful, and had been so for two months; when happening in a doctor's office, I chanced to take into my hand a stick of Rhus venenata, and directly I felt through my hand, although I had on silk gloves, a tingling sensation, as if from a very weak electric current. I held the stick in my hand but a few moments, and directly after took my departure, but scarcely had I commenced to walk, before I discov-

ered that my ankle was entirely free from pain; the swelling also soon after subsided—I was cured."

(A) Rhus tox., alternated with Bryonia, each given in minute doses, (Section 56, B,) every 2 or 3 hours, with good coffee as the main article of diet, constitutes about all the treatment needed in the majority of cases of *Typhoid Fever.*

**Eczema** (Eruptions in general).—It is said that seventy-five per cent. of all cases of eczema may be cured with Rhus tox., in minute doses (Section 56, B)—a dose taken every 2 or 3 hours.

(B) Rhus tox. is almost a specific also for Vesicular Erysipelas—Herpes zoster (shingles)—Skin poisoning—Prurigo—Erythema—Pemphigus—Phlyctenular Ophthalmia—Iritis—Paralysis of eye muscles.

(C) **Enuresis** (Constant dribbling of urine).—"Rhus aromat., adult, 10 drops of the fluid extract, taken 4 times a day, has effected speedy cures. The same cures *Catarrhal flux from the bladder.*"

**Diabetes.**—"Rhus aromat., adult, 30 drops of the Fluid extract, taken 3 times a day; treatment continued for months if necessary—rarely fails to cure."

"Pulverized seeds of Sizygium 1 ounce, put into hot water 1 pint, and when sufficiently infused, add Glycerine 1 ounce; of this solution adult take 1 teaspoonful 4 times a day; in 10 days there will be no sugar in the urine."

(D) Uranium nitrate, taken in minute doses (see Section 56, A) 4 times a day, is the *true specific for diabetes;* and next to it stands Phosphoric acid, taken in one per cent. alcoholic solution, adult, 5 drops 4 times a day. The Uranium nitrate is our *anti-sty remedy;* if persons who are subject to styes, will take a few weeks' course of Uranium, they will find themselves exempt from the annoyance thereafter. If styes have been suppressed, and stomach troubles have set in, even *ulceration of the stomach and duodenum,* with terrible pains, Uranium is the remedy.

## SECTION 123.

### ROCK ROSE.

GENERAL INDICATIONS *for Cistus canadensis.*—Feeling of coldness in the chest or abdomen—glands of the neck swollen, hard—soreness at the bottom point of the spine (Silica)—the act of swallowing food and drink soothes the soreness in the throat (Ignatia)—acid food or fruit, cause pain in the stomach and diarrhœa.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 10 to 20 drops of the tincture every 3 hours—Decoction or tea, strong infusion, a wine-glassful 4 times a day. Child, dose, see Section 56, B.

Cistus canadensis, usually given in the form of a decoction or tea (Rock rose tea) has effected some truly wonderful cures of Scrofula—White swelling—Hard swollen glands—Ulceration of glands—Decay of bones—Hip joint disease—Purulent inflammation of the eyes.

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## SECTION 124.

### SAGE.

OFFICINAL DOSE.—Adult, ½ to 1 drachm of the Fluid Extract of Salvia. Child, see Section 56, B.

**Chronic Nasal Catarrh.**—A case of years' standing reported cured by snuffing strong sage tea, from the palm of the hand, up into the nostrils until it dripped back into the throat, six times a day.

**Relaxed throat—Palate down.**—Into 1 pint of strong sage tea, *hot*, put 1 drachm of powdered Alum, and ½ teacupful of Honey; use ½ teacupful of this solution at a time as a gargle, 4 times a day.

## SECTION 125.

### SALICYLIC ACID.

MINUTE DOSE.—Section 56, A–C–D.

ORDINARY DOSE.—Adult 5 to 15 grains—Salicin 2 to 8 grains. Child dose, see Section 56, A.

(A) **Wounds.**—"The most simple and safe, and therefore the best dressing ever used for a wound or amputation is Salicylic acid. Wipe the wound dry, dust it thickly with the acid, and apply the bandage; re-dust every other day; there will be no pain; no fetor, no inflammation, no pus formation, no fever nor headache. Use the same for a *cut or abraded surface.*" Naphthalin is now coming to be considered invaluable as a dressing for *suppurating wounds* and *Ulcers;* under its influence granulations rapidly appear and cicatrization speedily follows; its use causes neither pain nor irritation; it serves well to remove *false membranes* and *fetid odors.* It has also been used internally with success in *Typhoid Fever.*

**Yellow Fever Guard.**—Salicylic acid, adult 5 to 10 grains, taken daily, prevents infection of Yellow Fever; this was thoroughly tested on board a boat, during two weeks, while lying at the wharf of an infected city.

**Rheumatism.**—"I have the first case yet to see of Acute Rheumatism that would not yield to Salicin. Suspend 4 drachms of Salicin in 8 ounces of hot water, and adult, take 1 ounce of the solution every 3 hours, until all taken; then prepare fresh and take ½ ounce every 3 hours, for 48 hours; then ¼ ounce 3 times a day until entirely well. Or to cure any case of rheumatism without fail: adult take one dessertspoonful of Elixir Salicylic acid Comp. every 4 hours, with a 2 grain Quinia pill each time; when improvement has fairly set in, take the same 3 times a day until

entirely well. For *Chronic Rheumatism* take the same doses 3 times a day from the beginning of the treatment, and persevere until the cure is effected."

In a case of Acute Rheumatism when the stomach rejected the medicine, a compress saturated with a ten per cent. solution of Salicylate of Soda, was applied to the joint affected, and covered with oil-silk; next day the pain and swelling had vanished, and power of motion was restored to the joint.

**Gangrene of the Lungs.**—A case reported cured with Salicylic acid in minute doses (Section 56, A). Capsicum is said to do good work in such cases.

**Tape Worm.**—A case of nine years' standing, adult, reported to have been successfully treated by taking 8 grains of Salicylic acid hourly for 4 hours, followed by a tablespoonful of castor oil. In half hour after taking the oil the worm came away entire. In the morning fasting (having taken a light supper in the evening before), take Filix Mas, ethereal extract, adult 3 drachms, followed in 2 minutes with castor oil 4½ drachms: (may take a cup of coffee after the dose to remove the taste from the mouth) this is a sure remedy.

# SECTION 126.

## SALT.

GENERAL INDICATIONS *for Chloride of Sodium.*—Greasy appearance of the skin—blisters around the mouth, especially with ague—wasted condition of the neck, especially in summer complaint of children—ailments worse at 10 A.M., especially ague—aggravation of suffering from heat, and after eating—desire for salt—aversion to bread and coffee.

MINUTE DOSE.—Section 56, A.

OFFICINAL DOSE.—Adult 10 to 20 grains—Emetic 1 ounce. Child, see Section 56, A.

**Gray Hair from fright.**—A case reported of hair restored to its natural color, by bathing the scalp with hot salt water daily. The same encourages the growth of hair and prevents *baldness.*

**Sore Eyes.**—Apply hot salt water, of strength to suit sensation, morning and evening; sopping and bathing the eyes therewith and then wiping them off dry; it has a wonderfully curative effect.

**Diphtheria.**—Gargle with salt water, strong solution, several times a day, this greatly aids in effecting the cure; and is said to *prevent the contagion* of diphtheria.

**Heartburn—Water-brash.**—Common salt, adult ½ teaspoonful in a little cold water, taken as occasion may require; gives instant relief.

(A) **Dyspepsia.**—Common table salt, adult ½ teaspoonful in a glass of cold water, taken every morning before breakfast, is said to cure dyspepsia in 10 days and restore *Lost taste.* The same taken twice a day has cured *Bronchitis.*

**Bowel Obstruction** (vomiting of food eaten days before). —Inject forcibly, with a barrel syringe, hot salt water, 3 pints at a time, repeating the injection as often as necessary.

**Colic.**—Insert into the anus a teaspoonful of salt; the same treatment with larger quantity of salt cures *colic of cattle.*

(B) **Seat Worms.**—Inject into the bowel at bedtime, 3 nights in succession, half a teacupful of salt water, lukewarm; this kills the worms. When children have spells of *choking* caused by worms rising in the throat, give them a drink of salt water; or let them smell spirits of turpentine; or suspend around the neck a string saturated with turpentine.

(C) **Ague.**—A case reported cured by putting fine salt in the shoes and keeping it there for several weeks. We may stave off an ague by taking a teaspoonful of salt just before the chill. Steep a dozen peach leaves in a pint of hot water, and when the tea is cold, adult take 1 tablespoonful 4 times a day; it will *cleanse the system of Malaria* even in chronic cases; may have to take the decoction for 3 weeks. It is said that half a dozen peach pit kernels, cracked and dropped into a cask of turbid water will clarify it in a couple of hours.

**Drowning** (apparent death).—Strip and rub the patient all over with fine salt thoroughly, especially over the chest, temples and joints; or pack the person naked in salt, all but the face. This treatment restored a patient to consciousness after being under water for an hour. A dog after being two hours under water was restored to life by being packed in salt. A new and very superior method of resuscitating the drowned, is to place the patient on the back, upon a board, or small ladder, across a suitable support, and *See Saw* the person; by now lifting the head and then the feet, high up: at a speed about that with which we draw a breath; persevere for an hour.

**Bee Sting—Spider Bite.**—Apply salt and soda mixed in equal parts; it affords instant relief.

**Suppurating Wounds**—(profuse discharge).—Apply strong salt water solution freely—this will prove a success.

**Ulcer.**—Bathe with a weak solution of salt in hot water, 3 evenings in succession, 20 minutes at a time; then wait 3 evenings, and bathe again, and so continue the course, until the cure is effected; use an oil-cloth covering: no salve.

**Felon.**—Roast some common salt on a hot stove until dry as you can make it, and then to a teaspoonful of this, add a teaspoonful of pulverized Castile soap, and a teaspoonful of Venice turpentine; mix them well together, and apply the mixture to the felon, renewing the application twice a day. In four or five days it will be open to the bottom; or if it had been previously opened, the application will arrest the gathering at once—the pain will abate in eight hours, and in three days it will be well. This is the best treatment for a felon ever yet devised.

**Corns.**—Rub up some fine salt with beef tallow, pare away the hard part of the corn, and apply the mixture every night; in a week, no corn.

**Fistula** (in neck or shoulder of a horse).—Mix salt and alcohol together, until the mixture is thick as mush, then tie the horse's head up, and pack the ulcer full, clear to the bottom, push it in with a swab, refilling it every day; it will heal from the bottom, and be thoroughly cured.

**Antiseptic—Disinfectant.**—Salt is the cheapest and most effectual and harmless antiseptic that we have. In solution applied or injected, it will in every case *abort suppuration* and induce healthy action. A little vinegar added to a dish of salt makes a perfect disinfectant. Half an ounce of sulphuric acid, poured upon half a teacupful of salt in a suitable vessel and placed in a closed room, the salt being resaturated with the acid every half hour, will completely disinfect the room in six hours.

Bottles filled with *brine*, make first-class home-made Fire Grenades.

Salt is death to bed bugs; sprinkle their haunts with salt, and that is the end of them.

*Cod-Liver Oil* may be rendered palatable by being salted.

# SECTION 127.

## SANTONINE.

GENERAL INDICATIONS *for Cina.*—Excessive peevishness—gagging, especially in the morning—boring into the nose with the finger—urine milky white after standing—desire for food soon after meals.

MINUTE DOSE.—Section 56, A–C–D.

OFFICINAL DOSE.—Adult, 2 to 3 grains of santonine once a day for three days. Child, see Section 56, A or B.

Santonine should be taken in oil when given for *Worms.* In parvules or minute doses (Section 56, A) santonine holds a masterly control over various Worm Affections—Intermittent fever of children—Morning cough, or cough whenever exposed to cold damp air—Gagging spells in the morning—St. Vitus' dance, caused by worms—Wetting the bed, of wormy children—Extreme Fretfulness, and Crossness of children—Leucorrhœa of little girls.

One of our prominent medical writers states that his plan of *treatment for worms* is to give to an adult in the evening on going to bed 2 or 3 grains of santonine in a tablespoonful of cream; and to a child, from 5 to 7 years of age, in the evening after a light supper, 1 grain of santonine, rubbed into sugar of milk and mixed with cream; next morning a dose of castor oil. If one dose is not sufficient repeat it, even three times if necessary. Reported 100 cases of successful treatment, with Chenopodium anthelmint. Child, 2 to 3 years old, 3 to 8 drops of a one per cent. alcoholic solution, 3 times a day.

## SECTION 128.

### SILICA.

GENERAL INDICATIONS *for Silicea.*—A peculiar mental abstraction, marked by a propensity to toy by the hours, with pins or needles—night sweats—night spasms—coldness of the head with constant need to have it wrapped up—icy cold feet—ailments with coldness or want of vital heat—suppuration going on in the system somewhere (Hepar sulp.).

MINUTE DOSE.—Section 56, A.

(A) Silicea, in minute doses (like Calcium sulph.) is the true remedy for *Ailments attended with pus formation*—Empyema—Purulent discharges—Suppurative fever—Suppurative inflammation of bone or joint—Hip joint disease—Chronic enlargement of glands with suppuration—Broken breast—Fistula—Felon—Pustule, boil, carbuncle—Burn and scald, suppurating—Ulcerative Chilblains—Ulcers in general—Open Cancer—Blood Tumor upon the scalp of newborn infants—Hard Lumps upon the scalp—Fontanels open—Brain fag—Purulent discharges from the eyes—Inflammation of the lachrymal sac—Hypopyon—Cataract—Ulceration on the cornea—Weak sight after diphtheria—Swelling in the ear—Thick yellow discharge from the ear—Ozæna with bone decay—Bronchorrhœa—Night sweats—Night spasms, epileptic—Hardening of tissues—Enchondroma—Induration of the tongue—Induration of the testes—Dry, hard eruptions—Small hard boils—Eczema from impure vaccine.

☞ **Other Tissue Salts.**

(B) Ferric phosphate—dose Section 56, A. *The first remedy in all Congestions, Inflammations, and Inflammatory*

*Fevers*, before effusion takes place; parts tender and painful to pressure, and pains worse from motion—*Headache*, specific —Vertigo—Nose bleed—Painful Diarrhœa—Undigested stools—Vomiting of food—Suppression of urine—Stiff neck from a chill. *Typhoid and Typhus Fevers: first stage* (hyperæmia) Ferrum phos.; *second stage* (infiltration) Potassium chlori; *third stage* (ulceration) Calcium sulph. "Thus we lay hold directly upon the process of the disease, control and cure it."

(C) Potassium chlori—dose, Section 56, A. *The second remedy in all inflammatory ailments;* that is during effusion, exudation, engorgement, formation of false membrane; tongue coated white, pains worse during rest—Diphtheria—Croup —Hoarseness—Hawking up phlegm—Bronchitis—Pneumonia—Scarlet fever—Measles—Smallpox—Shingles—Cycosis—Dandruff—Engorgement of glands—Enlarged tonsils—Mumps—Orchitis—Encephalitis—Meningitis—Hydrocephalus.

(D) Calcium sulph—dose, Section 56, A. *The third remedy in all Inflammatory ailments;* that is during suppuration, formation of abscess and ulceration.

(E) Calcium phos—dose, Section 56, A. Anæmia—Chlorosis—Scrofula—Gouty Diathesis—Delay in teething —Open fontanels.

(F) Potassium sulph—dose, Section 56, A. Ailments attended with yellow slimy tongue—Yellow scales or scabs on the skin—Yellow slimy discharges from eyes, ears, nose, chest or other parts—Assists in the process of desquamation after eruptive diseases.

(G) Sodium sulph—dose, Section 56, A. *Derangement of the system attended with bilious conditions;* vomiting bile, greenish tongue, bitter taste, excessive flow of urine—Œdema—Œdematous inflammation—Dropsy, especially after scarlet fever.

(H) Potassium phos—dose, Section 56, A. *Ailments*

*of pale, sensitive, peevish persons,* with brownish yellow tongue, foul taste, foul eructations, offensive breath, fetid perspiration, putrid discharges, Diarrhœa—Dysentery—Gangrenous conditions—Diphtheria—Scarlet fever—Smallpox—Brain softening—Melancholy—Insanity—Hysteria—Bleeding gums—Purpura Hæmorrhagica, septic bleeding, dark thin blood—Collapse of cholera or typhoid fever, face blue—Croup in last extremity, face livid—Œdema of the lungs, livid countenance—Whooping cough, choking, with blue face—Convulsions from fright—Feeble labor pains—Menstrual irregularities of pale, feeble ladies—Weak sight after diphtheria.

(I) Magnesia phos—dose, Section 56, A. *All ailments purely nervous and spasmodic*—Spasmodic Cough—Spasmodic Stricture—Spasmodic Colic—Menstrual Colic, bending double—Spasm of the glottis—Tetanus—Lockjaw—Cramp—Chorea—Brain troubles of teething with green glairy stools—Spasms of the eyelids—Squint—Seeing sparks, colors and things double—Pure Neuralgia; pains relieved by warmth and pressure.

(J) Sodium phos—dose Section 36, A. *All ailments with acidity,* sour taste, vomit, stool—Yellow scabs—Green, slimy, catarrhal discharges.

## SECTION 129.

### SILVER.

GENERAL INDICATIONS *for Argentum nitricum.*—Mental weakness and confusion—head feels large—straining to belch, with loud and violent eructations—urine escapes involuntarily—desire for sweetmeats or for strong cheese—daily attacks of suffering soon after dinner (cedron).

MINUTE DOSE.—Section 56, A.

OFFICINAL DOSE.—Adult, ¼ to ½ grain pill, every 4 to 6 hours. Child, see Section 56, A.

(A) The nitrate of silver, in officinal doses, stands in the first rank as a *Nerve tonic*, controls the most violent *Hysterical mania*, as in childbed; and *Convulsions* during or at the beginning of labor. Whilst the system is under the influence of the nitrate of silver, *Epilepsy* stands aloof, even for years. It is excellent in *Typhoid Fever*, and very efficient for the *Diarrhœa of Phthisis.*

(B) The Argentum nitricum, in minute doses, dispels *weakness of mind and body;* controls *Trembling of the limbs—Paralytic conditions—Paralysis of the eyelids.*—Said to ward off the invasion of *Consumption*, by increasing the influence of oxygen in the organism, thus exchanging an earthy complexion for the freshness of youth. It relieves the oppression of *Emphysema* as if by unbinding a cord at the waist. Cures *Clergyman's sore throat—Indigestion*, when the stomach is gorged with wind, very difficult to eructate *—Ulceration of* the stomach with horrible pains, especially after eating—*Flooding* at the change of life—*Incontinence of urine*, dribbling constant—*Wetting the bed.*

**Purulent Ophthalmia of Infants.**—Keep the eyes constantly cleansed, by sponging them day and night with Bo-

racic acid water, 4 per cent. solution, and brush the everted lids daily with Nitrate of Silver solution in water, 1 grain to the ounce. If the cornea is affected there may be need to use Atropia solution, 1/8 grain to the ounce of water, one drop in the eye every 3 hours. Beside the topical treatment, Argentum nitrate should be administered internally, in minute doses, 3 times a day.

(C) **Chronic Nasal Catarrh.**—Argentum nitricum, in minute doses, taken twice a day, is the remedy that has survived as the fittest. The same for *Chronic Gastric Catarrh.*

**Fissure in Ano.**—Apply a solution of Nitrate of Silver, 5 or 10 grains to the ounce of water; make the application thorough, and if one application is not sufficient repeat the operation. The most obstinate case may be cured in 3 weeks by this mode of treatment.

**Offensive Foot Sweat.**—Wash the feet thoroughly, and wipe them dry; then apply Nitrate of Silver in solution, 40 grains to the ounce of water; do this once a week, making the application with a sponge.

## SECTION 130.

### SOAP.

(A) **Old Burns** (that will not heal).—Apply a plaster made of Castile soap, using a little water, and heat to make the paste; this will do the work. Soap plaster is also the thing for a *Bunion.*

**Constipation—Costive stools.**—In order to move the baby's bowels, moisten a little ball of soap, size of a large pea, and insert it into the anus, well up; directly there will be an expulsive effort of the bowel and a passage secured. For older children a ball as large as a marble. For adults, a ball as large as a hulled walnut, push it far up; it will soon operate.

(B) A ball of Aloes, of size suited to age, inserted high up into the anus, is sure death and destruction to *seat worms.*

**Liniment for Rheumatism.**—Soap liniment 3 ounces, with oil of wintergreen 1 ounce, mix. Apply as often as convenient.

## SECTION 131.

### SODA.

GENERAL INDICATIONS *for the Carbonate.*—Violent continuous hawking—griping pains after eating—milk disagrees—ailments worse before a thunder storm (Rhododendron)—aggravation of suffering during full moon.

MINUTE DOSE.—Natrum carb., Section 56, A.

OFFICINAL DOSE.—Adult, 10 to 60 grains of the Bicarbonate—Carbonate dry 5 to 15 grains. Child, see Section 56, A.

(A) Bicarbonate of Soda (baking soda), saturated solution in water, frequently applied, banishes *Eczema—Crusta Lactea—Itching Eruptions—Itching of piles.* Applied to the head hot, it always soothes, and frequently cures *Headache.* A saturated solution of baking soda, in full doses, frequently repeated, is the most rapid and complete antidote to the *soluble salt poisons* (corrosive sublimate, acetate of lead, blue vitriol, etc.).

**Ophthalmia—Blepharitis.**—Keep the crusts soaked off of the lids with a solution of the carbonate of soda, 10 grains to the ounce of water; and anoint with salve, made of the yellow oxide of mercury 2 grains to the ounce of vaseline, and take internally mercury biniodide, dose, Section 56, A.

**Offensive Nasal Catarrh.**—Reported cures by snuffing up into the nostrils a saturated solution of soda in water, 4 times a day.

**Acidity of the Stomach.**—Baking soda in water, saturated solution, adult, a tablespoonful or less, taken from time to time as occasion may require; this neutralizes the acid.

**Tinea Versicolor.**—Wash the parts with soap suds and wipe dry; then apply Hyposulphite of soda 1 drachm, to

Rose water 1 ounce, mixed; this treatment is specific. The same, 10 grains to the ounce of Rose water applied, dispels *Pityriasis*, and gives great relief in *Erysipelas*.

(B) Bisulphate of soda in solution, 15 grains to the ounce of water, applied, quickly subdues *Pruritus* or *any Local Itching*.

**Burn or Scald.**—The most approved treatment is to put ½ pound of baking soda into a quart of cold water, and with this solution saturate lint or soft cloths, and apply them to the injured part; keep them constantly wet with the solution; make no attempt to remove the dressing for several days; when it is removed, if no suppuration has ensued, finish the treatment with Zinc ointment. If, however, pus has formed, then dust the ulcer frequently with Fuller's earth, or "Mineral earth"; if very offensive use charcoal powder, and as soon as the sore becomes healthy, finish the cure with Zinc ointment.

**Dropsy after Scarlet Fever.**—In a suitable amount of hot water in a basin, dissolve enough baking soda to make it slippery; with this solution sponge the patient all over, twice a day, bathing a small surface at a time, and wiping dry the parts bathed, as you proceed. In 200 cases of scarlet fever treated in this manner, not one case of dropsy occurred.

## SECTION 132.

### STARCH.

(A) **Chapped Hands.**—Rub them with starch powder, especially after taking them out of suds or dish water. The same applied to *erysipelas* allays the heat and pain.

(B) **Discoloration from a Bruise.**—Moisten starch powder or arrow root, with cold water, and lay it on the bruised part. The same is very soothing when applied to a *raw oozing surface.* For the removal of a *cicatrice or scar*, cut it cleanly off, and dress it daily with perchloride of iron 1 drachm, and collodion 2 drachms, mixed; a barely perceptible line will be the result.

(C) **Dysentery** (very painful with excessive straining).—"Inject into the bowel from time to time as occasion requires boiled starch, adult, 2 ounces at a time, containing 20 drops of Laudanum, or 5 grains of Chloral hydrate. For child, adapt quantity to suit age." The same enema, greatly relieves the *pain from stone lodged in the ureter.*

## SECTION 133.

### ST. JOHN'S WORT.

GENERAL INDICATIONS *for Hypericum.*—Ailments resulting from injuries, especially from crush and puncture wounds in the hands or feet, and from falls on the back—pains in the scars or seats of old wounds—craving for pickles and hot drinks.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the Fluid Extract—Tincture ½ to 1 drachm. Child, see Section 56, B.

Hypericum, in minute doses, is the right remedy to take in case of Hurts of various kinds—Nervous disorders from falls and injuries—Nervous shock, from fright or fall—Ailments from falls upon the back, even of years' standing, such as cough, asthma, pain in the spine, pain in the head, meningitis, inability to retain the urine or stool, inability to walk.

Hypericum administered in minute doses, and applied as a lotion 10 to 20 per cent. solution in water, is the best possible treatment for sprains involving the nerves—Pains after amputation—Pains from wounded nerves—Neuralgia in seat of old wounds—Pains from bites of animals, or mangled wounds—Convulsions after every slight injury, as a fall or pinch of the fingers—Threatened Lockjaw from injuries received in the soles of the feet or palms of the hands, or from the prick of a pin or nail.

**Leucorrhœa of Little Girls** (milk white, corroding).—Hypericum, in minute doses, taken before meals and on going to bed (Iodia).

## SECTION 134.

### STONE ROOT.

GENERAL INDICATIONS *for Collinsonia.*—Habitual constipation with piles, and pain in stomach and bowels.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, 2 to 15 minims of the Fluid extract—Tincture 10 to 30 drops—Fresh decoction of the root, strong, a wineglassful 3 times a day, before meals; this is the preferable way of using it. Child, see Section 56, B.

(A) Collinsonia in ordinary doses, especially in decoction of the root, is the true remedy for *Constipation and the Ailments attendant upon constipation*, especially Gastralgia, Colic, Griping pains in the bowels, Piles, Painful irregular menses, Suppression or overflow of menses—Hemorrhage from the lungs—Loss of voice—Catarrh of the chest—Vertigo—Loss of memory, especially of old people—Loss of appetite; first-class stomach tonic—Diarrhœa—Dysentery—Proctitis—Cholera Infantum—Cholera Morbus

**Piles.**—The one grand specific remedy is Collinsonia, taken in ordinary doses, 4 times a day, cure in a week.

Gluten suppositories are certainly excellent for Piles, especially if attended with constipation. Piles coated with common varnish, applied with a brush, soon vanish. The greatest comfort in the world for sore painful piles, is obtained by application of bruised leaves of the broad leaf Plantain.

**Gravel.**—Collinsonia, in full doses, 3 times a day for a week, then twice a day for a week, lastly once a day for a week, breaks the diathesis, and establishes the cure.

(B) "Boil a red beet in a quart of water, eat the beet and drink the tea in the course of three days, and you will

have no more gravel. The same is a very efficient *emmenagogue.*"

(C) "Chimaphila tincture, adult, 5 to 10 drops in a wineglass of water, taken every 3 hours, is the remedy for *gravel, bloody mucous urine*, and *catarrh of the bladder with mucus discharges.*"

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# SECTION 135.

## SUGAR.

**Wound Dressing.**—Keep the wound completely covered with pulverized sugar; this is equal to Iodoform.

**Baby's Sore Mouth.**—Reduce granulated sugar, by moisture, to consistence of an ointment, and with the finger rub this upon the sore surface several times a day.

**Diabetes.**—A case reported cured by eating freely of maple sugar.

**Speedy Purgative.**—Sugar of milk, adult, 3 teaspoonfuls in half teacup of hot milk or hot water; taken one hour before breakfast, will move the bowels in two hours.

**Universal Antidote to Poison.**—Sugar in water, solution thick and rich as can be swallowed, fill the stomach full. If the kind of poison taken is *not known*, give white of egg and strong coffee with the sugar—If *metallic*, give white of egg and soap water with the sugar—If *acid* or corrosive, give chalk water, or magnesia water, with the sugar—If *alkaloid*, give sour milk or vinegar with the sugar.

## SECTION 136.

### SULPHUR.

GENERAL INDICATIONS *for Sulphur.*—Unhealthy skin—itching eruptions—heat at the top of the head and soles of the feet—flushes of heat with sweat and faintness (Sepia)—feeling of exhaustion at 11 A.M., must eat something before dinner—stooping gait—most uncomfortable when standing—better moving about slowly—aversion to being washed, dread of taking a bath.

GENERAL INDICATIONS *for Sulphuric acid.*—Feeling as if trembling, yet not trembling—doing everything hurriedly—undigested stools, watery—aversion to the smell of coffee—ailments worse in cool, wet weather—pains come on gradually, and cease suddenly.

MINUTE DOSE.—Sulphur, Section 56, A—Sulphuric acid, Section 56, B.

OFFICINAL DOSE.—Adult, 1 to 3 drachms of precip. or sublim.—Stimulant dose 5 to 10 grains—Laxative dose 20 to 60 grains, best taken in milk, honey or treacle—Sulphuric acid dilute 5 to 10 minims in a wineglass of water—Sulphurous acid 30 to 60 drops. It is claimed that any disease curable by Sulphur, may be better treated with sulphurous acid. Child dose, see Section 56, A or B.

(A) Rubbing the parts affected with sulphur powder is highly beneficial for *Cramps in the calves—Lumbago—Sciatica—Locomotor Ataxia—Paralysis—Rheumatism;* if the rheumatism is in the legs, then the inside of the stockings should be dusted with the powder. Sulphur dusted upon an *Open Cancer*, kills the cancer cells.

Carrying sulphur about the person serves as a guard against the infection of cholera, and is claimed as a preven-

tive of piles, rheumatism, colic and cramp. Burning sulphur in camp, keeps cholera and smallpox at a respectful distance.

($A^2$) Sulphurous acid in water, 1 part to 7 solution, frequently applied, cures Parasitic Skin Diseases—Favus and Ringworm. It also makes an excellent Dressing for wounds, gives instant relief to Wound Pain, and promotes union by first intention; it is equally suitable for open Unhealthy Wounds, even gangrenous, and is a very suitable application for Bruises—Sprains—Chilblains and Sore Nipples. The same solution added to Rose water, in the proportion of 1 drachm to 4 ounces, constitutes an excellent *gargle* for Relaxed Sore Throat—Palate down—Clergyman's Sore Throat and *Sore Mouth.* Sulphuric acid in water, 1 part to 4, solution applied cures *Pruritus.*

(B) Sulphur in minute doses is the true remedy for *Itching eruptions,* and *Skin affections* with itching, burning after scratching—Prurigo—Pruritus. *It acts powerfully upon the eye,* and cures Ophthalmia, acute and chronic—Pterygion—Pannus—Hypopyon—"Ground glass cornea"—Adhesions and Opacities.

**Night Terrors**—(case reported).—During two years every night after falling asleep, patient suddenly started up and screamed, leaped from the bed and ran about the room, like a maniac. Cured with sulphur in minute doses.

**Diphtheria.**—"Sulphuric acid concentrated, 4 drops in a tumbler of water, adult, take all at one dose (child, see Section 56, B). Relief in 10 minutes, one dose cures." Sulphur powder blown through a tube into the throat upon the patches, is said to dissolve the pseudo-membrane and cure the disease.

**Diarrhœa.**—Sulphuric acid dilute, in officinal doses, is one of our best remedies for diarrhœa, especially of children teething.

**Typhoid Fever** (reported case).—Delirious stupor, tongue black. Sulphurous acid 60 drops in a tumbler of

water: of this solution adult, took 1 teaspoonful every hour; next day the tongue was clean and mind clear.

**Disinfectant.**—To disinfect a room, use 1 ounce of sulphur to every cubic yard of space in the room. Have two earthen vessels, one small to set within the other; in the larger one put some wet sand, and in the smaller one the sulphur powder, moistened with alcohol; when ready set fire to the sulphur and keep the room closed for twenty-four hours; remove metallic substances, or those that must remain anoint with oil. All germs and microbes are directly destroyed by the fumes of the burning sulphur. A few drops of sulphurous acid, mixed with an equal quantity of alcohol, sprinkled in the bottom of a trunk completely disinfects the whole contents.

(C) Bromine in a bottle *uncorked*, allowed to stand in a closed room, during twenty-four hours, will effectually destroy all insects, and germ life therein; it is a perfect disinfectant, and *guard against infection.*

(D) **Hay Fever—Rose Cold.**—Put 10 grains of the flowers of sulphur into a cup, and moisten it with alcohol, and set it on fire, and inhale the fumes during 5 or 10 minutes at a time, 4 times a day; this is claimed as a specific. The same for Chronic Sore Throat—Follicular Pharyngitis—Chronic Bronchitis—Chronic Catarrh—Consumption.

☞ "During 44 years in my factory where a large quantity of sulphur is evaporated daily, none of the many laborers have ever been affected with consumption; but frequently persons in the beginning stage, have been cured in a few weeks. Bronchial catarrh and other bronchial affections were invariably cured in a short time. Consumptive patients during the first eight or ten days, had an increase of cough and expectoration, then this aggravation ceased, and recovery was rapid."

**Pimples.**—Dust the face with sulphur powder, every night on going to bed—reported cures.

## SECTION 137.

### TANNIN.

**Carbuncle.**—Sprinkle Tannin upon it in dry powder as long as it will dissolve; wash this off, and apply fresh every day; the effect is magical. Same for *Sore Nipples.*

**Ranula.**—Apply a weak solution of Tannic acid.

**Nipples prepared.**—Tannic acid 4 ounces; Glycerine 1 drachm; and water 2 drachms; mix. Apply daily for a week or two in advance of confinement. Same for *Tender Feet.*

**Hemorrhage.**—"Dissolve a 15-grain powder of Gallic acid in a little water, and toss it off at one gulp. Sure success."

(A) **Piles.**—Tannin and Glycerine equal parts by weight: mix, and apply several times a day. Same for *Sore Nipples;* and for *excoriation* and *abrasion* from any cause.

(B) Glycerine of Tannin (1 drachm of Tannin to 4 ounces of Glycerine), applied with camel-hair brush, is a very superior remedy for *Nasal Catarrh;* sometimes a single application will effect a cure; it should be applied freely without hesitation. It may be poured into a basin with a little water, and snuffed up the nose until it drips back into the throat. It is equally good for *Catarrhal Affections of the Throat—Relaxed Sore Throat—Elongated Uvula.* Swab out the throat thoroughly with the Glycerole, the patient will make a fuss for a moment, but be grateful forever after. For *Discharge from the Ears* a few drops of the Glycerole should be poured into the ear, and retained by a plug of cotton; a few applications will generally cure the most obstinate cases. *Deafness* may be cured in the same way.

## SECTION 138.

### THORN-APPLE.

GENERAL INDICATIONS *for Stramonium.*—Painless ailments—rapid speech—trembling limbs—feeling worse when in the dark, and alone, and immediately after sleep—staggering when walking in the dark—desire for light and company.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 2 to 4 drops of the Fluid Extract—Tincture, 10 to 20 minims. Child, see Section 56, B.

(A) Stramonium, in minute doses, is the right remedy for Meningitis with loquacity. Furious, immodest Delirium—Erotomania—Mania for light and company—Religious Monomania—Loss of memory—Convulsions without loss of consciousness (Nux vomi)—Stuttering, stammering speech.

**Asthma.**—Stramonium leaves, 20 grains; put in a pipe and smoke it, or roll the same into cigarettes and smoke them.

**St. Vitus' Dance.**—Stramonium, minute doses; *provided* Hyoscyamus, dose 56, B, *first tried*, should fail.

**Puerperal Convulsions.**—"I never failed yet with stramonium tincture, 20 drops; repeated in half an hour, if necessary."

**Puerperal Mania.**—"Stramonium tincture, 10 drops, taken every 3 hours, soon restores calm and renews the flow of milk. The same in full doses controls *Hydrophobia.*"

☞ (B) **Hyoscyamus**—The nearest congener to stramonium, stands as the foremost remedy for Loss of memory—Monomania—Sunstroke—Prostration from heat—Ner-

vous Palpitation of the heart—Choking spells (Cocculus)—Shaking Palsy—Night Cough—Habitual Vomiting after eating—Black vomit in typhoid.

For Hypodermatic Use.—The Formula—Hyoscyamia (crystals) 2 grains; Glycerine 100 minims; Aquæ destil. 100 minims; Acid carbol. ½ grain. Mix. Filter. Adult, 1 to 2 minims ($\frac{1}{100}$ to $\frac{1}{50}$ grain in solution). This is the usual dose, but in extreme cases of Maniacal Excitement $\frac{1}{10}$ to $\frac{1}{5}$ grain may have to be employed.

Used especially for Mania, acute and chronic—Epileptic Mania—Mental Delusions—Chronic Dementia—*Insomnia*—Paralysis Agitans—Mercurial Trembling—Senile Trembling—Chorea—Hiccough—Pains of Locomotor Ataxia.

## SECTION 139.

### TURPENTINE.

GENERAL INDICATIONS.—Urine bloody, or having a smoky appearance—tongue red, glassy, smooth—abdomen bloated from gas.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 5 to 60 drops of the Oil of Turpentine—stimulant, antispasmodic, diuretic, 10 to 30 minims—Anthelmintic purgative 2 to 4 drachms—Enema 1 ounce in 15 ounces of Mucilage of Starch. Child, see Section 36, B.

(A) **Pain.**—Into a suitable bottle put 2 tablespoonfuls of the Oil of Turpentine and 3 tablespoonfuls of Vinegar; then beat the yolk of an egg until thin, and add to it 6 tablespoonfuls of water, and stir well; then put this into the bottle, and shake it well before using it; cloths saturated with this mixture and applied to the seat of pain soon quell the suffering.

The most perfect hypodermatic pain subduer yet discovered is Theine, a most powerful anodyne, quick and persistent in its influences, not at all poisonous to the higher nerve centres, like morphia and agents of that class. It relieves pain by acting from the centre toward the periphery, hence the dose should be inserted *above* the seat of pain, that is, between it and the spine, and in the immediate neighborhood of the pain. It relieves pain in five minutes, and by daily repetitions of the dose, will cure in a few days the most obstinate, long standing, painful affections. Adult, $\frac{1}{10}$ to $\frac{1}{5}$ grain. Even $\frac{1}{3}$ grain doses are entirely free from dangerous consequences; we have used a one per cent. watery solution 10 minims usually at a dose, with perfect satisfaction; larger doses are required in some cases.

**Anæsthesia.**—The pure rectified spirits of Turpentine administered by inhalation is said to be a better and safer anæsthetic than ether or chloroform. During the inhalation the eyes of the patient should be protected, by suitable bandage, from the smarting fumes of the turpentine.

**Pains—Cramps—Spasms.**—Turpentine by inhalation relieves and subdues them instanter. Flannel cloths wrung out of hot water, and saturated with oil or spirits of turpentine and applied, directly relieve *deep-seated pain* in the chest, stomach, abdomen or kidney.

**Diphtheria.**—Oil of Turpentine (to a child 7 years old) 1 teaspoonful in ½ teacupful of warm milk, given morning and evening, acts like a charm.

Cases considered lost, patient already at death's door, reported cured, by burning in the room, near the patient, a mixture of turpentine and tar in a pan or deep dish; the room becomes filled with the fumes, and directly the patient breathes more easily, the false membranes become detached and are expectorated—in a few days recovery complete.

**Croup.**—Turpentine on sugar, 3-drop doses every ½ hour taken; and topical applications made to the throat and chest, by flannel cloths wrung out of hot water and saturated with the turpentine; (the applied cloths covered with dry compresses) is considered a sovereign remedy.

**Whooping Cough.**—A case reported cured by dropping oil of Turpentine upon the child's pillow, so that the fumes of it might be inhaled during sleep. The inhalation of common burning gas, 5 minutes at a time, 5 times a day, soon puts an end to whooping cough.

**Asthma.**—Pour turpentine upon boiling water, contained in a bowl, and inhale the fumes; this gives instant relief. Reported 50 cases of asthma cured in succession, with fluid extract of Jaborandi; adult, 4 drops, taken morning and noon, and 8 drops on going to bed at night.

**Hemorrhage from the Lungs** — (raising blood).— Sprinkle Turpentine upon a cloth and hold it to the mouth and nose; the fumes inhaled will arrest the bleeding. The Oil of Turpentine taken in milk, 5 drops for an adult, taken as often as the case may require, arrests almost any hemorrhage from internal parts; in urgent cases an adult may take 30-drop doses.

**Purpura Hæmorrhagica.**—Case reported (child 3 years old) cured in 5 days, by taking 7 drops of turpentine every 3 hours.

**Consumption.**—A case reported cured in 3 months by inhaling fumes of turpentine from a sponge, sprinkled therewith and held to the mouth and nose 5 minutes at a time, 5 times a day.

**Typhoid Fever.**—"Oil of Turpentine, Gum Arabic, and Sugar; 2 drachms of each; mix; and while triturating them in the mortar, slowly add 4 ounces of cinnamon water. Of this to an adult give 1 teaspoonful every 4 hours. This is the only treatment required for typhoid fever; no matter how relaxed the bowels are, all goes well—a perfect triumph."

($A_2$) If *Tympanitis* should ensue, aid the treatment by injections of Turpentine in milk.

**Lock-Jaw from a Wound.**—Pour hot Oil of Turpentine into the wound, and keep it saturated therewith.

(B) **Bright's Disease—Nephritis.**—Turpentine, in small doses, frequently repeated, we regard as the best remedy that we have for this disease. The same for *Dropsy with albuminuria—Enuresis—Bloody urine.*

**Worms.**—Turpentine, 5 to 10 drops, in milk or on sugar, taken on an empty stomach, 3 mornings in succession, is sure death to worms. Oil of Turpentine, adult, 3 teaspoonfuls, taken in milk and combined with a little castor oil, kills *Tapeworm.*

(C) **Prolapsus Ani**—(bowel down).—Replace the bowel;

then sprinkle turpentine upon some live coals in a chamber vessel, and sit upon it. The same for Dysentery.

**Lumbago.**—Venice Turpentine. Adult, drop doses of the tincture repeated every 20 minutes relieve the pain in 3 hours. (Lithiated Hydrangea.)

**Hospital Gangrene.**—Oil of Turpentine. Most efficient application.

**Corns.**—Before retiring to bed at night, bind cotton on the corn, and saturate the cotton with turpentine. Four or five applications will remove the corn.

# SECTION 140.

## VERATRUM.

GENERAL INDICATIONS *for Veratrum Album.*—Retching and violent straining to vomit—cold sweat upon the forehead—coldness from pain—desire for very cold drinks.

GENERAL INDICATIONS *for Veratrum Viride.*—Rapid pulse with slow breathing—tongue yellow along the central line—feeling worse when rising up in bed.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult 2 to 4 minims of the Fluid Extract of Veratrum album—Veratrum Viride, Fluid Extract 2 to 4 minims—Tincture 2 to 8 drops. Child, see Section 56, B.

(A) Veratrum Viride, adult usually 1 to 5 drops of the tincture taken in water, repeated according to the requirements of the case, see Section 56, controls in a masterly manner *Acute Brain Congestion*—Brain Fever with threatening of Spasms—*Convulsions*—Chorea—Acute Insanity—Puerperal Mania and Spasms—Spasms of Meningitis, in extreme cases 15 drops may be given at the first dose and in an hour 10 drops more, then 5 drops every 3 hours—*Fever in general*—Yellow fever, almost specific—Puerperal fever, 5 drops every 10 minutes until relief, then lengthen the intervals—Milk Fever—*Pneumonia*, cuts the disease short in a week—Pleurisy—Hemorrhage attended with nausea "unfailing"—Erysipelas, aid the internal treatment, by painting the parts affected several times a day with the tincture of Veratrum Viride diluted—*Tympanitis*, attendant upon typhoid fever; adult take 10 drops of the tincture every 2 hours, until free emesis is produced, after which not a trace of the meteorism will be seen.

**Spine Curve.**—Veratrum ointment—8 grains to the ounce of Vaseline, applied to the seat of pain and weakness gives great relief.

(B) The same for Inflamed joints, from sprains or injuries; and Inflamed Bunions. The veratrum ointment is a good general anti-pain unguent.

# SECTION 141.

## VIBURNUM.

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, ½ to 1 drachm of the Fluid Extract of Viburnum opulus—Viburnum prunifolium Fluid Extract 1 to 2 drachms. Child, see Section 56, B.

**Easy Labor Insured.**—Begin 2 weeks in advance of time expected, and take viburnum opulus tincture, 5 drops, 3 times a day, the result is said to be an easy labor, without an after-pain. It is advertised that Viburnum Compound renders labor quick and easy, and prevents cramp and after pains.

**Membranous Dysmenorrhœa.**—A case long standing reported cured; with Viburnum Opulus, 3 drops, 3 times a day.

**Miscarriage Prevented** (even after membranes ruptured).—Viburnum prunifolium, (fluid extract) take 1 drachm every hour until the pains are assuaged, and afterward as a guard, ½ drachm, once or twice a day, as long as seems needful.

(A) Vibernum compound taken in the same way will prevent miscarriage, and induce quiet sleep, even when opium cannot be tolerated. It is the great Lady's remedy; every *derangement of the female function*, it is said to benefit or cure; also *Neuralgia* and *Colic;* especially Baby's Colic and Children's Spasms—claimed to be the safest soothing medicine ever used for fretful babies.

**Flooding.**—A case reported, patient sinking; when Viburnum Compound, 2 teaspoonfuls in a little water sweetened, was given every 10 minutes and saved the life. "For all Internal Hemorrhage it is the sheet-anchor."

## SECTION 142.

### VINEGAR.

OFFICINAL DOSE.—Adult 1 drachm of the Acetic acid. Child, see Section 56, B.

HYPODERMATIC DOSE.—

Adult, 8 to 10 minims of Glacial Acetic Acid in solution. Employed in the treatment of Carcinoma, by injections into the tumor, and for Ununited Fracture, by injection between the fractured ends (Iodine used for the same).

(A) Acetic acid in officinal doses, has been employed with great benefit in the treatment of Chronic Pneumonia—Consumption—Hectic Fever—Night Sweat—Hemorrhage—Anæmia—Dropsy. A case reported in which the fumes of boiling vinegar, inhaled 5 minutes at a time, 5 times a day, arrested *Consumption.*

(B) Rubbing the spine thoroughly 3 times a day with hot vinegar, especially that part nearest the seat of ailment, is said to have effected cures of *Paralysis* of the limbs, and of internal organs—Incontinence of Urine—Involuntary stools—Asthma—Pains of various kinds in different parts of the body.

**Crusta Lactea—Milk Crust.**—Cut off the hair closely, wash the scalp thoroughly with Castile soap, and apply to the scalp twice a day pure cider vinegar diluted with water 1 part to 3. Viola tricolor, (fluid extract) 3 drops, 3 times a day, effects rapid cures. "Use ichthyol soap."

**Nose Bleed.**—Plug the nostril with cotton saturated with dilute vinegar.

**Nasal Polypus.**—Inject into the tumor, 5 drops of Acetic acid; in four or five days it will drop off.

**Influenza** (recent cold in the head).—Saturate a small pledget of cotton with vinegar and insert it into *one* nostril loosely; and after an hour remove it, and insert one in the

other nostril; not so large as to obstruct the breathing—cure in two hours.

**Black specks in the skin of the face.**—Wash the face with vinegar every night on going to bed, and in the morning wash it off with sand-soap.

**Diseased Gums** (foul, spongy).—Use dilute vinegar as a mouth wash; this heals the gums after diphtheria.

**Croup.**—"All that is needed to cure croup, is pure vinegar; give the child ½ teaspoonful, every ¼ hour in a little water. I have not had need to give anything else in croup for years."

**Hiccough.**—A morsel of sugar dipped in vinegar, and placed in the mouth, stops it directly.

**Spinal Weakness.**—Bathe the spine twice a day with vinegar and wine, equal parts, mixed.

**Typhoid and Typhus Fever.**—"Pure vinegar, adult 5 drops on sugar, every hour or two, is often the only remedy needed; at the same time the body should be sponged all over with dilute vinegar 3 times a day."

**Smallpox—Varioloid.**—Of all methods devised for the prevention and cure of varioloid or smallpox, none have proven equal to the vinegar treatment. As a preventive, an adult should take 2 tablespoonfuls of pure cider vinegar, or still better, raspberry vinegar, with or without a little water, one hour after breakfast, and one hour after supper, daily for 14 days; half-grown children and feeble adults may take half this quantity. During an attack of the disease, administer the vinegar in the same way, and fumigate the sick room, twice daily, with vinegar evaporated from a hot shovel.

**Itching Nettle Rash.**—Bathe with vinegar diluted with warm water.

**Birth Mark.**—Soak cotton in strong vinegar, and apply to the nævus by compress; this coagulates the blood in the vessels, the spot becomes hard and yellow, and is thrown off by exfoliation.

(C) **Ring-Worm.**—Apply by sponge or cloth, Acetic acid (8) twice a week for 3 weeks if needful so long. Chrysophanic acid salve 20 grains to the ounce of base; applied daily, and at the same time the acid taken internally (dose, Section 56, A), cures many skin affections, including Ringworm—Eczema—Herpes—Dry and Humid Eruptions, acute and chronic.

**Ulcer.**—Pure vinegar, 10 per cent. solution in water, used as a wash, 3 times a day, gives invariably good results.

**Burn or Scald.**—Apply vinegar full strength, until the pain abates, then remove scabs with poultice and heal with zinc ointment.

**Warts.**—Apply vinegar full strength daily—Soon gone.

**Corns.**—Apply pure cider vinegar, or acetic acid, with camel-hair brush night and morning; in a week no corn; or apply bread crumbs soaked in strong vinegar every night for a week, and then you can pick them off dead.

**Mad Dog Bite.**—"Bathe the wound with hot vinegar and wipe dry, then pour into it several drops of nitric acid; this is an unfailing preventive of Hydrophobia."

(D) **Chronic Gout—Enlarged Joints.**—Into a given quantity of hot vinegar put as much salt as it will dissolve, and with this solution bathe the parts affected, rubbing the lavement well in with the hands for 15 minutes, then dry them by the fire; do this four times a day, until decidedly better, then twice a day for a while, and lastly once a day until the cure is complete. A case of *Chronic Diarrhœa* reported cured, by taking of a saturated solution of salt in vinegar, adult, 1 drachm, three times a day.

## SECTION 143.

### WILD YAM.

GENERAL INDICATIONS *for Dioscorea.* — Person subject to felons—seizures of violent pain in the bowels, sometimes suddenly shifting to the fingers or toes—some relief by walking and rubbing the seat of pain, *none* by bending double—hot fluid stools.

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, ¼ to 1 drachm of the Fluid Extract—Tincture 20 to 60 drops. Child, see Section 56, B.

**Colic** (screaming with pain and vomiting; the pains sometimes suddenly shifting to the extremities.)—"Dioscorea, (fluid extract) adult, 1 teaspoonful, every 5 minutes, is the true specific. I believe it will cure any case of colic. The same by aid of hot sitz baths cured a case of *Renal colic* in 30 minutes."

**Nocturnal Emissions.**—Dioscorea villosa tincture, 5 drops 3 times a day, rarely fails to cure.

**Sinking at the Stomach Pit—Gone feeling in the Stomach—Pyrosis.**—There is no remedy equal to Dioscorea for this condition, even when the drug is taken in minute doses.

## SECTION 144.

### WITCH HAZEL.

GENERAL INDICATIONS *for Hamamelis.*—Passive bleeding, dark blood—enlarged, knotted veins—cold sweat upon the genitals—pains in the region of the groin—aversion to water, nausea even from the thought of drinking it (Phosphorus).

MINUTE DOSE.—Section 56, B.

ORDINARY DOSE.—Adult, ½ to 2 drachms of the Fluid Extract—Hamamelin, 1 to 5 grains. Child, Section 56, B.

(A) Hamamelis, even in minute doses, is as near the specific remedy as possible for *Passive Hemorrhage*—slow, constant bleeding from any part—Purpura Hæmorrhagica—Nose Bleed—Bloody Urine—Vomiting of Blood—Bleeding Piles—Bleeding after the Extraction of a Tooth—Raising Blood from the lungs, coming into the mouth like a warm current—Overflow of Menses—Stupor instead of Menses—*Phlebitis*—Varicose Veins—Ulcers from broken veins—Leucorrhœa bloody—Very sore tender Rheumatism—Inflammation and Enlargement of the Scrotum—Cold Sweat on the Scrotum—Neuralgia of the Testes, worse at night—*Inflammation of the Ovaries*, intense pain in the groin region—Painful Menses—*Vicarious Menstruation*—*Prolapsus ani*, inject 20 drops of the tincture in 4 ounces of water, into the bowel after each passage.

**Varicose Veins.**—Inject 20 minims of Hamamelis Tincture behind the vein, whilst the vein is being lifted up with a fold of the skin: the only after treatment needed is rest; one injection is generally sufficient to effect a radical cure. No inflammation follows the injection.

**Throat Affections**—(acute and chronic inflammation and ulceration—catarrhal affections of the air passages—

hoarseness—affections of the voice of public speakers).—The one grand leading remedy is Hamamelis and pure English Glycerine mixed, in the proportion of 1 part to 2, and used as a lavement, gargle or spray, as often as the case may require.

**Eye Affections**—(ophthalmia—inflammation and ulceration—purulent ophthalmia of infants—excessive lachrymation).—Distilled extract of Witch Hazel (or Pond's extract), diluted with water to suit the case, poured warm into the eye, as often as convenient (it causes no pain), is the most soothing and effective eye lotion that I have ever used. In purulent ophthalmia of infants, the eye must be kept constantly cleansed, and the solution poured into the open eye *warm* after each cleansing; it will certainly cure.

**Milk Secretion Arrested** (when needful in case of weaning).—Rub the breasts with Hamamelis unguent., 4 times a day. If it be desired to dry up the milk in one breast only, then only anoint *that* breast.

**Milk Leg.**—Place the limb affected upon a cushion or pillow in a horizontal position; let patient take Hamamelis in minute doses hourly, and have the limb bathed every 3 hours, with Pond's extract of Witch Hazel or Hamamelis tincture, mixed with Rum in equal parts, applied hot, and the limb wrapped in raw cotton and covered with oil-silk. After the acute stage has passed, bandage the leg, from toes to hip, and keep it bandaged as long as the swelling continues. If pus forms, let it out; the leg must not be used until all of the disease has disappeared.

**Chafing** (rawness in the folds of the skin).—Bathe with Pond's extract of Witch Hazel and water, equal parts.

**Boil—Carbuncle.**—Take Hamamelis in minute doses, and apply Hamamelis tincture in solution (20 drops in ½ teacup of water), keeping the part constantly macerated with the solution by compress. Pond's extract may be used

instead of the tincture of Hamamelis. This treatment is all that can be desired.

(B) **Anal Affections** (fissure, sore, tender piles).—Hamamelis Unguent., frequent applications soon relieves. The same for a *sty*.

**Leucorrhœa.**—Pond's extract of Witch Hazel, 1 tablespoonful in a teacupful of warm water, inject into the vagina, forcing it well up, 3 times a day, this cures most obstinate cases in a few weeks.

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## SECTION 145.

### YEAST.

**Purgative.**—What aperient have we so pleasant, safe and sure as a cup of fresh yeast?

(A) In case of *Bowel obstruction* inject yeast by the quart.

**Boil-Diathesis** (subject to boils, coming in crops).—Take brewer's yeast, adult, a tablespoonful, twice a day for a week; no more boils.

**Colic.**—Adult, take a teacupful of yeast; anon, the pain is gone. Child dose, according to age.

**Inflammation.**—Apply upon the seat of suffering, poultices made of Indian meal, boiled in brewer's yeast, and saturated with laudanum; apply them hot and renew them as often as they become cool.

(B) In case of *threatened mortification* of the bowels; take brewer's yeast, adult, a tablespoonful every 2 hours, and apply yeast poultices upon the abdomen.

## SECTION 146.

### YELLOW JESSAMINE.

GENERAL INDICATIONS *for Gelsemium.*—Numbness of the tongue (Aconite)—blurred vision—feverishness with drowsiness and desire to be alone, perfectly quiet—ailments induced or made worse, by mental worry—feeling of need to be constantly in motion to prevent the action of the heart from ceasing—(Digitalis, exactly the reverse).

MINUTE DOSE.—Section 56, B.

OFFICINAL DOSE.—Adult, 5 to 20 drops of the Fluid extract—Tincture 10 to 50 drops. Child, see Section 56, B.

(A) "Gelsemium, adult, 5 drops of the tincture taken every hour until vision becomes blurred; then in abated doses and lengthened intervals, is the true remedy for *Ague;* it is the grand specific; better than Quinia because it absolutely cures. By a 3 days' course of Gelsemium, once a month, adult, 5 drops every 5 hours, you may bid defiance to malaria." There is no better remedy than Gelsemium for *Fevers in general* — Convulsions — Local Spasms—Paroxysms of Choking—Vaginismus—Tetanus—*Hydrophobia*, perhaps our best hope. Elecampane root, adult, 2 ounces at a dose, every third morning until 3 doses taken; (the root, being bruised and boiled in a pint of new milk down to half pint) is said to be an infallible preventive, if given before spasms have set in. Gelsemium has been used with success for *Paralysis* following diphtheria, drop doses of the tincture—Paralysis of the eyelids, drop doses—Retinitis—Inability to retain the urine, constant dribbling—Delirium Tremens—Apoplexy, first remedy, to restore consciousness—Cold in the head—Sore throat, even diphtheritic—Catarrhal loss of voice—Hiccough—Renal colic, one drop of the tincture every 5 minutes—

*Measles*, minute doses, almost specific—Night sweat, drop doses of tincture every 2 hours—Death-like goneness, and sinking at the pit of the stomach—*Toothache*, drop doses of the tincture every ¼ hour; also if the tooth is hollow saturate a pledget of cotton with the tincture and insert it into the tooth, sure relief.

**Noise in the ears.**—Gelsemium tincture, diluted one-half with water, a few drops in the ear.

**Pimples.**—Gelsemium tincture: take 3 drops 3 times a day for 3 weeks; reported cures. Nitric acid dilute, 5 drops in a wineglass of water, take night and morning, also bathe the face with the same diluted to suit the sensation—reported cures in six weeks.

**Nocturnal Emissions.**—Gelsemiin ½ grain and Lupulin 3 grains, mixed, in one powder, take a powder every night and be cured.

(B) **Lady's Blessing.**—If labor pains are insufficient, or irregular, or the os uteri rigid, let patient take 3 drops of the tincture of Gelsemium every ½ hour; the same to arrest *False pains* and *After pains*. Drop doses of the tincture taken 3 times a day during pregnancy, obviate various ailments incident thereto. Macrotin, 10 per cent. trit., with milk sugar in 3 grain doses, taken every ½ hour, is complete master of *After pains*.

## SECTION 147.

### ZINC.

GENERAL INDICATIONS.—Twitching of the muscles—knotted, varicose veins—fidgety feet—no appetite for breakfast—aversion to sweets, and to warm cooked food—ailments worse from wine.

MINUTE DOSE.—Section 56, A–D.

OFFICINAL DOSE.—Adult, 1 to 2 grains of the Valerianate —Phosphate 1 to 3 grains Sulphate, emetic 15 to 20 grains. Child, see Section 56, A.

Zinc val. in minute doses, has effected astonishing cures of *Violent Neuralgic Headache*, and various Neuralgic Affections of the face and eyes.

Zinc phos. in minute doses, is a valuable remedy for *Mental Derangement*, resulting from bodily disease—Enfeeblement of mind and body from habitual inebriation—Hysteria, foremost remedy—Hypochondriasis—Chorea—Locomotor Ataxia—Somnambulism—*Pterygion* reported cures with minute doses. (Ratanhia.)

**Affections of the Eyes** (ophthalmia, inflammation of the eyes and lids).—Never fail to relieve with lotion made of Acetate of Zinc 2 grains; Sulphate of Morphia 2 grains; and water 1 ounce, mixed. A few drops of the solution poured into the eye 4 times a day.

## SECTION 148.

### SUPPLEMENTARY.

(C) **Cicuta Virosa.**—Dose, Section 56 B–C–D.

*General Indications.*—Vertigo with reeling—jerking of the head and arms—distention of the abdomen—pains abated by thinking of them (Camphor)—morbid craving for charcoal.

A prominent remedy for Mental Derangements—Monomania—Spasm of œsophagus—Somnambulism—Trembling action of the heart—Jerking of the arms and hands—Vertigo with reeling—Cerebro-Spinal Meningitis, Specific—Paralysis of the bladder—Mentagra.

($C_2$) **Cocculus Indicus.**—Dose, Section 56, B.

*General Indications.*—Tottering head, weak neck—wind pain, taking the breath—numb limbs, going to sleep—nausea when cold, or when riding—every little thing annoys—desire for food without appetite—aversion to acids.

Cures Stomach Pains occurring soon after meals—Menstrual Colic—Chlorosis—Nervous Affections—Chorea—Dysphagia—Giddy lightness of the head—Sick stomach, when cold—Paralytic weakness of legs—Paraplegia.

($C_3$) **Colocynthis.**—Dose, Section 56, B.

*General Indications.*—Bowel pains with nausea—colic, forcing to bend double and press upon the seat of pain—constrictive pains, binding like a band (cactus)—jelly-like urine, fetid—ailments worse by eating and drinking—better by drinking coffee.

Cures Spasmodic Colic, paroxysms every 5 to 10 minutes—Dysentery and Diarrhœa, with colic—Scaling of the skin in spots—Stiffness of joints, as if by shortening of the tendons—Sciatica.

($C_4$) **Condurango.**—Dose, 56, B. Used for Rhagades, or deep cracks and fissures, especially about the mouth, and on the tongue—Malignant Sore Mouth—Cancer, almost specific—Gastric Cancer—Gastric Ulcer.

($C_5$) **Conium Maculatum.**—Dose, Section 56, B.

*General Indications.*—Tremulous weakness—giddiness on turning in bed—interrupted flow of urine, it stops and starts—ailments worse during rest, better by walking—desire for salt and acid things.

Adapted to the treatment of ailments resulting from bruise of gland, or shock of spine—Shaking Palsy—Paralytic Condition of elderly people—Locomotor Ataxia—Vertigo on turning in bed—Loss of memory—Apoplexy—Asthma of old people—Induration of testis—Induration of ovaries—Hard lumps in the breasts—Cancerous Induration of glands—Orchitis from a bruise—Enlargement of the liver—Liver spots—Petechiæ of old people—Weakness of sight—Photophobia—Paralysis of eyelids—Cataract from injury. ☞ Hemeralopia (Evening or night blindness), may be cured in 4 or 5 days by procuring some liver of *calf*, sheep, goat, or ox, and placing a slice on some live coals, and holding the face over it so as to receive the fumes upon the eyes, 10 minutes at a time, twice a day. Over twenty cases in succession, reported cured in this way.

(F) **Fluoric Acid, also Fluoride of Calcium.**—Dose, Section 56, B.—Cures Felon—Onychia—Nail Disease—Alopecia—Goitre—Varicosus—Caries—Exostosis—Decay of tooth enamel—Syphilitic Affections of throat and tongue (Condurango)—Opacity of the cornea—Specks on the cornea—Induration of testis—Hard knots in the breasts—Ozæna.

(I) **Ignatia Amara.**—Dose, Section 56, B.

*General Indications.*—Silent grief, sighing—gone, sunken feeling at the stomach—stitches in the rectum—ailments

worse on waking in the morning—sufferings aggravated by the slightest touch, also by the smell of tobacco, or drink of coffee—desire for acids—aversion to warm food.

Suitable remedy for ailments resulting from grief or fright —Hysteria, alternate laughing and crying—Hiccough—Spasmodic Yawning — Clavus — Intercostal Neuralgia— "Gone feeling" at the stomach pit—Coldness or Numbness of the feet—Convulsions from worms, from indigestion, from fright or punishment—Spasm of the glottis (choking) from fright—Twitching about the mouth—Prolapsus ani, with deep stitches in the rectum—Copious flow of pale urine.

($I_2$) **Ichthyol** (fish fossil oil, non-poisonous).—Ordinary dose of the salt, Ammonium-Sulpho-Ichthyolicum; for an adult, 15 grains per day in water—Of the alcoholo-ethereal solution (5 per cent.) 20 drops, 3 times a day—Unguent, Ichthyol and vaseline (or other base), equal parts—Wound dressing, prepared Ichthyol absorbing cotton.

"By combining, when practicable, the internal and external use of Ichthyol, we become armed with the most efficient means yet devised for the treatment of Blood and Skin Diseases—Eczema in all forms and varieties, acute and chronic—Pruritus—Prurigo—Acne Rosacea — Psoriasis—Erysipelas—Lipoma—Acute and Chronic, Articular and Muscular Rheumatism—Acute and Chronic Gout—Tumefaction of Joints—Catarrh of nose and throat (gargle)—Gastric Catarrh—Chronic Constipation—Piles—Wounds—Lesions—Infectious cuts with the dissecting knife."

"In twenty-seven years' practice, having treated over sixty thousand cases, I have never seen such magical cures as those effected with Ichthyol."

*Chronic Eczema*, 8 years' standing, ulcerated, cured in four weeks! *Gout*, the excruciating pain assuaged at once, and cure effected in an incredibly short time! *Infection* from the cut of a dissecting knife, immediate relief and effectual

cure! *Lipoma* removed without the knife, unprecedented results! *Lepra* vanquished as by a giant's hand!

(L) **Lactic Acid.**—This acid when applied in solution, at first from 20 to 30, and afterward from 50 to 75 per cent. and sometimes in full strength, on cotton or sponge, to the parts affected, is said to be the best agent yet discovered with which to combat Fungous Caries—Lupus—Epithelioma—Tubercular Inflammation and Ulceration of the pharynx and larynx.

(M) **Moschus** (musk).—Minute dose, Section 56, B.

*General Indications.*—One cheek or one hand pale and cool, the other red and warm (Chamomile)—chewing motion of the jaw during sleep—evacuation of the bowels during sleep (Arnica)—ailments worse when out doors, better indoors and moving about.

(A) In minute doses Moschus is an excellent remedy for Hysteria and Nervous Palpitation of the heart.

"Musk administered by rectal injections, for an adult 10 grains, with laudanum 20 drops, suspended in an ounce of mucilage of Acacia, effects marvelous results in cases of exhaustion of vital powers—Giving out of nerve centres—Extreme degree of coldness or heat—Sudden Collapse—Death-door conditions in Typhoid Fever—Adynamic Pyæmia—Delirium Tremens of chronic topers—In Hyperpyrexia it reduces the temperature 3 degrees in 20 minutes. *In no case repeat the injections until emergency demands it.*"

NOTE.—Antipyrin, adult, 15 to 20 grains, taken every 3 or 4 hours, is the lauded remedy of the day for reducing temperature, especially for the pyrexia of phthisis. "In *erysipelas*, if temperature is very high, 15 grains may be given, every hour for 3 times, then wait; if necessary, after some hours repeat it in a stronger dose. In *sunstroke*, the use of Antipyrin, either hypodermically, or per rectum, or by mouth, has given excellent results. For the attendant spasmodic conditions the most certain remedy is morphia, thrown

under the skin. The system should be kept full of liquids; give water by injections. In Acute Articular Rheumatism, Antipyrin, adult, 60 to 90 grains affords immediate and complete relief."

(N) **Naphthalin.**—Dose, Section 56, A. Cures Hay Fever in a week by taking a dose every hour during the day—Whooping cough, almost specific—Chronic urethral discharge (acute discharge Gelsemium tincture 5 drops every 3 hours; or Cannabis indica tinct., 1 drop 3 times a day).

(N²) **Nitric Acid.**—Dose, Section 56, B.

*General Indications.*—Ulcers upon the mucous surface of any of the orifices or avenues of the body, with sticking pains as from splinters—dark urine, very strong, rank—ailments worse on waking, and by contact, touch—better when riding—desire for smoked herring and fat food—aversion to bread and meat.

Suitable remedy for Nerve Debility, with weak digestion, and morbid craving for undigestible things—Ulceration upon mucous surfaces, as in mouth, throat, vagina, anus, with pricking sensation, as from splinters—Otorrhœa—Purulent Ophthalmia, with ulceration of the cornea—Mad dog bite ("apply the acid in full strength, immediately to the wound, this never fails to prevent hydrophobia")—Burn produced by nitric acid, may be successfully treated by application of a dilute solution of sulphurous acid—Birth Mark, insert into the nævus the point of a needle immediately after dipping it into pure nitric acid, this will effect its removal, leaving but little scar—Condyloma—Node—Sycosis—Syphilis.

(P) **Paraldehyd.**—Ordinary dose, for adult, 20 to 80 drops. Child, see Section 56, B. "This remedy lulls pain and produces refreshing sleep, without after bad effects—splendid for Insomnia following a debauch—simply invaluable for colic, screaming spells, and sleeplessness of infants; the result is all that can be desired; the dose should be

given in sweetened water, if pure it tastes somewhat like peppermint, not disagreeable. It warms the stomach and gives a delightful sense of rest."

($P^2$) **Prussic Acid, also Lauro-cerasus** (Laurel water).—Minute dose, Section 56, B—Ordinary dose, adult, 2 to 5 drops of the dilute acid—Laurel water ½ to 1 drachm (this is preferable to the acid in most cases).

Suitable for Acute Mania—Melancholy—Nervous Palpitation of the heart—Whooping Cough—Spasmodic Cough, with affection of the heart—Dyspepsia, with red tongue—Gastrodinia—Cyanosis.

(R) **Ranunculus Bulbosa.**—Dose Section 56, B. Valuable remedy for Rheumatism of the chest—Pleurodynia—Chest Pains of Phthisis—Intercostal Neuralgia—Inframammary pains—Shingles—Sciatica.

($R^2$) **Rosemary Oil.**—Smelling of this oil relieves or dissipates Nervous Headache and Hysteria. It is also used in the formation of a pomade for promoting the growth of hair, and preventing the hair from falling out; it is also said to keep the hair in curl.

(S) **Senega.**—Minute dose Section 56, B. Officinal dose, for adult, 20 to 40 drops of the fluid extract—Tincture ½ to 2 drachms. Child, see Section 56, B.

*General Indications.*—Painless cough with *bluish* expectoration—weakness in the chest—dropsical condition. Suitable for Bronchitis of old people with oppression of breathing, bluish sputu, and weak chest.

($S^2$) **Squilla** (squills).—Minute dose Section 56, B. Officinal dose for adult, 10 to 30 drops of the fluid extract—syrup ½ to 1 drachm. Child, see Section 56, B. Used with great success for Chronic Bronchitis of feeble persons, with pipes clogged with phlegm and wheezing respiration.

($S^3$) **Sticta Pulmonica.**—Minute dose Section 56, B.

*General Indications.*—Light floating sensation in the limbs, when lying down—hard racking cough, especially in

the evening and night with sleeplessness—dry, sore scabby nostrils—ailments worse at night.

Very superior remedy for Hay Fever—Catarrhal Cough—Acute and Chronic Bronchitis—Acute and Chronic Nasal Catarrh—Acute muscular Rheumatism—Sick Headache, specific — Sleeplessness. "One drop of the tincture on sugar, taken on retiring to bed, insures a good night's rest."

(S⁴) **Sumbul.**—Ordinary dose for adult 10 to 30 minims of the tincture—Fluid extract ½ to 1 drachm. Child, see Section 56, B.

This is a remedy much praised for its efficacy in the treatment of Delirium Tremens—Epilepsy—Nerve Disorders—Hysteria—Neuralgia; perhaps more valuable than any other remedy for Facial Neuralgia, Sciatica, and neuralgia of the ovary—For Insomnia and Restlessness of pregnancy it stands preëminent; is also highly useful for Hypochondriasis.

(V) **Valeriana.**—Minute dose, Section 56, B. Officinal dose for adult 1 drachm of the fluid extract—Tincture 1 to 4 drachms. Child, see Section 56, B.

*General Indications.*—Feeling of coldness about the head—sensation like a string hanging down the throat—frightened feeling when in the dark.

This remedy stands in the first rank for Nervousness—Fidgets—Hysteria—Flushes of heat from the least exertion—Sudden Bloating of the bowels from gas—Hypochondriasis—Copious flow of pale urine.

(W) **Remedies recommended in minute doses** (see Section 56).—[1] *Ambra* for nervousness, sleeplessness, vertigo, pruritus vulvæ.—[2] *Bovista* for eczema, tetter, metrorrhagia, ailments attended with sensation of enlargement of the whole head.—[3] *Causticum* (caustic potash) for cataract, aphony, cough attended with escape of urine, or when the expectoration only comes up far enough to be swallowed, no power to spit it out, paralysis especially of the face or eye-

lids, or of the organs of deglutition, as after diphtheria, enuresis, azoturia (senna), rheumatic arthritis.—[4] *Chamomilla* for violent, insufferable pains with great irritability of temper, affections from anger, neuralgia, earache, toothache, jaundice (*Chelidon*), griping diarrhœa with green stools, bilious colic, menstrual colic, after-pains, metrorrhagia, orchitis, ailments attendant upon teething, child exceedingly cross, only quiet when carried, one cheek red, head damp with warm sweat, especially around the edge of the hair, more when taking food.—[5] *Clematis* for blepharitis, iritis, foul eruptions upon the head, eczema, ill effects of mercury, urethral stricture, orchitis, indurated swelling of the testes.—[6] *Graphites* for falling of the hair, inflammation of the eyelids, noise in the ears, induration of the breasts or ovaries following inflammation, scanty or delaying menses, eczema, psoriases in palms of the hands, exudation of thin sticky fluid from raw places as in the folds of the skin and behind the ears, constipation, stools large and knotty, fissures in the anus, hydrocele.—[7] *Hecla lava* for bone tumors, especially of the jaw bones, and for gum-boils.—[8] *Juglans regia* ("vegetable arsenic") for ecthyma, eczema, suffocating pains in the chest when walking, must stop frequently and rest for relief.—[9] *Lapis albus* for cancerous ulcers, and malignant growths.—[10] *Lycopodium* for acute pneumonia, with fan-like motion of the nostrils, acute articular rheumatism, enteritis of infants, water-brash, sour eructations, flatulence, feeling constantly full, as after eating too much, itching in the anus, congestion of the liver, earthy yellow complexion, gravel, lithiasis, red sand in the urine, plica polonica, intertrigo, aneurism, phthisis, chronic pneumonia with offensive expectoration, chronic bronchitis with muco-purulent sputa, "Fan-like motion of the nostrils is the key-note for Lycopo in any ailment."

(X) [1] *Melilotus officinalis* for headache, "the mere inhalation of the aroma from the mother tincture of sweet clover

immediately arrests headache, whether nervous or congestive."—[2] *Mentha piperita* (peppermint) for dry cough, "specific," cures almost any dry cough in twenty-four hours, and greatly relieves the cough of consumption.—[3] *Mercury* (best form for general use is the iodide) for congestion of the liver, "torpid liver," jaundice (carduus mari). Inflammation of the eye, eyelids, iris, retina, internal ear, mammary glands, liver, kidney (corrosiv.), peritoneum, joints, bones and coverings of the bones. Ulceration upon external and internal surfaces, especially of mouth, throat, intestines, bones. Mumps, measles, scarlet fever, small-pox, intertrigo, syphilis, scrofula, paralysis agitans, earache, toothache in decayed teeth (kreos), ptyalism, vomiting milk, especially nursing babies, ailments attended with indescribable uneasiness and peevish, irritable temper.—[4] *Mizereum* for impetigo, pityriasis, ulceration, periostitis, prurigo (rumex crisp), nodes and nocturnal, pains, shingles, itching of the skin at night in bed, worse by scratching, itching in the vagina, leucorrhœa with terrible irritation in the vagina.—[5] *Millefolium* for hemorrhage in general, especially from the bladder and lungs (acalypha).—[6] *Oleander* for lichen, eruptions upon the head, skin of the whole body very sensitive to friction of the clothing, becomes sore from the chafing, gnawing itching of the skin when undressing as from an eruption, attack of extreme debility, can not talk aloud.—[7] *Oxalic acid* for inflammation of the spinal cord and meninges, also of the tongue, lungs and stomach, "universal success with grain doses in gastritis," chronic throat affections, palpitation of the heart on first lying down at nights, numbness of the finger ends.—[8] *Petroleum* for chronic catarrh in general, (nasal, bronchial, urethral, uterine, intestinal), consumption "the true remedy," ailments attended with the sensation of a cold stone in the heart, gastric troubles with aversion to fat (pulsatil.) daytime diarrhœa, dysentery (alternate ipecac.), fetid foot sweat with tender feet, fetid sweat in the armpits, unhealthy skin tending to fester.—

[9] *Picric acid* for boils in the ears, inflammation of the retina, and internal structure of the eye, softening of the spinal cord, profound anæmia with prostration and vomiting, erotomania, cold weak legs, heavy like lead, or covered with cold clammy sweat.—[10] *Platina* for sycosis, syphilis, excessive menstruation, ovarian affections, melancholy of women, with self-exaltation and contempt of others, "horrifying thoughts," hysterical asthma, ailments attended with putty-like stools hindering expulsion.—[11] *Prunus spinosa* for deep-seated eye pains, and inflammation of internal structure of the eye—[12] *Pulsatilla* for false presentation, attest fifteen cases in succession of spontaneous version after taking a few doses.—[13] *Sabadilla* for hay fever, "cure in a week," chronic nasal catarrh, rheumatic arthritis.—[14] *Sabina* for excessive flow of menses—"hemorrhagic metritis," miscarriage, painful affections of the small joints, constant irritation in the vagina and rectum, ailments attended with pain extending from the sacrum through to the pubes.

(Y)—[1] *Sepia succus* for **displacement of the womb,** painful menses, vulvitis, **chronic nasal catarrh,** "cure two-thirds of all cases," migraine (cyclam.), ring-worm, liver spots, congestion of the liver and whole portal system, lithiasis, pink sediment in urine adhering like paint to the chamber vessel, wetting the bed in the first nap, ailments attended with sudden fainty spells.—[2] *Spongia* for valvular affections of the heart, patient awakes suddenly at night with sense of extreme suffocation (see Section 2, sponge)—[3] *Staphisagria* for blepharitis, sty-diathesis, toothache in decayed teeth, sea sickness, preventive if taken before vomiting sets in (petroleum), prostatitis, spermatorrhœa, ailments attended with exceeding sensitiveness to mental and physical impressions (asafœtida).—[4] *Stannum* for hypochondriasis, bronchiectasis, bronchorrhœa, chronic cough with greenish sputa of sweetish taste, feeling of great weakness and emptiness in the chest, great fatigue from talking, and from going

*down* stairs, phthisis, marasmus, migraine, periodical neuralgia, pains coming on slowly, increasing gradually to a high degree, then as gradually abating, abdominal pains relieved by firm pressure, baby's colic relieved by placing the child upon its stomach, or with breast over the nurse's shoulder—worms, worm affections excellent, ailments attended with intolerable uneasiness and discontent.—[5] *Stillingia* for scrofula, syphilis, nodes and attendant pains.—[6] *Tellurium* for irritation of the spinal cord, otitis media with thin discharge "specific" (for thick discharge pulsatil.).—[7] *Teucrium* for seat worms "specific," nasal polypus, polyuria (uranium, scilla).—[8] *Verbascum* for hemicrania, facial neuralgia, enuresis, there is no better remedy for "wetting the bed."

(Z) **Excerpts.**

*Chronic Nasal Catarrh, Ozæna.*—Cleanse the nostrils with warm salt water, dry the surface with absorbent cotton, introduce daily into each nostril loosely a bit of cotton moistened with a few drops of the essential oil of turpentine, the disagreeable odor of the ozæna will almost immediately vanish, and a permanent cure of the disease be effected in a month.

*Earache.*—Drop into the ear a few drops of cocaine, 2 per cent. solution; this will stop the pain instantly; if it should return after an hour or two, repeat the application.

*Asthenopia and Headache involving the eyes.*—The foremost remedy is onosmodium virgin, dose Section 56, B, taken three or four times a day. Headache at time of menses, involving the eyes, and affecting the sight with vertigo, finds its true remedy in cyclamen europ., dose Section 56, B.

*Cataract.*—Take ammonia four times a day and apply ammonia to the temples; persevere and see.

*Hawking.*—Hepatica triloba, dose Section 56, B, taken four times a day, completely breaks up a habit of hawking and cleanses the lungs of bad sputa, also cures dyspepsia.

*Consumption and Chronic Lung Affections.*—The remedy upon which rests our hope for the future treatment of chronic organic affections of the lungs, is mutisia viciæfolia, a remedy that is claimed positively to cure phthisis, promptly and thoroughly. It is said that consumptives should resort to, or seek employment in lead factories, or be occupied in business where they may daily inhale the fumes of burning rosin or sulphur.

*Falling of the Womb.*—Lappa majora, dose Section 56, B, taken four times a day, will in a short time completely restore the prolapsed uterus to its place.

*Sciatica.*—Adult, take one drop of the tincture of apocynum cannab., in a little water, every half hour, until pain abates, then every hour or two until the disease is vanquished. This is the remedy of first choice in all cases.

*Typhoid Fever* (all stages and types).—Eucalyptus, minute doses (see Section 56, B), controls the high temperature better than any other antifebrile remedy, and conducts the case safely through from beginning to end. In case of tympanites or hemorrhage from the bowels, aid internal treatment by enemata of eucalyptol; to 1 drachm of the oil, beaten up with the yelk of an egg, add a mixture of 1 pint each of milk and water, and throw it well up into the bowel.

# SECTION 149.

## ELECTRO-MAGNETISM.

(Therapeutic application.)

General Rules (to be strictly adhered to, except when expressly mentioned otherwise).—*Apply the positive pole lower than the negative;* that is, farther from the head.

The currents are at times to be divided into two or more branches from the main; thus applying one current to several portions of the body; this will be observed in the directions given for the treatment of quite a number of diseases.

*Never stop the treatment with a current reverse to that with which you started.*

Abbreviations.—P stands for positive pole; N for negative pole; Saddle, for the plate on which the patient sits.

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**Headache, especially sick headache.**—P to saddle and small of back: N to back of neck and stomach.

**Delirium.**—P to hands, feet and lower end of spine: N to temples and back of neck.

**Dropsy on the brain.**—P to hands, feet and saddle: N to back of neck and both sides of the head.

**Baldness, falling of the hair.**—P to saddle: N (the sponge saturated with salt water) to back of neck and all over the scalp; morning and evening.

**Obscure Vision; also Nearsightedness.**—P to saddle: N to back of neck, and upon the eye.

**Blindness.**—P to saddle: N to eye. Apply 15 minutes, the reverse 5 minutes. See general rules.

**Weak eyes.**—P to saddle: N to spine and over and about the eyes.

**Deafness.**—P to saddle or back: N (with sponge pole) in the ear. After 15 minutes' application, reverse 5 minutes. See general rules.

**Toothache.**—P to saddle, hands and feet: N to affected tooth.

**Stammering speech** (impediment).—P to saddle, hands and feet: N to throat and spine.

**Diphtheria.**—P to saddle, hands and feet: N to throat.

**Sore Throat** (quinsy—ulceration).—P to saddle, hands and feet: N to throat and back of neck. After 15 minutes reverse 5 minutes. See general rules.

**Goitre.**—P to saddle: N to the tumor by downward strokes, and to spine between the shoulders.

**Croup.**—P to saddle and back of neck: N to throat and chest.

**Asthma.**—P to breast, spine and saddle: N to hands and feet. After 15 minutes, reverse the current for 5 minutes. See general rules.

**Bronchitis.**—P to saddle and back of neck: N to throat and chest.

**Whooping Cough.**—P to hands, feet and saddle: N to arm pits, back of neck and over the chest.

**Pneumonia** (lung fever).—P to saddle and small of back: N to spine between the shoulders and to the breast. After 15 minutes, reverse the current for 5 minutes. See general rules.

**Weak Lungs** (threatening decline).—P to hands, feet and saddle: N to breast, arm pits and back between the shoulders. Apply 15 minutes, then reverse 5 minutes; don't forget general rules.

**Spitting blood** (hemorrhage from the lungs).—P to saddle and small of back: N to arm pits, breast, and back between shoulders. *No change in current.*

**Pleurisy and Chest pains.**—P to hands, feet and saddle: N to breast and seat of pain—stroking the conductor slowly downward.

**Heart Disease.**—P to saddle, hands and feet: N to breast below the heart and over the chest.

**Dropsy in the Chest.**—P to saddle and small of back: N to back between shoulders and over the chest. Apply for 15 minutes, then reverse current for 5 minutes. See general rule B. When there is œdema, apply P to feet.

**Injury to the Spine.**—P to lower end of spine, hands and feet: N to spine and over the back; *light current*, reverse 5 minutes every quarter hour. See general rules.

**Curvature of the Spine.**—P to saddle, hands and feet: N to front and sides of the body, once a day, an hour at a time, for five days; until the system is fully charged. Then once a day, P to the *concave* side of the curvature, a few inches away from the spine; and N on the opposite side of the curvature a few inches away. Occasionally shift P to the saddle.

**Dyspepsia.**—P to saddle, small of back and stomach: N to back of neck and along the spine behind the chest and stomach.

**"Liver Complaint."**—P to saddle and small of back: N to breast, stomach, sides of the body and back of neck. After 15 minutes, reverse current for 5 minutes. See general rules.

**Jaundice.**—P to feet, hands and stomach: N to sides of body and to spine.

**Cholera; also Cholera Morbus.**—P to stomach and spine behind the stomach: N to saddle.

**Piles; also Fistula, Fissure and Ulcer.**—P to saddle and sometimes in ano: N to spine, whole length.

**Diabetes** (kidney and bladder diseases).—P to saddle: N over kidney region and lower abdomen.

**Inability to retain the Urine.**—P to spine, hands and feet: N over kidney region and lower abdomen.

**Gravel.**—P to kidney region and all over the lower abdomen: N to saddle. Apply for 15 minutes; then reverse 5 minutes. See general rules.

**Impotence.**—P to saddle and small of back: N to spine whole length, and over the lower abdomen. Apply 15 minutes; then reverse current 5 minutes. See general rules.

**"Inward Weakness"** (womb disease).—P between shoulders and over the abdomen: N to saddle. Apply 15 minutes; then reverse 5, and apply again as before, and so on. See general rules.

**Menstrual Irregularities.**—P to saddle and over lower abdomen (in bad cases P per vagina): N to small of back and sides of the body.

**Excessive flow of Menses** (flooding).—P to navel and spine opposite: N to lower end of spine and sides of abdomen.

**Threatening Miscarriage.**—P to navel and spine opposite: N to saddle and lowest point of spine; light current.

**Leucorrhœa** (whites).—P to saddle (in very bad cases, P per vagina): N to lower part of the abdomen, loins and whole length of spine. After 15 minutes' application, reverse current for 5 minutes, then proceed as before and so on: see general rules.

**Cancer or tumor in the womb.**—P to hands, feet and saddle: N to small of back and abdomen over region of the womb. In extreme cases apply P internally, and N to small of back and over kidney region.

**Cancer in the breast.**—P to the tumor: N to saddle.

**Sore nipples, gathering breasts.**—P to saddle: N to parts affected, reverse current frequently.

**Frost bite** (Chilblain).—P to parts affected: N to saddle, hands and feet. If face or ears frosted, reverse the current.

**Fracture** (to facilitate union, and obviate inflammation). Commence treatment on the third day after the fracture, apply once or twice a day, 30 minutes at a time: P below the seat of fracture: and N above it, close proximity as possible. Reverse current every 5 minutes.

**Hip-Joint Disease.**—P to the foot of the affected side: N to the affected joint.

**Corns and Bunions.**—P to parts affected: N held in the hand: reverse the current every 10 minutes.

**Chafing.**—P to hands and feet: N to the affected part.

**Poisoning of the skin.**—P to hands and feet: N (sponge saturated with strong alum water) to the affected parts.

**Felons—Carbuncles—Boils—Bites — Bruises.**—P to the part affected, or as near as possible: N to hands, feet and saddle.

**Erysipelas.**—P to saddle and back: N to parts affected. and adjacent region.

**Ague.**—P to hands and feet: N to spine, whole length. Apply for an hour before time of expected chill. Dumb ague, reverse the current every 10 minutes.

**Hay Fever.**—P to saddle, small of the back, hands and feet: N to back of neck and root of nose. Reverse the current for a little while, every 15 minutes; see general rules.

**Scarlet Fever.**—P to hands and feet: N to the spine, full length. Reverse the current for a few minutes, every quarter hour: see general rules.

**Yellow Fever.**—P to hands and feet, and occasionally passed all over the front of the body: N to the spine, top, bottom, and all along the whole length.

**Brain Fever.**—P to hands, feet and saddle: N to back of neck and over the head.

**Typhoid Fever.**—P to hands, feet and saddle: N to back of neck, and occasionally along the whole length of the body, back and front.

**Measles.**—P to hands, feet and saddle: N to nape of neck, and over the loins. Apply for 15 minutes, then reverse the current for 5 minutes, then continue as before; see general rules.

**Scrofula.**—P to saddle, hands and feet: N to back of neck, along the spine and upon the affected parts. After

15 minutes' application, reverse the current for 5 minutes, then continue as before and so on. See general rules.

**Rheumatism.**—P to feet: N to hands; strong current daily for several days. Then if the pain is in the extremities, apply P to the parts affected; but if the head or about the body, apply N to the seat of pain.

**Gout.**—P to hands, feet and saddle: N to back of neck and to parts affected. Reverse the current for 5 minutes after each quarter-hour application. See general rules, B.

**Neuralgia.**—P to saddle, hands and feet: N to back of neck, along the spine and to seat of pain.

**Paralysis.**—P to hands and feet: N to spine, along the whole length; strong current once a day for several days. Then P to saddle: and N to spine and part affected.

**Epilepsy.**—P to hands and feet: N to spine.

**St. Vitus' Dance.**—P to feet and lower end of spine: N to back of neck and held in hand. Reverse the current every 15 minutes, for a little while. See general rules.

**Lightning Stroke.**—P to hands and feet: N to nape of neck; strong current, remit a minute or two every five minutes; after a few such shocks, reduce the power and continue constant current.

**Drowning.**—"Patient may be restored if rescued from the water, after 20 or 30 minutes in warm weather, or after 10 or 15 minutes in cold weather." Lay patient down on right side and apply P to breast and between shoulders: N to lower end of spine and over the breast. Every 15 minutes reverse current for 5 minutes, then continue as before. See general rules.

**Lock Jaw.**—P to hands, feet and saddle: N to back of neck and under the ear.

**Hysteria.**—P to feet and saddle: N to spine and held in hand. Reverse current for a minute or two, every 10 minutes.

**Convulsions.**—P to feet and saddle: N to spine and held in hand.

**Sun Stroke.**—P to hands, feet and saddle: N to nape of neck and along upper part of spine. After 15 minutes' application, reverse for 5 minutes, then return to the same.

# GLOSSARY.

## A

Acne. Pimple.
Adenitis. Inflammation of a gland.
Agalactia. Lack of milk in the breasts.
Albuminuria. Albumen in the urine.
Alopecia. Falling of the hair.
Amaurosis. Loss of sight.
Amblyopia. Obscure sight.
Amenorrhœa. Suppression of menses.
Anæmia. Deficiency of blood.
Anæsthesia. Nulled sensibility.
Aneurism. Dilated artery.
Angina. Sore throat.
Angina pectoris. "Heart-pang."
Anthrax. Malignant carbuncle.
Antipyretic. Subduing fever.
Antiseptic. Preventing putrefaction.
Anus. End of "the seat bowel."
Aphonia. Loss of voice.
Aphthæ. Thrush.
Apoplexy. "Paralytic stroke."
Arthritis. Inflammation of a joint.
Asphyxia. Suspended respiration.
Asthenopia. Weak sight.
Asthma. Laborious breathing.
Astigmatism. Defective cornea.
Atheroma. Encysted tumor.
Atrophy. Wasting away.
Axilla. The arm-pit.

## B

Balanitis. Inflamed glans.
Blear-eye. Eye obscured with mucus.
Blepharitis. Inflammation of the eyelids.
Blepharo-spasm. Spasm of the eyelids.
Bright's Disease. Disease of the kidney.
Bronchitis. Inflammation of windpipe.
Bronchocele. Enlarged thyroid gland.
Bursa. Enlarged joint-sac.

## C

Cachexia. Vitiated constitution.
Calculi. Lime stones.
Cardiac. Of the heart.
Cardialgia. Stomach-ache.
Caries. Decay of a bone.
Catalepsy. Motionless fit.
Catamenia. The courses.
Cataract. Opaque lens of the eye.
Cephalalgia. Headache.
Cerebro-spinal meningitis. Inflammation of the coverings of the brain and spine.
Chlorosis. Impoverished blood.
Chorea. St. Vitus' dance.
Choroiditis. Inflammation of the choroid coat of the eye.
Cirrhosis. Yellow liver.
Clavus. Pain, as from a nail driven in.
Collapse. Utter prostration of strength.
Coma. Stupor.
Condyloma. Fig-wort.
Conjunctivitis. Inflammation of the eyelids, inside.
Cornea. "The white of the eye."
Crusta lactea. Scald-head.
Cyanosis. Blue disease of infants.
Cystitis. Inflammation of the bladder.

## D

Dementia. Unsound mind.
Diabetes. Increased secretion of urine.
Diaphragm. The midriff.
Diplopia. Double vision.
Diuresis. Excessive flow of urine.
Duodenum. Short bowel leading from the stomach.
Dysphagia. Difficult swallowing.
Dysmenorrhœa. Painful courses.
Dyspnœa. Difficult breathing.
Dysuria. Difficult passing urine.

## E

Eclampsia. Spasm in child-bed.
Ecthyma. Pustular eruption.

Eczema. Vesicular eruption.
Emphysema. Air in the lung-tissue.
Empyema. Pus collection in the system.
Encephalitis. Inflammation of the brain.
Enchondroma. Cartilage growth on bone.
Endocarditis. Inflammation within the heart.
Endometritis. Inflammation within the womb.
Enteritis. Inflammation of the intestines.
Enuresis. "Wetting the bed."
Epilepsy. Habitual convulsions.
Epistaxis. Nose-bleed.
Epithelioma. Skin cancer.
Erotomania. Love madness.
Erysipelas. Inflammatory skin disease with fever.
Erythema. Redness of the skin.
Excrescence. An out growth.
Exostosis. Bone-tumor.

F

Favus. Scald-head.
Fistula. Narrow burrowing ulcer.

G

Ganglion. Tumor within the sheath of a tendon.
Gangrene. Mortification.
Gastralgia. Pain in the stomach.
Gastritis. Inflammation in the stomach.
Glaucoma. Opaque vitreous humor of the eye.
Glossitis. Inflammation of the tongue.
Glycosuria. Glycose in the urine.

H

Hæmatemesis. Vomiting blood.
Hæmaturia. Passing blood with urine.
Hæmoptysis. Spitting blood.
Hemorrhage. Loss of blood.
Hemorrhoids. Piles.
Hemeralopia. Night blindness.
Hemicrania. One side headache.
Hemiplegia. One side paralysis.
Hepatic. Of the liver.
Hernia. Rupture.
Herpes. Tetter.
Hydrocele. Scrotal dropsy.
Hydrocephaloid. Brain affection, from bowel disease of children.
Hydrocephalus. Dropsy on the brain.
Hydrothorax. Dropsy in the chest.
Hyperæmia. Capillary congestion.
Hyper-pyrexia. Excessive fever heat.
Hypertrophy. Enlargement.
Hypochondriasis. Melancholy.
Hypopyon. Pus in the eye chamber.
Hysteria. Hysterics.

I

Icterus. Jaundice.
Ileus. Bowel obstruction, with deep-seated twisting pain.
Imbecility. Weakness of mind.
Impetigo. Moist itching tetter.
Inguinal. Of the groin.
Insomnia. Sleeplessness.
Intertrigo. Chafing.
Iritis. Inflammation of the iris.
Ischuria. Painful flow of urine.

K

Keratitis. Inflammation of the eye-ball.

L

Lachrymation. Excess of tears.
Laryngismus Stridulus. Spasm of the larynx; "crowing respiration."
Laryngitis. Inflammation of the larynx.
Lepra. Skin disease; scaly patches.
Leucorrhœa. "The whites."
Leukæmia. White blood.
Lichen. Itching eruption, forming crusts after scratching.
Lientery. Diarrhœa, with stools of undigested food.
Lithiasis. Gravel.
Lochia. "The cleansings."
Locomotor ataxia. Unsteady gait.
Lumbago. Pain in the small of the back.
Lupus. Corroding ulcer on the face.

M

Mammæ. The female breasts.
Mania. Madness.
Marasmus. "Bowel consumption."

Mastitis. Inflammation of the breasts.
Meningitis. Inflammation of the coverings of the brain.
Menorrhagia. Excess of menses.
Menses. The courses.
Mentagra. Fungous ulcer.
Meteorism. Distention of the abdomen, drum-tight, with wind.
Metritis. Inflammation of the womb.
Metrorrhagia. Hemorrhage from the womb.
Micturition. Act of passing urine.
Migraine. One side headache.
Miliaria. Fine red rash, with fever.
Monomania. Insanity on one subject only.
Myalgia. Pain in a muscle.
Myelitis. Inflammation of the spine.
Myopia. Short sightedness.

## N

Nævus. Birth-mark.
Nephritis. Inflammation of the kidney.
Neuralgia. Nerve-pain.
Node. Lump on a bone.
Noma. "Water-canker."
Nyctalopia. Day blindness.
Nymphomania. Love madness of females.

## O

Obesity. Excessive fatness.
Œdema. Dropsical swelling.
Œsophagus. The Gullet (food channel).
Onychia. Whitlow.
Ophthalmia. Inflammation of the eye.
Orchitis. Scrotal inflammation.
Os uteri. Mouth of the womb.
Ossification. Turning to bone.
Ostitis. Inflammation of bone.
Otalgia. Pain in the ear.
Otorrhœa. Running from the ear.
Ovary. The egg-vessel.
Ozæna. Ulcerative nasal catarrh.

## P

Pannus. Opaque cornea, anteriorly.
Paresis. Partial paralysis.
Pemphigus. Blistery eruptions.
Pericarditis. Inflammation of the heart sac.
Periostitis. Inflammation of the bone coverings.
Peritonitis. Inflammation of the bowel coverings.
Petechiæ. Spots like flea-bites occurring upon the skin during fever.
Petit Mal. Epilepsy without the spasm.
Pharyngitis. Inflammation of the throat.
Phlebitis. Inflammation of the veins.
Photophobia. Dread of light.
Phrenitis. Brain fever.
Phthisis. Consumption.
Pityriasis. Rough, scaly patches on the skin.
Pleurisy. Inflammation of the lung coverings.
Pleuro-pneumonia. Pleurisy and pneumonia combined.
Plica Polonica. Disease of the scalp characterized by matting of the hair.
Pneumonia. Lung fever.
Polyuria. Frequent passing of urine.
Porrigo. Scabby scalp.
Pott's Disease. Disease of the spine bones.
Proctitis. Inflammation of the seat bowel.
Prolapsus ani. "Falling of the bowel."
Prolapsus uteri. "Falling of the womb."
Prurigo. Itching eruption.
Pruritus. Itching.
Psoriasis. Scaly patches on the skin.
Pterygion. Vascular growth coating the eyeball.
Ptyalism. Salivation.
Puerperal. Pertaining to child-bed.
Purpura hæmorrhagica. Purple spots on the skin, and oozing of blood.
Pyæmia. Pus in the blood.
Pyelitis. Inflammation within the kidney.
Pyrexia. Fever heat.
Pyrosis. Heartburn.

## R

Rachitis. Rickets.
Ranula. A lump under the tongue.
Rectum. The "seat bowel."
Renal. Of the kidney.

Retinitis. Inflammation of the retina.
Rhagades. Cracks.
Roseola. French measles.
Rupia. Scabby ulcerating eruption.

S

Sarcocele. Scrotal swelling.
Sarcoma. Fleshy tumor.
Satyriasis. Love madness.
Scabies. The itch.
Sciatica. Neuralgia in the back of the thigh.
Scirrhus. Induration of tissue.
Sclerotitis. Inflammation of the sclerotic membrane of the eye.
Scorbutus. Scurvy.
Seborrhœa. Oily or flaky skin.
Septicæmia. Unhealthy blood.
Stomatitis. Inflammation in the mouth.
Strabismus. Squinting.
Strangury. Inability to urinate.
Struma. Scrofula.
Sycosis. Fig-wort.
Syncope. Fainting.
Synovitis. Inflammation within the cavity of a joint.

T

Tabes. "Bowel consumption."
Tampon. A plug.
Tenesmus. Straining down upon the bowel or bladder.
Tetanus. Lockjaw.
Tic Douloureux. Neuralgia in the face.
Tinea. Scald-head.
Tinnitus Aurium. Ringing in the ears.
Tonsillitis. Quinsy.
Trachoma. Granular eyelids.
Traumatic. From an injury.
Trichiniasis (Trichinasis). Disease from eating "measly pork."
Trismus. Lockjaw.
Tuberculosis. The morbid condition giving rise to tubercles.
Tympanites. Distention of the abdomen with gas; drum-tight.

U

Uræmia. Poisoning of the blood by urine retained in the system.
Urticaria. Nettle rash.
Uterus. The womb.
Uvula. The middle of the soft palate, that hangs down.

V

Vagina. The channel to the womb.
Vaginismus. Spasmodic constriction of the vagina.
Varicocele. Dilated condition of the scrotal veins.
Varicose veins. "Knotted veins."
Variola. Smallpox.
Vertigo. Giddiness.

# REPERTORIAL INDEX.

The numbers used in this index *refer to sections*, not to pages. The *numbers enclosed in parentheses* refer to sections noting the remedies, which, in minute doses, are suitable for the diseases named, although in the sections referred to, it is not so stated.

*Em.* refers to Electro-magnetism. Sec. 149.

When several remedies are recommended for the same disease, the preference for one or the other may be determined by consulting the general indications given for each.


Abrasion—see Skin.

Abscess—apply, 28, 31 C, 42, 83, 91, 106: take (17 A), 128 A, D—speedy to head, 83 B—opened without pain, 3, 32, 44—opened without the knife, 115.

Acacia—1.

Acidity—128 J—see Stomach.

Acne—see Face.

Aconite—2—poisoning, 59 hypoderm.

Actæa—21.

Adenitis—see Gland.

Adenoma—32 hypoderm.

Æsculus—72.

Æthusa—(sub.), 1.

After-birth, expelled—14, (50), 103.

After-pains—17 A, 21, 31, 49, 86, 119, 148 W (4), 146 B—hypoderm., 107—prevention, 141.

Agalactia—see Milk.

Agaricus—27.

Agnine (sub.), 66.

Ague—take 7 A, 8, 11, 31, 32, 38, 45, 49, 51, 55, 61, 70, 77 A (78), 80, 101 B (103, 117), 120 A, 126 (140 alb), 146 A—of children, 127—hypoderm., 80, 120: apply, 14, 74, 106, 126—cure for a penny, 69 $I^3$—cure for a dime, 120—guard against ague, 67, 69 O, 126, 146 A—Chronic, 11, 74, 120 hypoderm.—from worms, 127—with jaundice, 77 A.

Air in doors purified, 35, 36, 69 J, 110—ozone, 110—see Disinfectants.

Albuminuria—11, 16, 80, 96 (110), 115 F, 128 A, 139 B.

Alcohol—3—alcoholism, habit, 44, 74 B, 103 A, 104, 120, 147—hypoderm., 45, 103—surfeit, 53 S.

Aletris—4.

Allium—106.

Aloes—5.

Alopecia.—see Hair.

Alum—6.

Alumina—42.

Amaurosis—10, 17 (84, 110)—paralytic, 103 hypoderm.—see Sight.

Ambra—(sub.), 51—148 W (1).

Amblyopia—(103, 127), 103 hypoderm.—see Sight.

Amenorrhœa—see Menses.

Ammonia—7.

Amputation dressing—3, 61, 91, 125—pain prevented, 3 B, 106, 133—see Wound.

Amyl—8.

Anæmia—(10), 79, 119 B, 128 E, 142 A, 148 $C^2$, 148 X (9).

Anæsthesia—preparation, 107 hypoderm.—*general:* 38, 59, 60, 139—safe in labor, 38, 69 $B^2$, 139—by rapid breathing, 69 $A^2$, —by gazing at a bright object, 69 $A^2$—*local:* to the throat, 44—to any internal surface, 44—to teeth, for extracting without pain, 59, 68—to felon, abscess, etc., for opening without pain, 3, 32, 38, 44, 59 A, 75—to abdomen, during labor, for nulling pain, 38—to fissure, or ulcer in ano, 44, 77 I—painless caustic, 40 A, 50 E—anæsthetic condition of parts—see Numbness.

Aneurism—50 hypoderm.—69 N 3, 148 W (10).

Anger—148 W (4).
Angina faucium—see Throat.
Angina Pectoris—8, 8, 11, 29 (49), 101 A (148 $P^2$)—hypoderm. 8, 107—best guard, 11.
Aniline—(sub.), 44.
Anise—(sub.), 13, 41.
Anthrax—11, 32 (128 H).
Antidotes—to poisons in general, 105, 131 A, 135—to animal matter, 3, 11 (32)—to impure vaccine, 9, 11, 128 A—to vegetable poisons in general, 31—to aconite, 59 hypoderm.—to arsenic, 88—to atropia or belladonna, 17—to acetate of lead 131 A—to blue vitriol, 131 A—to mercury and lead in the system, 115 B—to opium or morphia, 8, 45, 75, 107—to phosphorus, 105 (turpentine)—to nux vomica or strychnia, 37 hypoderm., 45, 103—to veratrum, 59 hypoderm.—to snake venom in general, 3, 7, 67, 77, 113: copperhead, aconite: rattlesnake, 67, 77—to skin poisoning, apply, 36, 57, 88, 115: take, 122 B—for invenomed wounds, 3, 113.
Antimony—12.
Antipyretics—see Fever.
Antiseptics—apply 35, 36, 37, 42, 77 J, 90, 91, 115 G, 126, 136 A: take, 11, 13, 15, 32, 120, 128 H—"vinegar stands head"—see Disinfectants, also Fetid odor.
Anus—fissure, 44, 69 $R^3$, 113, 115 G, 129, 144, 148 W (6)—fistula, 69 $S^3$—ulcer, 44, 113, 115 G, 128 A, 148 $N^2$—prolapsus ani: apply, 25, 139, 144 B: take, 72, 76, 79 B, 92, 103 A, 103 hypoder., 148 I—itching in the anus—see Pruritus—symptoms of the anus, under general indications: burning, 7, 23—dryness and pricking, 72—tingling, tickling, 100—soreness relieved by cold water applied, 5, 42, 70—stitches, 148 I.
Aphonia—see Voice.
Aphthæ—see Mouth.
Apis—70.
Apocynum andro—(sub.), 46.
Apocynum canna—(sub.), 68.
Apoplexy—2, 8, 17 A, 39, 79 A (103–107), 110, 146 A, 148 C 5—hypoderm., 50—from heat, 120 hypoderm., 138 B—during the fit, 2, 146 A—guard, 69 $R^4$, 79 A.
Apparent death—at birth, 69 R, 69 $D^3$—from anæsthesia, 8, 69 R, 101—from coal gas, 69 R—from convulsions, 74—from hemorrhage, 74—how to discriminate between real and apparent death, 69 S, 69 Y, 69 $A^2$, 69 $O^3$—what to do in case of doubt, 69 Y—signs of approaching death, 69 $O^3$—see Drowning, Frozen Condition, Lightning Stroke, Sunstroke.
Appetite—symptoms under general indications:—defective, lost, 4, 7, (10), 22, 23, 53 D, M, 65, 79 A, 119 B, 134 A—no appetite for breakfast, 147—aversion to all food, 13, 46, 78: to warm food, 9, 110, 140, 147, 148 I: to bread, 126, 148 $N^2$: to meat, 64, 88, 148 $N^2$: to fat, 35, 50, 117, 120, 148 X, (8): to milk, 35—milk disagrees, 88, 131—potatoes disagree, 42—morbid craving, as for chalk, pencils, etc., 42, 88, 148 $N^2$: for charcoal, 148 C: for strong drink, 74 B—ravenous hunger, 68, 77—night hunger, 110—desire for food soon after meals, 77, 114, 127: for cold food, 7, 9, 110, 140, 147: for fat, 103, 148 $N^2$: for eggs, 88 carb: for herring, 148 $N^2$: for salt, 126, 148 $C^5$.
Arbor vitæ—9.
Argentum nit—129.
Arm-pit—see Axilla.
Arnica—10.
Arsenic—11—arsenic poisoning, 88.
Arthritis—see Joints
Asafœtida—13.
Asclepias syria—(sub.), 46.
Asclepias tuber—(sub.), 26.
Asphyxia—see Apparent Death.
Asthenopia—(21, 41 A, 62 A, 126) 148 Z—see Sight.
Asthma—Em. 2, 7, 11, 11 B, 32, 43, 45, 54, 69 $L^4$, 77, 78, 80, 87 Yerba, 101 B, 115, 138, 139, 142 B, (148 $C^5$)—hypoderm., 37, 80, 107 A—apply: 7, 77—instant relief, 8, 139—especially for old people, (148 $C^5$)—hysterical, 148 X (10)

from repelled eruption, 19, (136)—from a fall, 133—choking with phlegm, (12, 78)—chronic 107 A, 115, 139—fifty cures in succession, 80, 139—not failed once in twenty-five years, 115.
Asthma of Millar—2 (17), 36, 49, 120 A, 128 I, 148 I—hypoderm., 107.
Astigmatism—70 A—see Sight.
Atheroma—69 N³ (110).
Athetosis—(103).
Atrophy—(marasmus)—11, 65, 66 B, 77 A, 79 E, 88 A, 105, 109, 110 E, (128 E), 148 Y⁴—diet, 53 L, M, 57—progressive muscular, 27 A, (84, 110); hypoderm., 103.
Atropia—17—poisoning, 17.
Aurum—64.
Aversion—see Appetite.
Axilla—abscess, apply: 28, 83—take: 128 A, D—sweat, see perspiration.
Azoturia—148 W, (3).

Baby's card—syncope at birth, 69 R, 69 D³—squint at birth, 10—spasms at birth, 10 (128 D)—scalp tumor at birth (128 A, 148 F)—restless, feverish, colicky, cross, 31, 34, 47, 106, 127, worms, 141 A, 148 P, 148 W, (4)—best food, 53 L, M.
Back—lame, weak, giving out, 16, 17 D, 25, 72, 103 hypoderm.—cold between the shoulders, 7.
Balanitis—(9).
Baldness—see Hair.
Bandage—14.
Baptisia—15.
Barber's Itch—32, (48).
Barberry—16.
Barrenness—see Sterility.
Beard removed from lady's face, 69 T³.
Bed-bug, avaunt—126.
Bed-room kept pure—see Air.
Bed-sore—3, 20 B, 42, 69 N—containing maggots, 90.
Bee sting—10, 69 G⁴, 85, 106, 126.
Belching—see Eructation.
Belladonna—17—plaster, 17 D—poisoning, 17.
Benzoic acid—18.
Benzoin—18.
Berberis—16.
Better—(symptoms under general indications).
*After* eating, 21, 77, 112—after drinking coffee, 148 C³—after sleeping, 110.
*By* cold water applied: 5, 42, 70—by drinking cold water, 49, 110—by eating cold food, 110—by pressing upon the painful part, 24, 26, 128 I, 148 C³—by rubbing the parts affected, 30, 76, 143—by thinking of the pain, 31, 148 C—by stooping, 46—by wrapping up the head, 128 A.
*During* motion, 16, 19, 23, 85 A, 79, 115 (iod.), 122, 136, 143, 148 C⁵—during rest or repose, 21, 26, 146.
*When* warm, 11, 17, 77, (115, carb. bichro. iod.) 128 I—when warm in bed, 85—when lying down in a dark room, 22—when out doors, 106, 117—when riding, 148 N²—when swallowing, 123.
Biliousness—32, 86, 92, 128 G—diet, 53 G.
Birth-mark—see Nævus.
Bismuth—20.
Bites—of flies, 41, 69 B³—of mosquitoes, 85—of spiders, 126—of snakes, 3, 7, 17 B, 67, 69 E³, 77, 113: hypoderm., 3, 7, 59—of animals Em. 88, 133—of mad dogs, see Hydrophobia.
Bittersweet—19.
Bitter taste—see Taste.
Black snake root—21.
Black specks—see Face.
Bladder—irritation, inflammation Em. 16 A (17), 18 B, 30 C, 50 A (68 indica), 70, 81, 89, 94 B (103), 121, 122 aroma—paralysis of the sphincter, 50 hypoderm. See Urine Dribbling.
Blear eye—62 (146).
Bleeding (hemorrhage) attended with nausea, 78, 140 A—from the bladder, urine bloody, 7 B (10), 16 A (17), 41, 134 C, 139 B, 144 A, 148 X (5)—from the bowel, 7 B (10), 78, 110 A, 144 A—from the

gums (99), 128 H, 144 A—from the lungs Em., 2, 7 B (10), 29, 41, 50 hypoderm., 69 P 78, 87, 102 (110), 134 A, 137, 139, 142 A, 144 A, 148 X (5)—after exposure to cold wind, 2—from mouth or throat after surgical operation, 38—from the navel (6), 69 $T^2$; guard, 69 $Z^3$, 79 G—from the nose, 6, 8, 10, 47, 50 hypoderm., 69 $Q^2$, 69 $H^4$, 71, 78, 93, 110 A, 128 B, H, 142, 144—grasp the nose with thumb and finger, breathe only through the mouth—from piles, 2, 50 hypoderm. (79 G), 144 A—from the stomach, bloody vomit (10), 41, 78, 137, 140 A, 144 A—from the socket, after tooth drawn, 6, 69 $Z^3$, 144 A—from the womb, 6, 10, 14 A, 16 B, 24 B, 41, 50, 50 hypoderm., 52, 65, 68, 69 $M^2$, 74, 77, 78, 79, 86, 129 B, 137, 140 A, 142 C, 144 A—last extreme, 52, 74—guard against flooding, 14, 69 $M^2$ (78, 120)—from a wound, 3, 6, 10, 38, 74, 79 G.

Blepharitis—see Eye.

Blepharospasm—see Eye.

Blindness—2, 17 A—see Sight.

Blisters on the lips—10, 126.

Blistering plaster—37, 98.

Bloat—see Œdema.

Blood poison—see Pyæmia.

Bloodroot—22.

Blood tumor on scalp—128 A, 148 F.

Blue Flag—23.

Boil—apply Em. 10, 28, 31 C, 42, 69 $S^2$ (83), 106, 144—to abort it, 31 C, 69 $S^2$—take 10, 17, 128 A, D, 145—small hard boils, 128 A—preventives, 10 (136), 145—boils in the ears, 148 X (9).

Bone—inflammation: ostitis and periostitis (13, 64), 110 A, 114 A, 115 B (128 A, B), 148 X (3), 148 X (4)—ulceration caries, 13, 32, 64, 88 B, 94 C, 110 A, 115 $E^2$, 123, 128 A, D, 148 F, 148 L, 148 X (3)—nightly bone pains, 64 (114 A), 115 B, 148 X (4)—bone tumor, 2, 128 A, 148 F, 148 W (7).

Borax—24.

Bovista—148 W (2).

Bowel—obstruction, 52, 69 $J^2$, 107, 126, 145 A: hypoderm., 17, 107, 107 A—involuntary passages, 5, 23 (107), 110, 133: especially in sleep, 10—inflammation; see Enteritis—ulceration, 148 X (3) cramp, 49, 75, 107 hypoderm., see Diarrhœa, Constipation, Colic.

Brace—25.

Brain—congestion Em., 2, 11, 17 A (26, 49), 50 B, 101, 128 B, 140 A, 146—inflammation, phrenitis, meningitis, 2, 10, 17 A, 26, 27, 39, 50 B, 128 B, C, 138 A, B, 140 A: hypoderm., 50, 107—cerebro-spinal meningitis, 3, 17 A, 21, 24 A, 49, 78, 88 E sweat, (128 B, C), 140 A, 146, 148 C, 148 X (7): hypoderm., 50, 107—brain fag, 45, 104, 110 A, 128 A: diet, 53 B—anæmia, atrophy, paralysis of brain (110 A, 147)—serous exudation upon the brain, hydrocephalus, acute, 10, 26, 39 (54), 68 (70), 69 $E^2$, 80 hypoderm., 128 C: chronic, 10, 11 (32, 39, 53 O), 88 A, 110 A, 115 B, 128 C—exhaustion of the brain, from diarrhœa, hydrocephaloid, 110 A (147)—irritation of the brain from teething (17 A), 92, 128 I, 140—shock, 101, 133: hypoderm., 8, 59, 107 hypoderm. guard—softening of the brain (110), 128 H—brain trouble from repelled eruption, or from study or grief, 49.

Breasts—inflammation, threatening to gather. Apply Em., 17 D, 28, 42, 74, 114: take 17, 114, 128 B, C, 148 X (3)—suppuration, see Abscess—pain in the breasts when the milk flows in, 114—induration of the breasts, hard lumps, 77 G, 128 A, 148 $C^5$, 148 F, 148 W (6)—malignant growths, 77 G, 148 $C^5$ see Cancer—shrunken breasts, 75—preparation of the breasts before confinement, 10, 69 $Q^3$, 86—baby's breasts, swollen, hard and tender, 10—for other particulars, see Milk.

Breath foul, 35, 36, 63, 115, 128 H—from eating onions, 106—from smoking tobacco (36).

Breathing—see Respiration.

Bright's Disease—11 (54), 68 (70), 74, D$^2$ (79, 84), 94, 115, 139—diet, 53 J, 94—indications of the disease, 69 V, 69 A$^4$.
Broken breasts—128 A, D—see Breasts.
Broken leg—hint, 69 P$^3$.
Bromal-hydrate, poisoning—17 hypoderm.
Bromidia—(sub.), 68.
Bromine—(sub.), 32, 77, 136.
Bromo-Caffeine—(sub.), 45.
Bromo-Chloralum—(sub.), 36.
Bronchiectasis—148 Y (4).
Bronchitis—*acute* (always a cough): Em., 2, 7 A (12, 26), 77 C (78), 80, 87, 105 (110, 115), 126 A, 128 B, C, 148 S$^3$—stitching pains (2, 26)—hoarse cough (2, 110, 115)—pipes clogged with phlegm (12, 78)—hypoderm., 80, 107 A—*Chronic*—Em., 6, 7 A (11), 15, 18 C, 29, 65, 66 B, 77 C, 80, 86, 87, 88 B, D (110, 117, 128 C, D, **136** D, 148 S, S$^2$, S$^3$, 148 W (10), 148 Z: diagnostic hint, 69 F$^2$—see Cough.
Bronchocele—77 D, I.
Bronchorrhœa—6 (18), 80, 128 A, 148 Y (4), hypoderm., 80.
Bruise, contusion—Em., 3, 10, 74, 84, 91, 133, 136 A$^2$—to remove discoloration, 132—bruised sore feeling: under general indications, 10, 15, 21.
Bryonia—26.
Bug Agaric—27.
Bunion—Em., 130 A, 140 B.
Burn and scald—apply, 3, 30, 32, 35, 37 A, 44, 57, 66, 74, 83, **84**, **88**, **131**, 142—take, (11, 30, 122, tox.)—burn from nitric acid, 148 N$^2$—ulceration from a burn: apply, 35: take, 128 A, D—very obstinate, 130—see Ulcer.
Burning pains—general indications: 2, 11, 30, 122.
Bursa—18 (128 A).
Bursitis—(128 A, 148 S$^3$).
Cabbage—28.
Cachexia—general, 10—see Quinia. see Mercury.
Cactus—29.
Caffein—45.
Calabar bean—(sub.), 80.
Calcarea—88.
Calcium phos.—(sub.), 128.
Calcium sulph.—(sub.), 128.
Calculi—see Liver and Kidney.
Calendula—91.
Calomel—(sub.), 77.
Camphor—31.
Cancer—Em., 2, 9, **11**, 20, 32, 36, 40, 43, 50, 63 (65), 69 L$^3$, 77 A, 86, 88, 90 (110), 114 B, 115, **121**, 128 A, 136 A, 148 C$^4$, 148 C$^5$, 148 W (9)—especially of the glands, 148 C$^5$—of the tongue, 115, 148 C$^4$—of the womb (9, 11), 50, 57, 77 A, 115—of the stomach, 11, 20, 32, 66 B, 148 C$^4$—bleeding cancer (79 G), 88, 90 (110)—pain subdued, 43, 86, 107 hypoderm.—fetor obviated, 36, 63, 90, 115 G—relapse prevented after excision, 32—removal without the knife, 40 A, 50 E, **121**—diet, 53 C.
Cannabis—68.
Cantharis—30.
Capsicum—(sub.), **125**.
Carbolic acid—32.
Carboline—(sub.), 61.
Carbo veg.—35.
Carbuncle—apply Em., 10, 28, 31, 52, 77, 84, 91, 106, 115, 137, 144—take 10 (11, 17), 128 A, D—aborted, 31, 77, 91, 137—opened without the knife, 115.
Carcinoma — 142 hypoderm. — see Cancer.
Cardiac—see Heart.
Cardialgia—103 hypoderm.—see Stomach.
Caries—see Bone.
Castor Oil—33, rendered palatable, 69 X$^2$.
Catalepsy—(21), 49 (68, 128 I, 148 C).
Catamenia—see Menses.
Cataract—46 (127), 128 A, 148 C$^5$, 148 W (3), 148 Z.
Catarrh (see Mucus)—acute nasal see Colds—*chronic nasal*, apply 6, 20, 24, 32, 36 A, 51, 77 K, **124**, 131, 136 D, 137 B, 144, 148 Z—take 7 brom., 11 B, 13, 21, 22, 24 A, 32, 64, 65, 87, 88 A, **115** D (117, 128 A, C, D), **129**, 136 D,

**148** F, 148 I², 148 N², 148 S³, 148 X (8), 148 X (13), 148 Y, (1)—pharyngeal see Throat—bronchial, 7, 88 B, 115, 134, 136 D see Bronchitis—gastric (12, 19), 32, 74 D² (78, 103), 115 C, 129 C, 148 I² see Dyspepsia—catarrh of the bladder 6 (18, 19), 30, 50 A, 81 (89, 94), **121**, 122 aromat., 134 C see Cystitis—guard against catarrh, 53 C.
Catarrhal fever—see Fever.
Catechu—(sub.), 24.
Catheterism—30 D (92).
Caulophyllum—(sub.), 21, 46.
Caustic, painless—40 A, 50 E.
Causticum—148 W (3).
Cedron—(sub.), 17.
Celery—(celerina), 34.
Cephalalgia—see Head.
Cerebro-spinal meningitis—see Brain.
Cerium oxal.—(sub.), 17.
Chafing—see Skin.
Chamomilla—148 W (4).
Change of life—8, 21, 22, 80, 101 (136, 148 V)—flooding, 129 B.
Charcoal—35.
Chelidonia—(sub.), 92.
Chapped lip and hands—(5), 18 A, 66, 132.
Chenopodium—(sub.), 127.
Chest—diagnostic symptoms, 69 X, 3 C—chest pains in general, Em., 69 R⁴, 77 H, 148 R, 148 W (8): hypoderm., 37, 80—under general indications: burning, 7—coldness, 89—weakness, 77, 110, 148 S, 148 Y (4).
Chewing motion of the jaw in sleep—39, 148 M.
Chicken-pox—9, 12, 69 G².
Chilblain—apply Em., 28, 61, 66, 86—take, 27, 128 A, C, D, 136 A².
Child-bed—*fever*, 2, 7 A, 11, 17 A, 26, 29, 32, 103, 107, 120, 128 B, 140 A, 146 A: low grade, 11, 120 A—preventive, 36—*mania*, 17 A, 21, 68 (128 H, 129), 138, 140 A: hypoderm., 37, 107, 138 B: deep gloom, 21 (128 H)—*spasms* (2), 17 A, 37 hypoderm., 38, 69 Q (101), 128 I, H, 129 A, 138, 140 A—see Labor.
Children's ailments—105—see Baby's Card.
Chill—congestive (14), 31, 88 E, sweat—sudden chill from exposure, 2—nervous, shivers, 21 (146)—want of vital heat, 85, 117, 128 A.
Chimaphil—(sub.), 134.
China (cinchona)—120.
Chloral—37—poisoning, 103 hypoderm.
Chlorine (chlorides)—36.
Chloroform—38—narcosis, 38: hypoderm., 8, 54.
Chlorosis—(11), 79 (84, 119 A), 128 E (129), 142 A, 148 C².
Choking—13, 115 A, 138 B, (146 A), 148 C, C²—hysterical, 13—under general indications: from food, 42, 115—from liquids, 30—from worms, 126 B—from phlegm (12, 78)—see Spasm.
Cholera—Em., (2), 11, **31**, 38, 47, 48, 49 (50), 74 (110), 136, 140—hypoderm., 37, 59—collapse, 11, 59, 128 H: hypoderm., 8, 107—cure with one dose, 38—over one hundred cures in succession, 74—guard, 31, 136 A.
Cholerine—(78, 110).
Cholera Infantum—1 Æth. (2), 23, 31, 45, 48 B, 53 L *diet*, 57, 88, 109, **121**, 128 B, 134 A.
Cholera Morbus—Em., 23, 48 B, 49, 78, 109, 134 A—hypoderm., 37, 59.
Chorea—(St. Vitus' dance), Em., 11, 21, 27 (49), 104, 128 I, **138** B, 140 A (147), 148 C²—from worms, 127—hypoderm., 138 B.
Choroiditis—78.
Christmas Rose—39.
Chromic acid—(sub.), 40.
Chromium—40.
Chronic Diseases—32, 53 M. food cure, 64, 74—hot water cure, 110 B, 128 C.
Chrysophanic acid—142 D.
Chyluria—16 A.
Cicatrice removed—132 B.
Cicuta—148 C.
Cimicifuga—21.
Cina (santonine)—27.
Cinchona—120.
Cinnamon—41.
Cirrhosis—2, 11 (110).

Cistus—123.
Citric acid—86.
Clairvoyance—(2, 68), 110 A.
Clavus—103 A (117, 128 I), 148 I.
Clay—42.
"Cleansings"—see Lochia.
Clematis—148 W (5).
Clergyman's sore throat—(10, 110), 129 B, 136 A[2], 144.
Climacteric ailments—see Change of Life.
Climate cure—of consumption, 69 P, of malaria, 69 O—of rabies; "none on the Pacific coast."
Clover—43.
Cloves—(sub.), 47.
Club-foot and other deformities prevented—110 C.
Coca—44, 40 (sub.).
Cocaine oleate—(sub.), 38.
Cocculus—148 C[2].
Coccyodinia—38, hypoderm.
Codeia—(sub.) 107.
Cod-liver oil—(sub.), 66—rendered palatable (66), 69 X[2], 126.
Coffee—45.
Colchicum—46.
Colds (coryza, influenza, acute, catarrh)—2, **7**, 11 (17), 19, 31, 53 P, 57, 73—sweat, 74, 80 B, 82, 86, 88 E sweat, 96, 106 (128 B), 142, 146 A—cold settled in the jaw after having tooth extracted, 6 A—diet guard against disposition to colds, 53 C.
Coldness—(under general indications), 85, 117, 128 A—from pain, 140 alba.—in spots as if touched with the point of an icicle, 27—inward, 123—in the chest, 89—in the bowels, 115 brom.—about the head, 128 A, 148 V—of the feet see Feet.—of the back, 7—ailments attended with coldness, 85, 117, 128—cold sweat on the forehead, 140 alb.—cold sweat on the genitals, 144.
Cold water—47.
Colic—apply Em., 14, 38, 45, 74, 75—take 1 (2), 7 (17), 23, 41, **45**, 49, 74 (84), 103 B, 106, 107, 127, 128 I, 134 A, 140 alb., 141 A, **143**, 145, 148 C[2], **148** C[3], 148 P, 148 W (4), 148 Y (4)—baby's colic, 1, 7, 13, 31, 34, 45, 47, 53 L food, 71, 83, 103 B, 106, 115 A, 128 I, 141 A, 148 P, 148 W (4), 148 Y (4)—preventive of colic, 136 A: in infants, 13, 69 T[2], A—bilious colic, 23, 107 (128 G), 143, 148 W (4)—gall-stone pain, and gravel pain see Liver and Kidney—lead colic, 6, 107—menstrual colic, 128 I, 148 C[2]—see Menses painful.
Collapse—7, 11, 101, 107 (110 A), 128 H, 148 M.
Collinsonia—134.
Collodion—48.
Colocynth—148 C[3].
Coloring for medical tinctures and powders—69 A[3].
Coma—(2), 45, 75, 79 A—of infants, 92—hypoderm., 50—when menses should appear, 144.
Complexion beautified—18, 69 W[3], 69 R[4].
Compound fracture—3, 32, 84, 91, 133, 136 A—see Wound.
Concussion—10, 133.
Condurango—148 C[4].
Condyloma—9, 148 N[2]—see Sycosis.
Confinement—see Child-bed.
Congestion—in general, 2, 14, 50, 88 E, 93, 116, 128 B, 140 A, 146—see Organs affected.
Congestive chill—see Chill.
Conium—148 C[5].
Conjunctivitis—see Eye.
Consciousness, lost—see Apparent Death.
Constipation—17 (26, 42), 47, 53 M, 58, 69 L, 69 I[2] (84), 103 A (107, 109), **134**, 148 W (6)—habitual, 5, 58, 74 D[2], 92, 103 A, 134, 148 I[2]—with piles, 103 A, 134—of infants, 33, 53 L food, 65, 83, 92, 103 A, 105, 135—character of the stools, under general indications: dry and crumbly, 7—dry and hard as if burnt, 26, 42—in balls like sheep dung, 84, 107—pain for hours before stool, 115 carb.—purgatives, 5, 23, 33, 63, 92, 106, 130, 135, 145.
Consumption, decline—Em., 11, 11 B, **15**, 53 M, O diet, **66** A, B, 69 P, 69 F[2] hint, 69 I[4], 69 R[4] sleep cure,

74 A, 77 L, 86, 87, 88 B, D, 94 B, C, 97, 110, 115, 128 A, 129 B, **136** D, 139, 142 A, 148 L, 148 M, 148 W (10), 148 X (8), 148 Y (4), **148** Z, —from suppressed menses, 50, 87 —restoration in twelve weeks, 139 —climate cure, 69 P—guard, 53 C, 129.

Contagion, guard—in general, 32 A, 36, 69 $Z^2$, 67, 106, 136 C—against scarlet fever, 17, 53 N, 69 $V^3$—against smallpox, 9, 115, 136, 142 —against malaria, 67, 69 O, 126, 146 A—against yellow fever, 125.

Convalescence—diet, 53 T, 94 C.

Convulsions—see Spasms.

Copper—49.

Cornea—inflammation, 11, 62, 64 (70), 115 D, 128 A, B (144, 147)—ulceration (11) 61, 64, 115 D, 128 A, D, 136 B, 144 (147), 148 $N^2$—opacity (62, 58 sativa), 115 D, 128 A, D, 136 B, 148 F — "ground glass cornea" 136 B—specks on the cornea, **121**, 128 A, D, 148 F —adhesions, 136 B.

Corns—Em., 28, 126, 139, 142—removed without pain, 3.

Corpulence, reduced—53 R.

Coryza—see Colds.

Costiveness—see Constipation.

Cosmetics—18, 69 $W^3$.

Cotton—51.

Cough—7, 22, 26, 29, 32, 55, 57, 69 $J^3$, 78, 86, 87, 97, 106, 107, 110 A (128 B, C, I), 148 $P^2$, 148 S, 148 $S^2$, 148 $S^3$, 148 X (2)—from suppressed menses, 50, 87—night cough, 107, 138 B, 148 $S^3$—winter cough, 7, 18 C, 97—complete control, 55, 107—cough with every effort to speak, 21—with escape of urine, 148 W (3)—with trembling (12), 110 A—with stitching pains (2), 26—with tearing, splitting pains, 106—from relaxed palate, 69 $K^2$, 98—croupy cough, 2, 7 A, 110 A, 115 E — sequel of measles, 115 E—from worms, 127 —from a fall on the back, 133—*chronic cough*, 7, 15, 18 C, 22, 32, 66 A, B, 77 B, **79** B, 88 A, B, 110 A, 148 W (10), 148 X (8), 148 Y (4), 148 Z—see Bronchitis.

Courses—see Menses.

Cracks—(upon lips or hands) (5), 18, 66, 148 $C^4$.

Cramps—(2, 21, 37), 38, 41, **49**, 69 G, 75 (84), 106, 107 hypoderm., 128 I, 134 A, 136, 139 A, B, (141) —in the limbs at night, 69 G, 136 A —preventive, 136 A.

Craving—see Appetite.

Cream mead—53 T

Crocus—(sub.), 41.

Cross—see Baby Card.

Croup—Em., **2**, 6, 7 A (12, 17), 22 (26), 32, 69 $K^4$, 74, 77 A, C (78), 80, 110 A, 128 C, H, 139, 142—membranous, 2 sponge, 6, 7 A, C, 32, 61, 77, 80, 107 A hypoderm., 110 A, 115 (128 C, H)—last extremity, face livid, 128 H—diphtheritic, 11 B, 61, 77, 82, 115 (128 C, H), **139**.

Crowing respiration—see Asthma of Millar.

Crusta Lactea—see Scalp.

Cubeb—(sub.), 24.

Cupping—52.

Cuprum—49.

Cuts—125—with dissecting knife 3 B, 148 $I^2$—see Wounds.

Cyanosis—69 B, 148 $P^2$.

Cyclamen—(sub.), 34.

Cystitis—6, 16 A (17 A), 18 B (19), **30**, 33, 50 A (68), 70, 81, **89**, 94 B (103), **121**, 122 C, 128 B, C, D, 134 C.

Damiana—(sub.), 44.

Dandruff—24, 32, 66, 88 A, 128 C.

Datura poisoning—80 hypoderm.

Deafness—Em., 9, 10 (11 B), 66 (77), 85, 88 A, 95, 128 A, C, 137 B —with noise in the ears (54, 120, 125).

Death signs—69 Y, 69 $N^2$, 69 $D^3$.

Debility—in general, 44, 53 D, M, 79, 94 C, 103, 104, 110, 119 A, B, 120, 129 B, 148 $N^2$, 148 X (6), 148 Y (4) —from exhausting drains, 120 A—from heat of the weather, 26, 103, 138 B—of old age, 148 $C^5$—especially of ladies, 4, 34, 50, 87, 119 A, B—as if in decline, 15, 50, 77, 87, 94 C, 110 A—from chronic discharges, 94 C.

Decay—see Bone, Teeth.

Decline—see Consumption.
Deformity—prevention, 110 C.
Delirium—see Mind.
Delirium Tremens—(12, 27), 45, 47, **53** A, 55, 68, 103 A, 104 A, (138 B), 146 A, 148 M, 148 S—hypoderm., 103, 107.
Dementia—see Mind.
Dentition—see Teething.
Desires—see Appetite.
Diabetes—Em., 24, 53 I, 61, 69 U, **94**, 110 B, **122**, 128 A, G, 135.
Diagnosis—69 $X^3$.
Diaphragm — inflammation (2, 26, 128 B)—myalgia (21, 26)—spasms (29, 128 I, 129, 148 C).
Diarrhœa—6, 10, 11, 13, 14 band., 19, 20, **23**, 31, 33, 35, 41, 48, 53 E, **L**, M, diet—57, 74 A, **78**, 79, 80, 86, 88 A, **92**, 94 A, milk—102 A—fainting, 105, 110 A, 112 (117), **120**, 128 B, H, 134 A, **136**, 148 X (8)—of consumption, 20, 97, 129 A—especially of children, 11, 13, 20, 23, 35, 45, 47, 53 L, diet, 57, 79 E, 88 A, 92, 105, 110 A, E, 128 B, I, **136**, 148 W (4)—sour stools, 1, 88 A, 128 J—with falling of the bowel, **35** (72), 92, see Anus—with vomiting, 6, 20, 23, 48 B, 78, 128 B—see Cholera Morbus—with undigested stools, 79, 120, 128 B, 136—watery stools, 11, 80 A—hot, fluid stools, 5, 11, 23, 143, 148 W (4)—black stools, 11, 79, 128 H, 138—gray or white stools, 54, 92, **88** A—fatty stools, 105—diarrhœa from drinking bad water, 86—camp diarrhœa, 19, 79 E (117 A)—chronic diarrhœa, 19, 53 M, 79 E, 87, 88 A, 110 A, E, 112 (128 C, 142 A).
Diet for infants and invalids—53.
Digitalis—54.
Dioscorea—143.
Diphtheria—Em., 3 A, 6, 7 A, 15, 28, 32, 36, 44, 49, 61, 69 $R^4$, hint (70), 79, 80, 82, 94 C, 114 A, **115**, 126, 128 C, H, 136, 139—developed upon the skin, 49, 120 (125 A)—bromine treatment, cure in 3 days, 32.
Diphtheritic croup—11 B, 61, 77, 82, 115, 128 C, H, **139**.
Diphtheritic paralysis—(103, 128, A, H) 146 A—see Paralysis.
Diplopia—see Sight.
Discoloration from a bruise—69 $G^4$, 132.
Disease preventive—(67)—see Contagion.
Disinfectants—36, 45, 126, 136—see Antiseptics.
Dislocation of hip—69 $P^3$.
Dissecting knife cut—3 B, 148 $I^2$.
Diuresis—80 A, 110 B, 128 G (139), 148 I, 148 V—see Polyuria and Diabetes.
Dogwood—55.
Dose (minute and officinal)—56.
Dread—(symptoms under general indications); of crowds, 2—of being in the dark, 2, 31, 138—of swallowing liquids, 30—68 indica.
Drinking greedily—39.
Dropsy—(2), **11**, 26, 39, 45, 46, 47, 53 J, 54, **63** A, 69 $E^2$, **70**, 73, 80 hypoderm., 87, 88 E, 94 B, 128 G, 139 B, 142 A, 148 S, 143 $S^2$—sudden acute (2), 39, 46, 70 (139, 148 $S^2$)—especially after scarlet fever, 11, 46, 68, 70, 128 G (139 B)—dropsy in the heart sac, 39, 45, 54, 68, 85, 128 G: hypoderm., 45, 80—in the chest, Em., 11, 26, 39, 45, 54, 68, 70, 128 G, 139: hypoderm., 80—upon the brain, Em., 26, 39, 54, 68, 69 $E^2$, 70, 80 hypoderm., 128 C—chronic upon the brain (11, 88 A, 110, 115 B, 128 C)—of the ovary (68, 70, 128 G)—of the scrotum, 47, 77 E, 85 A—dropsy with acute albuminuria, 80 hypoderm., 139—dropsy of old people, 94 B—see Bright's Disease.
Drosera—(sub.), 15.
Drowning—Em., 126.
Drowsiness—symptoms under general indications, 4, 12, 15, 17, 102, 107, 110, 146.
Drunkenness—stupor, 2, 45, 107—nervousness, 21, 68, 103 A, 147—see Alcohol.
Drying the breasts—see Milk.
Dryness of the mouth and throat on waking—102.
Duboisia—(sub.), 17.
Dulcamara—19.

Duodenum—inflammation, 11, 92 (128 C)—ulceration, 11, 88 C, 115 B, 122 D (128 A, D).
Dyscrasia—10, 88 A.
Dysentery—**2**, 5, 10, 11, **15**, 17 A (19), 20 C, **23**, 33, 37, 46, 74 E, 78, 94 A, **103** (122, 128 H, 132, 134 A (136), 139 C, 148 $C^3$, 148 $N^2$), 148 X (8)—shreddy stools, 30, 46—reddish, watery dejections, 122—of infants especially, 2, 17A, 23, 53 L, 78 (128 C, H, I)—chronic, 19, 79 E (128 C).
Dysmenorrhœa—see Menses.
Dyspepsia—Em., 1 (11), 20, **22** (26) 35 (42), 44, 53 D, 57, **65**, 66 B, 71, 74, 94 C, 102, 103 A, **109** (110), 115 C (117), 126 A, 128 B (129), 148 $P^2$.
Dysphagia—115 A, 138 B, 146, 148 C, $C^2$—see Choking.
Dyspnœa—see Respiration.
Dysuria—see Urine.
Ear—earache, pain in the ear, 17, 38, 74, 105, 106, 117, 148 X (3), 148 W (4), 148 Z—internal inflammation (2, 17), 74, 106, 117 A (128, B, C)—swelling, 128 A—boils in the ear, 148 X (9)—offensive discharge, 11 B, **24**, 61, 64 (65), 91, 128 A, D, F, **137** B, 148 X (3), 148 Y (6)—yellow, slimy discharge, 128 F—noise in the ears, 21, 24, 54, 120, 146, 148 W (6)—foreign substance in the ear, 69 Z—redness of the ears as if frost bitten, 27—ear signs of longevity, 69 W.
Eclampsia—see Spasm.
Ecthyma—see Skin.
Eczema—see Skin.
Effusion—26, 128 C—see Œdema.
Egg—57.
Elaterium—(sub.), 68.
Elm—58.
Emaciation—11, 77 A—see Atrophy.
Emetic—6, 78, 126, 147—hypoderm., 107 A.
Emissions—see Spermatorrhœa.
Emphysema—12, 54 A, 80 (128 H), 129 B—hypoderm., 80, 107.
Empyema—11, 32 (120, 128 A, H).
Encephalitis—128 C—see Brain.
Enchondroma—128 A.
Endocarditis—see Heart.
Endometritis—see Uterus.
Enteritis—(2), 11, 17, 33, 92 (128 B, C, D)—of infants, 148 W (10).
Enuresis—see Urine.
Epilepsy—Em., 7 A, 8, 11, **17**, 27, 49, 53 N, 69 $F^4$, 76 (84, 88), **93**, 94 (103), 104 (110, 113, 115 A, 128 A, H), **129** A (138, 148 I, 148 C, 148 $C^2$, 148 $P^2$), 148 $S^4$—hypoderm., 17, 107—of infants at the breast, 39—guard against the fit, 8, 14—to break the fit, 69 $U^2$, 79 A: lay on left side.
Epistaxis—see Bleeding.
Epithelioma—69 $N^4$, 148 L—hypoderm, 32, 50.
Equisetum—(sub.), 18.
Ergot—50.
Erigeron—(sub.), 68.
Erotomonia—19, 30, 31, 110 A, 138 A, B, 148 X (9).
Eructation—in general, 131—food, 10, 35, 128 H—loud and violent, 129 B—bitter, 128 G—sour, 128 J, 148 W (10).
Eruptions—see Skin.
Erysipelas—Em. 2, 7 carb., 10, **17** A, 20 B, 30, 32, **47**, 66, 69 $H^3$, **70**, 79 D, 80, 84, 90, 108, 120, **122** B, 131 A, 132 A, 140 A, 148 $I^2$, 148 M, note—smooth red, 17 A, 70—vesicular, 30, 122 B—cure by three applications, 30—when all else fails, 120—after amputation, 90—on the scalp, 77.
Erythema—see Skin.
Eserine—(sub.), 27.
Ether—59.
Ethyl—60.
Eucalyptus—61.
Eupatorium pur—(sub.), 68.
Euphrasia—62.
Excitement of mania—hypoderm., 37, 138 B.
Excoriation—see Skin.
Excrescence—9, 148 $N^2$.
Exhaustion—57, 94 C, 110 A, B, 148 M, 148 Y (4)—before dinner must eat (77), 136 B—from hemorrhage, 3, 74, 120: hypoderm., 3, 120.
Exostosis—see Bone.
Expectoration—blue, 148 S — red,

148 $S^2$—yellow, 128 F, 148 W (10) —green, 115 iod., 128 J, 148 Y (4).
Exudation—128 C—see Œdema.
Eye—hints as to cause of eye affections, 69 $V^2$, 69 $H^3$—*pains* in the eyes, Em., 17 A, 17 D, 21, 29 A, 61, **62**, 144, 148 X (9), 148 X (11)—exceedingly painful *ulceration*, 61, 115 D, 144, 147—acute *inflammation* in general, 2, 6, 17 A, 17 D, 36, 49, **62**, 69 $H^3$, 131, 144, 147, 148 X (3)—chronic inflammation in general, sore eyes, Em., 28, 49, 107, 115 D, 126, 128 A, 136 B, **144**, 147, 148 X (3)—weak eyes, Em., 126, (144)—inflammation in particular:—of the *choroid* coat, (26, 78, 127, 146): of the *cornea*, see Cornea: of the *iris* (9), 17 A, 27 B, 62, 115 D, 122 B, (128 B, C), 139, 148 W (5), 148 X (3): of the *sclerotic* coat, 9, 128 B, C: of the *retina*, 17 A, 128 B, C (127), 146 A, 148 X (3), 148 X (9), 146 A: of the lachrymal sac, 128 A (144, 147): of the eye *lids*, apply: 6, 24, 28, 49, 131, **144**, **147**; take: **62**, 115 D, 117 A, 128 B, C, D, 148 W (5), 148 W (6), 148 X (3), 148 Y (3): of the lining membrane of the lids, apply: 6, 24, 28, 36, 49, 144, **147**; take (2, 11), 17 A, 62, 115 D, 117 A, 128 B, C—granulated lids, 49, 65 (144)—phlyctenular ophthalmia (49, 62, 115 carb.), 122 B (147)—yellow slimy discharge, 128 F—*purulent* ophthalmia of infants (the same for older children and adults) apply: 6, 28, 77 G, 91, **129**, **144**: take: 115 D, 123, 128 A, D (**129**, 136 B, 148 $N^2$)—scrofulous ophthalmia, 11 B, 88 A, 123 (128 E), 136 B, see Scrofula—*hypopyon*, 128 A, D, 136 B—*cataract*, 46, 128 A, 148 $C^5$, 148 W (3), 148 Z, —*glaucoma*, 2, 17 A, 64, 110 A (128 I, 148 $C^3$)—Oscillation of the eyeballs, 27 A—eyeballs rolled back, 39—*spasm* of the eyelids, twitching, 27, 117 A, 128 I, 147, 148 C—constant blinking, 62—*paralysis* of the eyelids, 62, 122 B, 129 B, 146 A, 148 $C^5$ (148 S)—excessive flow of tears, 62, 80 A, 106, 117 A, 144—blear eye, 62 (146)—sty, 77, 117, 122 D (128 A, D), 148 Y (3)—bloat about the eye (11, 70), especially under the brows, 115 carb.—mote in the eye, 105.
Face—diagnostic indications, 69 X, 3 B—pain in the face, faceache, 115, see Neuralgia—black pores in the skin of the face, 42, 136, 142 —hair on lady's face removed, 69 $T^3$—eruptions on the face from shaving, 48—freckles, 18, 36, 49, 57, 115: complexion improved, 18, 69 $W^3$, 69 $R^4$—pimples, 5, 11, 48, 66, 69 $C^4$, 88 A, B, 115 B, 128 A, D, 136, 146, **148** $I^2$, 148 $N^2$—rosacea, 148 $I^2$—lupus, 11, 32, 48 (65), 66, 88 C (115 bichro.), 148 L—facial paralysis, 103 hypoderm.—symptoms of the face under general indications: bloodless pallor, 7, 79—one cheek pale the other red, 148 M—pale and bloated, 54—blue and cold, 49, 128 H—ivory clear, 110—yellow, 148 W (10).
Fainting—2, 4, 7, 8, 41, 45 B, 102: with heart distress, 115 A—from pain, 2—from surgical operation, 101.
Fall—concussion, 3, 10, 91, 74, 133, 136 A.
Falling of the womb or bowel—see Uterus or Anus.
False labor pains—see Labor.
False presentation—148 X (12).
Fatigue, faintness, 34, 41, 57, 94, 110 A, B, see Exhaustion.
Fattening diet—35, 53 Q.
Fatty degeneration—110 A.
Favus—see Scalp.
Fear, timidity—2 (49)—in the dark, 2, 31—afraid to walk, staggering, 138.
Feet—cold, 7, 75, 104 (128 A), 148 I, 148 X (9): cold and damp, 88 carb.—hot burning soles, 22, 57, 136—offensive sweat, 6, 20, 24, 36, 37, 88 A, 115 G, 129, 148 X (8)—sore, tender, 36, 57, 88 A, 137: from walking (10), 57: from perspiration, 88 A (128 A)—swell-

ing œdema, 54, 70, 79 C, 85, 128 G —light feeling in feet and legs, as if floating, when in a recumbent position, 148 S³.
Felon—Em., 3, 7, 69 O⁴, 74, 82, **126**, 128 A–D—aborted, 7 — relief of pain in ten minutes, 82—opened without pain, 3 C, 44. See Anæsthesia—felon diathesis, 143.
Fennel—(sub.), 13.
Ferrum—79.
Ferrum phos.—(sub.), 128.
Fetid odor—of wound, ulcer, cancer, 32, 35, 36, 63, 90, 91, 115 G, 125A, 128 H. See Disinfectants — see Breath, Feet, Perspiration.
Fever—in general, **2**, 7 A, 17 A, 29, 32, 53 P, 83, **128** B, 140 A, 146A—especially of infants (**2**, 47, 128 B, 146 A)—with alternate chills and heat, 39—bilious fever (2, 7 A, 23, 32, 78, **92**, 128 G, 146 A, 148 C³) —catarrhal fever (**2**, 7 A, **12**, 19, 78, 128 C, 146 A)—gastric fever (2, 7A, **12**, 23, 32, **78**, 128B, 146A) —hectic fever, **15**, 22, 32 (87, 120, 128 A, D), 142 A, 148 M—inflammatory fever, **2**, 17 A (26, 29, 80 B), 128 B, 146 A—intermittent fever, see Ague—Puerperal Fever: See Childbed—remittent fever, 7A (106), 120 A, 146 A: pernicious, 120 hypoderm.—rheumatic fever (**2**, 12, **26**, 29, 122, 128 B)—spotted fever, **3**, 17 A, 21, 49, 50, **78** (88 E), 107, 140, **146** A, 148 C —sweating fever, 59, 80—traumatic fever (2), 10, 61—urethral fever, 2 —worm fever, 127—guard against fevers, 36, 67, 69 L², 146 A. See Contagion Guard—for other fevers; see Scarlet, Typhoid, Typhus, Yellow.
Fibroid tumours—32, 50 hypoderm.
Fidgets—147, 148 V—of the feet, 147 —attendant upon locomotor ataxia, 17 hypoderm.
Fissure—see Crack, see Anus.
Fistula — lachrymal dental, 69 S³, (110, 128 A, 148 F)—in ano, see Anus—fistula of horses, 126.
Fit—see Spasm.
Flatulence—1, **35**, 38, 46, 102,, 129, 148 V, **148** W (10)—fetid, 35.
Flies off—41, 69 B³.
Floating, light sensation in the limbs—148 S³.
Flooding—see Bleeding.
Fluoric acid—148 F.
Fluoride of Calcium—148 F.
Flushes—8, 76, 79, 80 A, **136**, 148 V—see Change of Life.
Fluttering at the stomach—29, 119.
Fomentations—74.
Fontanelles open—88 B, 128 A, E.
Food—for infants, 53 L, M—for invalids nervous, 53 B: dyspeptic, 53 D: bilious, 53 G: diabetic, 53 I: ailing with gout, gravel, or Bright's disease, 53 J: chronic ailments, 53 M: scrofula or consumption, 53 O: emaciation, 53 Q: obesity, 53 R—*food by injection*, 53 U.
Foot—see Feet.
Foul—see Fetid.
Fracture—ununiting, Em., 62A (88 B), 128C: hypoderm., 142—compound fracture, 3, 32, 84, 91, 133; see Wound—how to carry patient with a broken leg, 69 P³.
Freckles—see Face.
Fright—2 (128 H, 138), 148 I — frightened feeling, 2, 119, 148 I.
Frost bite—see Chilblain.
Frozen—(10, 27), 74.
Fungus—(9), 22.
Fusel oil—(sub.), 40.
Gagging—(12), 49, 78—from worms, 127—from teething, 92.
Gait unsteady—see Locomotor Ataxia.
Gallic acid—137.
Gall stone—8, 38, 59, 74 E, 105, 107, 120—hypoderm., 59, 107—preventives, 38, 59, 120—dissolved *in situ*, 38, 59.
Gamboge—(sub.), 44.
Ganglion—18, 69 N³.
Gangrene—**11**, 32, 35, 37, **42**, 50 B, **90**, 91, 115 C, **120**, 128 H, 136 A —of the throat, 115 C—of the lungs, 125, 128 H—of bowels, 145 B—Senile, 42, 50 B, 128 H—hospital, 90, 139—humid, 120 B (128 H).
Gaping yawning, spasmodic—(12), 41, 148 I.
Gastralgia—103 hypoderm., 134 A: see Stomach.

Gastric—see Stomach.
Gastritis—see Stomach.
Gathering—see Abscess, see Felon.
Gelsemium—146.
Genitals — itching: see Pruritus—sweating: see Perspiration—relaxation, 44 sang.
Giddiness—see Vertigo.
Glanders—(115 bichro.).
Glands — acute inflammation and swelling, **17** A, 28, 32, **42**, 77 F, 80 hypoderm., 88 A, 114, 115 (**122** tox.), 123, 128 C, 148 $C^5$—chronic enlargement, 42, **77** A, F, 88 A, 115, **123**, 128 A, C—induration, 77 A, 88 A, 123 (128 C), **148** $C^5$—suppuration, 128 A, D: see Scrofula.
Glaucoma—see Eye.
Glonoine—101.
Glossitis—see Tongue.
Glottis—œdema, 70 (128 G)—spasm, 2, 17, 36, 49, 77 A, 107 hypoderm., 128 I: see Choking.
Glycerine—66.
Glycosuria—53 I, 110 B.
Goitre—Em., 2 sponge, 7, 8, 57, 77, 88, 148 F—exophthalmic, 8, 50 (70): hypoderm., 50.
Gold—64.
Golden Seal—65.
Gossypium—51.
Gout—Em., 2, 7, **10**, 18, **46**, 50 A, 53 J, 72, 73, **74**, 81, 88 E sweat, 89, 92, 96, 110, 117, 119 C, 128 E, **148** $I^2$: hypoderm., 107—chronic, 2, 24 B, 50 A, 85, 110 A, 119 C, 128 E, 142, **148** $I^2$—sweat cure, 73, 74, 88 E.
Granulated eyelids—see Eye.
Graphites—148 W (6).
Grating of the teeth—17, 92, 127.
Gravel—Em., 16, 50 A, 53 J, 74, 81, 134 C, 148 W (10)—stone lodged, **8**, 10, 16 (17), **38**, **59**, 74 E, 106, 107, 132 C, **143**, 146 A: hypoderm., 59, 107—position to pass water, 69 $O^2$ (132).
Gray powder—(sub.), 16.
Grief—110 B, 148 I.
Groin pain—68, 144 A.
Gums—diseased, 6, 35, 36, 77, 99, 115, 142—bleeding, 99, 128 H (129, 144 A)—gum boil (128 A, D), 148 W (7).
Gunpowder—67.
Hæmatemesis—see Bleeding.
Hæmaturia—see Bleeding.
Hæmoptysis—see Bleeding.
Hæmorrhoids—see Piles.
Hair—falling, baldness, Em. (11), 32, **61**, 80 A, 106, 110, 148 F, 148 W (6): hypoderm., 80—gray from fright, 126—removed from lady's face, 69 $T^3$.
Hamamelis—44.
Hankering—see Appetite.
Hardening of the tissues—128 A, C: see Induration.
Hawking—18 C, 19, 24 A, 32, 69 $J^3$, 88 B, 113, 128 C, 131, 148 Z.
Hay fever (hay asthma, rose cold)—Em., 11 B, 77 C, 51, 115, 120, 136, 148 N, 148 $S^3$, **148** X (13)—cure in a week, 148 N—cured in three days, 120.
Head—headache in general—Em. (2), 7 B, 8 (10), 17 A, 20 A, 21, 45 A, 50 hypoderm., 68, **69** $J^4$, 69 $R^4$, 74, 79 A, 93, 96, 98, 101 A, 103, 128 B, 131 A, 147, 148 $R^2$, 148 $R^4$ sleep, **148** X (1)—involving the eyes, 148 Z—*congestive* headache, 2, 93, 101 A, 148 X (1): cured by inducing nose bleed, 98: hypoderm., 50—*sick headache*, 22, 23, 45, 65, 69 $K^3$, **69** $Q^4$, 101 B, 128 B: from riding in carriage, 69 $M^3$, 148 $C^2$: in car, 69 $M^3$: recurring regularly every seven or eight days, 22, 23, 69 $Q^4$, 114: recurring every two weeks, 69 $Q^4$ (114)—during menses, 110 A—*nervous* headache, 45, 69 $J^4$, 101 A, 128 I—*clavus*, 103 A (117, 128 I), 148 I, 148 $R^2$, 148 $S^4$—*migraine*, 148 Y (1), 148 Y (8): hypoderm., 45, 50, 103—*neuralgic* headache, 8, 17 A, 21, 45, **69** $J^4$, 101 A, 128 I, **147**, 148 $S^4$: hypoderm., 45, 107 see Neuralgia—headache of delicate ladies, and close students, 21—pain over the brow, cured in fifteen minutes, 115—morning headache, 103 A—headache coming and going with the sun, 96—headache from a fall or blow, 10, 133: from constipation, 103 A—head symptoms under general indications:

head feels too large, 129, 148 W (2) —feels cold, 128 A—feels warm whilst the body is cold, 10—child's head hot and rolling upon the pillow (17 A), 39—hot sweat on head, 148 W (4)—head wet with sweat when sleeping, 88 carb.—cold sweat on the forehead, 140 alb.
Hearing defective—see Deafness.
Heart—*pain*, distress in the region of the heart, Em., 2, 21, 29, 49, 54, 64, 69 $C^2$, 69 $R^4$ sleep, 96, 115 A, 148 $P^2$—Congestion, *inflammation*, 2, 11 (26), 29, 46, 54 (96, 128 B, C)—anæmic condition, 11, 79, 128 C—*weak heart*, 11, 37, 45, 54, 101—failure from hemorrhage, hypoderm., 8, 59—failure from chloroform, 101—excessive action of the heart, 2, 29, 96—irregular action, 2, 11, 21, 29, 54, 96: hypoderm., 107—*enlargement* of the heart, 2 (10)—*valvular affections*, 2 (29, 54, 94 B, 140), 148 Y (2)—ossification of the valves, 94—*palpitation* of the heart, congestion, 2, 29, 54, 77, 128 B, nervous, 11, 45 B (115 A, 128 I), 138 B, 148 $P^2$, 148 M, 148 X (7)—shocks at the heart, 89 (101)—*spasm* of the heart, 29 (128 I), see Angina Pectoris—rheumatic affections of the heart, 29 A, 46, 96—indication of organic affection of the heart, 69 $C^2$—œdema see Dropsy—symptoms of the heart under general indications: sensation of heat at the heart, or like water dropping down from the heart, 68, sativa—sensation like a cold stone in the heart, 148 X (8) —purring sound at the heart, 101—sudden seizure at the heart as from the grip of an iron hand, 29—feeling as if the least motion of the body would stop the heart's action (54)—feeling as if constant motion of the body were needed to keep the heart in action (146).
Heartburn—1, 35, 88 A, 103, **109**, 126 (**129**, 131), 143—see Waterbrash.
Heat apoplexy—(103), 138 B hypoderm.
Heat rash—10, 49, 122, tox.
Hecla lava—148 W (7).
Hectic—see Fever.
Hellebore—39.
Helonias—(sub.), 119.
Hemeralopia—148 $C^5$.
Hemiopia—(64, 89).
Hemicrania — 50 hypoderm. — see Head.
Hemiplegia — 103 hypoderm. — see Paralysis.
Hemorrhage—see Bleeding.
Hemp—68.
Hepar sulph.—128 D.
Hepatic—see Liver.
Hernia—25, **38**, **45**, 47, 52, 59 (84, 103), 107 hypoderm.—inflamed (2).
Herpes—see Skin.
Hiccough—14, 50 B, **69** X, 77, 80, 101 (102, 107), 120, 138 B (140 alb.), **142**, 146 A (148 C), 148 I—hypoderm., 37, 80, 107, 138 B.
Hints—69.
Hip-joint disease—Em., 32, 42, 88 B, 94 C, 123, 128 A, D—hip-joint dislocated, 69 $P^3$—see Joints.
Hives—7 B, 11 (19), 37, 69 $E^4$, 70, 80, **100**, 120 (125)—chronic, 120 A.
Hoarseness—see Voice.
Homesickness—(49), 110 B.
Honey bee—70.
Hop—71.
Horsechestnut—72.
Hot air—73.
Hot fomentation—74.
Hot water cure—74.
Housemaid's knee—69 $F^3$, 77 E, G (128 A).
Hunger excessive—53 D (68 indica) —soon after meals, 77, 114, 127—night hunger, 110 A—see Appetite.
Hurried feeling—136, acid.
Hurt—see Injury.
Hydrangea—(sub.), 81.
Hydrarthrosis—77 E.
Hydrastis—65.
Hydrocele—47, 77 E, 85 A (117), 148 W (6).
Hydrocephaloid—(110, 147).
Hydrocephalus—69 $E^2$—see Brain.
Hydrocyanic acid—148 $P_2$.
Hydrogen perox.—(sub.), 91.
Hydropericardium—see Dropsy.

Hydrophobia—17, 73, 80, 88, 138, 142, 146 A, 148 N$^2$—hypoderm., 80—eighty cures in succession, 73—guard, 69 E$^3$ (146), 148 N$^2$.
Hydrothorax—see Dropsy.
Hyoscyamus—(sub.), 138.
Hyperæmia—32 (47), 128 B—see Fever.
Hyperexia—32, 128 B—see Fever.
Hypericum—133.
Hyper-pyrexia—32 (47), 120, 148 M.
Hypertrophy—see Heart.
Hypochondriasis—103 A—see Mind.
Hypopyon—see Eye.
Hysteria—Em., **8**, 13, 21, **34**, 64, 102, 104, 107 hypoderm., 110 A, 128 H, 129 A, 147, 148 I, 148 M, 148 S$^4$, 148 V.
Ice—75—preservation of ice in sick room, 75.
Icterus—see Jaundice.
Ignatia—148 I.
Ileus—(17, 84, 103)—hypoderm., 103—see Bowel.
Imbecility—see Mind.
Impetigo—see Skin.
Impotence—Em., 44, 50 C, 104 (110 acid).
Incontinence—see Urine.
Indigestion—**22**, 53 D, **65**, 66 B, 74 D, 102, **109**, 119 B, 128 B, 129 B—milk disagrees, 88, 131—potatoes disagree, 42—pastry disagrees (117)—see Appetite, and Dyspepsia.
Indigo—76.
Induration—of tissues (28), 77, 128 A, C, 148 C$^5$—of the tongue, 64, 128 A—of the testes, 128 A, (144), 148 F—of glands, 77 A—see Glands.
Infant—see Baby.
Infection guard—see Contagion.
Inflammation—in general, **2**, 12, 17 A, 26 (33), 50 D, 53 P, 74, 80 B, 84, 88 E sweat, 116, 118, 128 B, C, D—œdematous, 128 G—of serous membranes especially, 2, 26, 107 hypoderm.
Influenza—see Colds.
Infra-mammary pain—(21, 117, 148 R)—see Chest pain.
Ingrowing nail—see Nail.
Injection of food—53 U.
Injury, mechanical—**10**, 74 G, 84, 85, **91**, 133, 144—to the head, 74 C—to the hands and feet, 133—see Sprain, Bruise and Wound.
Inguinal—see Hernia.
Insanity, mania—10, 17 A, 37, 39, 50, 54, **68**, 104, 107, 120, 128 H, 138, 140, 148 C, 148 P$^2$—hypoderm., 54, 107, 138 B—hysterical mania, 129 puerperal see Childbed—from bodily disease, 147—from alcohol, 21, 103—see Mind.
Insect bite—see Bite.
Insensibility of parts, numbness—2, 50, secale, 68 indica (103), 115 A.
Insomnia—see Sleep.
Intercostal—see Neuralgia.
Intermittent—see Fever.
Intertrigo—see Skin.
Intestine—see Bowel.
Involuntary passages—5, 10, 23 (110 A), 133, 142 B—especially during sleep, 10, 148 M—see Paralysis.
"Inward Weakness"—Em., 4, 14, 25—see Uterus.
Iodine—77.
Iodoform—(sub)., 77—odor masked, 77 K, 77 J—substitute, 77 J.
Ipecacuanha—78.
Iris—23.
Iritis—see Eye.
Iron, 79.
Irritability—103, 127.
Ischuria—see Strangury.
Itch—3, 41 anise, 49 B, 69 E$^4$ 83 A, 115 (136)—cure in five minutes, 3—cure in three days, 115—barber's itch, 32, 48—itching eruptions, 31 C, 131 A, 136 B (142)—itching piles, 131 A.
Itching local, pruritus—6, 7, 16 sub., 24, 44, 66, 69 E$^4$, **120**, 131 A, B, 136 A$^2$—itching jaundice, 80 hypoderm.—itching at night, 148 X (4)—when undressing, 148 X (6)
Jaborandi—80.
Jaundice—Em., 11 (54, 64), 65, **69** Q$^4$, 77 A, 79 E, **92**, 110, 120, 128 G, 148 W (4)—of children, 148 W (4), 148 X (3)—with stupor, 92—chronic (64), 77 A, 79 E (110), 128 G—from gall stone, 38—black jaundice, 11, 77—malarial

11, 120 A—itching jaundice, 80 hypoderm.
Jerking, twitching—27, 107 hypoderm., 110, 128 I, 147, 148 I—of the head and arms, 148 C.
Joint Affections—24B (32), 42, 85, (117), 123, 128 A, D, 140 B, 148 $I^2$—sprained feeling in joints, 7 carb., 85 A—stiffness, 119 C, 148 $C^3$, 148 $I^2$—enlargement, 32, 42, 115 B, 123, 148 $I^2$—inflammation, 140 B, 148 W (3), 148 X (3) —see Gout, Rheumatism, Synovitis.
Juglans reg.—148 W (8).
Kali—115.
Kalmia—96.
Kamala—(sub.), 38.
Kava-kava—81
Kerosene—82.
Keratitis—see Eye.
Kidney — congestion, inflammation Em., 2, 11, **16**, 17 A, **30** C, 33, 70, 74, 110, 116, 128 B, C, 139—after pneumonia, 120—fatty degeneration, 110 A—stone lodged, see Gravel.
Koumis—how made, and for what ailment useful, 94 C.
Kreosote—(sub.), 11.
Labor—speedy and safe (14), 24, **34**, 38, 53 K diet, 55, 59, 74, **120**, 141—painless, 38—complications, 14, 31, 146 B—pains insufficient, irregular, flagging (14), 21, 24, 31, 34, 50, 51, **78**, 103, **116**, 120, 128 H, 146 B—rigid os uteri, 17, 146 B—false pains, 21, 31, 70 A, 74, 103, 141, 146 B, see Miscarriage—flooding prevented, 14, 50, 69 $M^2$, 78, 120—spasms, see Childbed.
Lachrymation—see Eyes.
Lady's card.—4, 25, 34, 53 M food, 77 B, 95, 141 A, 146 B—inward weakness, 4, 25, see Uterus—see Menses.
Lanolin—(sub.), 66.
Lapis alb.—148 W (9).
Lard—83.
Laryngismus stridulus—see Asthma of Millar.
Laryngitis—2 spong., 22, 77, 115 bichro., 128 B, C, 148 L—see Croup and Voice.
Laurocerasus—148 $P^2$.
Lavender—(sub.), 41.
Lead—84—lead colic, 6, 107.
Ledum—85.
Lemon—86.
Lepra—(11), 19, 49 A, **148** $I^2$.
Leptandria—(sub.), 79.
Leucorrhœa—Em., **4**, 6, 11, 16 B, 21, 24, 32, 35, 36 (42), 46 A, 57 (65), 74 E, 75 B, 77 A, 88 A, D, **111**, 114 A, 115 G, **117** B (128 C, H), **144** (148 $N^2$), 148 X (4)—very fetid, 11 C, 15, 36, 77 A, 115 G, 128 H—bloody, 144 A—of little girls, 77 B, 127, 133 (144).
Leukæmia—50 hypoderm.
Lice—see Parasites.
Lichen—see Skin.
Lientery—79 E, 120 A, 128 B.
Life prolonged—94 B.
Liferoot—87.
Lightning stroke—Em., 47.
Lilium—(sub.), 70.
Lime—88.
Lipoma—148 $I^2$.
Lips—symptoms under general indications: blue, 7, 54—burning, 7 mur.—cracked, 148 $C^4$—parched, 26—blistered, 10, 126.
Lithia—89.
Lithiasis—53 J, 148 W (10), 148 Y (1).
Liver—"liver complaint," Em., 32, 71, 74 $D^2$, **92**, **109**, 128 G (148 $C^5$), 148 X (3)—atrophy, 110—congestion, inflammation (26), 79 E, 92, 103, 116 (136), 148 W (10), 148 X (3), 148 Y (1)—cirrhosis, 2, 11 (110) — enlargement, 17 D, 64, 74 $D^2$, 105, 148 $C^5$—pain in the liver, 17 D — fatty degeneration, 110 A — "liver spots," 148 $C^5$, 148 $Y^1$—biliousness, 32, 53 G, 86, 92—gall stone, 8, 38, 59, 74, 105, 107, 120.
Lobelia—(sub.), 69 $O^4$, 77.
Local application for pain—see Pain —see Anæsthesia.
Lochia, "cleansings" — abnormal, 11 C, 17 A, 21, 36, 79 A, 114—suppressed, 2, 21, 79 A, 80 C, 114: suddenly, 2—prolonged, 21—fetid, 11 C, 15, 36, 115 G.
Lockjaw—Em., 2, 10, 17 A, 27, 38, 49, 59, 74, 103, **108**, 128 I, 133,

139, 146 A—hypoderm., 37—of horses unfailing, 108.
Locomotor Ataxia, 17 A, 27 A, 104, 110 A, 136 A, 147, 148 C[5]—hypoderm., 138 B—for the severe pain, 17 A, 104 A, 138 B hypoderm.—for the fidgets attendant, 17 hypoderm., 147—caused by a fall, 133.
Logwood—90.
Long life—sign, 69 W—promoted, 94 B.
Lumbago—(2, 12, 21, 26) 31 B, 83 (115 bichro., 122 tox.), 136 A, 139—see Rheumatism.
Lumbar Caries—88 B (128 A). See Bone.
Lungs—congestion, Em. (2), 14, 74, 116 (128 B, 140 A, 146 A)—œdema (12), 26, 110 A (128 H)—gangrene, 32, 35, 125, 128 H—lung fever (87), see Pneumonia—sleep cure for lung affections, 69 R[4]—see 148 Z.
Lupulin—71.
Lupus—see Face.
Lycopodium—148 W (10).
Macrotys—21, 146 B.
Mad dog bite—see Bite.
Maggots in ulcers—90.
Magnesium phos.—(sub.), 128.
Malaria guard—32, 67, 69 O, 69 L[2], 126, 146—hypoderm., 120—see Ague.
Malformation preventive—110 C.
Mammæ—see Breasts.
Manganese—(sub.), 103.
Mania—see Insanity.
Marasmus—see Atrophy.
Marigold—91.
Mastitis—see Breasts.
Mastodynia—(21, 114, 148 C[5]).
May apple—92.
Measles—Em., **2**, 31, 47, 49, 62, 110 A (117), 128 C, **146** A, 148 X (3)—suppressed (26), 31, 49 (78): with spasms, 49—with croupy cough, 110, 115—system prepared, 110 E—dregs, 115 (117).
Medication by inunction, 66, 69 T.
Melancholy—see Mind.
Melilotus—93, 148 X (1).
Membranous—see Croup.
Memory defective—see Mind.
Meningitis—see Brain.
Menorrhagia—see Menses.
Menses—*suppressed*, Em., 2, **4**, 7, 21, 34 A, **50** C, 51 (73, 74), 75, 79 F, 87 (101), 110, **115** C, 117 B, **119** A, B, C (128 H), 134 A, B, 141—sudden suppression, Em., 2, 34, 50, 74 (101), 110 A, 117 B, 119—suppression with stupor, 144—*scanty* flow (39, 87, 115 carb., 126), 117 B, 148 W (6)—*excessive* flow, Em., **4**, 6 (11), **16** B, 23, 24 B, 41, 50 C, 65 (79), 86, 87, 88 A, 110, 119 B, C, 134 A, **141**, 144 A, 148 N[2], 148 W (2), 148 W (4), 148 X (10), 148 X (14)—too early, 87, 88, 103, 110 A—too long continued, 50 C, 87, 88, 110 A—irregular, Em., **4**, **21**, 87, 110 A, 128 H, 134 A, 141 A—*vicarious* (26), 50 C, 144 A—*painful*, Em., **4**, 7 (17 A), 21 (24), 29, **34** (73), 74 E, 75, 87, 107, 110 A, 115 C, **117** B, **119** A, 128 I, H, 134 A, **141**, 144 A, 146, **148** C[2], 148 W (4), 148 Y (1)—membranous, 128 C, 141—in black clots, 117 B—hypoderm., 17.
Mentagra—(128 C), 148 C.
Mental—see Mind.
Menthæ pip.—148 X (2).
Mercury—148 X (3)—ill effects, 16 A, 64 (77 B), 114 A, 115 B (128 D, 148 N[2]), 148 W (5).
Mesenteric glands affected—(77, 88).
Meteorism—(13), **46** (120), 129, **139**, 140 (148 C), 148 V.
Metritis—see Uterus.
Metrorrhagia—see Bleeding.
Mezereum—148 X (4).
Miasm—see Malaria.
Micturition—see Urine.
Migraine—see Head.
Miliaria—2.
Milk—94—disagrees, 58: with baby, 53 L, M—milk crust, see Scalp—milk fever, 2, 140 A—milk secretion safely arrested in case of weaning, 17 B, 46, 144—scanty flow of milk, 13, 79 A, 80 (82 A), 100 (117): it fails to come (13), 110 D—milk drawn by bottle, 69 Q[2]—breasts prepared, 69 Q[3].
Milk-leg—144.
Millefolium—148 X (5).

Mind—mental weakness, dementia, 10, 104, 110 A, 128 H, 129 B, 138 B: hypoderm., 148 C⁵—delirium of fever, Em. (2), 7 B, 17 A, 32, 49, 68, **138** A, B,—hypochondriasis, 11 (17 A), 21, 44, **64**, 76, **103** A (126, 129, 140 alb.), 147, 148 C⁵, 148 S⁴, 148 V—*melancholy* 11 (17 A), 21 (39), 44, **64**, 76 (84, 103), 110 A, B, 128 H (147), 148 P², 148 X (10), 148 Y (4): suicidal, 64: with epilepsy, 76; religious, 11, 64, 138 A, B—*insanity*, mania, 11, 17 A, 37, 39, 50, 54, **68**, 104, 107 (120), **128** H, **133** A, B, 148 C, 140 A, 148 P²: hysterical, 129 A: hypoderm., 54, 107, 138 B: puerperal, see Child-bed: from bodily disease, 147: from alcohol, 21, 103, 147—*monomania* (68), 138 A, B, 148 C—*memory* defective, lost, 134 A, 138 A, B, 148 C⁵—mind symptoms under general indications: confused, 21 (146)—weak, 129—magnified ideas, 68—irritable, 103, 127, 148 W (4), 148 X (3)—weeping, 76, 117—exceedingly sensitive, 148 Y (3)—uneasiness, discontent, 148 X (3), 148 Y (4).
Mineral earth—(sub.), 42.
Miscarriage—guard, Em., 4, 13, 21, 25, 69 Q, 70 A, 141 A, 146 B, 148 X (14)—unavoidable, 78.
Mistletoe—95.
Mole—69 N³.
Monomania—see Mind.
Monthly—see Menses.
Morbid—see Appetite.
Morning sickness—see Vomiting.
Morphia—107—poisoning, 8, 17, 45, **75**, 103, 107: hypoderm., 17, 45, 47, 103—habit, 44, 47, 104 A.
Mortification—145 B—see Gangrene.
Moschus—148 M.
Mosquitoes off.—41, 69 B³.
Mountain Laurel, 96.
Mouth cavity—soreness, ulceration, 3, 6, 11, 15, **20**, **24**, 36, 47, **65**, 77 D, **99**, 114, 115, 135, 136 A², 148 X (3)—syphilitic patches, 114 A, 115 B—inflammation (70), 114 (128 B)—preventive of sore mouth, 3, 47—mouth symptoms under general indications: dry, 42, 102—hot, 24.
Mucous discharges—under general indications: ropy, 64, 115 bichro.—green, 115 iod., 128 J—yellow, 128 F—scalding, watery, 11.
Mullein—97.
Mumps—17 A, 31, 80 B (122 tox. 128 C), 148 X (3)—hypoderm., 80—shifting, 17 A, 31: to testes, relief in twenty minutes, 31.
Muscaria—27—poisoning, 17 hypoderm.
Mustard—98—plaster, 37, 98.
Myalgia—7 C (10), 21, 32—hypoderm., 32, 107—from injury, 10, 133.
Myelitis—11 (17 A), 24 A, 27 A, 50 B (84).
Myopia—see Sight.
Myosotis—(sub.), 15.
Myrrh—99.
Nævus—(9), 48, 84, **142**, 148 N².
Nails—diseased, 128 A, 148 F: soft and brittle, 9—falling off, 39—ingrowing, 44, 69 G³, 74, 84, 79, 115—nail removed without the knife, 44, 84.
Naphthalin—148 N, 125 sub.
Narcotic poisoning—75, 103, 107 A hypoderm.—see Antidote.
Nasal—see Catarrh.
Nasal bleeding—see Bleeding.
Natrum—131.
Nausea—23, 46, 57, 75 A, **78**, 98—after surgical operation, 101—when riding in car, or carriage, 69 M³, 148 C²—from drink of water, 110 D.
Neck—stiff (2, 19, 21, 26, 46), 74 G², 128 B—emaciated, 126.
Nephritis—see Kidney.
Nerve—nervous debility, exhaustion, 44, 94 C, 104, 110 A, B, 128 H, 129 (148 N²), 148 M—nervousness, 13, 31, **34**, 44, **45** B, 53 B, 94 C, 104, 128 H, I, 148 C, 148 S⁴, 148 V, 148 W (1)—over-sensitiveness, 13, 31, 45, 128 H, I, 148 Y (3)—nervous shivering, 21 (146)—injury to nerves, 133—diagnosis by nerve symptoms, 69 X³ (E).
Nettle—100.
Nettle rash—see Hives.
Neuralgia—in general Em. (2), **8**,

11, 17 A, 21, 29 spig., 32, 34, 37, 38, 44, 45, 55, 59, 68, 72, 73, 74 F, G, 84, 88 E, **95, 96, 101** A, 106, 107, **108**, 110A, 115 bichro., 120A, **128** I, 133, 141 A, 142, 147 (148 $C^3$), 148 I, 148 R, 148 $S^4$, 148 W (4)—hypoderm., 7, 32,37, 38, 44, 45, 47, 103, 107, 120, **139** *theine*—chronic, 103 hypoderm.—especially *facial*, 17, 44, 69 $J^4$, 69$P^4$, 96, 101 A, 147, 148 Y (8): (hypoderm., 17, 50, 107)—*intercostal* (95, 96), 110 A (128 I), 148 I, 148 R—in joints, 46 hypoderm.(95, 96)—abdominal, 107 hypoderm.—*ovarian* and uterine, **21**, 68, **95** (96, 120, 128 I, 144), 148 $C^3$, 148 $S^4$: hypoderm., 120—rectal, 6, 44 (95, 96), 148 I—*in head*, terrific, 17 A, 69 $J^4$, 69 $P^4$ (95, 96, 128 I), **147**—"thin-slipper neuralgia," 19—neuralgia in old scars, 133—periodical, 11, 120 A, 148 Y (4)—screaming pains, **8**, 81 (95, 96)—inflammatory, 2, 17 (95, 96)—instant relief, 8, 44—*see Pain*—see Anæsthesia.

Night cough—(17), 138 B (148 $C^5$, 148 $S^3$).

Nightmare—2 (103, 113), 115 A.

Night spasms—115 A, 128 A.

Night sweat—27 hypoderm., 47, 80 A, 87, 94, 120 A, 128 A, 142 A, 146 A—hypoderm., 27, 107 A.

Night terrors—2, 115 A, 136.

Nipples—sore, cracked, ulcerated, **1**, 10, 18, **20**, 48, 57, **65**, 66, 91, 114, 136 $A^2$, 137 A: guard, 10, 86, 137.

Nitre paper—how made and for what used, 115.

Nitric acid—148 $N^2$.

Nitro-glycerine—101.

Nocturnal emissions—see Spermatorrhœa.

Nocturnal enuresis—see Wetting the bed.

Nodes—(64, 128 A), 148 $N^2$, 148 X (4)—148 Y (5).

Noise in the ears—see Ears.

Noma—11 (148 $N^2$).

Nose—nosebleed, see Bleeding—foreign substance in the nose, 69 I—inflammation of the nose (64,148 F)—red nose, 27, 148 $I^2$—nasal catarrh, see Nose—yellow, slimy, discharge, 128 F—green discharge, 128 J—symptoms under general indications: watery flow, 7, 62, 106—dryness, 42, 148 $S^3$—redness as if frost bitten, 27—plugs in the nose, "clinkers," 115 bichro.—boring with finger into the nostrils, 127.

Numbness, insensibility of parts affected—2, 50, 68, 103, 115 A—of the limbs as if asleep, 148 $C^2$—of the tongue, 2, 146.

Nutmeg—102.

Nux moschata—102.

Nux vomica—103.

Nyctalopia—148 $C^5$.

Nymphomania—see Erotomania.

Oats—104.

Obesity—53 R.

Obstruction—see Bowel.

Odor offensive—see Fetid.

Œdema—of the glottis, 70 (128 G)—of the lungs (12), 26, 110 A, 128 H hypoderm., 80—of the feet, 54, 85, 79 C (128 G)—of the face, 54—of the eyelids, 11, 11 B (70, 128 G)—under the brows, 115 carb.—under the eye, 11, 70—of the scrotum, 47, 77 E, 85 rhodo.—in general, 11, 128 G—see Dropsy.

Œsophagus—foreign body lodged in it, 107 A hypoderm.

Offensive—see Fetid.

Oleander—148 X (6).

Olive oil—105.

Onion—106.

Onychia—77 I, 84, 148 F.

Opacity—see Cornea.

Operations, surgical—preparations for them—see 107 hypoderm.

Ophthalmia—see Eye.

Opium—107—poisoning, 8, 45, **75**, 101, 103—hypoderm., 17, 45, 47, 103—restoration in three minutes, 8—opium habit, 44, 47, 104.

Oppression—see Respiration.

Orange—(sub.), 13.

Orchitis—2 spong., 77 F (85 rhodo.), 107 B (117), 128 C, 144, 148 $C^5$, 148 W (4), 148 W (5)—with induration (64, 148 $C_5$).

Os uteri, rigid—17 A, 78, 146 B.

Ossification of arteries prevented—94 B.
Ostitis—see Bone.
Otalgia and Otitis—see Ear.
Otorrhœa—see Ear.
Ovary—inflammation (30), **70** (117), 128 B, C, 144 A (148 $C^5$), 148 X (10)—induration (64, 77, 128 C), 148 W (6) — neuralgia, **21**, **68**, 95 $G^6$, 120, 128 I, 144 (148 $C^3$), **148** $S^4$, 148 X (10)—œdema (68, 70, 115, brom., 128 G)—tumor, 70.
Oxalic acid—(sub.), 24, 148 X (7).
Oxygen—home treatment, 69 $U^3$—increased supply, 129 B.
Ozæna—6 (13), 36 A, **64**, 65, 77 K, **115** D, 128 A, D, 148 F (148 $N^2$), 148 Z—see Catarrh.
Ozone supply—110.
Pæonia—113.
Pain—treatment internal, 37, 55, 68, 81, 95, 107, 108, 141, 148 W (4)—external, 2, 3, 10, 17 C, 31, 38, 44, 59, 71, 73, 74 G, 82, 88 E, 91, 107, 116, 140 B, 142 B — hypoderm., 17, 21, 27, 32, 37, 38, 44, 45, 46, 47, 103, 107, 139 A—by inhalation, 8, 38, 59, 139—by perspiration, 73, 88 E—diagnosis by pains, 69 $X^3$, E.
Painless caustic—40 A, 50 E.
Palate down—relaxed throat, 6, 7, 24 A, 98, 124, 136 $A^2$, 137 B.
Palms hot—22, 24.
Palpitation—see Heart.
Palsy (shaking)—104, 129, 138 B, 138 B hypoderm, 148 $C^5$.
Pancreatic ailments—(23, 77).
Pannus—136 B.
Paraldehyd—148 P.
Paralysis—Em., 2, 10 (17 A), 27 physos., 31, 39, 53 M (84), 103 hypoderm. (110), 129 B, 136 A, 142 B, 146 A, 148 $C^5$—chronic, 103 hypoderm., especially of the *face*, 103 hypoderm., 148 W (3)—of the wrists from lead, 103 hypoderm.—of the sphincters, 103 hypoderm.—of the tongue, 41—organs of deglutition, 148 W (3)—of the *eyelids*, 62, 122 tox., 129 B, 146 A, 148 $C^5$ (148 S), 148 W (3) —following diphtheria, 103, 146 A, 148 W (3) —rheumatic, 31 (122 tox.)—paraplegia (17 A), 103 hypoderm. (110), 129 B (148 $C^5$) — agitans, 148 X (3).
Parasites (lice)—41, 69 $B_3$, 82, 91—"crab-lice," 82 — microbicide, 91.
Pareira bra—(sub.), 81.
Paresis—3—see Paralysis.
Parthenium—(sub.), 61.
Passiflora (passion flower)—108.
Patches, syphilitic—see Mouth; see Throat.
Peevishness—127, 128 H.
Pelvic pain—(68, 107).
Pemphigus—see Skin.
Peppermint—(sub.), 37.
Pepsin—109.
Peony—113.
Pericarditis—see Heart.
Periostitis—see Bone.
Peritonitis—**2**, 17 A, **26**, 70, 116, 128 A, B, C, 148 X (3).
Perspiration—sudden check, 2, 73, 122 tox.—excessive, 27 hypoderm., 80 A (120)—of hands, feet, armpits, genitals, 3, 17, 74, 80 A, 144—offensive, 6, 20, 24, 36, 37, 115 G, 128 H, 129, 148 X (8)—spicy odor, 85 A—to promote perspiration, 3 D, 73, 80, 88 E.
Petechiæ—248 $C^5$.
Petit mal—107 hypoderm., 110 A (115 A, 128 H)—see Epilepsy.
Petroleum—148 X (8).
Pharyngitis — follicular, tubercular, ulcerative, 109, 136 D, 148 L—see Throat.
Phlebitis—(12), 89, 117 A, 128 B, C, 144 A.
Phosphoric acid—110.
Phosphorus—110—poisoning, 105.
Photophobia—12 (17 A), 21, 77 D, 103 A, 110 A, 148 $C^5$.
Phrenitis—see Brain.
Phthisis—see Consumption.
Physostigma—(sub.), 27.
Phytolacca—114.
Picric acid—148 X (9).
Piles—Em., 2 (5), 25, 44, 69 $R^3$, **72**, 74, 88, **97**, 103, 106, 112, 113, 117, **134**, 136 A, 137, 144, 148 $I^2$—very painful, 24, 112—itching, 131—bleeding, 2, 144 A—cure by operation, 69 $R^3$ — preventive, 72, 136 A.

Pilocarpin—80—poisoning, 17 hypoderm.
Pimples—see Face.
Pine—111.
Piper meth—81.
Pityriasis—see Skin.
Plantain—112.
Platina—148 X (10).
Pleurisy—Em. (**2**), 7 A, 14, **26**, 70, 77 A, 116, 128 B, C, 140 A—false pleurisy, pleurodynia (10, 21), 77 A, 148 R—chest pains (10), 77 A, 148 R.
Plica polonica—23, 148 W (10).
Plumbum—84.
Pneumonia and pleuro-pneumonia—Em., **2**, 7 A, B, 12, 14 (22), **26**, 32, 54, 69 J[4], 74, 77 A, 80, 105, **110** A, 116, 120 A, 128 B, C, D (136), 140, 148 W (10), 148 X (7)—hypoderm. 32, 80, 120—cut short 77, 140 A—typhoid type, 110, 120 A, 128 H—sequel, 79 B—chronic, 7 B, **66** B, 69 R[4], **79** B, 87, 128 C (136), 142 A (148 C[5]), 148 W (10).
Podophyllum—92.
Poisoning—see Antidote—see Skin poisoning.
Poke—114.
Polypus—9, 50, 88 A, 107, 110 B, 148 Y (7)—hypoderm., 50, 107—bleeding, 110—uterine, 50.
Polyuria—110 A, 128 G, 148 I, 148 V, 148 Y (7)—see Urine.
Porrigo—see Scalp.
Position, posture, as diagnostic indications—69 X[3], F.
Potash—115.
Potassium chlor—(sub.), 128.
Potassium phosph—(sub.), 128.
Potassium sulph—(sub.), 128.
Pott's disease—32, 53 M, 88 B, 94 C.
Potter's clay—(sub.), 42.
Poultice—116.
Prairie itch—69 E[4]—see Itch.
Pregnancy—incident ailments, 10, 17 D, 34, 69 R, 146 B—repugnance to water, 110 D, see Vomiting—early signs, 69 F—indications of sex, 69 D[2].
Preparation of the system for invasion of contagion—110 E.
Prepuce stricture—32.
Prickly ash—119.
Prickly heat—10, 49.
Proctitis—46, 110 A (128 B, C), 134 A.
Prolapsus—see Anus or Uterus.
Prostate gland—enlargement, 9, 50 hypoderm., 70 (74), 77 I, 89—irritation, inflammation, 9, 70 (74), 89 (117), 148 Y (3).
Prostration—57, 94 C—from heat, 50 hypoderm., 103, 138 B—see Exhaustion.
Proud flesh—(9), 22.
Prunus spi—148 X (11).
Prurigo—see Skin.
Pruritus, local itching—6, 7, 16 B, 24, 44, 66, 69 E[4], 120, 131 A, B, 136 A[2], 142, 148 I[2]—of vagina, 148 X (4)—of vulva, 148 W (1), 148 Y (1)—of anus, 148 W (10).
Psoriasis—see Skin.
Pterygion—136 B.
Ptyalism—23, 43 (77), 80, 148 X (3).
Puerperal—see Child-bed.
Pulsatilla—117, 148 X (12).
Pulse—under general indications:—slow and weak, 54, 96—rapid, 2, 32, 140—intermittent, 11 (126)—see Heart action.
Pumpkin seed—118.
Purpura hæmorrhagica—49, 110 A, 128 H, 139, 144 A.
Purulent ophthalmia—see Eye.
Pus formation—see Suppuration.
Pustule—(9), 12, 128 A, D.
Putrid—see Fetid.
Pyæmia, septicæmia—3 (10, 11), 32, 61 hypoderm., 120 B, 128 H, 148 I[2], 148 M.
Pyelitis—(uva ursi)—see Kidney.
Pyrexia of phthisis—32, 142 M.
Pyrosis—see Heartburn.
Quassia—(sub.), 41.
Quebracho—(sub.), 54.
Quinia—120—ill effects in the system, 10, 88 A—taste masked, 120.
Quinsy—Em., **2**, 15, **17** A, D, 69 R[4], **70**, 74, 75, 80 B, 82 (83, 98), 114 A, (128 B, C)—bad type, putrid, 15, 114 A (115 G, 128 H).
Rabies—see Hydrophobia.
Rachitis—see Rickets.
Ranula—9, 80, 88 A, 137.
Ranunculus bulb.—148 R.

Rash—of new-born infants (10)—heat rash, 10, 49—scarlet (2, 122 tox.).
Rattlesnake bite—17 B, 77—see Bite.
Raw surface—see Skin
Rectum—inflammation—see Proctitis, see Anus.
Red gum—(10).
Remittent—see Fever.
Renal—see Kidney.
Resorcin—121.
Respiration—painful, 14, 26, 77 H, 148 R—oppressed, 15, 26, 43, 54, 80 hypoderm., 128 H, 129—wheezing, 43, 148 $S^2$—rattling, 12, 78—snoring, 107—slow, 140, see Asthma, see Emphysema.
Restlessness—2, 11, 77, 110 A, 127, 147, 148 $S^4$—of infants, 47, see Baby's card.
Resuscitation—see Apparent death.
Retching—12, 49, 78, 92, 127, 140 alb.—from worms, 127.
Retention of urine—see Urine.
Retina detached—(64, 146).
Retinitis—see Eye.
Retroversion of the uterus—4, 25 (50, 141).
Rhagades—5, 18, 66, 148 $C^4$.
Rheumatism—acute, Em., **2**, 7 C, 11, 12, 21, **26**, 29, 31, 32, 34, 46, 50 A, 51, 53 P, 71, 72, 73, 74 G, 81, 85 A, 86, 88 E, 95, 96 (107), 117, 119, **122**, **125**, 136 A, 144 A, 148 $I^2$, 148 M note, 148 R—external treatment, 2, 10, 31, 51, 72, 73, 74, 106, 116, 122 vene, 125, 136, 148 $I^2$—sweat cure, 73, 88 E—acute articular specific, 148 M note, 148 W (10)—especially from getting wet (85 A, 96), 122 tox.—attacking the chest (26, 96), 148 R—small joints, 21, 46, 62 A, 85 A, 89, 119 C: hypoderm., 46—wandering, 31, 117 A, 119 D—invading the heart, 29, 96—*chronic*, 2, 11, 32, 50 A, 85 A, 88 B, 110 A, **125**, 148 $I^2$—"cold rheumatism" in the joints, 11, 85—syphilitic, 114 A, 115 B—diet cure, 53 M, 53 P—two hundred and fifty cures in succession, each in forty-eight hours, 31 B—guard, 136 A.
Rhododendron—(sub.), 85.
Rhus (varieties)—122.
Rice flour—(sub.), 6.
Rickets—66 A, 88 A, B, 110 E (128 A, E).
Rigid os uteri—17 A, 78, 146 B.
Ringworm—7, 49 B, 84, 136 $A^2$, 142 C, 148 Y (1).
Roaring—see Ears.
Robinia—(sub.), 1.
Rock rose—123.
Rosacea—see Face.
Rose cold—see Hay Fever.
Rosemary—148 $R^2$.
Roseola—2, 10 (122 tox.).
Rough spots upon the skin—10.
Rubeola—2.
Rumex—(sub.), 55.
"Run round"—see Onychia.
Rupia—9, 114 A.
Rupture—see Hernia.
Rush of blood—2, 128 B—see Congestion.
Ruta—(sub.), 62.
Sabadilla—148 X (13).
Sabina—(sub.), 9, 24, 114 X (14).
Sage—124.
Salicin—125.
Salicylic acid—125.
Salivation—23, 43 (77), 80 A—slobbering of horses, 69 $B^4$.
Sanguinaria—22.
Santonine—127.
Sarcocele—(64, 85 A)—see Testes.
Sarsaparilla—(sub.), 16.
Sarcoma—11, 69 $N^3$—see Tumor.
Sassafras—(sub.), 41.
Satyriasis—see Erotomania.
Scab—66, 110 E—yellow, 128 F, J—see Skin.
Scabies—(128 D, 136)—see Itch.
Scald—see Burn.
Scalp—scabby incrustation, scald head—(19), 23, 24, 28, 66, 88 A, 110 E, 115, 128 A, 131 A, 136 $A^2$, 142, 148 W (5), 148 X (6)—dandruff, 24, 32, 66, 88 A, 128 C—hard lumps on the scalp, 128 A—blood tumor on scalp of new-born babe—(128 A, 148 F)—open fontanels, 88 B, 128 A, E—erysipelas, 77.
Scar removed—132 B.
Scarlet Fever (Scarlatina)—Em., 2, 7, **17** A, 31, 32, 36, 47, 53 L, grape juice, 68, **70**, 83, 94 C, koumiss,

114 A (**122** B), 128 B, C, H, 131, 146 A, 148 $X^3$—smooth (17 A, 70)—rough (7, 122 B)—suppressed, 31, 49—with spasms 17 A, 49 (146 A)—aid in desquamation, 128 F—system prepared, 110 E—preventives, 17 A, 53 N, 69 $V^3$,—preventives of dropsy following, 83, 131—dregs, 88 A.
Sciatica—2 (11), 21, 34, 59, 73, 74 F, 95, 100 (122, 128 I), 136 A, 148 $C^3$, (148 R), 148 $S^4$, **148** Z, —hypoderm., 2, 38, 47, 50, 107.
Scilla—148 $S^2$.
Scirrhus—2, 148, $C^5$—see Cancer.
Sclerotitis—see Eye.
Sclerotinic acid—(sub.)—50.
Scorbutus—86, 128 H—see Gums.
Scrofula—Em., 11 B, 32, 66 A, B, 77 B, 88 A, 110 E, **123**, 128 E (136, 148 $C^5$), 148 X (3), 148 Y (5)—with suppuration and caries, 115 $E^2$, 123 (128 A, D)—curative diet, 53 C, M, O.
Scrotum—inflammation, swelling, pain, 42 (64), 85 A, 107, 144 A—œdema, 47, 77 E, 85 A—cold sweat, 144 A —see Testes.
Scurvy—86, 128 H.
Scutellaria—(sub.), 29.
Sea Sickness—**8**, **38**, 45, 69 $W^2$, 69 $M^3$, 69 $R^4$, 107 148 $C^2$, 148, Y (3)—from riding in car, 69 $M^3$—from riding in carriage, 148 $C^2$—from swinging 69 $W^2$.
Seat Worms—see Worms.
Seborrhœa—66—see Skin.
Secale—50.
Seminal—see Spermatorrhœa.
Senecio—87.
Senega.—148 S.
Sepia—148 Y (1).
Septicæmia—3 (10), 11, 32, 61 hypoderm., 120 B, 128 H, 148 $I^2$, 148 M.
Sex presaged—69 $D^2$.
Shaking—see Palsy.
Shingles—10, 30, 110 A, **122** B, 128 C, 148 R, 148 X (4)—local, 10, 30 —hypoderm., 107.
Shivers, Nervous Chills—21 (146) —see Nerve.
Shock—see Brain.
Shortsightedness—27 A—see Sight.
Shoulder Droop—25.
Shrieks—39, 70—see Night Terror.
Sick Headache—see Head.
"Sick-Room" Air, Kept Pure—35, 36, 69 J.
Sick Stomach—see Nausea, Vomiting, Gagging.
Sight—obscure vision (asthenopia, amblyopia, amaurosis)—Em., 2, 10, 17 A (21), 34 A, 41 A, 62 A, 70 A (103, 110 A, 127, 128 A, H), 148 $C^5$, **146**—after diphtheria (103), 128, A, H, 146 (148 $C^5$)—nearsightedness, 27 A—astigmatism, 70 A—dread of light, see Photophobia—night-blindness, 148 $C^5$—appearance of colors, 17 A, 128 I—appearance of things double (34 A), 128 I (146)—blurred vision 62 (117), 146.
Silicea—128 A.
Silphium—(sub.), 77 L.
Silver Nit.—129.
Sinking of Strength—sudden (7), 11, 75, 110 A, B, 148 M—see Exhaustion, see Collapse.
Sinking at the Stomach-pit, "goneness,"—21, 65, 143, 146 A, 148 I —with deathly nausea, 54, 146 A.
Sizygium—(sub.), 122.
Skin Affections—eruptions in general take 7 B, **11**, 11 B, 19, 32, 66 A, B, **77** B, 110 E, 122 B, 128 A, C, 136 B, **142** C, 148 $I^2$: apply, 5, 18, 24, 31 C, 32, 49, 66, 142 C, 148 $I^2$ —dry, hard eruptions, 128 A—*unhealthy* skin 128 D, 136 B, 148 $I^2$, 148X (8)—greasy skin 115 $E^3$—*ecthymæ*, 9, 12, 66 (122 B), 148 $I^2$—*eczema*, take 11, 11 hypoderm., 20 B, 23, 53 C, 66, 77 B, 84, **122**, 128 A, 142, **148** $I^2$, 148 W (2), 148 W (5), 148 W (6), 148 W (8), apply: 5, 20 B, 24, 66, 84, 131 A, 142 C, **148** $I^2$ from impure vaccine, 11, 128 A—*erythema* 10 (17 A), 20 B (66), 70, **122** B, 148 W (8),—excrescences, 9, 148 $N^2$—*favus*, see scalp—*herpes*, tetter 19, 66, 122 B, 136 $A^2$, 142 C, 148 W (2)—moist tetter, 19: circinatus, see Ring Worm: zoster, see Shingles—*intertrigo* (abrasion, chafing, excoriation) Em., 5, 18 A, 20 B, **42**, 57,

65 (66), 125 A, **132** B, 137 A, 144, 148 W (10), 148 X (3), 148 X (4): abrasions of the feet, 57, 106—*lepra* (11), 19 (49), 148 I²—*lichen*, 5, 11, 66, 70), 85, 148 X (6)—liver spots, 148 C⁵—*nodes* (128 A), 148 N²—*parasitic* eruptions—5, 32, 32 hypoderm., 66, 136 A²—*pemphigus*, 11, 122 B—*pityriasis*, 5, 11, 66, 131 A, 148 X (4),—*prurigo*, 11, 66, 122 B, 136 B, 148 I², 148 X (4)—*pruritus*, local itching, 6, 7, 16 B, 20, **24**, 31, C, 44, 66, 69E⁴, 120, **131** B, 136 A², B, 148 I², 148 N²—*psoriasis*, 11 (32, 36), 115 E³, 128 A, D, 148 I², 148 W (6)—scaling of the skin, 11, 66, 148 C³—tinea, 131—*urticaria*, nettle-rash, hives, 7 B, 11, 19, 37, 69, E⁴, 70, 80, **100**, (120, 125)—medication by inunction, 66, 69 T, 148 I².

Skin Poisoning—apply Em., 36, 57, **83**, 115: take 85, 122 B.

Skin Symptoms—tender, easily chafed, 148 X (6)—diagnostic indications, 69 X³ D.

Skull—bones thin, 88 B—fontanels open, 88 B, 128 A, E—see Scalp.

Sleep—sleeplessness, insomnia, 2, 8, 17 A, 21, 31 (34), 45 B, 55, 68, 69 R², 69 C³, 71, 87, 101 A, 106, 107, 108, 110 A, 115, 141 A, 146, **148** S³, 148 P, 148 W (1): hypoderm., 37, 45, 107, 138 B—of pregnancy, 148 S⁴—of infants, 2, **34**, 69 C³, 106, 141, 148 P: starting in sleep, 17 A—sleepy but cannot sleep, 17 A—grinding teeth in sleep, 17 A, 92, 127—motion of the jaws like chewing in sleep, 148 M—sleeplessness from cough or pain, 55, 107, 108, 115: from alcoholism, 21, 45, 108: from mania, (104), see Mind—sleep walking, see Somnambulism—drowsiness under general indications, 4, 12, 15, 102, 107, 146.

Small-pox—9, 12, **15**, 32, 86, 69 E, 110 A, 128 C, F, H, **142**, 148 X (3)—promoting desquamation, 128 F—preparation of the system, 110 E—preventions, 9, 115, 136 A, 142—face guard, 77—pitting prevented, 32, 66, 69 G², 115.

Smell Lost—117 A (128 A).

Snake Bites—8 B, 7, 17 B, 67, 69 E³, 77, 113—hypoderm., 3, 7, 59.

Sneezing—51 (106).

Soap—130.

Soda—131.

Sodium iod.—(sub.), 115.

Sodium phos.—(sub.), 128.

Sodium sulph.—(sub), 128.

Softening—see Brain.

Somnambulism—110 A (115 brom.), 147, 148 C.

Sore—see Bed Sore, and Ulcer.

"Sore eyes"—see Eye.

Soreness—under general indications: 5, 10, 15, 21, 42, 70—in the chest, 110, 115 iod.

Sore Mouth—see Mouth.

Sore Nipples—see Nipples.

Sore Throat—see Throat.

Sour—see Eructations, Stomach, Taste.

Spasms (Convulsions)—in general, Em., 1, 8, **17** A, 27, 31, 38, 49, 69, 74, 75, **93**, 101, 103, 105, **108**, 115 A, 127, 128 I, 138, 139, 140 A, 141, 146 A, 148 I—hypoderm., 37, 50, 80, 107—*threatening*, 1, 17 A, 128 I, 140 A—any local spasm, 103 hypoderm., 146 A—*uræmic* (30, 32): hypoderm., 37, 80, 107—puerperal, see Child-bed—from fright, 2, 128 H, 138, 148 I—from injuries, 85, 133—from whooping cough, 49—from worms, 76, 127, 148 I—of new-born babes, 10—of infants teething, 1 17 A, 27, 31, 49, 74, 93, 105, 107 hypoderm., 108, 115 A, 128 I, 141 A, 146 A (147)—spasms of the *glottis*, spasmodic choking (2, 17 A), 36, 49, 77 A, 103 hypoderm., 120, 128 I, 146 A, 148C—of the *eyelids* 27, 117, 128 I, 146 A—of the *sphincters*, spasmodic tenesmus, 103 hypoderm., 115 A, 128 I—of the wrists, "wrist cramp," "writer's cramp," Em., 103 hypoderm. (128 I)—of the *heart*, cardiac spasm, see Heart—guard against the fit, 8, 14, 69 A, 128 I, 140, 146—to arrest the fit, *lay patient on left side*, 69

U², 74, 75—symptoms under general indications: face blue, 49—face red, 17 A—face pale and wet with sweat, 103—flow of tears, 117—patient conscious, 103, 138 A—occur during sleep at night, 115 A, 128 A—with vomiting of thick curds, 1.
Specks—see Cornea.
Speech—rapid, 138—stuttering, stammering, Em., 69 M—cure in a week, 138 A.
Spermatorrhœa—**9** (23, 30), 31, 44 A, 50 C (54, 103, 110 B), 120, 143, 146, 148 Y (3): hypoderm., 107.
Spigelia—(sub.), 29.
Spine—affections in general: chronic, 103 hypoderm.—from a fall or hurt, Em., 17 C, 133—curvature, Em., 25, 88 A (94 C), 128 A, 140 B, 142 B—pain in the spine, 17 C, 27, 38 hypoderm. (59 local), 68—irritation (17 A), 21, 27, 50 B, 110 A, 140 (146), 148 X (7), 148 Y (6)—tender to touch and painful from motion, 27—softening, 148 X (9), inflammation, see Cerebro-Spinal Meningitis—soreness, tenderness, at the bottom point of the spine, 123 (128 A).
Spitting blood—see Bleeding.
Spleen—inflammation (10, 26, 120)—pain, 17 D—enlargement (10), 17 D (27), 50 hypoderm.—gangrene (11).
Splinter—pain, spasm, 85, 133—see Wound.
Sponge tent—69 Z².
Spongia—(sub.), 2, 148 Y (2).
Spotted Fever—**3**, 17 A, 21 (49), 50, **78** (107), 140 (146 A), 148 C.
Sprain—10, **31**, 42, 48, 74 G, H, 84, 107 B, **122** (133), 136 A², 140 B, 144—cure in a day, 48—nerve hurt, 133—inflammation, 140 B—sprained feeling in joints, 7 carb., 85 A.
Squilla—148 S².
Squint—see Strabismus.
St. John's wort—133.
St. Vitus' dance—see Chorea.
Staggering, when walking in the dark—138.
Stannum—148 Y (4).
Staphisagria—148 Y (3).
Starch—132.
Sterility—4 (24), 44, 69 Y², 74 E (77, 148 $C_5$).
Stibium—12.
Sticta—148 S³.
Stiff neck—(2, 19, 21, 26, 46), 74 G, 128 B.
Stillingia—148 Y (5).
Stings—7, 10, 69 G⁴, 85, 106, 126—instant relief, 10, 69 G⁴.
Stitches—stitching pains, 26, 115 carb—in the brain (10), 97—in the heart, 26, 29 spig., 97.
Stomach—*acidity*, 1, 38, 58, 74 D², 88 A, 94, 128 J, 129, 131—baby, 1, 58, 88 A—*pain*, distress, stomachache, gastralgia, 4, 20 (26), 61, 74 D², 75, 88, **103**, 109, 129 B, 134 A, 143, 148 C², 148 P²—hypoderm. 103, 107—cramp, 41, 49, 148 $C_2$—gastric catarrh: see Catarrh—hemorrhage: see Bleeding—*inflammation*, 2, 11 (22, 30, 110 A), 128 B, 148 X (7)—*ulceration*, 11, 17 A, 20 A, 30, 32, 61, 63, 69 M⁴, 88 C (115 bichro), 122 D, **129** B—sinking, gone feeling, 21, 65, 143, 146 A, 148 I: with deathly nausea, 54, 146—fluttering at the stomach, 29, 119.
Stomatitis—see Mouth.
Stone root—134.
Stool—diagnostic indications, 69 X³, G—see diarrhœa, constipation, etc.
Strabismus—(34 cycla., 127), 128 I (138 B, 148 C)—at birth, 10.
Strain—of muscle, 10, 122, 74 G—straining, see Tenesmus.
Stramonium—138.
Strangury, **30** C, 31, 37, 38, 68 A, 70, **75**, 87, 106—spasmodic 115 A, 128 I—from fly blister, 31.
Stricture—of prepuce, 32—of rectum, 44 (110 A)—of urethra, 107 hypoderm., 128 A, 148 W (5)—spasmodic, 128 I.
Strophantus—(sub.), 54.
Struma—53 M, O—see Scrofula.
Strychnia—103—poisoning: hypoderm., 37, 45, 77, 103.
Stupor, sopor—see Coma.
Stuttering, stammering—see Speech.
Sty—77, 117 A, 122 D (128 A, D),

144 B—ailments from styes suppressed, 122 D.
Sub-involution—50 hypoderm.—see Uterus.
Sugar—135.
Sulphur, and acids—136.
Sumbul—148 S⁴.
"Summer complaint"—53 L, 53 M see Diarrhœa.
Sunstroke—Em., 101, 138 B, 148 M hypoderm., 50, 120—heat apoplexy, faint, 103, 120, 138 B.
Suppuration—(10), 28, 32 (77 A), 90, 91, 115, 125 A, **128** A, D—see Ulcer.
Surgical dressing—3, 91, 115, 125—see Wounds.
Surgical operations—guard against shock, 107 hypoderm. (120)—exhaustion after, 94 C—fainting after, 101—excessive pain after, 105, 133.
Sweat—see Perspiration—sweat cure, 73, 88 E.
Swelling—see Œdema—see Gland, etc.
Swoon—68.
Sycosis—9, 128 C, 148 N², 148 X (10)
Syncope—see Fainting.
Synovitis—26, 32 (70, 128 C): hypoderm., 32.
Syphilis—7 B, 16 A, 32, 64, 77 B, 114 A, 115 B, 148 F, 148 C⁴, 148 N², 148 X (3), 148 X (10), 148 Y (5)—hypoderm., 77—inherited, 11 B, 11 C.
Tabes—(sicca 147)—see Atrophy.
Tampon—69 Z².
Tannin, and Tannic acid—137.
Tapeworm—see Worms.
Tartar emetic—12.
Tartar on teeth—3, 77 D (142).
Taste—lost, 23, 117 A, 126 A—bitter, 128 G—sour, 128 J—foul, 128 H: foul in the morning (103, 117).
Teeth—decay, 3, 9, 11 C, 148 F—guard against decay, 3, 35—extraction without pain, 59, 68.
Teething—2, 11 C, 17 A, 27, 53 L, M, 80 B, 88 A, B, **92**, 110 E, 112, 115 A, 128 E, 128 E, I, 136, **148** W (4)—conducted safely through, 110 E—grinding of the teeth or gums (17 A), 92, 127—early decay (9, 11 C, 148 F).
Tellurium—148 Y (6).
Temperature—normal, 98.6°—dangerously high, 105°—usually fatal, 107°—collapse, 95°—dangerously low, 93°—usually fatal, 92°.
Tenderness—symptoms under general indications: 2, 10, 13, 17; especially of the abdominal walls, 70—rheumatic, 119 D.
Tenesmus—69 D⁴—spasmodic, 115 A, 128 I.
Terebinthina—139.
Terror—see Night—see Fear.
Testes—induration, 128 A (144, 148 C⁵), 148 F 148 W (5)—shrunken condition, 44—pain, 20 B, 64, 144 A: as if bruised, 54, 85 A—neuralgia, 144 A.
Tetanus—2, 10, 17 A, 27 B, 49, 59, 74, (103), **108**, 128 I, 133, 139, 146 A, 148 P² (of the horse, 108)—hypoderm., 37, 103.
Tetter—see Skin.
Teucrium—148 Y (7).
Thallin—(sub.), 120.
Theine—(sub.), 139.
Thirst—excessive (2, 11), 53 D, 74, 110, 140—for very cold drinks, 110, 140—with dread of liquids, 30, 68.
Thorn apple—138.
Throat—acute inflammation, sore throat, quinsy Em., **2**, 3, **17** A, D, 57, 69 J³, 69 R⁴, **70**, 74, 75, 80, 82, 83, 98, 114, 128 B, C, 136 A, 137, 144, 146 A—hypoderm. for quinsy, 80—ulceration, Em., 6, 15 (17 A), 36, 77 D, 99, **114** A, **115** C, 128 D, 137 B, 148 I², 148 N², 148 X (3): putrid, 15, 114 A, 115 C, 128 H; syphilitic, 114 D, 115 B—clergyman's sore throat (10, 110), 129, 136 A², 144—relaxed throat, palate down, 6, 7, 24 A, 98, 124, 136 A², 137 B—chronic affections of the throat, 18 C, 24, 32, 36, 69 J³, 69 R⁴ (72), 94 C, 114 A, **114** B, 128 C, 136 D, 137 B, 144, **148** L, 148 X (7)—strangulation, see Choking—symptoms under general indications: dryness, especially on waking, 22, 42, 102, 114—feel-

ing like a string hanging down the throat, 148 V—☞ view of the throat far down, 69 C.
Throbbing in the arteries of the neck, 17, 54, 101.
Thrush—see Mouth.
Thuja—9.
Tic douloureux—see Neuralgia, facial.
Tinea—see Skin.
Tinnitus aurium—see Ear.
Tissue salts—128.
Tobacco—antidote and substitute—69 $J^3$.
Tongue—diagnostic indications, 69 $X^3$, A—tongue symptoms, under general indications: coated white, 20, 32, 128 C—brown, 128 H—greenish, 128 G—yellow, 128 F, 140—red edges, 114, 122, 140—red and cracked, 115 bichro—smooth red, 139—inflamed, 70, 128 B, 148 X (7)—swollen, 70—numb, 2, 146—paralyzed, 41—indurated (64), 128 A—cancer, 115, 148 $C^4$.
Tonic—4, 79, 94 C, 103, 119 A, B, 120, 129 A—see Debility.
Tonsils—inflamed, see Quinsy—chronic enlargement, 11 B, 88 A, B, 128 C, 144.
Toothache—Em., 2, 6, **8** (17 A), 18, 55, 81, **101**, 112, 128 B, 128 I, 146 A, 148 W (4)—hypoderm., 107—in hollow tooth, 148 $X^3$, 148 Y (3)—instant relief, 6 A, 8, 18—decay, see Teeth.
Tooth extraction without pain—59, 68.
Tooth-powder—35.
Trachoma—see Eye.
Trance—68.
Traumatic Fever—2, 61.
Tremor, trembling—2, 21, 27, 110 A, 115 A, 129 B, 138 B hypoderm. (148 $C^5$), 148 X (3)—of the head, 148 C, $C^2$—mercurial, 138 B hypoderm.—senile, 138 B hypoderm. (148 $C^5$)—internal, 31—sensation of trembling, 136 acid.
Trichinosis (trichiniasis)—32, 50 hypoderm., 66 (70)—destroys the parasite in the stomach, 66.
Trifolium—43.
Trismus—see Lockjaw.
Tuberculosis—53 M, O, (diet), 148 L—see Consumption.
Tumor—11, 28, 40, 42, 50 E, 69 $N^3$, 70 (88), 114 B, 128 A, 148 $C^5$, 148 W (9)—fibroid: hypoderm. 32, 50—ovarian, 70—resulting from a blow, 133—removal and cure without the knife, 40, 50 E, 69 $N^3$—see Cancer.
Turpentine—139.
Twitching—2, 27, 107 hypoderm., 110 A, 128 I, 147, 148 I—beneath the skin, 2—especially about the mouth, 148 I—face, 110 A—eyelids, 27—in sleep, 17, 39.
Tympanites—(13), 46, 120, 139 $A^2$, 140 A—in typhoid, 139 $A^2$, 140 A—hysterical (13), 148 V.
Typhoid Fever—Em., 7 A, **11**, **15**, 23, 26, 32, 36, 45, 77 A, 94 C (110), **120** B, 120 hypoderm, 122 A, 125 A, 128 B, 129 A, 136, **139**, 142, 148 Z—collapse, 11, 101, 110 A, B, 128 H, 148 M.
Typhus—11, (32), 94 C (110), 120 B, 128 B, 142—of children, 26, 45.
Ulcer upon the skin—apply 28, 35, 40, **42**, 44, 63, 65, 69 $H^3$, 74, 77 J, 88, 90, 91, **109**, 113, 114, 115, 125, 126, 142: take 11, 13, 30, 32, **88** B, C, **113**, 123, 128 A, D (136), 148 $N^2$, 148 X (3), 148 X (4)—chronic, 40, 88, 114, 130—sloughing, putrid, gangrenous, 11, 13, 32, 35, 36, 42, 63, 77 J, 90, 91, 113, 115 G, 128 A, D, H—scrofulous, 88 B, 123, 128 E, see Scrofula—varicose, 144 A—maggots in ulcer, 90—ulcers upon internal surfaces: see the various organs affected.
Uræmia—30 C (32), 80, 107—hypoderm., 80, 107.
Uranium nit—(sub.), 122.
Urethra—irritation, inflammation, 30 C, 68 sativa, 70, 89—discharge, 148 N—urethral fever, 2.
Urinalysis—69 $Y^3$.
Urine—*painful flow*, 16, 18 B, **30**, 31, 46, 68 sativa., 70, 81, **89**, 106—hypoderm., 17, 107—*obstructed flow*, 30, 69 $O^2$, 92, 106, 148 $C^5$: from enlarged prostate, 9, 70,

see Gravel—*retention*, 2, 38, 50 hypoderm, 75, 92, (107), 128 B—see Strangury—suppressed secretion: see Dropsy—*incontinence*, dribbling, Em., 92, 103, 122 C, 129 B, 139 B, 142 B, 146 A, 148 W (3): hypoderm., 17, 103, 107—from a fall, 133: see Enuresis: see "wetting the bed"—excessive flow, 128 G: see Diuresis Diabetes, Polyuria—urinary symptoms under general indications: urine hot, 24, 30, 68 sativa—pale, 148 I, V—offensive, 18, 24, 148 $C^3$, 148 $N^2$—loaded with sediment, 16, 134 C—milky white, 127—like coffee grounds, 39—urging to urinate (30, 89), 103—bloody urine (10), 16 (17), 41, 134 C, 139, 144 A—red sand sediment, 148 W (10), 148 Y (1)—pink sediment, 148 Y (1).

Urtica—(sub.), 100.

Urticaria—see Hives.

Ustilago—50.

Uterus (Womb) — *inflammation*, acute, 2, 11, 17, 32 (103, 107, 128 B, C): see Child-bed Fever: chronic, 50 hypoderm, 128 C—ulceration, 74 E, see Leucorrhœa, fetid—pains, 21 (68 hemp.), 95: see Neuralgia—*prolapsus*, Em., 4, 6, 17, 25, 70 A, 74, 75 B, 77 B, **79** B (92), 103 A, 103 hypoderm., 114 A, 117, 119 B, 141, **148** Y (1), **148** Z—"the womb anchor," 69 $H^2$—replacement by position, 69 $H^2$—sub-involution, 50 hypoderm.—flexion, version, 4, 25—hypertrophy, 50 hypoderm.—polypus, mole, fibroid tumor, 50 hypoderm.

Uva ursi—(sub.), 16, 30.

Uvula elongated—137 B—see Palate.

Vaccine disease—9, 11, 128 A.

Vagina—itching, 148 X (4): see Pruritus—irritation, 148 X (4), 148 X (14)—spasmodic constriction, vaginismus., 44, 49 (84, 128 A), 146 A—ulceration, 6, 74 E: see Leucorrhœa, fetid.

Valeriana—148 V.

Valvular disease of the heart—2, 29, 54, 94.

Varicocele—50 hypoderm.

Varicose veins—50 hypoderm., 69 $N^3$, 89, 117 A, 144 A, 147, 148 F—with severe pains, 89, 144—radical cure, 144.

Variola, varioloid—see Smallpox.

Veratrum—140—poisoning, 59 hypoderm.

Veins—inflammation, see Phlebitis—broken, see Varicose.

Verbascum—97, 148 Y (8).

Vertigo—2, 10, 17 A, 26, 27, 34 A, 45, 72, 77, 101 A, 110 A, 113, **128** B, 134 A, 148 C, $C^2$, $C^5$, 148 W (1), 148 Z—epileptic (27), 110 B—when rising up in bed, 2, 26—when turning in bed, 148 $C^5$—falling, 27 (110)—guard, 72.

Viburnum—141.

Vicarious—see Menses.

Vinegar—142.

Viola odo.—(sub.), 46.

Viola tri.—(sub.), 23.

Viscum—95.

Voice—failing, lost, 2 spong., 7, 17 A, 24, 44, 110 A, 134 A, 144, 146 A, 148 W (3)—hysterical aphonia, 101, 107 hypoderm.—hoarseness, 2 spong., 24, 80 hypoderm., 88 A., 110 A, 128 C, 144—especially of public speakers and singers, 44, 110 A, 144.

Vomiting—in general, 1, 11, 20, **23**, 41, 48 B, 49, 53 L, 69 K, 74 D, 75 A, 77, **78**, 88 A, 98 (103), 109 (110), 138 B—hypoderm., 37, 107—of *drunkards*, 11, 103—from etherization, 74 D—during *pregnancy*, 38, 48, 69 K, **69** $P^2$, 71, 75 A, 77, 78, 109, 110 D, 118—during *typhoid* fever, 11, 75 A, 78, 138 B—symptoms under general indications: ejection of liquids, not solids, 11, 20 A, 110—of solids when the stomach is full, 20 A, 128 B—of milk, 1, 88 A, 148 X (3)—of bile (78), 128 I—of food, 128 B; directly after eating, 11, 20 A, 78, 138 B—of sour liquid, 1, 23, 88 A, 128 J—of sour curds, 1, 88 A—constant straining to vomit, 78, 109, 140 alb.—liquids come up as soon as swallowed, 11: as soon as they become warm in the stomach (110 A, 140 alb.).

Vulva — itching, see Pruritus — inflammation, 148 Y (1).
Wakefulness—see Sleep.
Warts—7, 9, 28, 40, 69 D, 142—take 9 (88 A).
Wasting diseases—66 A, B, 110 E—see Atrophy, see Consumption.
Water brash—23 (26), 35, 103, 109 (117), 126 (131, 140, alb.), 148 W (10).
Water—stagnant or turbid rendered innoxious, 86—clarified, 6, 126 C—diarrhœa from drinking impure water, 86—nausea from drinking water, 110 A$^2$—"water on the brain," see Brain.
Weakness—see Debility.
Weak heart—see Heart.
Weaning—see Milk—from liquor, 53 S, 74 B.
Weariness—see Fatigue.
Weeping moods—76, 117.
Wen—48.
"Wetting the bed"—9, 17, 18, **30**, 37, 74, 79, 112, 115 A, 120 A, 122 A, 129 B, 148 W (3), 148 Y (1), **148** Y (8)—hypoderm., 17, 103, 107—preventive, 74—from worms, 127—see Urine.
White leg—see Milk leg.
White swelling—77 E, G, 115 E$^2$, 123—hypoderm., 32—see Joints.
"Whites"—see Leucorrhœa.
Whitlow—see Felon.
Whooping cough—Em., 7, 8, 10, 17, 43, 49, 55 (98), 95, 120, 127, 128 H, 139, 148 N (148 P$^2$)—choking with blue face, 49, 128 H—preventive, 117—cure in a week, 17—cure ninety-five per cent. of all cases, 43—as much a specific as quinine for ague, 55—with spasms, 49—system prepared, 110 E.
Wild Yam—143.
Wind gall—18.
Winking, involuntary—62.
Witch Hazel—144.
Womb—see Uterus.
Worms—common large worms, 46 A, 79, **127**, 139, 148 Y (4)—seat worms, 83 A, **100**, 126, 130 B, 148 Y (7)—tape worm, 38, 67, 111, **118**, 125, 139, away in an hour, 38.
Worse—conditions, under general indications:—
*After*, eating, 4, 102, 115 bichro., 120, 126, 148 C$^3$: especially after dinner, 129—after drinking, 102, 120, 148 C$^3$: especially after coffee, 148 I: after wine, 107, 147—after sleeping, 107, 138: especially in morning on waking, 148 I, 148 N$^2$—after talking, 77—after riding, 77—after walking, 77—after lying down, 78—after getting wet, 88, phos., 122.
*At* 10 A.M., 126—at 3 P.M., 17.
*Before* dinner, 136—before a thunder storm, 85 A, 131.
*By* slight touch or contact, 2, 13, 27, 128 B, 148 N$^2$: anywhere upon the skin, 120, 148 I—by the least knock or jar, 10, 17—by pressure upon the parts affected, 128 B—by smell of tobacco, 148 I—by smell of victuals, 46.
*During* cold, damp weather, 7 carb., 85 A, 136—during hot weather, 92 (103)—during the evening, 117: from 4 to 8 P.M., 39—during middle of the night, 11: from 2 to 3 A.M., 115—during the morning, 92, 103—during new moon, 7 carb., 42, 49, 88 carb.—during full moon, 42, 88 carb., 131—during every 7th or 8th day, 22, 23, 114—during active motion, 26, 46, 101, 128 B: during first motion, but better after continued gentle motion, 24, 122—during rest, repose, 85 A, 122, 128 C, 148 C$^5$: especially sitting, 79.
*When* alone, 138—when in the dark, 2, 31, 138—when ascending a hill or stairway, 11, 88 carb.—when dropping off to sleep, 96—when indoors, 62, 106, 117—when outdoors, 103, 148 M—when thinking or studying, 103—when lying down, 16, 18, 78, 89—when lying on the left side, 110—when sitting, 16, 97—when standing, 5, 136—when walking, 77—when riding, 77—when waking, 148 N$^2$: in the morning, 148 I—when rising up in bed, 2, 26—when turning in bed, 148 C$^5$.

Wound—in general, 3, 5, 10, 32, 37, 61, 74 G, 84, 85, **91**, 106, 113, 125, 126, 133, 135, 136 A², 148 I²—hemorrhage, 3, 6, 38, 74, **79** G—gun-shot, 3, 91—puncture, 3, 85, 133—contusion, 3, **10**, 74, 91, 133—incision, cut, 18 A, 48, 91, 125 A—poisoned, **3**, 7, 32, 113, 148 I²—unhealthy, apply, 32, 35, 36, 37, 42, 90, 91, 115, 136 A²: take, 11, 120—painful, 5, 84, 85, 133, 136 A²—pain in old scar, 133: pain after amputation, 106, 133—compound fracture, 3, 32, 84, 91—guard against lockjaw, 105, 133, 139—to keep a wound open, 58.
Wrist Cramp—Em., 103 hypoderm. (128 I).
Wrist Drop—Em., 103 hypoderm.
Xanthoxylum—119.
Yawing, spasmodic—148 I.
Yeast—145.
Yellow Fever—Em., 31 A, 32, **140 A**, 146 A—guard, 125.
Yerba Santa—(sub.), 87.
Zinc—147.
Zoster—see Skin.

# SUPPLEMENTARY INDEX.

(POINTING OUT ONLY THE MOST SIMPLE REMEDIES.)

As The Medical Genius treats of so many remedies (indeed all of our best known at the present day), and as sometimes, when consulting the book, the person may be in a hurry, or may not have any medicine in the house (or camp) except a very few of the most ordinary kinds, therefore, in order to expedite the search for the right remedy, we have hereto subjoined a list of ailments that may be treated successfully with such remedies as are almost always on hand or easily obtained.

Those who wish to use minute doses can have them furnished by any good druggist; in fact, if you have the tincture of any drug, you can make *a one per cent. solution* at any time by adding 1 drop to 100 drops of alcohol (or water), and shaking it well. If you have a mortar you can make *a one per cent. trituration* by adding 1 grain to 100 grains of sugar of milk (or common sugar) and rubbing it well with the pestle. Now, if 5 drops or 5 grains of these preparations, which is an adult dose (see Sec. 56), be dissolved in 20 teaspoonfuls of water, then one teaspoonful would be a dose for a child 1 year old, and 2 teaspoonfuls for a child 2 years old, and so on, according to age. Parvules are very convenient.

☞ *A minim* is about 1 drop. *A fluid drachm* is about 1 teaspoonful, or 60 drops. *Five grains* would make a mass about the size of an ordinary pea. *A saturated solution* is as much as will dissolve.

**Abscess or Gathering**—cabbage, 28, clay 42, lard and flour 83, onion 106.

**Ague**—bandage 14, camphor 31, chloroform 38, coffee 45, honey bee 70, hot water 74, onion 106, salt 125—see hint 69 $I^3$: cure for a dime, 120.

**Antidotes**—camphor 31, olive oil 105, soda 131, sugar 135.

**Apoplexy**—tea 79 A, ice in the bowel 75.

**Apparent Death**—at birth 69 R: from gas 69 R: from convulsions 74 F.

**Asthma**—coffee 45, iodine 77, ipecacu 78, gin 69 $L^4$, nitre 115, turpentine 139.

**Baby's Ailments**—in general, olive oil 105: cross, colicky, celery 34, coffee 45, *cold water* 47, hops 71, onions 106—see sections 13 and 141.

**Bed-sore**—alcohol 3, clay 42, see hint 69 N.

**Bee-sting**—arnica 10, tobacco 69 $G^4$, onion 106, salt 126.

**Biliousness**—diet 53 G, lemon 86, May apple 92.

**Birth-mark**—vinegar 142.

**Bites**—of flies, lavender 41: of spiders, salt 126: of snakes, alcohol 3, ammonia 7, hint 69 $E^3$: of animals, lime 88.

**Bleeding**—from internal parts, alum 6, ipecacu 78: from the *bladder* (urine bloody), cinnamon 41, turpentine 139, hazel 144: from the

*bowels*, ipecacu 78, hazel 144: from the *gums*, myrrh 99: from the *lungs*, cinnamon 41, ipecacu 78, nutmeg 102, turpentine 139, vinegar 142: from the *navel*, alum 6, hint 69 $Z^3$: from the *nose*, alum 6, hints 69 $Q^2$ and 69 $H^4$, vinegar 142, grip the nose with thumb and finger and breathe only through the mouth: from *piles*, aconite 2, mullein and rosin 97, hazel 144: from the *stomach* (bloody vomit), cinnamon 41, ipecacu 78: from the *socket* after tooth drawn, alum 6, hint 69 $Z^3$: from the *womb*, alum 6, bandage 14 A, cinnamon tea 41, hint 69 $M^2$, hot water 74, ipecac 78: from a *wound*, alcohol 3, alum 6, hot water 74, see iron 79 G.

**Boil**—arnica 10, cabbage 28, clay 42, hint 69 $S^2$, lard and flour 83: preventive, yeast 145.

**Bowel Obstruction**—cup 52, inflation 69 $J^2$, salt 128, yeast 145.

**Breasts Inflamed**, threatening to gather—belladon. plaster 17 D, cabbage 28, clay 42, hop 71, hot water 74: preparation of the breasts, lemon 86, hint 69 $Q^3$.

**Breath Foul**—charcoal 35 (see 36), fig 63: from eating onion 106.

**Bright's Disease**—diet 53 J, hint 69 V, milk 94, turpentine 139.

**Bronchitis**—hints 69 $F^2$, 69 $J^3$, iodine 77, mullein 97, salt 126 A, sulphur fumes 136, see cough.

**Bruise**—alcohol 3, arnica 10, hot water 74, lead water and laudanum 84: to remove the discoloration, starch 132.

**Burn or Scald**—alcohol 3, charcoal 35, egg 57, flour and lard 83, *lead paint* 84, lime water and oil 88, *soda* 131, soap 130.

**Carbuncle**—arnica 10, cabbage 28, cup 52, iodine, 77, lead paint 84, onion 106.

**Castor Oil** palatable—hint 69 $X^2$.

**Catarrh**—chronic catarrh of the nose, alum 6 (see 36), cotton 51, sage 124, soda 131, sulphur fumes, 136 D: catarrh in the chest, ipecac 78, onion 106, poultice 116.

**Chapped Lips**—glycerine 66, starch 132.

**Chilblain or Frost-bite**—cabbage 28, glycerine 66, lemon 86.

**Choking from Worms**—salt 126 B.

**Cholera**—camphor 31, chloroform 38, collodion 48, cold water 47, sulphur 136, see 74.

**Cholera Infantum**—coffee 45, diet 53 L, M, egg 57, pepsin 109.

**Cholera Morbus**—collodion 48, hot water 74, ipecacu 78, pepsin 109.

**Colds**—camphor 31, diet 53 C, P, egg 57, sweat cure 73 and 88 E, onion 106: cold in jaw after tooth drawn, alum 6.

**Colic**—bandage 14, chloroform 38, coffee 45, hot water 74, onion 106, paregoric 107: baby, see 13, 34 and 106.

**Constipation**—diet 53 L, M, *elm* 58, hints 69 L and 69 $I^2$, hot water 74 $D^2$, 6 and 92: of infants, diet 53 L, lard 83: mild purgatives, castor oil 33, fig 63, sugar of milk 135, soap 130, yeast 145.

**Contagion Guard**—gunpowder 67, onion 106, sulphur, also bromine 136.

**Cough**—egg 57, ipecacu 78, lemon 86, mustard 98, onion 106, opium 107, hint 69 $K^2$, 69 $J^3$, sulphur fumes 136, peppermint 148 X (2).

**Cramps**—chloroform 38, cinnamon 41, ice 75, onion 106, turpentine 139: cramps in the limbs at night, 69 G, 136 A.

**Croup**—aconite 2, alum 6, hints 69 $K^4$, hot water 74, iodine 77, turpentine 139, vinegar 142.

**Debility**—diet 53 D, M, egg 57, milk 94 C (4, 34, 79, 120).

**Delirium Tremens**—coffee 45, cold water 47, *cayenne pepper* 53 A (see 68 bromidia).

**Diarrhœa**—alum 6, bandage 14, *charcoal*, *baked corn*, *baked wheat*, *baked acorn* 35, diet 53 L, M, egg 57, hot water 74 A, ipecacu 78, iron 79, milk 94: with vomiting, egg 57, ipecac 78: with fainting, nutmeg 102: from drinking bad water, ginger 86.

**Diphtheria**—alcohol 3, alum 6, cab-

bage 28, kerosene 82, sulphur 136, turpentine 139.

**Dropsy**—diet 53 J, sweat cure 73 and 88 E, *honey-bee tea* 70, skim milk, 94 B, turpentine 139 B, vinegar 142: after scarlet fever, bee tea 70, soda 131.

**Drowning**—salt 126, battery 149.

**Dysentery** (bloody, slimy stools)—aconite 2, arnica 10, diet 53 L, hot water 74 E, ipecacu 78, hot milk 94, turpentine 139 C.

**Dyspepsia**—blood root 22, charcoal 35, diet 53 D, egg 57, golden seal 65, hot water 74, koumis 94 C, nutmeg 102, pepsin 109.

**Earache**—chloroform 38, hot water 74, olive oil 105, onion 106.

**Epilepsy** (falling fit)—bandage 14, diet 53 N, hint 69 $F^4$, milk 94, battery 149: to break the fit lay the patient on the left side, see 69 $U^2$.

**Erysipelas**—cold water 47, cranberry 69 $H^3$, *honey-bee tea* 70, lead paint 84.

**Eye Inflamed** (ophthalmia)—alum 6, cabbage 28, hint 69 $H^3$, opium 107, salt 126, soda 131, see 65, 144 and 147.

**Face**—*blackpores* in the skin, clay 42, sulphur 136, vinegar 142: *freckles*, egg 57: *pimples*, hint 69 $C^4$, sulphur 136, jessamine 146.

**Falling of the bowel**—acorn tea 35, May apple, 92, turpentine 139.

**Felon**—alcohol 3, hint 69 $O^4$, kerosene 82, salt 126.

**Fever**—aconite 2, yellow jessamine 146, see 83.

**Flatulence**—charcoal 35, chloroform 38, nutmeg 102.

**Food for Infants**—53 L, M: food for invalids, 53: food by injection, 53 U.

**Fracture**—alcohol 3, arnica 10, lead water and laudanum 84.

**Gall Stone**—chloroform 38, ether 59, hot water 74 E, poultice 106, 116, opium 107.

**Glands Enlarged**—cabbage 28, clay 42, iodine 77 B, F, rock rose tea 123.

**Gout**—arnica 10, diet 53 J, hot water 74, lime sweat 88 E, battery 149.

**Gravel**—diet 53 J, stone root and beet 134: stone lodged, chloroform 38, ether 59, hot water 74, poultice 106, opium 107, see hint 69 $O^2$.

**Gums Diseased**—alum 6, charcoal 35, myrrh 99.

**Hawking**—borax 24 A, hint 69 $J^3$.

**Hay Fever, or Rose Cold**—amber beads 51, iodine fumes 77, sulphur fumes 136—see 120.

**Headache**—mustard foot-bath 98, soda 131 A, battery 149, see sec. 45: sleep cure 69 $R^4$.

**Heartburn**—charcoal 35, pepsin 109, salt 126.

**Hiccough**—bandage 14, hint 69 X, nutmeg 102, *vinegar* 142.

**Hives**—honey-bee tea 70, nettle 100, see 120.

**Hysterics**—celery 34, nutmeg 102, battery 149.

**Indigestion**—blood root 22, golden seal 65, hot water 74, pepsin 109.

**Inflammation**—aconite 2, hot water 74, poultice 116.

**Itch**—alcohol 3, anise 41, lard 83, lye 115.

**Itching in Any Locality** (pruritus)—alum 6, borax 24, linseed oil 69 $E^4$, soda 131 A, B—see 120.

**"Kidney Colic"**—hot water applications 74, poultice 106 or 116, chloroform 38, or ether 59.

**Labor, Safe and Speedy**—bandage 14, quinine 120: pains too weak and slow, borax 24, ipecacu 78, *poultice* 116, see 34 and 53 K.

**Lightning Stroke**—cold water 74, battery 149.

**Lock Jaw**—ether 59, hot water 74, onion 106, *see 108*, turpentine 139, battery 149.

**Lumbago**—bacon 83, turpentine 139.

**Lung Congestion**—aconite 2, bandage 14, hot water 74, poultice 116.

**Malaria Guard**—gunpowder, 67, hint 69 O, 69 $L^2$.

**Measles**—aconite 2, lard 83, see cold water 47.

**Mumps**—apply raw cotton: shifting, camphor 31.

**Nausea, or Sick Stomach**—egg 57, ice 75, ipecacu 78: from riding in cars or carriage, hint 69 $M^3$.

**Neuralgia**—celery 34, oil of pepper-

mint 37, chloroform 38, ether 59, sweat 73 and 88 E, onion 106, opium 107, turpentine 139, battery 149.

**Night Sweat**—cold water 47, *milk* 94, vinegar 142 A.

**Nose-bleed**—alum 6, hop 71, see hints 69 $Q^2$ and 69 $H^4$.

**Pain**—chloroform and oil 38, ether 59, sweat 73, 88 E, see 95 and 96, opium 107, turpentine 139.

**Piles**—horsechestnut 72, mullein 97, onion 106, plantain 112, stone-root 134.

**Pleurisy**—aconite 2, bandage 14, poultice 116.

**Pneumonia or Lung Fever**—aconite 2, bandage 14, mustard 98, poultice 116.

**Rheumatism**—aconite 2, camphor 31, cotton 51, sweat cure 73, 88 E, lemon 86, onion 106, battery 149: preventive, sulphur 136.

**Scarlet Fever**—belladonna 17 A, honey-bee tea 70, lard 83, grape juice 53 L, koumis 94 C: preventive, 53 N, 69 $V^3$: dropsy prevented, lard 83, *soda* 131.

**Sciatica**—celery 34, 74 F, sweat 73 and 88 E, battery 149.

**Sea-sickness**—ether 38, coffee 45, hints 69 $W^2$, 69 $M^3$, 69 $R^4$.

**Skin Affections**—eruptions, Fowler's solution 11, borax 24, glycerine 66, soda 131, sulphur 136: chapping, clay 42, starch 132: excessive itching, alum 6, soda 131: hives, honey-bee tea 70, 120.

**Skin Poisoning, by poison vine, etc.**—lime 88, nitre 115.

**Sleeplessness**—camphor 31, celery 34, hop 71, hint 69 $R^2$, onion 106, opium 107, see 108.

**Snake-bite**—alcohol 3, ammonia 7, hint 69 $E^3$, iodine 77.

**Sore-eyes**—hot salt water 126, opium 107, golden seal 65, soda 131, zinc 147.

**Sore Mouth**—alcohol 3, alum 6, borax 24, myrrh 99, see golden seal 65, and chlorate of potash 115.

**Sore Throat**—alcohol 3, belladonna 17 D, egg 57, hot water 74, ice 75, kerosene 82, mustard 98.

**Spasms or Convulsions**—hot water 74, see 93 and 108, battery 149: to arrest fit, hint 69 $U^2$, lay patient on the left side.

**Sprains**—arnica 10, camphor 31, clay 42, hot water 74.

**Stomach-ache**—apply chloroform and oil 38, hot water 74 see *sour stomach*, gum arabic (acacia) 1, chloroform 38, soda 131.

**"Summer Complaint"**—diet 53 L, M.

**Sunstroke**—battery 149—see section 101, and 148 M, note.

**Toothache**—aconite 2, alum 6, benzoin 18, battery 149: *teething conducted safely through*, see diet 53 L, M, and wheat phosphoids 110 E.

**Typhoid Fever**—coffee 45, turpentine 139, vinegar 142.

**Ulcers upon the Skin**—cabbage 28, charcoal 35, clay 42, lime 88, pepsin 109, peony 113, salt 126, vinegar 142.

**Urine**—*dribbling:* turpentine 139, vinegar 142 B, battery 149: *painful flow*, ice 75, onion 106.

**Voice Failing, also Hoarseness**—hartshorn 7, borax 24, egg 57.

**Vomiting**—diet for baby, 53 L, hint 69 K, hot water 74 D, ice 75, *ipecacu* 78, *pepsin* 109: baby, egg 57, lime water 88 A, pepsin 109.

**Water-brash**—charcoal 35, pepsin 109, salt 126.

**"Wetting the Bed"** (*enuresis*)—hot water 74, iron 79, see 18 and 30.

**Whooping-cough**—ammonia 7 (see 17), clover 43, dogwood 55, turpentine 139.

**Worms**—common, *large worms*, santonine 127, turpentine 139: *seat-worms*, salt 126, soap 130: *tape-worms*, chloroform 38, gunpowder 67, pumpkin seed 118.

**Wound**—alcohol 3, arnica 10: bleeding, alum 6: unhealthy, charcoal 35, logwood 90.

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